

Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

Page 1

Generated on: 12/16/2019 11:57:23 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 01/06/2020									
SECONDARY LUNCH 9-12	Total	1							
PULLED PORK SANDWICH:SEC	4oz serving	1	298	44	756	*2	20.98	38.86	6.5
FRENCH FRIES- S.S. 3/4 CUP	4.5 OZ	1	210	0	450	0	3.0	33.0	7.5
PEARS, DICED, CANNED	1 CUP	1	120	0	10	24	0.0	32.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: MONDAYS:SEC	1 CUP	1	170	10	364	*2	6.87	20.63	6.13
CHOCOLATE CHIP COOKIES	1 EACH	1	136	14	173	*8	2.19	18.48	6.34
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO	Total	1							
DOMINOS PIZZA	SLICE	1	280	25	450	2	20.0	29.0	9.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	107	10	151	*2	3.06	9.82	6.29
PEARS, DICED, CANNED	1 CUP	1	120	0	10	24	0.0	32.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: MONDAYS:SEC	1 CUP	1	170	10	364	*2	6.87	20.63	6.13
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1165	*71	2084	*85	48.80	185.06	26.85
% of Calories						*29.0%	16.8%	63.5%	20.7%
Nutrient Guideline			846				16.70		<=30.0

Tue - 01/07/2020									
SECONDARY LUNCH 9-12	Total	1							
SOFT FLOUR TACO:SEC	serving	1	255	49	436	1	17.01	23.0	10.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	14	0	6	2	0.95	2.86	0.09
CHEDDAR/ JACK FANCY SHRED-.5OZ	.5 OZ	1	56	13	86	0	3.04	0.51	4.56
REFRIED BEANS	1/2 CUP	1	164	0	546	0	8.21	23.6	4.62
PEACH, DICED, CANNED	1 CUP	1	120	0	10	26	0.0	28.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
BUG BITES	BAG	1	120	0	1151	8	2.0	21.0	3.5
SALSA PICANTE	1 OZ	1	9	0	133	0	0.89	1.77	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Portion Values - Detailed

Page 2

Generated on: 12/16/2019 11:57:23 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
ALT SEC WEEKLY 1st CHO	Total	1							
SPICY CHICKEN SANDWICH	1 EACH	1	342	30	613	3	21.12	38.1	12.59
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
TATER TOTS-3/4 CUP	12 PIECES	1	210	0	420	0	3.0	24.0	10.5
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
PEACH, DICED, CANNED	1 CUP	1	120	0	10	26	0.0	28.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1249	*73	2883	*87	49.60	174.37	38.89
% of Calories						*28.0%	15.9%	55.8%	28.0%
Nutrient Guideline			846				16.70		<=30.0

Wed - 01/08/2020									
SECONDARY LUNCH 9-12	Total	1							
WG CHICKEN TENDERS STRIP	3 STRIPS	1	254	59	321	0	17.0	15.0	14.0
FRENCH FRIES- S.S. 3/4 CUP	4.5 OZ	1	210	0	450	0	3.0	33.0	7.5
GREEN BEANS: 1/2 C.	1/2 CUP	1	21	0	266	*N/A*	1.27	4.77	0.11
ROLL: 2 OZ SCHOOL MADE	ROLL	1	138	11	376	*1	3.93	27.16	2.34
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MIXED FRUIT, CANNED	1 CUP	1	120	0	10	24	0.0	30.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO	Total	1							
GRILLED CHEESE-WW BREAD	1 EACH	1	427	50	1124	*4	16.0	32.0	26.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
MIXED FRUIT, CANNED	1 CUP	1	120	0	10	24	0.0	30.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
CARROT & CELERY STICKS:SEC	1 CUP	1	130	15	235	*2	2.28	8.67	9.18
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Page 3

Generated on: 12/16/2019 11:57:23 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average			1188	*87	2274	*80	40.56	168.97	40.20
% of Calories						*26.9%	13.7%	56.9%	30.5%
Nutrient Guideline			846				16.70		<=30.0

