

# Washington County School District

Apr 1, 2019 thru Apr 30, 2019

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 04/01/2019										
ELEMENTARY LUNCH	Total	1								
HOT DOG W/ BUN	1 EACH	1	220	55	450	2.00	2	13.0	22.0	10.5
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	140	0	300	2.00	0	2.0	22.0	5.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	157	20	383	4.21	*1	2.98	10.48	9.29
KETCHUP : P/C	PC	1	31	0	396	0.00	8	0.0	8.34	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0	0.22	0.33	0.0
RELISH- DILL PICKLE	SERVING	1	0	0	45	0.00	0	0.0	0.0	0.0
BROWNIE CUP, WG:FR016	BROWNIE	1	146	1	72	2.00	14	1.5	26.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			1070	*91	2141	13.03	*77	45.56	151.43	31.59
% of Calories							*28.8%	17.0%	56.6%	26.6%
Nutrient Guideline			645					8.87		<=30.0

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Tue - 04/02/2019										
ELEMENTARY LUNCH	Total	1								
CHILI	3/4 CUP	1	159	24	294	6.63	*N/A*	12.34	19.1	3.25
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	28	6	43	0.00	0	1.52	0.25	2.28
CARROT & CELERY STICKS:ELE	3/4 CUP	1	153	22	369	3.05	*1	1.04	8.53	10.67
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
SALAD BAR: 2 TUESDAY (ELE)	1/2 CUP	1	245	20	729	7.51	*1	5.33	16.18	15.48
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	210	0	250	3.99	8	5.99	34.94	4.99
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			1168	*88	2117	23.78	*61	52.09	141.29	39.46
% of Calories							*21.0%	17.8%	48.4%	30.4%
Nutrient Guideline			645					8.87		<=30.0

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Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Wed - 04/03/2019										
ELEMENTARY LUNCH	Total	1								
BREADED PORK STEAK	1 EACH	1	293	51	424	2.02	1	16.17	17.18	17.18
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	80	0	314	1.00	1	2.0	17.03	1.0
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	45	0	222	0.00	*N/A*	1.0	5.0	2.0
BROCCOLI ; FROZEN (ELE)	3/4 CUP	1	26	0	17	1.73	0	1.73	3.45	2.36
WG DINNER ROLL	ROLL	1	90	0	160	2.00	2	4.0	17.0	1.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
CHICKEN SANDWICH: SUNSET ONLY	1 each	1	340	30	470	3.00	2	17.0	33.0	16.51
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	0.00	*N/A*	0.0	0.0	4.0
Weighted Daily Average			1281	*96	2080	12.34	*58	67.76	154.94	46.84
% of Calories							*18.0%	21.2%	48.4%	32.9%
Nutrient Guideline			645					8.87		<=30.0

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Thu - 04/04/2019										
ELEMENTARY LUNCH	Total	8240								
DUTCH WAFFLE	1 EACH	8240	300	20	350	3.00	12	4.0	43.0	13.0
SAUSAGE, PATTY L/S CN 2oz	1 EACH	8000	233	40	172	0.00	0	7.09	1.01	22.27
SCRAMBLED EGGS: SUNNY FRESH	1/4 CUP	1	90	220	250	0.00	*N/A*	6.0	2.0	6.0
HASHBROWN PATTY:1/2 CUP	2 EACH	7500	220	0	450	2.00	1	2.0	27.0	11.0
STRAWBERRIES: FROZEN SINGLE SE	1 EACH	5000	122	0	4	2.40	*N/A*	0.68	33.05	0.17
SYRUP	1 EA	5000	11	0	81	0.00	*N/A*	0.0	4.34	0.0
KETCHUP : P/C	PC	3500	31	0	396	0.00	8	0.0	8.34	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	5200	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	3030	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	10	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			933	66	1306	6.28	*32	21.12	111.83	45.66
% of Calories							*13.8%	9.1%	48.0%	44.1%
Nutrient Guideline			645					8.87		<=30.0

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Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 04/05/2019										
ELEMENTARY LUNCH	Total	1								
MAX STUFFED CRUST PEPPERONI PI	SLICE	1	319	35	759	3.00	5	16.97	36.93	11.98
DINNER SALAD	1 CUP	1	62	0	87	5.17	*0	3.55	11.53	0.02
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
FROZEN JUICE CUPS	1 EACH	1	70	0	7	3.00	16	0.0	19.0	0.0
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	100	20	250	0.00	0	0.0	0.0	9.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			923	*70	1535	13.76	*73	46.38	129.75	23.79
% of Calories							*31.6%	20.1%	56.2%	23.2%
Nutrient Guideline			645					8.87		<=30.0

