Washington County School District

Recipe: 001738 CHICKEN LIME BURRITO
Recipe Source: WCSD
Recipe Group: ENTREES

Recipe HACCP Process: #2 Same Day Service

Alternate Recipe Name: CHICKEN LIME BURRITO

Number of Portions: 100
Size of Portion: SERVINGS

900665 PARBOILED LONG GRAIN BROWN RICE..... 903357 CILANTRO LIME RICE SEASONING:FOOTHILL.....	5 LB 2 BAG	IN A 4" STEAM TABLE PAN, COMBINE 7 QUARTS HOT WATER, RICE, AND SEASONING PACKETS. STIR WELL. COVER WITH FOIL OR A LID AND BAKE IN A 350°F CONVECTION OVEN FOR 40/45 MINUTES OR UNTIL WATER IS ABSORBED AND RICE IS TENDER.
902468 CHICK,DICED,CKD,FROZEN-COMMOD FR026..... 903436 TACO SEASONING MIX.....	1/2 CASE/30LBS 1 PACKET	PUT CHICKEN IN METAL PAN, SEASON WITH TACO SEASONING. HEAT CHICKEN IN A CONVENTIONAL OVEN FOR 32-35 MINUTES AT 350°F OR CONVECTION OVEN FOR 18-20 MINUTES UNTIL IT REACHES 135
903462 CHEDDAR/ JACK FANCY SHRED..... 903522 BEANS, CANNED, BLACK BEAN, LOW SODIUM... 903428 WGR 8" TORTILLA.....	1/4 BAG 2 #10 CAN 100 EACH	STRAIN, RINSE AND WARM BEANS, THEN COMBINE WITH COOKED RICE. WARM TORTILLA IN THE WARMER PLACE TORTILLA ON TRAY. PORTION #6 SCOOP OF RICE/BEAN MIXTURE AND #12 SCOOP OF CHICKEN.
903426 SHREDDED ICEBERG LETTUCE.....	1 BAG	TOP WITH SHREDDED LETTUCE RIGHT BEFORE SERVING.

*Nutrients are based upon 1 Portion Size (SERVINGS)

Calories	433	kcal	Cholesterol	65.96	mg	Sugars	*2.29*	g	Calcium	84.08	mg
Total Fat	10.79	g	Sodium	695.79	mg	Protein	29.60	g	Iron	5.22	mg
Saturated Fat	3.14	g	Carbohydrates	51.81	g	Vitamin A	500.83	IU	Water¹	*42.57*	g
Trans Fat²	*0.00*	g	Dietary Fiber	6.82	g	Vitamin C	1.59	mg	Ash¹	*0.69*	g

22.45%	Calories from Total Fat
6.54%	Calories from Saturated Fat
0.00%	Calories from Trans Fat
47.90%	Calories from Carbohydrates
27.37%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Washington County School District

Miscellaneous			**Attributes**	**Allergens Present**	**Allergens Absent**	**Allergens Unidentified**
Meat/Alt.....	2.000 oz					? - Milk
Grain.....	1.250 oz					? - Egg
Fruit.....	cup					? - Peanut
Vegetable.....	0.250 cup					? - Tree Nut
Milk.....	cup					? - Fish
Moisture & Fat Change						? - Shellfish
Moisture Change.	0%					? - Soy
Fat Change.....	0%					? - Wheat
Type of Fat.....						

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	900665	PARBOILED LONG GRAIN BROWN RICE			
I	903357	CILANTRO LIME RICE SEASONING:FOOTHILL			
I	902468	CHICK,DICED,CKD,FROZEN-COMMOD FR026			
I	903436	TACO SEASONING MIX			
I	903462	CHEDDAR/ JACK FANCY SHRED			
I	903522	BEANS, CANNED, BLACK BEAN, LOW SODIU			
I	903428	WGR 8" TORTILLA			
I	903426	SHREDDED ICEBERG LETTUCE			

RICELAND®

PRODUCT: PB-25 Parboiled Long Grain Brown Rice
SIZE: 25 Pound Bag

Nutrition Facts

Serving: 1/4 cup (44 g) dry
About 1 cup cooked
Servings Per Container about 258

Amount Per Serving	
Calories 160	Calories from Fat 10
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Sodium 0mg	0%
Potassium 95mg	3%
Total Carbohydrate 33g	11%
Dietary Fiber 2g	6%
Protein 4g	

Iron	4%	• Thiamine	10%
Niacin	10%	• Folate	2%

Not a significant source of cholesterol, sugars, vitamin A, vitamin C, or calcium.