Thu - 01/09/2020									
SECONDARY LUNCH 9-12	Total	1							
LEMON CHICKEN - ASIAN FOOD	3.9oz SERVING	1	190	45	350	10	11.0	21.0	6.0
VEGETABLE HARVEST RICE PILAF:S	1.25 CUP	1	219	0	977	*0	5.05	40.42	4.21
CASCADE BLEND VEGETABLE-1 CUP	1 CUP	1	41	0	47	3	1.35	9.46	0.0
MANDARIN ORANGE, FESTIVAL, CAN	1 C SERVING	1	160	0	20	36	0.0	38.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: 3 THURSDAY'S:SEC	1 CUP	1	78	0	149	*0	4.51	14.42	0.39
COOKIE: FORTUNE COOKIE	COOKIE	1	32	0	11	*N/A*	0.0	6.97	0.2
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO	Total	1							
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	406	37	624	*4	20.61	48.62	15.03
MANDARIN ORANGE, FESTIVAL, CAN	1 C SERVING	1	160	0	20	36	0.0	38.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
WG DINNER ROLL	ROLL	1	90	0	160	2	4.0	17.0	1.0
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	67	10	153	*0	1.02	3.17	4.58
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1092	*66	1630	*93	41.59	176.71	23.61
% of Calories						*34.0%	15.2%	64.7%	19.5%
Nutrient Guideline			846				16.70		<=30.0

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Page 4

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Fri - 01/10/2020									
SECONDARY LUNCH 9-12	Total	8240							
DUTCH WAFFLE	1 EACH	8240	300	20	350	12	4.0	43.0	13.0
SAUSAGE LINK - CLOVERDALE	SERVING	8000	230	40	340	0	8.0	2.0	21.0
SCRAMBLED EGGS: SUNNY FRESH	1/4 CUP	1	90	220	250	*N/A*	6.0	2.0	6.0
STRAWBERRIES, SLICED, FZ, SEC.	1 CUP	1	180	0	0	34	0.0	46.0	0.0
HASHBROWN PATTY:1/2 CUP	2 EACH	7500	220	0	450	1	2.0	27.0	11.0
SLUSH: TROPICAL TRIO	SERVING	1	80	0	5	17	0.0	20.0	0.0
SYRUP	1 EA	1	11	0	81	*N/A*	0.0	4.34	0.0
KETCHUP : P/C	PC	3500	31	0	396	8	0.0	8.34	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	5200	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	3030	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO	Total	1							
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	316	45	711	*3	20.4	28.21	13.3
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	170	0	500	14	8.0	33.0	1.0
CARROT STICKS 1 CUP	1 CUP	1	142	10	216	9	2.63	18.84	6.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	60	0	0	13	1.0	16.0	0.0
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0	0.22	0.33	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			849	*66	1418	*32	21.58	90.11	44.32
% of Calories						*15.2%	10.2%	42.4%	47.0%
Nutrient Guideline			846				16.70		<=30.0

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Mon - 01/13/2020									
SECONDARY LUNCH 9-12	Total	1							
CHICKEN BREAST PATTIE SAND :SE	1 each	1	370	30	520	3	18.0	38.0	16.51
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 - 3/4	3/4 SERVING	1	255	0	750	21	12.0	49.5	1.5
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PEARS, DICED, CANNED	1 CUP	1	120	0	10	24	0.0	32.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: MONDAYS:SEC	1 CUP	1	170	10	364	*2	6.87	20.63	6.13
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO									
DOMINOS PIZZA	SLICE	1	280	25	450	2	20.0	29.0	9.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	107	10	151	*2	3.06	9.82	6.29
PEARS, DICED, CANNED	1 CUP	1	120	0	10	24	0.0	32.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: MONDAYS:SEC	1 CUP	1	170	10	364	*2	6.87	20.63	6.13
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1210	*60	1922	*89	52.18	184.62	30.24
% of Calories						*29.4%	17.3%	61.1%	22.5%
Nutrient Guideline			846				16.70		<=30.0

Tue - 01/14/2020									
SECONDARY LUNCH 9-12	Total	1							
ENCHILADA	BURRITO	1	384	13	1202	*4	20.05	53.68	11.45
CORN 1 CUP	1 CUP	1	130	0	30	6	4.0	30.0	2.0
PEACH, DICED, CANNED	1 CUP	1	120	0	10	26	0.0	28.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
CREAMIES JR.	CREAMIE	1	93	16	39	*N/A*	2.0	14.0	3.5
SALSA PICANTE	1 OZ	1	9	0	133	0	0.89	1.77	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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ALT SEC WEEKLY 1st CHO	Total	1							
SPICY CHICKEN SANDWICH	1 EACH	1	342	30	613	3	21.12	38.1	12.59
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
TATER TOTS-3/4 CUP	12 PIECES	1	210	0	420	0	3.0	24.0	10.5
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
PEACH, DICED, CANNED	1 CUP	1	120	0	10	26	0.0	28.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1248	*57	2406	*87	47.02	187.73	35.98
% of Calories						*27.8%	15.1%	60.2%	25.9%
Nutrient Guideline			846				16.70		<=30.0