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 04/08/2019										
ELEMENTARY LUNCH	Total	1								
CHICKEN BREAST PATTIE SAND: EL	1 each	1	340	30	470	3.00	2	17.0	33.0	16.51
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	1.04	2	0.91	2.67	0.08
BAKED BEANS:ELE	3/4 CUP	1	150	0	613	3.97	*21	4.83	36.04	0.38
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	157	20	383	4.21	*1	2.98	10.48	9.29
CHIPS : VARIETY	BAG	1	110	0	143	1.00	2	2.0	19.0	3.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0.00	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
PICKLE:, CHIPS	1 OZ.	1	5	0	340	0.00	1	0.0	1.0	0.0
Weighted Daily Average			1187	*70	2473	15.82	*81	53.59	164.48	36.05
% of Calories							*27.3%	18.1%	55.4%	27.3%
Nutrient Guideline			645					8.87		<=30.0

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ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Tue - 04/09/2019										
ELEMENTARY LUNCH	Total	8345								
NACHO BITES-ELE	8 BITES	8345	270	15	440	3.00	1	11.0	32.0	10.0
CORN :ELE	3/4 CUP	1	79	0	13	2.65	9	2.65	11.91	1.98
SALSA PICANTE	1 OZ	3821	9	0	133	0.89	0	0.89	1.77	0.0
CREAMIES JR.: (CHOICE OF)	CREAMIE	8249	93	16	39	0.00	*N/A*	2.0	14.0	3.5
FRUIT BAR :SPRING (ELE)	1/2 CUP	6000	72	*0	2	2.59	*10	0.87	18.29	0.3
SALAD BAR: 2 TUESDAY (ELE)	1/2 CUP	3730	245	20	729	7.51	*1	5.33	16.18	15.48
MILK : CHOCOLATE MILK FAT FREE	CARTON	7438	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	897	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	10	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			645	*45	1041	8.63	*26	24.39	86.16	20.86
% of Calories							*15.9%	15.1%	53.4%	29.1%
Nutrient Guideline			645					8.87		<=30.0

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Wed - 04/10/2019										
ELEMENTARY LUNCH	Total	1								
TERIYAKI BEEF NUGGETS: (Elem.)	4 Nugget	1	160	40	440	1.00	4	14.0	6.0	8.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	80	0	314	1.00	1	2.0	17.03	1.0
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	25	0	326	0.00	*N/A*	0.98	3.93	0.98
SUNSHINE CARROTS;ELE	3/4 CUP	1	30	0	51	2.46	*N/A*	0.0	5.75	0.14
WG DINNER ROLL	ROLL	1	90	0	160	2.00	2	4.0	17.0	1.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
CHICKEN SANDWICH: SUNSET ONLY	1 each	1	340	30	470	3.00	2	17.0	33.0	16.51
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	0.00	*N/A*	0.0	0.0	4.0
Weighted Daily Average			1132	*85	2233	12.06	*61	63.86	144.99	34.43
% of Calories							*21.4%	22.6%	51.2%	27.4%
Nutrient Guideline			645					8.87		<=30.0

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Thu - 04/11/2019										
ELEMENTARY LUNCH	Total	1								
CHICKEN NOODLE SOUP:ELE	3/4 CUP	1	134	36	325	2.44	*2	8.75	19.73	2.49
GARLIC TWIST	2 OZ	1	141	11	384	4.71	*1	4.18	27.29	2.59
TOMATOES, CUCUMBER, CARROTS:EL	3/4 CUP	1	125	20	285	1.89	*1	0.77	9.38	9.17
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	151	20	340	3.52	*0	2.83	9.16	9.4
BUG BITES	BAG	1	120	0	1151	1.00	8	2.0	21.0	3.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			1043	*103	2918	16.15	*64	44.39	148.86	29.95
% of Calories							*24.7%	17.0%	57.1%	25.8%
Nutrient Guideline			645					8.87		<=30.0

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 04/12/2019										
ELEMENTARY LUNCH	Total	1								
WG PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3.00	3	16.0	27.0	17.0
MARINARA SAUCE: ELE	1/2 CUP	1	70	298	616	1.99	3	1.99	11.93	1.49
DINNER SALAD	1 CUP	1	62	0	87	5.17	*0	3.55	11.53	0.02
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
FROZEN JUICE CUPS	1 EACH	1	70	0	7	3.00	16	0.0	19.0	0.0
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	100	20	250	0.00	0	0.0	0.0	9.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			963	*358	1943	15.75	*74	47.40	131.74	30.30
% of Calories							*30.7%	19.7%	54.7%	28.3%
Nutrient Guideline			645					8.87		<=30.0

