

Washington County School District

Recipe: 000636 CHICKEN NOODLE SOUP: USDA 1C.

Recipe HACCP Process: #3 Complex Food Preparation

Recipe Source: <XXX>

Recipe Group: ENTREES

Alternate Recipe Name: CHICKEN NOODLE SOUP

Number of Portions: 100

Size of Portion: CUP

011143 CELERY, RAW.....	3 LB	1. Combine water, broth, chicken base, and gravy mix. Add celery, carrots, onions, and pepper.
011124 CARROTS, RAW.....	2 1/2 LB	
011284 ONIONS, DEHYDRATED FLAKES.....	1 CUP	2. Bring to a boil. Reduce heat and cover. Simmer 20 minutes.
002030 PEPPER, BLACK.....	1 TBSP	
902468 CHICK, DICED, CKD, FROZEN-COMMOD FR026...	13 LB	3. Add chicken and frozen noodles. Return to simmer. Cover and simmer for 10 minutes or until noodles are tender.
900365 CHICKEN GRAVY: (CUSTOM).....	1 BAG	
014429 BEVERAGES, H2O, TAP, MUNICIPAL.....	1 1/4 GAL	4. Pour into serving pans.
903545 BROTH, CHICKEN SWANSON.....	7 CAN 49oz	
903461 EGG NOODLE WG-FROZEN.....	6 BAG	5. Portion into correct serving size for your school.
900370 CHICKEN BASE (CUSTOM):LOW SODIUM.....	1/2 LB	

*Nutrients are based upon 1 Portion Size (CUP)

Calories	266 kcal	Cholesterol	87.14 mg	Sugars	*2.03* g	Calcium	41.02 mg	21.93%	Calories from Total Fat
Total Fat	6.48 g	Sodium	408.86 mg	Protein	22.58 g	Iron	1.84 mg	5.22%	Calories from Saturated Fat
Saturated Fat	1.54 g	Carbohydrates	28.35 g	Vitamin A	2046.65 IU	Water ¹	*107.28* g	*0.00%*	Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	3.54 g	Vitamin C	1.69 mg	Ash ¹	*0.89* g	42.65%	Calories from Carbohydrates
								33.97%	Calories from Protein

N/A denotes a nutrient that is either missing or incomplete for an individual ingredient
 * denotes combined nutrient totals with either missing or incomplete nutrient data
¹ denotes optional nutrient values
² Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC Diced Chicken

CODE NUMBER: 1230 Case Wt: 30# CN# None Donated Food/Case: 36# Standard Yield: 83%

SERVING SIZE: 2.72 oz Servings/Case 176 Contribution: 2 MMA Serving n/a Bread Serving

UPC Code: 1 00 41723-00230-5 Gross Cs Wt. 31.87 Cube: 1.22 Case Dim: 17.06L x13.06W x9.5H Pallet: 8Tx8H Cases/Pallet: 64 Shelf Life 365 days

BID DESCRIPTIONS

Oven roasted fully cooked 1/2" diced marinated whole muscle chicken produced from USDA A522 natural proportion white and dark meat commodity chicken. Product is to be cut 1/2" cube and IQF frozen. One serving to equal 2.72 ounces. Product to provide zero grams trans fat.

NUTRIENT INFORMATION

Basic Components

Calories (kcal) 95
 Fat (g) 3
 Saturated Fat (g) 1
 Trans Fatty Acid (g) 0
 Cholesterol (mg) 54

Carbohydrates (g) 1
 Dietary Fiber (g) 0
 Total Sugars (g) 0
 Protein (g) 16

Vitamins

Vitamin A-IU (IU) 38
 Vitamin C (mg) 1

Minerals

Sodium (mg) 195
 Calcium (mg) 9
 Iron (mg) 1

Jack Crawford, Director of School Foodservice

6/30/2016

Date



Fully Cooked

Diced 1/2" White and Dark Chicken Meat

Ingredients: White And Dark Chicken Meat, Water, Modified Food Starch, Salt, Sodium Phosphates.

Distributed by: Pilgrim's Pride Corporation
 1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.ppc.com
 Gold Kist Farms is a registered trademark of Pilgrim's Pride Corporation
 Product of USA



HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 32-35 minutes at 350°F.
 Convection Oven for 18-20 minutes at 350°F. Appliances vary, adjust cook times accordingly.

1230



(01) 1 00 41723 00230 5



**Formulation Statement for Documenting Grains in School Meals
(Crediting Standards Based on Grams of Creditable Grains)**

Product Name: Egg Noodles with Whole Grain Code No.: 4130831033

Manufacturer: Marzetti Frozen Pasta Serving Size 5oz (140g)
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes No X How many grams:
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: H

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion ¹	Gram Standard of Creditable Grain per oz equivalent (16g or 28g) ²	Creditable Amount
	A	B	A + B
whole wheat flour	29.816	28	1.06
enriched wheat flour	28.101	28	1.02
Total Creditable Amount³			

*Creditable grains are whole-grain meal/flour and enriched meal/flour.

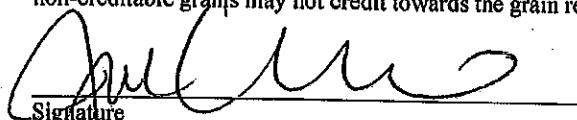
¹(Serving size) X (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.