Wed - 01/15/2020									
SECONDARY LUNCH 9-12	Total	1							
TERIYAKI BEEF NUGGETS	5 NUGGETS	1	200	50	550	5	17.5	7.5	10.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	130	5	420	0	2.0	18.0	5.0
GRAVY, BROWN LOW SODIUM	1/4 CUP	1	30	0	142	*0	0.0	4.0	1.0
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	1	47	0	80	*N/A*	0.0	9.34	0.0
ROLL: 2 OZ SCHOOL MADE	ROLL	1	138	11	376	*1	3.93	27.16	2.34
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
MIXED FRUIT, CANNED	1 CUP	1	120	0	10	24	0.0	30.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO	Total	1							
GRILLED CHEESE-WW BREAD	1 EACH	1	427	50	1124	*4	16.0	32.0	26.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
MIXED FRUIT, CANNED	1 CUP	1	120	0	10	24	0.0	30.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
CARROT & CELERY STICKS:SEC	1 CUP	1	130	15	235	*2	2.28	8.67	9.18
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

Page 7

Generated on: 12/16/2019 11:57:23 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average			1073	*80	1891	*78	39.18	150.33	34.40
% of Calories						*28.9%	14.6%	56.0%	28.9%
Nutrient Guideline			846				16.70		<=30.0

Thu - 01/16/2020									
SECONDARY LUNCH 9-12	Total	1							
ORANGE CHICKEN	3.6 OZ SERVI	1	150	40	280	10	11.0	19.0	3.0
RICE: COOKED BROWN (SEC)	1 CUP	1	160	0	139	*0	4.0	32.96	1.5
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	23	0	23	2	0.75	3.75	0.0
MANDARIN ORANGE, FESTIVAL, CAN	1 C SERVING	1	160	0	20	36	0.0	38.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: 3 THURSDAY'S:SEC	1 CUP	1	78	0	149	*0	4.51	14.42	0.39
COOKIE, COWBOY	1 oz.	1	202	15	164	*15	3.31	29.34	8.48
SOY SAUCE: PC	PC	1	10	0	500	*N/A*	0.0	0.0	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO	Total	1							
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	406	37	624	*4	20.61	48.62	15.03
MANDARIN ORANGE, FESTIVAL, CAN	1 C SERVING	1	160	0	20	36	0.0	38.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
WG DINNER ROLL	ROLL	1	90	0	160	2	4.0	17.0	1.0
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	67	10	153	*0	1.02	3.17	4.58
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1124	*71	1491	*100	42.42	180.31	24.90
% of Calories						*35.7%	15.1%	64.2%	19.9%
Nutrient Guideline			846				16.70		<=30.0

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Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

Page 8

Generated on: 12/16/2019 11:57:23 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 01/17/2020									
SECONDARY LUNCH 9-12	Total	1							
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3	16.0	27.0	17.0
MARINARA SAUCE	1/2 CUP	1	70	298	616	3	1.99	11.93	1.49
GARLIC TWIST	2 OZ	1	141	11	384	*1	4.18	27.29	2.59
DINNER SALAD	1 CUP	1	43	0	28	*1	2.85	8.65	0.02
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	60	0	0	13	1.0	16.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO	Total	1							
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	316	45	711	*3	20.4	28.21	13.3
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	170	0	500	14	8.0	33.0	1.0
CARROT STICKS 1 CUP	1 CUP	1	142	10	216	9	2.63	18.84	6.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	60	0	0	13	1.0	16.0	0.0
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0	0.22	0.33	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1183	*217	2400	*100	48.41	187.27	31.38
% of Calories						*33.9%	16.4%	63.3%	23.9%
Nutrient Guideline			846				16.70		<=30.0

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Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

