

# Washington County School District

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 02/03/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
MACARONI & CHEESE-E.S.FOODS	6 OZ SERVING	1	298	41	564	6	17.45	28.74	12.32
LIL SMOKIES	5 LINKS	1	140	30	350	1	8.0	1.0	11.0
TEXAS TOAST BC	SLICE	1	90	0	100	1	3.0	14.0	2.5
GREEN BEANS: 1/2 C.	1/2 CUP	1	21	0	266	*N/A*	1.27	4.77	0.11
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	12	0.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: MONDAYS:INTERM.	1/2 CUP	1	53	5	91	*1	1.53	4.54	3.03
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
DOMINOS PIZZA	SLICE	1	280	25	450	2	20.0	29.0	9.0
MIXED FRESH VEGETABLES:INTER	3/4 CUP	1	99	10	144	*2	2.42	8.31	6.21
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	12	0.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	136	20	338	*1	2.05	7.07	9.06
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			888	*81	1462	*58	44.52	109.30	29.32
% of Calories						*26.0%	20.1%	49.2%	29.7%
Nutrient Guideline			783				15.00		<=30.0

Tue - 02/04/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
TACO SOUP	1 CUP	1	257	50	1050	*5	19.5	21.74	9.97
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	28	6	43	0	1.52	0.25	2.28
CHIPS-Baked! Tostitos Scoops	BAG	1	110	0	110	*N/A*	2.0	19.0	2.5
MIXED FRESH VEGETABLES:INTER	3/4 CUP	1	99	10	144	*2	2.42	8.31	6.21
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY- INTERM.	1/2 CUP	1	72	5	117	*1	1.43	3.32	5.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
ALT INT WEEKLY 1st CHOI	Total	1							
SPICY CHICKEN SANDWICH	1 EACH	1	342	30	613	3	21.12	38.1	12.59
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
TATER TOTS: 1/2 CUP	8 PIECES	1	140	0	280	0	2.0	16.0	7.0
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1001	*73	2239	*63	43.97	129.09	33.28
% of Calories						*25.4%	17.6%	51.6%	29.9%
Nutrient Guideline			783				15.00		<=30.0

Wed - 02/05/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
WG BREADED 8 PIECE CHICKEN	PIECE	1	215	41	591	0	12.0	11.0	13.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	130	5	420	0	2.0	18.0	5.0
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	24	0	135	*N/A*	0.95	4.76	0.48
CORN 1/2 CUP	1/2 CUP	1	65	0	15	3	2.0	15.0	1.0
WG DINNER ROLL	ROLL	1	90	0	160	2	4.0	17.0	1.0
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
GRILLED CHEESE-WW BREAD	1 EACH	1	427	50	1124	*4	16.0	32.0	26.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
CARROT & CELERY STICKS:INTER	3/4 CUP	1	123	12	214	*2	2.04	10.53	7.67
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average			949	*69	1751	*56	37.16	123.55	34.50
% of Calories						*23.6%	15.7%	52.1%	32.7%
Nutrient Guideline			783				15.00		<=30.0

Thu - 02/06/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
CHERRY BLOSSOM CHICKEN S ASIAN	3.9oz. SERVIN	1	200	45	350	14	13.0	27.0	4.0
VEGETABLE HARVEST RICE PILAF:S	1.25 CUP	1	219	0	977	*0	5.05	40.42	4.21
CASCADE BLEND VEGETABLE-3/4 CU	3/4 CUP	1	30	0	35	2	1.0	6.99	0.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	52	5	76	*1	1.52	4.17	3.08
COOKIE: FORTUNE COOKIE	COOKIE	1	32	0	11	*N/A*	0.0	6.97	0.2
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	406	37	624	*4	20.61	48.62	15.03
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	133	20	306	*1	2.04	6.33	9.17
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			920	*73	1553	*67	38.77	134.84	23.55
% of Calories						*29.3%	16.9%	58.6%	23.0%
Nutrient Guideline			783				15.00		<=30.0

Fri - 02/07/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
FOUR MEAT PRIMO PIZZA	SLICE	1	370	40	650	9	20.0	36.0	17.0
DINNER SALAD	1 CUP	1	43	0	28	*1	2.85	8.65	0.02
PINEAPPLE, TIDBITS, CAN	1/2 C SERVIN	1	60	0	0	13	1.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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ALT INT WEEKLY 1st CHOI	Total	1							
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	316	45	711	*3	20.4	28.21	13.3
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	170	0	500	14	8.0	33.0	1.0
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
PINEAPPLE, TIDBITS, CAN	1/4 C SERVING	1	30	0	0	7	0.5	8.0	0.0
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0	0.22	0.33	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			983	*65	1841	*85	45.10	146.15	25.92
% of Calories						*34.5%	18.4%	59.5%	23.7%
Nutrient Guideline			783				15.00		<=30.0