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per Gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Parboiled Long Grain Brown Rice

Riceland Foods
P.O. Box 927
Stuttgart, AR 72160
(870) 673-5500

S162-F6190 Foothill Farms® Cilantro Lime Rice Seasoning Mix - Naturally Flavored

PACKAGING

SCC Code:	10072058608962	**Case Gross Weight:**	4.25 LB
Item UPC:	072058608965	**Case Net Weight:**	3.75 LB
Units/Case :	10	**Case Height:**	6.13 IN
Unit Size:	6.00 OZ	**Case Width:**	6.61 IN
Servings Per Case :	240	**Case Length:**	8.81 IN
Storage Temp:	75° F	**Case Cube:**	.21 CF
Pallet High:	8	**Pallet Tier:**	30

PRODUCT CLAIMS

Cholesterol Free	**Fat Free**	**Gluten Free**	**No Added MSG***
No Trans Fat Per Serving	**Saturated Fat Free**		
Kosher - YES-CIRCLE U			

NUTRITION

Nutrition Facts

About 24 servings per container

Serving size	**2 tsp Dry (7g) [Seasons 1 Cup Cooked Rice (195g)]**

Amount per serving

Calories **20**

	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 480mg	**21%**
Total Carbohydrate 5g	**2%**
Dietary Fiber 0g	**0%**
Total Sugars 1g	
Includes 1g Added Sugars	**2%**
Protein 0g	

Vitamin D 0mcg 0%	Calcium 6mg 0%
Iron 0mg 0%	Potassium 25mg 0%
Vitamin A mcg 0%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

GENERAL DESCRIPTION

Cilantro Lime Rice Seasoning combines the adventurous duo of crisp, chopped cilantro entwined with a juicy splash of tropical lime. Foothill Farms® Cilantro Lime Rice Seasoning will remind your customers of the rice at their favorite Mexican restaurants.

LIST OF INGREDIENTS

Maltodextrin, Lime Juice Powder (Maltodextrin, Lime Juice, Lime Oil), Salt, Sugar, Onion Powder, Cilantro, Garlic Powder, Hydrolyzed Soy Protein, Parsley, Citric Acid, Disodium Inosinate, Natural Flavor, Contains 2% or Less Of Silicon Dioxide (Anticaking), Soybean Oil.

ALLERGEN INFORMATION

Product Contains Soybean or Soybean Derivatives

DIRECTIONS FOR USE

Convection Oven Method: In a 2" full-size steam table pan, combine 3 ½ qts hot water (180°-190°F), contents of Rice Seasoning pouch (6.0 oz) and 3 oz butter (optional). Stir in 2 ½ lbs (approx. 1 ½ qts) rice. Stir well. Cook according to rice package directions. Keep warm (160°F). Fluff with fork before serving.

Stove Top Method: Combine 3 ½ qts water, contents of Rice Seasoning packet (6.0 oz) and 3 oz butter (optional) in a stock pot. Stir in 2 ½ lbs (approx. 1 ½ qts) rice. Stir well. Cook according to rice package directions. Transfer to serving pan and keep warm (160°F). Fluff with fork before serving.

Optional: Substitute the rice with your desired grain and cook according to grain package instructions.

SERVING SUGGESTIONS

Compliments both white and brown rice. Perfect side dish for any Mexican entree. Great base ingredient for Rice Bowls. Try mixing rice with chopped vegetables and beef (or any protein). Go Polynesian style by adding pineapple chunks or serve as a side to Teriyaki Chicken.