Page 9

Generated on: 12/16/2019 11:57:23 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Tue - 01/21/2020									
SECONDARY LUNCH 9-12	Total	1							
CHICKEN CARNITA BURRITO	SERVING	1	238	76	673	*0	20.52	20.25	8.28
LETTUCE & TOMATO:1/4 CUP-TACOS	1/4 CUP	1	7	0	3	1	0.48	1.43	0.04
REFRIED BEANS	1/2 CUP	1	164	0	546	0	8.21	23.6	4.62
CHIPS-Baked! Tostitos Scoops	BAG	1	110	0	110	*N/A*	2.0	19.0	2.5
PEACH, DICED, CANNED	1 CUP	1	120	0	10	26	0.0	28.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
SWEET CAKE	SERVINGS	1	280	20	242	*31	2.2	44.77	10.95
SALSA PICANTE	1 OZ	1	9	0	133	0	0.89	1.77	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO	Total	1							
SPICY CHICKEN SANDWICH	1 EACH	1	342	30	613	3	21.12	38.1	12.59
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
TATER TOTS-3/4 CUP	12 PIECES	1	210	0	420	0	3.0	24.0	10.5
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
PEACH, DICED, CANNED	1 CUP	1	120	0	10	26	0.0	28.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1344	*91	2557	*98	50.70	193.42	40.70
% of Calories						*29.2%	15.1%	57.5%	27.2%
Nutrient Guideline			846				16.70		<=30.0

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Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

Page 10

Generated on: 12/16/2019 11:57:23 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Wed - 01/22/2020									
SECONDARY LUNCH 9-12	Total	1							
BREADED PORK STEAK	1 EACH	1	293	51	424	1	16.17	17.18	17.18
BUTTER MASHED POTATOES-sec	2/3 cup	1	130	5	420	0	2.0	18.0	5.0
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	45	0	222	*N/A*	1.0	5.0	2.0
CORN 1/2 CUP	1/2 CUP	1	65	0	15	3	2.0	15.0	1.0
MIXED FRUIT, CANNED	1 CUP	1	120	0	10	24	0.0	30.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
WG DINNER ROLL	ROLL	1	90	0	160	2	4.0	17.0	1.0
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO									
GRILLED CHEESE-WW BREAD	1 EACH	1	427	50	1124	*4	16.0	32.0	26.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
MIXED FRUIT, CANNED	1 CUP	1	120	0	10	24	0.0	30.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
CARROT & CELERY STICKS:SEC	1 CUP	1	130	15	235	*2	2.28	8.67	9.18
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1112	*75	1727	*77	40.05	153.42	38.31
% of Calories						*27.9%	14.4%	55.2%	31.0%
Nutrient Guideline			846				16.70		<=30.0

Thu - 01/23/2020									
SECONDARY LUNCH 9-12	Total	1							
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	166	45	380	*2	10.85	24.34	3.04
CORNMEAL SUPER STAR	1 EA	1	148	11	91	12	2.8	23.0	5.0
TOMATOES, CUCUMBER, CARROTS:SE	1 CUP	1	98	10	131	*3	1.94	12.03	6.22
MANDARIN ORANGE, FESTIVAL, CAN	1 C SERVING	1	160	0	20	36	0.0	38.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: 3 THURSDAY'S:SEC	1 CUP	1	78	0	149	*0	4.51	14.42	0.39
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Portion Values - Detailed

Page 11

Generated on: 12/16/2019 11:57:23 AM

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ALT SEC WEEKLY 1st CHO	Total	1							
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	406	37	624	*4	20.61	48.62	15.03
MANDARIN ORANGE, FESTIVAL, CAN	1 C SERVING	1	160	0	20	36	0.0	38.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
WG DINNER ROLL	ROLL	1	90	0	160	2	4.0	17.0	1.0
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	67	10	153	*0	1.02	3.17	4.58
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1057	*76	1238	*95	40.69	167.46	25.54
% of Calories						*36.0%	15.4%	63.4%	21.7%
Nutrient Guideline			846				16.70		<=30.0

