



WHOLE GRAIN MIXED BERRY BITES

Product Information

Delicious bite sized pastries filled with a sweet blend of blueberries, blackberries, and raspberries! Made with whole grains. Enjoy as is or heat up for a great breakfast, snack or dessert.

Product Handling

- Conventional Oven:
Preheat oven to 325°F.
- Place slightly thawed product on baking sheet. Bake 2-3 min
- Let stand 1 – 2 min before serving because filling will be hot

Features/Benefits

- Filled with whole grains
- 98% fat free
- Cholesterol free
- 0 grams trans fat
- Smart Snack
- Each bite provides ½ oz. grain

Ideal Use

- Breakfast or snack
- Heat up



01/21

Item No.
A34021

Product Description
Bites, Mixed Berry, WG

Pack
Approx. 320/0.75 oz.

Food Based Statement
½ Grain EQ

Product Ingredients

Berry Filling (Water, Sugar, Blueberries, Marion Blackberries, Modified Food Starch, Raspberries, Citric Acid, Salt, Preservatives [Sodium Benzoate, Potassium Sorbate], Natural Flavor), Sugar, Water, Whole Grain Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Palm Oil, Yeast, Non-Fat Dry Milk, Salt, Natural Flavors.

Allergens

Milk, Wheat.

Food Based Compliant

Each bite provides ½ oz. grain equivalent.

Nutrition Facts

Serving Size: 21g

Calories: 60

Calories from Fat: 5

<u>Amount Per Serving</u>		<u>% Daily Value</u>			<u>% Daily Value</u>
Total Fat	0.5g	1%	Sugars	7g	
Saturated Fat	0g	0%	Protein	1g	
Trans Fat	0g		Vitamin A		0%
Cholesterol	0mg	0%	Vitamin C		0%
Sodium	50mg	2%	Calcium		0%
Total Carbohydrate	12g	4%	Iron		0%
Dietary Fiber	0g	0%	Zinc		---

Percent daily values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**The information on this panel is for general purposes only. Nutrition information is based on current data. The possibility exists that manufacturers may change their formulation without Gold Star's knowledge.

Item No.
A34021

Product Description
Bites, Mixed Berry, WG

Pack
Approx. 320/0.75 oz.

Food Based Statement
½ Grain EQ