

Washington County School District

Jan 5, 2021 thru Jan 29, 2021

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

Page 1

Generated on: 12/8/2020 11:15:27 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 01/05/2021			
SECONDARY LUNCH 9-12	Total	1	
TACO SOUP	1 CUP	1	21.74
CHEDDAR/ JACK FANCY SHRED-.5OZ	.5 OZ	1	0.51
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.94
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.73
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			161.54
% of Calories			58.7%
Nutrient Guideline			

Wed - 01/06/2021			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN TENDER STRIPS, WG	3 STRIPS	1	18.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86
CORN 1/2 CUP	1/2 CUP	1	15.0
CRUMB SQUARE-DAVE'S BAKERY	1 EACH	1	47.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.73
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			166.22
% of Calories			59.4%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Page 2

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	Portion Size	Reimb Qty	Carb (g)
Thu - 01/07/2021			
SECONDARY LUNCH 9-12	Total	8240	
DUTCH WAFFLE	1 EACH	8240	43.0
SAUSAGE LINK - CLOVERDALE	2 Links	8000	2.0
SCRAMBLED EGGS: SUNNY FRESH	1/4 CUP	1	2.0
BLUEBERRIES, FZ	1c SERVING	1	20.0
HASHBROWN PATTY:1/2 CUP	2 EACH	7500	27.0
SLUSH: BERRY BERRY BLUE	SERVINGS	1	19.0
SYRUP	1 EA	1	4.0
KETCHUP : P/C	PC	3500	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	5200	20.0
MILK 1% WHITE	CARTON	3030	12.0
ALT SEC WEEKLY 1st CHO			
CALZONE, MINI, WG	Total	1	
MARINARA SAUCE	SERVINGS	1	40.01
FRENCH FRIES- S.S. 3/4 CUP	1/2 CUP	1	11.93
FRUIT BAR :WINTER:SEC	6 OZ	1	44.0
FRUIT, CANNED OPTION	1 CUP	1	25.18
KETCHUP : P/C	1/2 C SERVING	1	16.25
MILK : CHOCOLATE MILK FAT FREE	PC	1	10.12
MILK 1% WHITE	CARTON	1	20.0
Weighted Daily Average			90.87
% of Calories			42.6%
Nutrient Guideline			

Fri - 01/08/2021			
SECONDARY LUNCH 9-12	Total	1	
WILD MIKE'S PEPPERONI CHEESY B	SERVINGS	1	34.0
DINNER SALAD	1 CUP	1	0.33
CHIPS: DORITOS	BAG	1	19.62
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
CHEESEBURGER 100% BEEF :ELE	Total	1	
SHREDDED LETTUCE & TOMATO-DELI	PATTY	1	23.1
TATER TOTS-3/4 CUP	1/2 CUP	1	2.67
CHIPS: DORITOS	12 PIECES	1	24.0
FRUIT BAR :WINTER:SEC	bag	1	19.62
PICKLE:, CHIPS	1 CUP	1	25.18
KETCHUP : P/C	1 OZ.	1	1.0
MUSTARD:, P/C	PC	1	10.12
LIGHT MAYONNAISE	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	POUCH	1	0.0
MILK 1% WHITE	CARTON	1	20.0
Weighted Daily Average			125.58
% of Calories			50.5%
Nutrient Guideline			

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Portion Values - Detailed

Page 3

Generated on: 12/8/2020 11:15:27 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 01/11/2021			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN SANDWICH - SEC - 2020	FILLET	1	41.05
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
JELL-O	GEL CUP	1	25.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.73
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			158.87
% of Calories			60.4%
Nutrient Guideline			

Tue - 01/12/2021			
SECONDARY LUNCH 9-12	Total	1	
SOFT FLOUR TACO:SEC	serving	1	23.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	2.86
CHEDDAR/ JACK FANCY SHRED-.5OZ	.5 OZ	1	0.51
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

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Portion Values - Detailed

Page 4

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			164.27 60.0%
Nutrient Guideline			

Wed - 01/13/2021			
SECONDARY LUNCH 9-12	Total	1	
ROASTED TURKEY: VIP	2.9 OZ	1	1.34
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, TURKEY	1/4 Cup	1	4.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.1
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.73
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average % of Calories			136.90 56.7%
Nutrient Guideline			