Fri - 01/24/2020									
SECONDARY LUNCH 9-12	Total	1							
PIZZA, BIG DADDY'S (SCHWAN'S)	1 SLICE	1	320	20	550	*N/A*	19.0	39.0	10.0
DINNER SALAD	1 CUP	1	43	0	28	*1	2.85	8.65	0.02
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	60	0	0	13	1.0	16.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO	Total	1							
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	316	45	711	*3	20.4	28.21	13.3
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	170	0	500	14	8.0	33.0	1.0
CARROT STICKS 1 CUP	1 CUP	1	142	10	216	9	2.63	18.84	6.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	60	0	0	13	1.0	16.0	0.0
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0	0.22	0.33	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Portion Values - Detailed

Page 12

Generated on: 12/16/2019 11:57:23 AM

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Weighted Daily Average			1093	*60	1900	*97	46.83	173.66	25.84
% of Calories						*35.4%	17.1%	63.5%	21.3%
Nutrient Guideline			846				16.70		<=30.0

Mon - 01/27/2020									
SECONDARY LUNCH 9-12	Total	1							
CHICKEN BITES-SEC	6 PIECES	1	257	43	585	1	20.0	18.0	13.0
FRENCH FRIES- S.S. 3/4 CUP	4.5 OZ	1	210	0	450	0	3.0	33.0	7.5
PEARS, DICED, CANNED	1 CUP	1	120	0	10	24	0.0	32.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: MONDAYS:SEC	1 CUP	1	170	10	364	*2	6.87	20.63	6.13
ROLL: 2 OZ SCHOOL MADE	ROLL	1	138	11	376	*1	3.93	27.16	2.34
PUDDING,CHOICE	SERVING	1	115	0	133	15	1.0	20.5	3.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO	Total	1							
DOMINOS PIZZA	SLICE	1	280	25	450	2	20.0	29.0	9.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	107	10	151	*2	3.06	9.82	6.29
PEARS, DICED, CANNED	1 CUP	1	120	0	10	24	0.0	32.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: MONDAYS:SEC	1 CUP	1	170	10	364	*2	6.87	20.63	6.13
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1203	*69	2166	*88	49.68	189.22	29.60
% of Calories						*29.3%	16.5%	62.9%	22.1%
Nutrient Guideline			846				16.70		<=30.0

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Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Tue - 01/28/2020									
SECONDARY LUNCH 9-12	Total	1							
BEEF TACO STICK	1 EACH	1	345	52	631	1	20.07	31.87	12.82
REFRIED BEANS	1/2 CUP	1	164	0	546	0	8.21	23.6	4.62
PEACH, DICED, CANNED	1 CUP	1	120	0	10	26	0.0	28.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
SALSA PICANTE	1 OZ	1	9	0	133	0	0.89	1.77	0.0
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	187	10	184	*10	3.31	28.69	7.79
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO	Total	1							
SPICY CHICKEN SANDWICH	1 EACH	1	342	30	613	3	21.12	38.1	12.59
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
TATER TOTS-3/4 CUP	12 PIECES	1	210	0	420	0	3.0	24.0	10.5
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	156	10	242	*2	3.73	9.27	11.01
PEACH, DICED, CANNED	1 CUP	1	120	0	10	26	0.0	28.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	*N/A*	0.0	13.0	0.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1293	*74	2450	*88	49.80	180.97	40.12
% of Calories						*27.1%	15.4%	56.0%	27.9%
Nutrient Guideline			846				16.70		<=30.0

Wed - 01/29/2020									
SECONDARY LUNCH 9-12	Total	1							
HAM - COBBLE STREET	SLICE	1	140	45	840	1	13.0	2.0	9.0
SCALLOPED POTATOES:SEC	3/4 CUP	1	223	0	703	*4	4.2	33.59	4.98
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVIN	1	47	0	80	*N/A*	0.0	9.34	0.0
ROLL: 2 OZ SCHOOL MADE	ROLL	1	138	11	376	*1	3.93	27.16	2.34
MIXED FRUIT, CANNED	1 CUP	1	120	0	10	24	0.0	30.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5

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Washington County School District

Jan 6, 2020 thru Jan 31, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

Page 14

Generated on: 12/16/2019 11:57:24 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
ALT SEC WEEKLY 1st CHO	Total	1							
GRILLED CHEESE-WW BREAD	1 EACH	1	427	50	1124	*4	16.0	32.0	26.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
MIXED FRUIT, CANNED	1 CUP	1	120	0	10	24	0.0	30.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
CARROT & CELERY STICKS:SEC	1 CUP	1	130	15	235	*2	2.28	8.67	9.18
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1075	*75	2106	*78	38.03	153.38	33.39
% of Calories						*28.9%	14.2%	57.1%	28.0%
Nutrient Guideline			846				16.70		<=30.0

