

WINNING WITH AN HSA

Health savings accounts (HSAs)



EMPOWERING
you to build
HEALTH SAVINGS



Regence

Regence BlueCross BlueShield of Utah is an Independent Licensee of the Blue Cross and Blue Shield Association

HealthEquity®

HSAs ARE AN EASY WIN

in today's complex healthcare system

HSAs empower health savings

As an HSA user, you save in several ways:

- Lower monthly health insurance premiums
- HSA contributions are not taxed¹
- You earn tax-free interest on HSA balances¹
- HSA funds used for qualified medical expenses are not taxed

HSA funds remain yours to grow

With an HSA, you own the account and all contributions. Unlike flexible spending accounts (FSAs), the entire HSA balance rolls over each year and remains yours even if you change health plans, retire or leave the company.

You can win with an HSA

Regardless of your personal medical situation, an HSA can empower you to maximize savings while building a reserve for the future. Contrary to what many may think, healthy individuals aren't the only users who benefit from an HSA.

Supplement your retirement

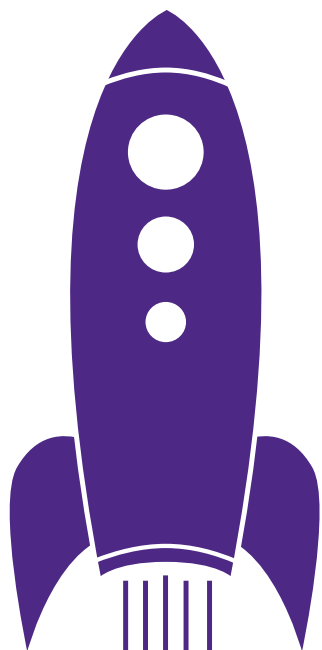
Once your HSA balance reaches \$2,000², you may invest³ your funds for increased earning potential that is also tax-free.² After age 65, you can use your HSA much like a 401(k) and withdraw funds for any purpose. Qualified medical expenditures remain tax-free even into retirement. For certain individuals, an HSA may even be a better investment option than a 401(k).



¹ HSAs are never taxed at a federal income tax level when used appropriately for qualified medical expenses. Also, most states recognize HSA funds as tax-free with very few exceptions. Please consult a tax advisor regarding your state's specific rules.

² Thresholds may vary

³ Investments available to HSA holders are subject to risk, including the possible loss of the principal invested and are not FDIC insured or guaranteed by HealthEquity. HealthEquity Advisors, LLC selects the mutual funds offered to HSA holders through the HealthEquity platform. HSA holders making investments should review the applicable fund's prospectus. Investment options and thresholds may vary and are subject to change. Consult your advisor or the IRS with any questions regarding investments or on filing your tax return.



EXTRA FUEL FOR YOUR RETIREMENT

Covering the Medicare gap

The average American couple will face \$220,000⁴ in out-of-pocket medical expenses not covered by Medicare. An HSA can help fill this Medicare gap as well as dental, vision and hearing expenses.

Maximize your tax-free⁵ earning potential

Just like a traditional savings account, your HSA earns interest. Once your account balance reaches \$2,000⁶, you can increase your earning potential by investing⁷ in mutual funds. A comprehensive line-up of mutual funds is offered with options designed to fit your individual needs.⁸

Take the guesswork out of investing with Advisor™

You can manage investments on your own or let Advisor⁷ do all of the work. Advisor can provide web-based guidance designed to optimally diversify your portfolio and can even manage the trading of mutual funds for you. Investment advice and portfolio management is based on your personal risk preferences, age profile and financial goals. Additional fees may apply.

For more information about investing, visit:
HealthEquity.com/Advisor

⁴ Source: Fidelity, <http://www.fidelity.com/inside-fidelity/individual-investing/fidelity-estimates-couples-retiring-in-2013-will-need-220000-to-pay-medical-expenses-throughout-retirement>

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⁶ Thresholds may vary.

⁷ HealthEquity does not provide financial advice. HealthEquity Advisors, LLC™, a subsidiary of HealthEquity and an SEC registered investment adviser, does provide web-based investment advice to HSA holders that subscribe to its services (minimum thresholds and additional fees apply).