YIELD / PORTION

Number of 1 cup prepared seasoned rice per pouch: About 24
Number of 1 cup prepared seasoned rice per case: About 240

Number of 1/2 cup prepared seasoned rice per pouch: About 48
Number of 1/2 cup prepared seasoned rice per case: About 480

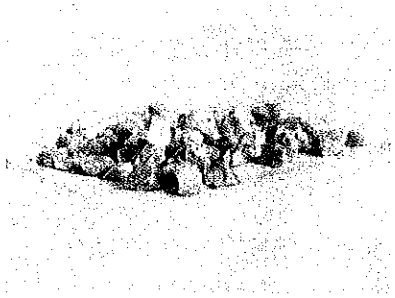
CN Diced 1/2" White and Dark Chicken Meat Strips

PROCESSOR NAME:

PILGRIM'S PRIDE CORP. – PIERCE BRAND

CODE NUMBER:	1230	**CASE WT:**	30#
STANDARD YIELD:	83%	**SERVING SIZE:**	2.72 oz.
M/MA CONTRIBUTION:	2	**DONATED FOOD/CASE:**	36#
GRAIN CONTRIBUTION:	0	**SERVINGS/CASE:**	176
GTIN:	10041723002305	**GR. WT.:**	31.73
CASE DIMENSIONS: SHELF	17L x 13W x 11.4H	**PALLET:**	8T x 7H
LIFE:	365 days	**CASE CUBE:**	1.46
CASES/PALLET:	56		

BID DESCRIPTIONS



Oven roasted, fully-cooked 1/2" diced marinated whole muscle chicken produced from USDA 100103 natural proportion white and dark meat commodity chicken. Product cut into 1/2" cubes and IQF frozen. One serving to equal 2.72 ounces. Product to provide zero grams trans fat. Contains: N/A

Nutrition Facts

Serving Size 2.72oz (77g)
Servings Per Container About 177

Amount Per Serving

Calories 100	Calories from Fat 26
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 1g	
Cholesterol 70mg	24%
Sodium 320mg	13%
Potassium 270mg	8%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 19g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 2%
Folate 2%

*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

PIERCE CHICKEN. *All In Great Taste!*

Fully Cooked

1230

Diced 1/2" White and Dark Chicken Meat

Ingredients: White And Dark Chicken Meat, Water, Modified Food Starch, Salt, Sodium Phosphates.

Distributed By: Pilgrim's Pride Corporation
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.poultry.com
Pierce Chicken is a registered trademark of Pilgrim's Pride Corporation.
Product of USA

Pilgrim's

Nutrition Facts
Serving Size: 3oz (85g)
Servings Per Container: 162

Amount Per Serving

Calories 110	Calories from Fat 30
	% Daily Value*
Total Fat 3g	5%
Saturated Fat 0.5g	4%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 1g	
Cholesterol 80mg	26%
Sodium 350mg	15%
Potassium 290mg	8%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 21g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 2%
Folate 2%

*Percent Daily Values are based on a 2,000 calorie diet.

(01) 10041723002305

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a 1" layer in ungreased bake pan. Bake covered for 90 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a 1" layer in an ungreased bake pan. Bake covered for 45 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F.

Nutrient information for our product is based on the serving size stated on the Product Formulation Statement to provide stated equivalencies.

Camden Robbins R.D., SNS — 3/30/20

Camden Robbins, R.D., SNS Food Service Prepared Foods Nutritionist — Date

V411-D9190 Foothill Farms® Premium Taco Seasoning Mix

PACKAGING

SCC Code:	10072058609365	**Case Gross Weight:**	4.40 LB
Item UPC:	072058609368	**Case Net Weight:**	3.38 LB
Units/Case :	6	**Case Height:**	6.13 IN
Unit Size:	9.00 OZ	**Case Width:**	6.81 IN
Servings Per Case :	300	**Case Length:**	8.81 IN
Storage Temp:	75° F	**Case Cube:**	0.21 CF
Pallet High:	8	**Pallet Tier:**	30

PRODUCT CLAIMS

Cholesterol Free	**Fat Free**	**Gluten Free**	**No MSG**
No Trans Fat Per Serving	**Saturated Fat Free**	**Vegetarian**	
Kosher - YES-CIRCLE U			

