



WHOLE GRAIN MAPLE BITES

Product Information

Sweet and savory fill your taste buds with these maple bites. Made with whole grains, they are not only delicious but healthy too! Each 0.7 oz. piece is ready to heat and serve. The ideal treat for a breakfast or sweet snack on the go!

Product Handling

- Conventional Oven: Preheat oven to 325°F.
- Place slightly thawed product on baking sheet. Bake 2-3 min
- Let stand 1 – 2 min before serving because filling will be hot

Features/Benefits

- Filled with whole grains
- 98% fat free
- Cholesterol free
- 0 grams trans fat
- Each bite provides ½ oz. grain

Ideal Use

- Breakfast or snack
- Heat up



01/21

Item No.
A35021

Product Description
Bites, Maple, WG

Pack
320/0.7 oz.

Food Based Statement
½ Grain EQ

Product Ingredients

Water, Whole Grain Wheat Flour, Sugar, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thimine Monoitrate, Riboflavin, Folic Acid), Palm Oil, Non Fat Dry Milk, Natural And Artificial Flavors, Yeast, Salt, Starch.

Allergens

Milk, Wheat.

Food Based Compliant

Each bite provides ½ oz. grain equivalent.

Nutrition Facts

Serving Size: 81g

Calories: 240

Calories from Fat: 45

<i>Amount Per Serving</i>		<i>% Daily Value</i>			<i>% Daily Value</i>
Total Fat	5g	8%	Sugars	19g	
Saturated Fat	2g	10%	Protein	5g	
Trans Fat	0g		Vitamin A		0%
Cholesterol	0mg	0%	Vitamin C		2%
Sodium	320mg	13%	Calcium		4%
Total Carbohydrate	45g	15%	Iron		10%
Dietary Fiber	3g	12%	Zinc		---

Percent daily values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**The information on this panel is for general purposes only. Nutrition information is based on current data. The possibility exists that manufacturers may change their formulation without Gold Star's knowledge.

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