

Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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Generated on: 12/16/2019 11:55:49 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 01/06/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
PULLED PORK SANDWICH:SEC	4oz serving	1	298	44	756	*2	20.98	38.86	6.5
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	140	0	300	0	2.0	22.0	5.0
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	12	0.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: MONDAYS:INTERM.	1/2 CUP	1	53	5	91	*1	1.53	4.54	3.03
CHOCOLATE CHIP COOKIES	1 EACH	1	136	14	173	*8	2.19	18.48	6.34
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI									
DOMINOS PIZZA	SLICE	1	280	25	450	2	20.0	29.0	9.0
MIXED FRESH VEGETABLES:INTER	3/4 CUP	1	99	10	144	*2	2.42	8.31	6.21
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	12	0.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	68	10	169	*1	1.03	3.54	4.53
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			907	*69	1765	*63	41.73	133.62	23.01
% of Calories						*27.6%	18.4%	58.9%	22.8%
Nutrient Guideline			783				15.00		<=30.0

Tue - 01/07/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
SOFT FLOUR TACO:SEC	serving	1	255	49	436	1	17.01	23.0	10.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	14	0	6	2	0.95	2.86	0.09
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	28	6	43	0	1.52	0.25	2.28
REFRIED BEANS	1/2 CUP	1	164	0	546	0	8.21	23.6	4.62
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY- INTERM.	1/2 CUP	1	72	5	117	*1	1.43	3.32	5.5
BUG BITES	BAG	1	120	0	1151	8	2.0	21.0	3.5
SALSA PICANTE	1 OZ	1	9	0	133	0	0.89	1.77	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
ALT INT WEEKLY 1st CHOI	Total	1							
SPICY CHICKEN SANDWICH	1 EACH	1	342	30	613	3	21.12	38.1	12.59
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
TATER TOTS: 1/2 CUP	8 PIECES	1	140	0	280	0	2.0	16.0	7.0
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1048	*68	2723	*65	46.54	140.68	33.04
% of Calories						*24.9%	17.8%	53.7%	28.4%
Nutrient Guideline			783				15.00		<=30.0

Wed - 01/08/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
WG CHICKEN TENDERS STRIP	3 STRIPS	1	254	59	321	0	17.0	15.0	14.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	140	0	300	0	2.0	22.0	5.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	21	0	266	*N/A*	1.27	4.77	0.11
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
GRILLED CHEESE-WW BREAD	1 EACH	1	427	50	1124	*4	16.0	32.0	26.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
CARROT & CELERY STICKS:INTER	3/4 CUP	1	123	12	214	*2	2.04	10.53	7.67
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average			953	*81	1975	*58	37.32	123.22	34.82
% of Calories						*24.5%	15.7%	51.7%	32.9%
Nutrient Guideline			783				15.00		<=30.0

Thu - 01/09/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
LEMON CHICKEN - ASIAN FOOD	3.9oz SERVIN	1	190	45	350	10	11.0	21.0	6.0
VEGETABLE HARVEST RICE PILAF:S	1.25 CUP	1	219	0	977	*0	5.05	40.42	4.21
CASCADE BLEND VEGETABLE-3/4 CU	3/4 CUP	1	30	0	35	2	1.0	6.99	0.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	52	5	76	*1	1.52	4.17	3.08
COOKIE: FORTUNE COOKIE	COOKIE	1	32	0	11	*N/A*	0.0	6.97	0.2
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	406	37	624	*4	20.61	48.62	15.03
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	67	10	153	*0	1.02	3.17	4.58
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			882	*68	1476	*65	37.26	130.26	22.25
% of Calories						*29.6%	16.9%	59.1%	22.7%
Nutrient Guideline			783				15.00		<=30.0

