

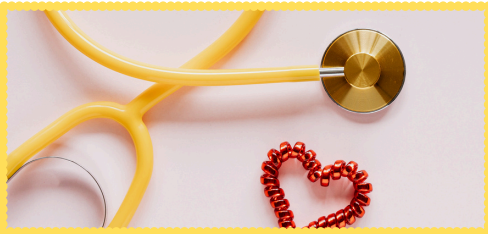
Did you know?

February 2, 2026

WCSD Benefits Monthly Newsletter

In this issue:

- Recuro Telehealth
- Utah Retirement Systems (URS) changes
- TAVA Mental Health



RECURO TELEHEALTH

Getting sick is never planned. Speak to a doctor when you need one.

Save time and money for general doctor appointments by using EMI's Recuro Telehealth.

There is \$0 copay for traditional and high-deductible health plans.

Recuro is open 24/7/365 days a year!

CONTACT RECURO at 855-673-2876

UTAH RETIREMENT SYSTEMS (URS) CHANGES

URS is launching an upgraded myURS experience on March 30, 2026. Accounts will be temporarily unavailable for several hours before March 30th, both online and with URS customer service.

You'll need a new URS Member ID to log in to the new member portal when it launches. It will be available at the classic myURS Portal soon.

Before the blackout begins, verify your contact information so you don't miss important updates at www.urs.org.

[Click here for more information](#)

TAVA MENTAL HEALTH

Life is stressful. There is help for our employees who need it. TAVA can be used for personal growth and development. Employees get 15 free sessions with TAVA during the 2025-2026 school year.

[Click here for more information](#)