Thu - 01/30/2020									
SECONDARY LUNCH 9-12	Total	1							
TERIYAKI CHICKEN	2.4 OZ	1	115	70	330	6	15.0	6.0	3.5
VEGETABLE BROWN RICE : SEC	8 OZ	1	219	0	977	*N/A*	5.05	40.42	4.21
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	23	0	23	2	0.75	3.75	0.0
MANDARIN ORANGE, FESTIVAL, CAN	1 C SERVING	1	160	0	20	36	0.0	38.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
SALAD BAR: 3 THURSDAY'S:SEC	1 CUP	1	78	0	149	*0	4.51	14.42	0.39
BROWNIE CUP, WG	BROWNIE	1	146	1	72	14	1.5	26.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO	Total	1							
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	406	37	624	*4	20.61	48.62	15.03
MANDARIN ORANGE, FESTIVAL, CAN	1 C SERVING	1	160	0	20	36	0.0	38.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
WG DINNER ROLL	ROLL	1	90	0	160	2	4.0	17.0	1.0
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	67	10	153	*0	1.02	3.17	4.58
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	*N/A*	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1103	*79	1638	*98	44.04	175.87	24.26
% of Calories						*35.4%	16.0%	63.8%	19.8%
Nutrient Guideline			846				16.70		<=30.0

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Washington County School District

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Portion Values - Detailed

Page 15

Generated on: 12/16/2019 11:57:24 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 01/31/2020									
SECONDARY LUNCH 9-12	Total	1							
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3	16.0	27.0	17.0
MARINARA SAUCE	1/2 CUP	1	70	298	616	3	1.99	11.93	1.49
DINNER SALAD	1 CUP	1	43	0	28	*1	2.85	8.65	0.02
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	60	0	0	13	1.0	16.0	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	1	1.0	2.0	6.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
ALT SEC WEEKLY 1st CHO	Total	1							
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	316	45	711	*3	20.4	28.21	13.3
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	2	0.91	2.67	0.08
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	170	0	500	14	8.0	33.0	1.0
CARROT STICKS 1 CUP	1 CUP	1	142	10	216	9	2.63	18.84	6.42
CHIPS: DORITOS	bag	1	131	0	181	0	2.01	19.62	5.03
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	60	0	0	13	1.0	16.0	0.0
FROZEN JUICE CUP	1 EACH	1	72	0	8	17	0.0	19.65	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	99	*0	2	17	1.32	25.18	0.41
PICKLE:, CHIPS	1 OZ.	1	5	0	340	1	0.0	1.0	0.0
KETCHUP : P/C	PC	1	31	0	396	8	0.0	8.34	0.0
MUSTARD:, P/C	1 Each	1	3	0	63	0	0.22	0.33	0.0
LIGHT MAYONNAISE	POUCH	1	40	5	85	0	0.0	0.0	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	18	8.0	20.0	0.0
MILK 1% WHITE	CARTON	1	100	10	125	12	8.0	12.0	2.5
Weighted Daily Average			1113	*212	2208	*100	46.32	173.62	30.08
% of Calories						*35.8%	16.6%	62.4%	24.3%
Nutrient Guideline			846				16.70		<=30.0
Weighted Average			1146	*87	2021	*87	44.08	170.87	32.56
						*68.1%	15.4%	59.6%	25.6%

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Portion Values - Detailed

Page 16

Generated on: 12/16/2019 11:57:24 AM

Nutrient	Menu AVG	% of Cals	Portion Size Weekly Target	Reimb Qty % of Target	Cals (kcal) Miss Data	Cholst (mg) Shortfall	Sodm (mg) Shortfall	Sugars (g) Overage	Protn (g) Overage	Carb (g) Overage	T-Fat (g) Overage	Error Messages (if any)
Calories	1146		846	135%								
Cholesterol (mg)	87				Missing							
Sodium 1 (mg)	2021							2021				
Sodium 2 (mg)	2021							2021				
Sugars (g)	87	30.28%			Missing							
Protein (g)	44.08	15.38%	16.70	264%								
Carbohydrate (g)	170.87	59.64%										
Total Fat (g)	32.56	25.57%	<=30.00%									

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