Mon - 02/10/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
HAMBURGER 100% BEEF :ELE	PATTY	1	257	39	390	2	21.08	21.1	10.15
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
TATER TOTS: 1/2 CUP	8 PIECES	1	140	0	280	0	2.0	16.0	7.0
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	12	0.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: MONDAYS:INTERM.	1/2 CUP	1	53	5	91	*1	1.53	4.54	3.03
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0	0.22	0.33	0.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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ALT INT WEEKLY 1st CHOI	Total	1							
DOMINOS PIZZA	SLICE	1	280	25	450	2	20.0	29.0	9.0
MIXED FRESH VEGETABLES:INTER	3/4 CUP	1	99	10	144	*2	2.42	8.31	6.21
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	12	0.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	136	20	338	*1	2.05	7.07	9.06
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			858	*67	1602	*60	41.76	109.76	26.97
% of Calories						*28.0%	19.5%	51.2%	28.3%
Nutrient Guideline			783				15.00		<=30.0

Tue - 02/11/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
CHILI	3/4 CUP	1	159	24	294	*N/A*	12.34	19.1	3.25
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	28	6	43	0	1.52	0.25	2.28
CARROT & CELERY STICKS:INTER	3/4 CUP	1	123	12	214	*2	2.04	10.53	7.67
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY- INTERM.	1/2 CUP	1	72	5	117	*1	1.43	3.32	5.5
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	210	0	250	8	5.99	34.94	4.99
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
SPICY CHICKEN SANDWICH	1 EACH	1	342	30	613	3	21.12	38.1	12.59
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
TATER TOTS: 1/2 CUP	8 PIECES	1	140	0	280	0	2.0	16.0	7.0
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Weighted Daily Average			1013	*62	1966	*65	42.20	136.85	31.89
% of Calories						*25.5%	16.7%	54.0%	28.3%
Nutrient Guideline			783				15.00		<=30.0

Wed - 02/12/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
ROASTED TURKEY: VIP	2.9 OZ	1	107	47	748	*N/A*	24.04	1.34	1.34
BUTTER MASHED POTATOES-sec	2/3 cup	1	130	5	420	0	2.0	18.0	5.0
GRAVY, TURKEY	1/4 Cup	1	25	0	290	*N/A*	1.0	4.0	1.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	21	0	266	*N/A*	1.27	4.77	0.11
ROLL: 2 OZ SCHOOL MADE	ROLL	1	138	11	376	*1	3.93	27.16	2.34
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
GRILLED CHEESE-WW BREAD	1 EACH	1	427	50	1124	*4	16.0	32.0	26.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
CARROT & CELERY STICKS:INTER	3/4 CUP	1	123	12	214	*2	2.04	10.53	7.67
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			898	*77	2141	*54	42.81	118.31	29.16
% of Calories						*24.2%	19.1%	52.7%	29.2%
Nutrient Guideline			783				15.00		<=30.0

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# Washington County School District

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Thu - 02/13/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
NEW ORLEANS/MANDARIN CHICKEN E	2.85 oz	1	189	76	581	18	18.95	18.95	3.79
VEGETABLE BROWN RICE : SEC	8 OZ	1	219	0	977	*N/A*	5.05	40.42	4.21
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	23	0	23	2	0.75	3.75	0.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	52	5	76	*1	1.52	4.17	3.08
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	120	0	115	*N/A*	2.0	21.0	3.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	406	37	624	*4	20.61	48.62	15.03
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	133	20	306	*1	2.04	6.33	9.17
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			955	*89	1714	*69	42.62	136.21	25.09
% of Calories						*29.1%	17.8%	57.0%	23.6%
Nutrient Guideline			783				15.00		<=30.0

Fri - 02/14/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
WILD MIKE'S PEPPERONI CHEESY B	SERVINGS	1	340	35	580	4	20.0	34.0	18.0
DINNER SALAD	1 CUP	1	43	0	28	*1	2.85	8.65	0.02
PINEAPPLE, TIDBITS, CAN	1/2 C SERVIN	1	60	0	0	13	1.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
MIXED BERRIES, CUPS, FZ	SERVING	1	90	0	0	16	0.0	20.0	0.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
COOKIE: VALENTINES	COOKIE	1	172	6	78	15	1.7	26.9	6.7
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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# Washington County School District