⁸ HealthEquity Advisors, LLC selects the mutual funds offered to HSA holders through the HealthEquity platform.

HOW AN HSA WORKS:

1 Select an HSA-qualified health plan

Enroll in an HSA-qualified plan. These plans typically cost less than traditional plans and provide tax saving opportunities. HealthEquity will work with Regence to automatically set up your account and supply a HealthEquity Visa® Health Account Card¹ to conveniently pay for eligible expenses.

2 Contribute to your HSA

Make deposits to your HSA through pre-tax payroll deductions or through the HealthEquity member portal. To take full advantage of tax savings and to build a reserve for the future, we encourage you to maximize your contributions according to IRS regulations:

HSA eligibility

To make tax-free² deposits to an HSA, the IRS requires that:

- you are covered by an HSA-qualified health plan.
- you have no other health coverage (such as other health plan, Medicare, military health benefits, medical FSAs).

HSA CONTRIBUTION LIMITS

2016 INDIVIDUAL
\$3,350

2017 INDIVIDUAL
\$3,400

2016 FAMILY
\$6,750

2017 FAMILY
\$6,750

At age 55, an additional **\$1,000** contribution is allowed annually.

Claims integration

Beginning January 2016, Regence requires an opt-in process to send claim data to HealthEquity for all members. Contact your Regence representative for additional information.

¹ This card is issued by The Bancorp Bank, pursuant to a license from U.S.A. Inc. Your card can be used everywhere Visa debit cards are accepted for qualified expenses. This card cannot be used at ATMs and you cannot get cash back, and cannot be used at gas stations, restaurants, or other establishments not health related. See Cardholder Agreement for complete usage restrictions.

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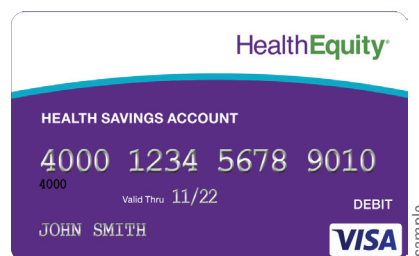
3 Watch your HSA grow

Your FDIC-insured HSA earns tax-free¹ interest. Maximize your tax-free² earning potential by investing HSA funds using the convenient online investment tool.³

4 Use your HSA for qualified medical expenses

HSA funds can be used for a variety of qualified medical, dental and vision expenses, including:

- Acupuncture
- Birth control
- Chiropractor
- Contact lenses
- Dental treatment
- Prescription eyeglasses
- Fertility enhancement
- Hearing aids
- Lab work
- Medical supplies
- Physical exams
- Prescriptions
- Orthodontia
- Radiology
- Stop-smoking programs
- Surgery (non-cosmetic)
- Therapy
- and more...



You will receive a HealthEquity debit card for easy access to your funds.



For an expanded list of qualified medical expenses, visit:
HealthEquity.com/qme

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Who are you?

YOU CAN WIN WITH AN HSA

Regardless of how you consume healthcare, an HSA plan can empower you to maximize savings while building a reserve for future medical expenses. Contrary to popular belief you don't have to be a healthy individual to benefit from an HSA. Many walks of life can enjoy the savings provided by HSAs.

See how *you* can personally benefit from an HSA:
HealthEquity.com/Me

SAVER



SHOPPER



SURVIVOR



MINIMALIST





HealthEquity team member
Salt Lake City, Utah

Account mentors

**We are available to help,
every hour of every day**

We understand the significance of your benefits selection. Our team of specialists based in Salt Lake City is available 24 hours a day, providing you with insight to help you optimize your health savings account. Call today for a free personal assessment.

866.960.8055

HealthEquity.com/HSAlearn

EASY ACCESS to your ACCOUNT WHEREVER you are.



HealthEquity mobile app¹
available for FREE at:

- Apple® App Store®
- Google Play™



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¹Accounts must be activated via the HealthEquity website in order to use the mobile app.

Nothing in this communication is intended as legal, tax, financial or medical advice. Always consult a professional when making life changing decisions.



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