Thu - 01/14/2021			
SECONDARY LUNCH 9-12	Total	1	
ORANGE CHICKEN	3.6 OZ SERVING	1	19.0
RICE: COOKED BROWN (SEC)	1 CUP	1	32.96
NORMANDY VEGETABLES 1 CUP	1 CUP	1	5.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
COOKIE, COWBOY	1 oz.	1	29.34
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

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Page 5

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
HOT DOG W/ BUN	1 EACH	1	22.0
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
CHILI	3/4 CUP	1	12.43
RELISH- DILL PICKLE	SERVING	1	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MAPLE BITES, WG (1)	1/2 SERVING	1	13.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			167.52
% of Calories			65.2%
Nutrient Guideline			

Fri - 01/15/2021			
SECONDARY LUNCH 9-12	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
MAPLE BITES, WG (2)	SERVING	1	26.0
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
CHEESEBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
CHIPS: DORITOS	bag	1	19.62
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			131.23
% of Calories			52.0%
Nutrient Guideline			

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Page 6

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	Portion Size	Reimb Qty	Carb (g)
Tue - 01/19/2021			
SECONDARY LUNCH 9-12	Total	1	
ENCHILADA	BURRITO	1	53.68
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
CREAMIES JR.	CREAMIE	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			175.06
% of Calories			60.2%
Nutrient Guideline			

Wed - 01/20/2021			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, BROWN LOW SODIUM	1/4 CUP	1	0.37
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.1
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.73
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			137.41
% of Calories			56.0%
Nutrient Guideline			

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Page 7

Generated on: 12/8/2020 11:15:27 AM

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Thu - 01/21/2021			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	28.35
BREADSTICK, CHEESE WG	SERVING	1	15.0
TOMATOES, CUCUMBER, CARROTS:SE	1 CUP	1	12.03
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
CALZONE, MINI, WG	SERVINGS	1	40.01
MARINARA SAUCE	1/2 CUP	1	11.93
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			154.15
% of Calories			62.1%
Nutrient Guideline			

Fri - 01/22/2021			
SECONDARY LUNCH 9-12	Total	1	
WILD MIKE'S PEPPERONI CHEESY B	SERVINGS	1	34.0
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
PUDDING, CHOICE	SERVING	1	20.5
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
CHEESEBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
CHIPS: DORITOS	bag	1	19.62
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			126.02
% of Calories			51.1%
Nutrient Guideline			

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Portion Values - Detailed

Page 8

Generated on: 12/8/2020 11:15:28 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 01/25/2021			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN BREAST CHUNKS	4 CHUNKS	1	15.03
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.73
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			148.52
% of Calories			62.4%
Nutrient Guideline			

Tue - 01/26/2021			
SECONDARY LUNCH 9-12	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
SALSA PICANTE	1 OZ	1	1.4
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			171.51
% of Calories			57.6%
Nutrient Guideline			

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Washington County School District

Jan 5, 2021 thru Jan 29, 2021

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

Page 9

Generated on: 12/8/2020 11:15:28 AM

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/27/2021			
SECONDARY LUNCH 9-12	Total	1	
HAM - COBBLE STREET	SLICE	1	2.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	1.06
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	1	9.34
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.1
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.73
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			138.04
% of Calories			56.1%
Nutrient Guideline			

Thu - 01/28/2021			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE : SEC	8 OZ	1	40.42
NORMANDY VEGETABLES 1 CUP	1 CUP	1	5.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
BROWNIE CUP, WG	BROWNIE	1	26.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
HOT DOG W/ BUN	1 EACH	1	22.0
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
CHILI	3/4 CUP	1	12.43
RELISH- DILL PICKLE	SERVING	1	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MAPLE BITES, WG (1)	1/2 SERVING	1	13.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			163.33
% of Calories			64.8%
Nutrient Guideline			

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Washington County School District

Jan 5, 2021 thru Jan 29, 2021

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

Page 10

Generated on: 12/8/2020 11:15:28 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 01/29/2021			
SECONDARY LUNCH 9-12	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
GARLIC TWIST	2 OZ	1	27.29
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
FROZEN JUICE CUP	1 EACH	1	19.65
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
CHEESEBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
CHIPS: DORITOS	bag	1	19.62
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			138.40
% of Calories			53.6%
Nutrient Guideline			

Weighted Average			147.52
			57.4%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	147.52	57.38%						

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