²Standard grams of creditable grains from the corresponding Group in Exhibit A.

³Total Creditable Amount must be rounded *down* to the nearest quarter (0.25) oz eq. Do *not* round up.

Total weight (per portion) of product as purchased 5oz (140g)
Total contribution of product (per portion) 2 oz equivalent

I certify that the above information is true and correct and that a 5 ounce portion of this product (ready for serving) provides 2 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.


Signature

Julie Puterbaugh

Printed Name

Technical Coordinator

Title

10/4/18

Date

614-268-3722

Phone Number

SWANSON® NATURAL GOODNESS – CHICKEN BROTH



Case Code
27514

Pack & Size
12 / 49 OZ



Swanson® Natural Goodness - Chicken Broth is full of rich chicken flavor but has 1/3 less sodium than our regular broth and is 100% fat free. • This soup is part of our Wellness Collection.



Nutrition Facts	
Serving Size	1 CUP (240 ML)
Amount Per Serving	
Calories 15	Calories from Fat
	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 570mg	25%
Potassium 170mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 2g	
Calcium 0%	Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Nutrition Facts are based on our current data. However, because the data may change from time to time, this information may not always be identical to the Nutrition Facts table found on the labels of products. Information is true and accurate as of: 07/25/2019

FEATURES AND BENEFITS

100% FAT FREE 33% LESS SODIUM THAN OUR REGULAR PRODUCT* (860 mg vs. 570 mg) • REGULAR SWANSON CHICKEN BROTH CONTAINS 860 mg OF PER SERVING. THIS PRODUCT CONTAINS 570 mg PER SERVING No Added Preservatives No Added MSG No High Fructose Corn Syrup No Artificial Flavors No Colors from Artificial Sources

SERVING IDEAS

• For more flavorful dishes, use Swanson broth instead of water, when simmering vegetables, rice, potatoes or pasta • When roasting, baste with Swanson broth for moist, tender, flavorful meats • Swanson broth also makes a great soup starter • Visit SwansonBroth.com

PREPARATION

Do not dilute. Pour contents into saucepan. Heat slowly until hot, stirring occasionally.

HANDLING

PROMPTLY REFRIGERATE ANY UNUSED PORTION IN A SEPARATE CONTAINER.

STORAGE

Shelf Life: 730 DAYS

Storage Temperature: 72F

MORE

100% FAT FREE 33% LESS SODIUM THAN OUR REGULAR PRODUCT* (860 mg vs. 570 mg) • REGULAR SWANSON CHICKEN BROTH CONTAINS 860 mg OF PER SERVING. THIS PRODUCT CONTAINS 570 mg PER SERVING No Added Preservatives No Added MSG No High Fructose Corn Syrup No Artificial Flavors No Colors from Artificial Sources

PACKAGING DETAILS

Pack & Size: 12 / 49 OZ	Case Weight: 42.24 LB	UPC: 51000275141
Cube: 0.918 FT	Case Size: 17IN x 12.875IN x 7.25IN (L x W x H)	SCC-14: 10051000275148

SPECIAL DIETARY NEEDS

100 calories or less per serving; 15 grams total carbohydrates or less per serving; 250 calories or less per serving; 9 grams total carbohydrates or less per serving; Low Fat; Sodium 481 - 800 mgs.

INGREDIENTS

INGREDIENTS: CHICKEN STOCK, CONTAINS LESS THAN 2% OF: SALT, YEAST EXTRACT, FLAVORING, CHICKEN FAT, CHICKEN*, GARLIC EXTRACT.*DRIED



BE TRUE TO THE FOOD®

Custom Culinary® Master's Touch® Low Sodium Chicken Flavored Base

Product Number: 0146

Product Number	Pack Size	Unit Yield*	Case Yield
01461ECFP	6 / 1LB	80	480

1 Unit = 8 fl. oz. - 3/4 tsp. (6 g)



Preparation and Cooking Instructions

To prepare soup or broth, dissolve 1 lb. of Base in 5 gallons of boiling water. For a smaller quantity, dissolve 3/4 teaspoons of Base in 8 fluid ounces of boiling water or 4 ounces of base in 5 quarts of boiling water.

List of Ingredients

Roasted Chicken And Chicken Broth, Maltodextrin, Sugar, Corn Starch, Chicken Fat, Flavorings, Salt, Autolyzed Yeast Extract, Potassium Chloride, Hydrolyzed Corn Protein, Turmeric (Color), Xanthan Gum, Disodium Inosinate, Disodium Guanylate..

Packaging-Storage Information

Store in tight containers in cool 40 F to 80 F dry areas. 12 months for maximum flavor.

Nutrition Facts

Serving Size 8 Fluid Ounces (6g)

Amount Per Serving		% Daily Value*	
Calories 20		Calories from Fat 5	
Total Fat 1 g			1%
Saturated Fat 0 g			0%
Trans Fat 0 g			
Cholesterol 5 mg			1%
Sodium 140 mg			6%
Potassium 10 mg			0%
Total Carbohydrate 3 g			1%
Dietary Fiber 0 g			0%
Sugars 1 g			
Protein 0 g			
Vitamin A 0 %		Vitamin C 0%	
Calcium 4 mg		Iron 0 mg	
Vitamin D 0 %			

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4