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 01/10/2020									
INTERMEDIATE LUNCH 6-8	Total	190							
DUTCH WAFFLE	1 EACH	190	300	20	350	12	4.0	43.0	13.0
SAUSAGE LINK - CLOVERDALE	SERVING	190	230	40	340	0	8.0	2.0	21.0
SCRAMBLED EGGS: SUNNY FRESH	1/4 CUP	1	90	220	250	*N/A*	6.0	2.0	6.0
HASHBROWN PATTY:1/2 CUP	2 EACH	190	220	0	450	1	2.0	27.0	11.0
SLUSH: TROPICAL TRIO	SERVING	190	80	0	5	17	0.0	20.0	0.0
STRAWBERRIES, SLICED, FZ, ELEM	.5 CUP	1	90	0	0	17	0.0	23.0	0.0
SYRUP	1 EA	1	11	0	81	*N/A*	0.0	4.34	0.0
KETCHUP : P/C	PC	140	31	0	396	8	0.0	8.34	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	100	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	80	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
DUTCH WAFFLE	1 EACH	1	300	20	350	12	4.0	43.0	13.0
SAUSAGE LINK - CLOVERDALE	SERVING	1	230	40	340	0	8.0	2.0	21.0
SCRAMBLED EGGS: SUNNY FRESH	1/4 CUP	1	90	220	250	*N/A*	6.0	2.0	6.0
HASHBROWN PATTY:1/2 CUP	2 EACH	1	220	0	450	1	2.0	27.0	11.0
SLUSH: TROPICAL TRIO	SERVING	1	80	0	5	17	0.0	20.0	0.0
STRAWBERRIES, SLICED, FZ, ELEM	.5 CUP	1	90	0	0	17	0.0	23.0	0.0
SYRUP	1 EA	1	11	0	81	*N/A*	0.0	4.34	0.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			961	69	1589	*51	21.69	114.13	46.12
% of Calories						*21.2%	9.0%	47.5%	43.2%
Nutrient Guideline			783				15.00		<=30.0

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 01/13/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
CHICKEN BREAST PATTIE SAND: EL	1 each	1	340	30	470	2	17.0	33.0	16.51
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 - 3/4	3/4 SERVING	1	255	0	750	21	12.0	49.5	1.5
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	12	0.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: MONDAYS:INTERM.	1/2 CUP	1	53	5	91	*1	1.53	4.54	3.03
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI									
DOMINOS PIZZA	SLICE	1	280	25	450	2	20.0	29.0	9.0
MIXED FRESH VEGETABLES:INTER	3/4 CUP	1	99	10	144	*2	2.42	8.31	6.21
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	12	0.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	68	10	169	*1	1.03	3.54	4.53
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			971	*58	1654	*66	45.11	136.18	27.65
% of Calories						*27.3%	18.6%	56.1%	25.6%
Nutrient Guideline			783				15.00		<=30.0

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Tue - 01/14/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
ENCHILADA	BURRITO	1	384	13	1202	*4	20.05	53.68	11.45
CORN 1/2 CUP	1/2 CUP	1	65	0	15	3	2.0	15.0	1.0
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY- INTERM.	1/2 CUP	1	72	5	117	*1	1.43	3.32	5.5
CREAMIES JR.	CREAMIE	1	93	16	39	*N/A*	2.0	14.0	3.5
SALSA PICANTE	1 OZ	1	9	0	133	0	0.89	1.77	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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ALT INT WEEKLY 1st CHOI	Total	1							
SPICY CHICKEN SANDWICH	1 EACH	1	342	30	613	3	21.12	38.1	12.59
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
TATER TOTS: 1/2 CUP	8 PIECES	1	140	0	280	0	2.0	16.0	7.0
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1029	*54	2260	*63	43.72	146.66	30.77
% of Calories						*24.6%	17.0%	57.0%	26.9%
Nutrient Guideline			783				15.00		<=30.0