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
ALT INT WEEKLY 1st CHOI	Total	1							
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	316	45	711	*3	20.4	28.21	13.3
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	170	0	500	14	8.0	33.0	1.0
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
PINEAPPLE, TIDBITS, CAN	1/4 C SERVING	1	30	0	0	7	0.5	8.0	0.0
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0	0.22	0.33	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
COOKIE: VALENTINES	COOKIE	1	172	6	78	15	1.7	26.9	6.7
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1149	*69	1881	*97	46.80	172.22	33.12
% of Calories						*33.8%	16.3%	60.0%	26.0%
Nutrient Guideline			783				15.00		<=30.0

Tue - 02/18/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
SOFT FLOUR TACO:SEC	serving	1	255	49	436	1	17.01	23.0	10.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	14	0	6	2	0.95	2.86	0.09
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	28	6	43	0	1.52	0.25	2.28
REFRIED BEANS	1/2 CUP	1	164	0	546	0	8.21	23.6	4.62
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY- INTERM.	1/2 CUP	1	72	5	117	*1	1.43	3.32	5.5
EMPANADA, CHERRY & WHITE CHOCO	EMPANADA	1	320	5	330	13	7.0	49.0	12.0
SALSA PICANTE	1 OZ	1	9	0	133	0	0.89	1.77	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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# Washington County School District

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
ALT INT WEEKLY 1st CHOI	Total	1							
SPICY CHICKEN SANDWICH	1 EACH	1	342	30	613	3	21.12	38.1	12.59
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
TATER TOTS: 1/2 CUP	8 PIECES	1	140	0	280	0	2.0	16.0	7.0
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
EMPANADA, CHERRY & WHITE CHOCO	EMPANADA	1	320	5	330	13	7.0	49.0	12.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1308	*73	2477	*74	52.54	179.18	43.29
% of Calories						*22.7%	16.1%	54.8%	29.8%
Nutrient Guideline			783				15.00		<=30.0

Wed - 02/19/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
WG CHICKEN TENDERS STRIP	3 STRIPS	1	254	59	321	0	17.0	15.0	14.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	140	0	300	0	2.0	22.0	5.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	21	0	266	*N/A*	1.27	4.77	0.11
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
GRILLED CHEESE-WW BREAD	1 EACH	1	427	50	1124	*4	16.0	32.0	26.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
CARROT & CELERY STICKS:INTER	3/4 CUP	1	123	12	214	*2	2.04	10.53	7.67
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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# Washington County School District

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average			953	*81	1975	*58	37.32	123.22	34.82
% of Calories						*24.5%	15.7%	51.7%	32.9%
Nutrient Guideline			783				15.00		<=30.0

Thu - 02/20/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
EMPANADA, CHICKEN	EMPANADA	1	260	25	530	2	12.0	31.0	10.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	130	5	420	0	2.0	18.0	5.0
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	45	0	222	*N/A*	1.0	5.0	2.0
CASCADE BLEND VEGETABLE-3/4 CU	3/4 CUP	1	30	0	35	2	1.0	6.99	0.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	52	5	76	*1	1.52	4.17	3.08
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	406	37	624	*4	20.61	48.62	15.03
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	133	20	306	*1	2.04	6.33	9.17
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			912	*66	1470	*61	37.24	124.64	27.84
% of Calories						*26.9%	16.3%	54.7%	27.5%
Nutrient Guideline			783				15.00		<=30.0

Fri - 02/21/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
PIZZA, BIG DADDY'S (SCHWAN'S)	1 SLICE	1	320	20	550	*N/A*	19.0	39.0	10.0
DINNER SALAD	1 CUP	1	43	0	28	*1	2.85	8.65	0.02
PINEAPPLE, TIDBITS, CAN	1/2 C SERVIN	1	60	0	0	13	1.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Portion Values - Detailed

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ALT INT WEEKLY 1st CHOI	Total	1							
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	316	45	711	*3	20.4	28.21	13.3
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	170	0	500	14	8.0	33.0	1.0
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
PINEAPPLE, TIDBITS, CAN	1/4 C SERVING	1	30	0	0	7	0.5	8.0	0.0
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0	0.22	0.33	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			958	*55	1791	*80	44.60	147.65	22.42
% of Calories						*33.5%	18.6%	61.7%	21.1%
Nutrient Guideline			783				15.00		<=30.0

Mon - 02/24/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
CHICKEN BREAST PATTIE SAND: EL	1 each	1	340	30	470	2	17.0	33.0	16.51
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 - 3/4	3/4 SERVING	1	255	0	750	21	12.0	49.5	1.5
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	12	0.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: MONDAYS:INTERM.	1/2 CUP	1	53	5	91	*1	1.53	4.54	3.03
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
DOMINOS PIZZA	SLICE	1	280	25	450	2	20.0	29.0	9.0
MIXED FRESH VEGETABLES:INTER	3/4 CUP	1	99	10	144	*2	2.42	8.31	6.21
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	12	0.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	136	20	338	*1	2.05	7.07	9.06
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average			1005	*63	1738	*67	45.62	137.95	29.91
% of Calories						*26.5%	18.2%	54.9%	26.8%
Nutrient Guideline			783				15.00		<=30.0