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Mon - 04/15/2019										
ELEMENTARY LUNCH	Total	1								
MINI CORN DOG NUGGETS ( ELEM)	4 EACH	1	167	40	280	2.00	1	6.67	20.0	6.67
TATER TOTS: 1/2 CUP	8 PIECES	1	140	0	280	2.00	0	2.0	16.0	7.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	157	20	383	4.21	*1	2.98	10.48	9.29
KETCHUP : P/C	PC	1	31	0	396	0.00	8	0.0	8.34	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0	0.22	0.33	0.0
JELL-O	GEL CUP	1	100	0	45	0.00	22	0.0	25.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			970	*75	1879	11.03	*84	37.73	142.43	25.76
% of Calories							*34.5%	15.6%	58.7%	23.9%
Nutrient Guideline			645					8.87		<=30.0

Tue - 04/16/2019										
ELEMENTARY LUNCH	Total	1								
CHEESE QUESADILLA	1 EACH	1	330	45	530	2.00	2	18.01	25.01	18.01
REFRIED BEANS	1/2 CUP	1	164	0	546	8.21	0	8.21	23.6	4.62
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
SALAD BAR: 2 TUESDAY (ELE)	1/2 CUP	1	245	20	729	7.51	*1	5.33	16.18	15.48
SALSA PICANTE	1 OZ	1	9	0	133	0.89	0	0.89	1.77	0.0
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	158	10	180	2.40	*10	1.89	22.26	7.44
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			1279	*90	2551	23.61	*65	60.19	151.11	48.34
% of Calories							*20.3%	18.8%	47.3%	34.0%
Nutrient Guideline			645					8.87		<=30.0

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# Washington County School District

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Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Wed - 04/17/2019										
ELEMENTARY LUNCH	Total	1								
WG CHICKEN TENDERS STRIP	3 STRIPS	1	254	59	321	3.00	0	17.0	15.0	14.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	140	0	300	2.00	0	2.0	22.0	5.0
BROCCOLI & CAULIFLOWER: PRE	1/2 CUP	1	112	20	263	0.96	*0	0.98	2.42	9.14
KETCHUP : P/C	PC	1	31	0	396	0.00	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	0.00	*N/A*	0.0	13.0	0.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			960	*94	2142	8.55	*60	45.85	123.04	30.93
% of Calories							*25.2%	19.1%	51.3%	29.0%
Nutrient Guideline			645					8.87		<=30.0

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Thu - 04/18/2019										
ELEMENTARY LUNCH	Total	1								
SANDWICH, TURKEY HAM AND CHEES	SANDWICH	1	353	55	1098	3.02	6	20.16	34.26	16.12
CHIPS : VARIETY	BAG	1	110	0	143	1.00	2	2.0	19.0	3.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	153	22	369	3.05	*1	1.04	8.53	10.67
STRAWBERRIES: FROZEN SINGLE SE	1 EACH	1	122	0	4	2.40	*N/A*	0.68	33.05	0.17
COOKIE: EASTER	COOKIE	1	172	6	78	1.00	15	1.7	26.9	6.7
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0	0.22	0.33	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0.00	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			1253	104	2271	10.70	*66	50.79	166.08	43.16
% of Calories							*21.1%	16.2%	53.0%	31.0%
Nutrient Guideline			645					8.87		<=30.0

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Tue - 04/23/2019										
ELEMENTARY LUNCH	Total	1								
BEEF TACO STICK	1 EACH	1	345	52	631	3.85	1	20.07	31.87	12.82
REFRIED BEANS	1/2 CUP	1	164	0	546	8.21	0	8.21	23.6	4.62
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
SALAD BAR: 2 TUESDAY (ELE)	1/2 CUP	1	245	20	729	7.51	*1	5.33	16.18	15.48
SALSA PICANTE	1 OZ	1	9	0	133	0.89	0	0.89	1.77	0.0
CHOCOLATE CHIP COOKIES	1 EACH	1	136	14	173	1.44	*8	2.19	18.48	6.34
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			1271	*101	2645	24.49	*62	62.55	154.18	42.05
% of Calories							*19.4%	19.7%	48.5%	29.8%
Nutrient Guideline			645					8.87		<=30.0

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Wed - 04/24/2019										
ELEMENTARY LUNCH	Total	1								
HAM - COBBLE STREET	SLICE	1	140	45	840	0.00	1	13.0	2.0	9.0
SCALLOPED POTATOES:ELE	1/2 CUP	1	160	0	502	2.00	*3	3.0	23.99	3.56
CASCADE BLEND VEGETABLE-3/4 CU	3/4 CUP	1	30	0	35	2.00	2	1.0	6.99	0.0
WG DINNER ROLL	ROLL	1	90	0	160	2.00	2	4.0	17.0	1.0
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	0.00	*N/A*	0.0	0.0	4.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
CHICKEN SANDWICH: SUNSET ONLY	1 each	1	340	30	470	3.00	2	17.0	33.0	16.51
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	0.00	*N/A*	0.0	0.0	4.0
Weighted Daily Average			1202	*90	2519	11.59	*62	63.87	145.27	40.86
% of Calories							*20.5%	21.3%	48.4%	30.6%
Nutrient Guideline			645					8.87		<=30.0