Wed - 01/15/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
TERIYAKI BEEF NUGGETS: (Elem.)	4 Nugget	1	160	40	440	4	14.0	6.0	8.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	130	5	420	0	2.0	18.0	5.0
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	25	0	326	*N/A*	0.98	3.93	0.98
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVIN	1	47	0	80	*N/A*	0.0	9.34	0.0
WG DINNER ROLL	ROLL	1	90	0	160	2	4.0	17.0	1.0
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
GRILLED CHEESE-WW BREAD	1 EACH	1	427	50	1124	*4	16.0	32.0	26.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
CARROT & CELERY STICKS:INTER	3/4 CUP	1	123	12	214	*2	2.04	10.53	7.67
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average			913	*69	1804	*57	37.18	117.80	31.76
% of Calories						*24.8%	16.3%	51.6%	31.3%
Nutrient Guideline			783				15.00		<=30.0

Thu - 01/16/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
ORANGE CHICKEN	3.6 OZ SERVI	1	150	40	280	10	11.0	19.0	3.0
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	80	0	70	*0	2.0	16.48	0.75
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	23	0	23	2	0.75	3.75	0.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	52	5	76	*1	1.52	4.17	3.08
COOKIE, COWBOY	1 oz.	1	202	15	164	*15	3.31	29.34	8.48
SOY SAUCE: PC	PC	1	10	0	500	*N/A*	0.0	0.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	406	37	624	*4	20.61	48.62	15.03
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	67	10	153	*0	1.02	3.17	4.58
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			879	*73	1308	*73	37.26	126.85	23.16
% of Calories						*33.2%	17.0%	57.7%	23.7%
Nutrient Guideline			783				15.00		<=30.0

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Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 01/17/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3	16.0	27.0	17.0
MARINARA SAUCE	1/2 CUP	1	70	298	616	3	1.99	11.93	1.49
GARLIC TWIST	2 OZ	1	141	11	384	*1	4.18	27.29	2.59
DINNER SALAD	1 CUP	1	43	0	28	*1	2.85	8.65	0.02
PINEAPPLE, TIDBITS, CAN	1/4 C SERVING	1	30	0	0	7	0.5	8.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	316	45	711	*3	20.4	28.21	13.3
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	170	0	500	14	8.0	33.0	1.0
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
PINEAPPLE, TIDBITS, CAN	1/4 C SERVING	1	30	0	0	7	0.5	8.0	0.0
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0	0.22	0.33	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1033	*212	2291	*81	45.94	157.26	27.96
% of Calories						*31.2%	17.8%	60.9%	24.4%
Nutrient Guideline			783				15.00		<=30.0

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Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Tue - 01/21/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
CHICKEN CARNITA BURRITO	SERVING	1	238	76	673	*0	20.52	20.25	8.28
LETTUCE & TOMATO:1/4 CUP-TACOS	1/4 CUP	1	7	0	3	1	0.48	1.43	0.04
REFRIED BEANS	1/2 CUP	1	164	0	546	0	8.21	23.6	4.62
CHIPS-Baked! Tostitos Scoops	BAG	1	110	0	110	*N/A*	2.0	19.0	2.5
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY- INTERM.	1/2 CUP	1	72	5	117	*1	1.43	3.32	5.5
SWEET CAKE	SERVINGS	1	280	20	242	*31	2.2	44.77	10.95
SALSA PICANTE	1 OZ	1	9	0	133	0	0.89	1.77	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI									
SPICY CHICKEN SANDWICH	1 EACH	1	342	30	613	3	21.12	38.1	12.59
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
TATER TOTS: 1/2 CUP	8 PIECES	1	140	0	280	0	2.0	16.0	7.0
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1158	*88	2419	*76	48.39	159.85	35.99
% of Calories						*26.2%	16.7%	55.2%	28.0%
Nutrient Guideline			783				15.00		<=30.0