NUTRITION

Nutrition Facts

About 50 servings per container

Serving size	**2 tsp Dry (5g) [Seasons 3 oz (85g) Cooked Taco Meat]**

Amount per serving

Calories **15**

	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 290mg	**13%**
Total Carbohydrate 3g	**1%**
Dietary Fiber 1g	**4%**
Total Sugars 0g	
Includes 0g Added Sugars	**0%**
Protein 0g	

Vitamin D 0mcg 0%	•	Calcium 0mg 0%	
Iron 1mg 6%	•	Potassium 0%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

GENERAL DESCRIPTION

Premium Taco Seasoning is a smooth and mild blend of Mexican oregano and smoky cumin for tantalizing aroma and flavor plus diced onions for added appeal. Paired up with beef, chicken or turkey, Foothill Farms® Premium Taco Seasoning makes any crowd go loco.

LIST OF INGREDIENTS

Dehydrated Onion, Paprika, Spices, Salt (includes Sea Salt), Modified Food Starch, Garlic Powder, Citric Acid, Paprika Extract, Contains 2% Or Less Silicon Dioxide (Anticaking).

ALLERGEN INFORMATION

None–Based on FDA FALCPA (Food Allergen Labeling and Consumer Protection Act of 2004) "Big 8" allergens.

DIRECTIONS FOR USE

Brown 10 lbs raw ground meat (beef, chicken pork or turkey) until no longer pink. Drain excess fat.

Baking: In a hotel pan (full size for entire bag), add hot water (180°-190°F) and taco seasoning mix. Mix well. Add cooked meat and mix thoroughly. Cover and bake at 400°F for 15-20 minutes in convection oven or 25-30 minutes in conventional oven.

Stovetop: to cooked meat, add hot water (180°-190°F) and taco seasoning mix. Mix thoroughly. Bring to a boil stirring frequently. Reduce heat and simmer uncovered for 5-10 minutes stirring occasionally.

Enchilada Sauce (Convection Oven): Combine 5 quarts water, ½ #10 can (1 ½ qts) tomato paste and contents of seasoning package (9 oz) in a full-size steam table pan. Mix thoroughly. Add thickener (1 cup all purpose flour dissolved in 2 cups of cool water) and mix thoroughly. Cover with lid (do not use foil) and bake in 400°F convection oven for 30-45 minutes; or until product reaches 180°F. Stir halfway through.
Yield: 1 ¾ gal

Enchilada Sauce (Conventional Oven): Follow directions above. Adjust oven time as needed. Bake in 400°F oven for approximately 45-60 minutes; or until product reaches 180°F. Stir halfway through.
Yield: 1 ¾ gal

Enchilada Sauce (Stovetop): In large stockpot, combine 5 quarts water, ½ #10 can (1 ½ qts) tomato paste and contents of seasoning package (9 oz). Mix thoroughly and bring to a boil. Slowly stir in thickener (1 cup all purpose flour dissolved in 2 cups of cool water). Reduce heat and simmer, uncovered, 15-20 minutes, stirring occasionally.
Yield: 1 ¾ gal

SERVING SUGGESTIONS

BONGARDS
Premium CHEESE
Est. 1900

BONGARDS® YELLOW REDUCED FAT CHEDDAR FEATHER SHRED – 4/5#

Reduced Fat Yellow Cheddar Feather Cheese Shreds have a mild, cheddar cheese flavor. Each bag is 5 lbs. with 4 per case. Perfect for salads, Mexican dishes, and entrees.

- Great Source of Calcium
- Made with 100% real cheese
- Consistent quality
- 33% less fat than regular cheddar cheese
- 1 M/MA for every 1 ounce

PRODUCT CODE	755711
UPC CODE	0-71078-75571-0
GTIN	1-00-71078-75571-7

PRODUCT INFORMATION

Case Dimensions:	16.06 in. x 12.188 in. x 8.87 in.
Case Cube:	1.0055 sq. ft.
Net Weight:	20 lbs
Gross Weight:	21.55 lbs
Ti x Hi:	10 x 8
Cases/Pallet:	80
Shelf Life:	180
Refrigerate:	Keep refrigerated. Product must be shipped & stored between 35°F - 40°F. The freezing of this product is not recommended since textural and/or flavor changes may result
Storage Temperatures:	35 - 40°F

