

Washington County School District

Recipe: 001459 GRILLED CHEESE-WW BREAD

Recipe HACCP Process: #2 Same Day Service

Recipe Source:
Recipe Group: ENTREES

Alternate Recipe Name:
Number of Portions: 1
Size of Portion: EACH

903367 WHOLE GRAIN RICH BREAD....	2 SLICE	BUTTER OUT SIDES OF BREAD WITH 1 TSP PER SIDE. PLACE CHEESE IN THE MIDDLE OF SLICES. PLACE ON SHEET PANS . COOK AT 350° FOR 5 MINUTES, FLIP SANDWICHES OVER AND COOK UNTIL TOASTED AND CHEESE IS MELTED.
903408 AMERICAN SLICED CHEESE....	2 SLICE	
900100 Margarine (#1 Solid).....	2 TSP	

*Nutrients are based upon 1 Portion Size (EACH)

Calories	427 kcal	Cholesterol	50.00 mg	Sugars	*4.00* g	Calcium	380.00 mg	55.63%	Calories from Total Fat
Total Fat	26.42 g	Sodium	1124.25 mg	Protein	16.00 g	Iron	1.44 mg	27.45%	Calories from Saturated Fat
Saturated Fat	13.04 g	Carbohydrates	32.00 g	Vitamin A	947.49 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	2.00 g	Vitamin C	2.40 mg	Ash ¹	0.00 g	29.94%	Calories from Carbohydrates
								14.97%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Miscellaneous	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt..... 2.000 oz				? - Milk
Grain..... 2.000 oz				? - Egg
Fruit..... cup				? - Peanut
Vegetable..... cup				? - Tree Nut
Milk..... cup				? - Fish
Moisture & Fat Change				? - Shellfish
Moisture Change. 0%				? - Soy
Fat Change..... 0%				? - Wheat
Type of Fat.....				

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	903367	WHOLE GRAIN RICH BREAD			
I	903408	AMERICAN SLICED CHEESE			

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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I	900100	Margarine (#1 Solid)			
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