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Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Wed - 01/22/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
BREADED PORK STEAK	1 EACH	1	293	51	424	1	16.17	17.18	17.18
BUTTER MASHED POTATOES-sec	2/3 cup	1	130	5	420	0	2.0	18.0	5.0
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	45	0	222	*N/A*	1.0	5.0	2.0
CORN 1/2 CUP	1/2 CUP	1	65	0	15	3	2.0	15.0	1.0
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
WG DINNER ROLL	ROLL	1	90	0	160	2	4.0	17.0	1.0
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI									
GRILLED CHEESE-WW BREAD	1 EACH	1	427	50	1124	*4	16.0	32.0	26.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
CARROT & CELERY STICKS:INTER	3/4 CUP	1	123	12	214	*2	2.04	10.53	7.67
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			999	*74	1711	*57	39.27	126.76	37.35
% of Calories						*22.7%	15.7%	50.8%	33.7%
Nutrient Guideline			783				15.00		<=30.0

Thu - 01/23/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
CHICKEN NOODLE SOUP:ELE	3/4 CUP	1	134	36	325	*2	8.75	19.73	2.49
CORNMEAL SUPER STAR	1 EA	1	148	11	91	12	2.8	23.0	5.0
TOMATO, CUCUMBER, CARROTS:INTE	3/4 CUP	1	95	10	130	*2	1.77	11.38	6.17
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	52	5	76	*1	1.52	4.17	3.08
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Washington County School District

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Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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ALT INT WEEKLY 1st CHOI	Total	1							
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	406	37	624	*4	20.61	48.62	15.03
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVIN	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	67	10	153	*0	1.02	3.17	4.58
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			835	*75	1063	*67	35.39	119.62	23.88
% of Calories						*32.3%	17.0%	57.3%	25.7%
Nutrient Guideline			783				15.00		<=30.0

Fri - 01/24/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
PIZZA, BIG DADDY'S (SCHWAN'S)	1 SLICE	1	320	20	550	*N/A*	19.0	39.0	10.0
DINNER SALAD	1 CUP	1	43	0	28	*1	2.85	8.65	0.02
PINEAPPLE, TIDBITS, CAN	1/4 C SERVIN	1	30	0	0	7	0.5	8.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	316	45	711	*3	20.4	28.21	13.3
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	170	0	500	14	8.0	33.0	1.0
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
PINEAPPLE, TIDBITS, CAN	1/4 C SERVIN	1	30	0	0	7	0.5	8.0	0.0
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0	0.22	0.33	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average			943	*55	1791	*77	44.35	143.65	22.42
% of Calories						*32.7%	18.8%	60.9%	21.4%
Nutrient Guideline			783				15.00		<=30.0

Mon - 01/27/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
CHICKEN BITES-SEC	6 PIECES	1	257	43	585	1	20.0	18.0	13.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	140	0	300	0	2.0	22.0	5.0
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	12	0.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: MONDAYS:INTERM.	1/2 CUP	1	53	5	91	*1	1.53	4.54	3.03
PUDDING,CHOICE	SERVING	1	115	0	133	15	1.0	20.5	3.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
DOMINOS PIZZA	SLICE	1	280	25	450	2	20.0	29.0	9.0
MIXED FRESH VEGETABLES:INTER	3/4 CUP	1	99	10	144	*2	2.42	8.31	6.21
PEARS, DICED, CANNED	1/2 CUP	1	60	0	5	12	0.0	16.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	68	10	169	*1	1.03	3.54	4.53
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			876	*62	1659	*65	40.65	124.20	24.59
% of Calories						*29.9%	18.6%	56.7%	25.3%
Nutrient Guideline			783				15.00		<=30.0

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Tue - 01/28/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
BEEF TACO STICK	1 EACH	1	345	52	631	1	20.07	31.87	12.82
REFRIED BEANS	1/2 CUP	1	164	0	546	0	8.21	23.6	4.62
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY- INTERM.	1/2 CUP	1	72	5	117	*1	1.43	3.32	5.5
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	187	10	184	*10	3.31	28.69	7.79
SALSA PICANTE	1 OZ	1	9	0	133	0	0.89	1.77	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
SPICY CHICKEN SANDWICH	1 EACH	1	342	30	613	3	21.12	38.1	12.59
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
TATER TOTS: 1/2 CUP	8 PIECES	1	140	0	280	0	2.0	16.0	7.0
PEACH, DICED, CANNED	1/2 CUP	1	60	0	5	13	0.0	14.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1106	*71	2312	*65	47.49	147.40	35.41
% of Calories						*23.7%	17.2%	53.3%	28.8%
Nutrient Guideline			783				15.00		<=30.0