NUTRITION FACTS

Serving Size	28g
Servings Per Case	320
Amount Per Serving	
Calories	**90**
	% Daily Value
Total Fat 6g	8%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 210mg	9%
Total Carbohydrates 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars 0g	0%
Protein 8g	
Vitamin D 0.1mcg	0%
Calcium 200mg	15%
Iron 0mg	0%
Potassium 20mg	0%
Ingredients: Pasteurized Milk, Salt, Cheese Cultures, Enzymes, Annatto (color), Vitamin A Palmitate, Powdered Cellulose (anti-caking agent), Natamycin (mold inhibitor).	
Contains: Milk	

USDA
United States Department of Agriculture

USDA Foods in Schools

100359 - Beans, Black, Low-sodium, Canned
Category: Legume Vegetable/Meat Alternate

Product Description

- This item is Grade A canned, dried black turtle beans that are low-sodium. This product is available in cases with six #10 cans.

Crediting/Yield

- One case of black beans provides about 83 1/2-cup servings of heated, drained beans or 135 1/2-cup servings of unheated, drained beans.
- CN Crediting: 1/2 cup beans credit as 1/2 cup legume vegetable OR 2 oz equivalents meat/meat alternate.

Culinary Tips and Recipes

- Black beans can be cooked and used as a meat alternate in dishes such as burritos, tacos, or quesadillas.
- Black beans can also be seasoned and served as a side dish or used in cold salads with other vegetables such as corn and diced peppers.
- Drain and rinse canned beans before adding to recipes to reduce the sodium.
- For culinary techniques and recipe ideas, visit the Institute of Child Nutrition or USDA's Team Nutrition.

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: Developing a School Food Safety Process Approach to HACCP principles.

Visit us at www.fns.usda.gov/usda-fis

Nutrition Facts

Serving size: 1/2 cup (125g) black beans, canned, low sodium

Amount Per Serving	
Calories	100
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Cholesterol	0mg
Sodium	140mg
Total Carbohydrate	18g
Dietary Fiber	6g
Sugars	2g
Protein	7g

Source: USDA Foods Vendor Labels

Allergen Information: Product is not permitted to contain any of the 8 major allergens designated by the FDA. Please refer to the allergen statement on the outside of the product package to verify that no allergens are listed.

Nutrient values in this section are from the USDA FoodData Central or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.

April 2020

School Food Enterprises

Manufactured for:

2638 W. Settlers Bend Rd

South Jordan UT, 84095

School Food Enterprises

item **# 5670**

WGR 8" Tortilla

Nutrition Facts

Serving Size (39g)
Servings Per Container 216 Tortillas

Amount Per Serving

Calories 120	**Calories from Fat 30**
	% Daily Value*
Total Fat 3g	**5%**
Saturated Fat 0.6g	**3%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 150mg	**6%**
Total Carbohydrate 21g	**7%**
Dietary Fiber 2g	**8%**
Sugars 1g	
Protein 3g	

Vitamin A 0% • **Vitamin C 0%**

Calcium 0% • **Iron 6%**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g
Protein			50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WHITE WHOLE WHEAT FLOUR ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, ENSYMES (ADDED FOR IMPROVED BAKING) , NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID). WATER, VEGETABLE SHORTENING (SOYBEAN OIL, VEGETABLE MONO & DIGLYCERIDES, TOCOPHEROLS, (VITAMIN E) AND VITAMIN C PALMITATE (AS ANTIOXIDANTS) CANOLA OIL, CONTAINS LESS THAN 2% OF THE EACH OF THE FOLLOWING: SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOPHATE), SUGAR, FOOD STARCH-MODIFIED, CALCIUM PHROPIONATE (PRESERVATIVE), SODIUM BICARBONATE CONTAINS : WHEAT

Crediting Standards Based on Creditable Grains 26.39g/16= 1.50 Grains/Bread Servings (Rounded down to nearest ¼)

Case Contains 18- 12 packs (216 Tortillas) NET WEIGHT 18.57 LBS