Tue - 02/25/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
ENCHILADA	BURRITO	1	384	13	1202	*4	20.05	53.68	11.45
CORN 1/2 CUP	1/2 CUP	1	65	0	15	3	2.0	15.0	1.0
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY- INTERM.	1/2 CUP	1	72	5	117	*1	1.43	3.32	5.5
CREAMIES JR.	CREAMIE	1	93	16	39	*N/A*	2.0	14.0	3.5
SALSA PICANTE	1 OZ	1	9	0	133	0	0.89	1.77	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
SPICY CHICKEN SANDWICH	1 EACH	1	342	30	613	3	21.12	38.1	12.59
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
TATER TOTS: 1/2 CUP	8 PIECES	1	140	0	280	0	2.0	16.0	7.0
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1029	*54	2260	*63	43.72	146.66	30.77
% of Calories						*24.6%	17.0%	57.0%	26.9%
Nutrient Guideline			783				15.00		<=30.0

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# Washington County School District

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Wed - 02/26/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
TERIYAKI BEEF NUGGETS	5 NUGGETS	1	200	50	550	5	17.5	7.5	10.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	130	5	420	0	2.0	18.0	5.0
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	25	0	326	*N/A*	0.98	3.93	0.98
SUNSHINE CARROTS 3/4 CUP	3/4 CUP	1	30	0	51	*N/A*	0.0	5.75	0.14
ROLL: 2 OZ SCHOOL MADE	ROLL	1	138	11	376	*1	3.93	27.16	2.34
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI									
GRILLED CHEESE-WW BREAD	1 EACH	1	427	50	1124	*4	16.0	32.0	26.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
CARROT & CELERY STICKS:INTER	3/4 CUP	1	123	12	214	*2	2.04	10.53	7.67
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			949	*79	1952	*57	38.89	121.84	33.50
% of Calories						*23.9%	16.4%	51.4%	31.8%
Nutrient Guideline			783				15.00		<=30.0

Thu - 02/27/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
ORANGE CHICKEN	3.6 OZ SERVI	1	150	40	280	10	11.0	19.0	3.0
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	80	0	70	*0	2.0	16.48	0.75
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	23	0	23	2	0.75	3.75	0.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	52	5	76	*1	1.52	4.17	3.08
COOKIE, COWBOY	1 oz.	1	202	15	164	*15	3.31	29.34	8.48
SOY SAUCE: PC	PC	1	10	0	500	*N/A*	0.0	0.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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# Washington County School District

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
ALT INT WEEKLY 1st CHOI	Total	1							
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	406	37	624	*4	20.61	48.62	15.03
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	133	20	306	*1	2.04	6.33	9.17
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			912	*78	1385	*73	37.77	128.44	25.46
% of Calories						*32.1%	16.6%	56.3%	25.1%
Nutrient Guideline			783				15.00		<=30.0

Fri - 02/28/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3	16.0	27.0	17.0
MARINARA SAUCE	1/2 CUP	1	70	298	616	3	1.99	11.93	1.49
GARLIC TWIST	2 OZ	1	141	11	384	*1	4.18	27.29	2.59
DINNER SALAD	1 CUP	1	43	0	28	*1	2.85	8.65	0.02
PINEAPPLE, TIDBITS, CAN	1/2 C SERVIN	1	60	0	0	13	1.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	316	45	711	*3	20.4	28.21	13.3
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	170	0	500	14	8.0	33.0	1.0
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
PINEAPPLE, TIDBITS, CAN	1/4 C SERVIN	1	30	0	0	7	0.5	8.0	0.0
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0	0.22	0.33	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average			1048	*212	2291	*84	46.19	161.26	27.96
% of Calories						*32.0%	17.6%	61.6%	24.0%
Nutrient Guideline			783				15.00		<=30.0

Weighted Average			984	*78	1868	*68	42.61	136.16	29.93
						*62.3%	17.3%	55.4%	27.4%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	984		783	126%				
Cholesterol (mg)	78				Missing			
Sodium 1 (mg)	1868						1868	
Sodium 2 (mg)	1868						1868	
Sugars (g)	68	27.67%			Missing			
Protein (g)	42.61	17.33%	15.00	284%				
Carbohydrate (g)	136.16	55.38%						
Total Fat (g)	29.93	27.39%	<=30.00%					

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