Wed - 01/29/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
HAM - COBBLE STREET	SLICE	1	140	45	840	1	13.0	2.0	9.0
SCALLOPED POTATOES:ELE	1/2 CUP	1	160	0	502	*3	3.0	23.99	3.56
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVIN	1	47	0	80	*N/A*	0.0	9.34	0.0
ROLL: 2 OZ SCHOOL MADE	ROLL	1	138	11	376	*1	3.93	27.16	2.34
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
ALT INT WEEKLY 1st CHOI	Total	1							
GRILLED CHEESE-WW BREAD	1 EACH	1	427	50	1124	*4	16.0	32.0	26.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
MIXED FRUIT, CANNED	1/2 CUP	1	60	0	5	12	0.0	15.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
CARROT & CELERY STICKS:INTER	3/4 CUP	1	123	12	214	*2	2.04	10.53	7.67
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			929	*74	1990	*56	36.65	121.92	31.72
% of Calories						*24.2%	15.8%	52.5%	30.7%
Nutrient Guideline			783				15.00		<=30.0

Thu - 01/30/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
TERIYAKI CHICKEN	2.4 OZ	1	115	70	330	6	15.0	6.0	3.5
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	130	0	580	*N/A*	3.0	24.01	2.5
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	23	0	23	2	0.75	3.75	0.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	52	5	76	*1	1.52	4.17	3.08
BROWNIE CUP, WG	BROWNIE	1	146	1	72	14	1.5	26.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	406	37	624	*4	20.61	48.62	15.03
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	80	0	10	18	0.0	19.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	67	10	153	*0	1.02	3.17	4.58
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			853	*82	1292	*70	38.86	122.45	22.05
% of Calories						*33.0%	18.2%	57.4%	23.3%
Nutrient Guideline			783				15.00		<=30.0

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Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 01/31/2020									
INTERMEDIATE LUNCH 6-8	Total	1							
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3	16.0	27.0	17.0
MARINARA SAUCE	1/2 CUP	1	70	298	616	3	1.99	11.93	1.49
DINNER SALAD	1 CUP	1	43	0	28	*1	2.85	8.65	0.02
PINEAPPLE, TIDBITS, CAN	1/4 C SERVIN	1	30	0	0	7	0.5	8.0	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT INT WEEKLY 1st CHOI	Total	1							
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	316	45	711	*3	20.4	28.21	13.3
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	170	0	500	14	8.0	33.0	1.0
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
PINEAPPLE, TIDBITS, CAN	1/4 C SERVIN	1	30	0	0	7	0.5	8.0	0.0
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	8	0.66	12.59	0.2
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0	0.22	0.33	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			963	*207	2099	*80	43.85	143.61	26.67
% of Calories						*33.2%	18.2%	59.7%	24.9%
Nutrient Guideline			783				15.00		<=30.0
Weighted Average			960	*85	1852	*66	40.45	133.48	29.51
						*62.0%	16.9%	55.6%	27.7%

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Portion Values - Detailed

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Nutrient	Menu AVG	% of Cals	Portion Size Weekly Target	Reimb Qty % of Target	Cals (kcal) Miss Data	Cholst (mg) Shortfall	Sodm (mg) Shortfall	Sugars (g) Overage	Protn (g) Overage	Carb (g) Overage	T-Fat (g) Overage	Error Messages (if any)
Calories	960		783	123%								
Cholesterol (mg)	85				Missing							
Sodium 1 (mg)	1852							1852				
Sodium 2 (mg)	1852							1852				
Sugars (g)	66	27.56%			Missing							
Protein (g)	40.45	16.86%	15.00	270%								
Carbohydrate (g)	133.48	55.62%										
Total Fat (g)	29.51	27.67%	<=30.00%									

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