

Washington County School District

Dec 1, 2020 thru Dec 18, 2020

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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Generated on: 11/16/2020 10:53:58 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 12/01/2020			
ELEMENTARY LUNCH	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
SALSA PICANTE	1 OZ	1	1.4
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			147.68
% of Calories			51.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 12/02/2020			
ELEMENTARY LUNCH	Total	8240	
DUTCH WAFFLE	1 EACH	8240	43.0
SAUSAGE LINK - CLOVERDALE	2 Links	8000	2.0
SCRAMBLED EGGS: SUNNY FRESH	1/4 CUP	1	2.0
HASHBROWN PATTY:1/2 CUP	2 EACH	7500	27.0
SLUSH: TROPICAL TRIO	SERVING	1	20.0
BLUEBERRIES, FZ	1/2c SERVING	5000	10.0
SYRUP	1 EA	5000	4.0
KETCHUP : P/C	PC	3500	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	5200	20.0
MILK 1% WHITE	CARTON	3030	12.0
Weighted Daily Average			99.35
% of Calories			45.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 12/03/2020			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
BROWNIE CUP, WG	BROWNIE	1	26.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			121.10
% of Calories			64.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 12/04/2020			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
GARLIC TWIST	2 OZ	1	27.29
DINNER SALAD	1 CUP	1	0.33
FROZEN JUICE CUP	1 EACH	1	19.65
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			118.19
% of Calories			52.9%
Nutrient Guideline			

Mon - 12/07/2020			
ELEMENTARY LUNCH	Total	1	
CHEESEBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
PICKLE:, CHIPS	1 OZ.	1	1.0
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
CHOCOLATE CHIP COOKIES	1 EACH	1	18.48
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			116.29
% of Calories			45.9%
Nutrient Guideline			

Tue - 12/08/2020			
ELEMENTARY LUNCH	Total	1	
TACO SOUP	1 CUP	1	21.74
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.94
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			124.08
% of Calories			51.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 12/09/2020			
ELEMENTARY LUNCH	Total	1	
CHICKEN TENDER STRIPS, WG	3 STRIPS	1	18.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86
CORN 1/2 CUP	1/2 CUP	1	15.0
CRUMB SQUARE-DAVE'S BAKERY	1 EACH	1	47.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			157.47
% of Calories			63.8%
Nutrient Guideline			

Thu - 12/10/2020			
ELEMENTARY LUNCH	Total	1	
NEW ORLEANS/MANDARIN CHICKEN E	2.85 oz	1	18.95
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
APPLE FILLED DONUT	SERVINGS	1	33.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			140.55
% of Calories			59.4%
Nutrient Guideline			

Fri - 12/11/2020			
ELEMENTARY LUNCH	Total	1	
5" ROUND PEPPERONI PIZZA	PIZZA	1	30.94
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
CHIPS: DORITOS	BAG	1	19.62
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			95.49
% of Calories			45.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 12/14/2020			
ELEMENTARY LUNCH	Total	1	
HOT DOG W/ BUN	1 EACH	1	22.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
RELISH- DILL PICKLE	SERVING	1	0.0
JELL-O	GEL CUP	1	25.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			132.35
% of Calories			60.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 12/15/2020			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	servings	1	19.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			128.76
% of Calories			57.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 12/16/2020			
ELEMENTARY LUNCH	Total	8240	
HAM : ELEM	2OZ.	8240	0.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	1.06
ROLL: 2 OZ SCHOOL MADE	ROLL	6000	27.1
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	4500	9.34
CAKE, JELLO	SLICE	5000	5.8
FRUIT BAR :WINTER:ELE	1/2 CUP	5000	12.59
MARGARINE REDDIES: (1)	1 Patty	2500	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	6592	20.0
MILK 1% WHITE	CARTON	1638	12.0
Weighted Daily Average			54.38
% of Calories			57.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 12/17/2020			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.6 OZ SERVING	1	19.0
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
COOKIE, COWBOY	1 oz.	1	29.34
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			129.41
% of Calories			64.8%
Nutrient Guideline			

Fri - 12/18/2020			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
DINNER SALAD	1 CUP	1	0.33
MAPLE BITES, WG (2)	SERVING	1	26.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			109.84
% of Calories			50.5%
Nutrient Guideline			

Weighted Average			119.64
			54.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	119.64	54.78%						

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