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Thu - 04/25/2019										
ELEMENTARY LUNCH	Total	1								
CHERRY BLOSSOM CHICKEN-2.94 OZ	2.94 OZ	1	134	41	96	0.75	12	10.53	18.04	2.26
VEGETABLE HARVEST RICE PILAF:E	3/4 CUP	1	130	0	581	2.00	*0	3.0	24.01	2.5
BROCCOLI ; FROZEN (ELE)	3/4 CUP	1	26	0	17	1.73	0	1.73	3.45	2.36
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	151	20	340	3.52	*0	2.83	9.16	9.4
COOKIE: FORTUNE COOKIE	COOKIE	1	32	0	11	0.15	*N/A*	0.0	6.97	0.2
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
SMACKERS: SUNSET ONLY	4.3 OZ SERVING	1	278	62	610	3.10	0	18.6	20.67	13.44
Weighted Daily Average			1123	*138	2087	13.84	*64	62.55	144.60	32.95
% of Calories							*22.9%	22.3%	51.5%	26.4%
Nutrient Guideline			645					8.87		<=30.0

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 04/26/2019										
ELEMENTARY LUNCH	Total	1								
4" ROUND CHEESE PIZZA- TONY'S	1 EACH	1	279	30	438	2.99	13	15.94	28.9	11.96
DINNER SALAD	1 CUP	1	62	0	87	5.17	*0	3.55	11.53	0.02
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
FROZEN JUICE CUPS	1 EACH	1	70	0	7	3.00	16	0.0	19.0	0.0
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	100	20	250	0.00	0	0.0	0.0	9.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			883	*65	1215	13.75	*81	45.35	121.71	23.77
% of Calories							*36.6%	20.5%	55.1%	24.2%
Nutrient Guideline			645					8.87		<=30.0

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 04/29/2019										
ELEMENTARY LUNCH	Total	1								
POPCORN CHICKEN SMACKERS	4.3 OZ SERVING	1	278	62	610	3.10	0	18.6	20.67	13.44
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	140	0	300	2.00	0	2.0	22.0	5.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	157	20	383	4.21	*1	2.98	10.48	9.29
PUDDING,CHOICE	SERVING	1	115	0	133	0.50	15	1.0	20.5	3.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	0.00	*N/A*	0.0	13.0	0.0
KETCHUP : P/C	PC	1	31	0	396	0.00	8	0.0	8.34	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
Weighted Daily Average			1143	*97	2684	12.41	*76	50.45	157.28	33.53
% of Calories							*26.6%	17.6%	55.0%	26.4%
Nutrient Guideline			645					8.87		<=30.0

Tue - 04/30/2019										
ELEMENTARY LUNCH	Total	1								
TACO SOUP	1 CUP	1	256	50	1112	5.73	*5	19.79	21.68	10.11
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	28	6	43	0.00	0	1.52	0.25	2.28
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	129	20	299	2.36	*1	1.42	6.31	9.21
CHIPS-Baked! Tostitos Scoops	BAG	1	110	0	110	2.00	*N/A*	2.0	19.0	2.5
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	2	2.59	*10	0.87	18.29	0.3
SALAD BAR: 2 TUESDAY (ELE)	1/2 CUP	1	245	20	729	7.51	*1	5.33	16.18	15.48
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	0.00	12	8.0	12.0	2.5
MILK FAT FREE WHITE	CARTON	1	80	0	125	0.00	12	9.0	12.0	0.0
MINI CORN DOGS : SUNSET ONLY	4 EACH	1	166	40	279	1.99	1	6.63	19.89	6.63
Weighted Daily Average			1306	*151	3003	22.18	*59	62.56	145.60	49.01
% of Calories							*18.2%	19.2%	44.6%	33.8%
Nutrient Guideline			645					8.87		<=30.0

Weighted Average			1087	*104	2139	14.49	*64	50.42	140.84	35.47
							*53.2%	18.6%	51.8%	29.4%

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Nutrient	Menu AVG	% of Cals	Portion Size Weekly Target	Reimb Qty % of Target	Cals (kcal) Miss Data	Cholst (mg) Shortfall	Sodm (mg) Overage	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Error Messages (if any)
Calories	1087		645	169%									
Cholesterol (mg)	104				Missing								
Sodium 1 (mg)	2139								2139				
Sodium 2 (mg)	2139								2139				
Fiber (g)	14.49												
Sugars (g)	64	23.64%			Missing								
Protein (g)	50.42	18.56%	8.87	569%									
Carbohydrate (g)	140.84	51.84%											
Total Fat (g)	35.47	29.37%	<=30.00%										

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