

Washington County School District

Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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Generated on: 2/21/2020 10:55:05 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 03/02/2020			
ELEMENTARY LUNCH	Total	1	
MINI CORN DOG NUGGETS (ELEM)	4 EACH	1	20.0
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	7.07
KETCHUP : P/C	PC	1	8.34
MUSTARD:, P/C	1 Each	1	0.33
JELL-O	GEL CUP	1	25.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			139.05
% of Calories			60.9%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 03/03/2020			
ELEMENTARY LUNCH	Total	8345	
NACHO BITES-ELE	8 BITES	8345	32.0
REFRIED BEANS	1/2 CUP	1	23.6
SALSA PICANTE	1 OZ	3821	1.77
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	6000	14.31
SALAD BAR: 2 TUESDAY (ELE)	1/2 CUP	3730	4.64
SWEET CAKE	SERVINGS	1	44.77
MILK : CHOCOLATE MILK FAT FREE	CARTON	7438	20.0
MILK 1% WHITE	CARTON	897	12.0
Weighted Daily Average			64.30
% of Calories			50.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 03/04/2020			
ELEMENTARY LUNCH	Total	1	
BREADED PORK STEAK	1 EACH	1	17.18
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	5.0
CORN 1/2 CUP	1/2 CUP	1	15.0
WG DINNER ROLL	ROLL	1	17.0
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MIXED FRUIT, CANNED	1/2 CUP	1	15.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			132.51
% of Calories			56.1%
Nutrient Guideline			

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Thu - 03/05/2020			
ELEMENTARY LUNCH	Total	1	
SCRAMBLED EGGS W/HAM:ELE	1/2 CUP SERVING	1	2.61
WHOLE GRAIN BISCUIT: RICH'S	BISCUIT	1	23.0
PEACH CUP, FROZEN	SERVING	1	29.98
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
KETCHUP : P/C	PC	1	8.34
SALSA PICANTE	1 OZ	1	1.77
JELLY: VARIETY PACK	PC	1	9.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			134.09
% of Calories			55.4%
Nutrient Guideline			

Fri - 03/06/2020			
ELEMENTARY LUNCH	Total	1	
5" ROUND PEPPERONI PIZZA	PIZZA	1	30.94
DINNER SALAD	1 CUP	1	8.65
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FROZEN JUICE CUP	1 EACH	1	19.65
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			121.55
% of Calories			54.5%
Nutrient Guideline			

Mon - 03/09/2020			
ELEMENTARY LUNCH	Total	1	
POPCORN CHICKEN SMACKERS	4.3 OZ SERVING	1	20.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	7.07
PUDDING.CHOICE	SERVING	1	20.5
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	8.34
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			153.22
% of Calories			56.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 03/10/2020			
ELEMENTARY LUNCH	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	23.6
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 2 TUESDAY (ELE)	1/2 CUP	1	4.64
SALSA PICANTE	1 OZ	1	1.77
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			150.87
% of Calories			49.7%
Nutrient Guideline			

Wed - 03/11/2020			
ELEMENTARY LUNCH	Total	1	
HAM - COBBLE STREET	SLICE	1	2.0
SCALLOPED POTATOES:ELE	1/2 CUP	1	23.99
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	1	9.34
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MIXED FRUIT, CANNED	1/2 CUP	1	15.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			123.80
% of Calories			57.9%
Nutrient Guideline			

Thu - 03/12/2020			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
NORMANDY VEGETABLES 1/2 C	1/2 C SERVING	1	2.5
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	6.33
BROWNIE CUP, WG	BROWNIE	1	26.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			130.15
% of Calories			58.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 03/13/2020			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
DINNER SALAD	1 CUP	1	8.65
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FROZEN JUICE CUP	1 EACH	1	19.65
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			129.53
% of Calories			56.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Mon - 03/23/2020			
ELEMENTARY LUNCH	Total	1	
HAMBURGER 100% BEEF :ELE	PATTY	1	21.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
PICKLE:, CHIPS	1 OZ.	1	1.0
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	7.07
KETCHUP : P/C	PC	1	8.34
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			118.81
% of Calories			49.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 03/24/2020			
ELEMENTARY LUNCH	Total	1	
CHILI	3/4 CUP	1	19.1
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
CARROT & CELERY STICKS:ELE	3/4 CUP	1	8.53
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 2 TUESDAY (ELE)	1/2 CUP	1	4.64
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.94
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			127.77
% of Calories			48.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 03/25/2020			
ELEMENTARY LUNCH	Total	1	
EMPANADA, BEEF	EMPANADA	1	35.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	3.93
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
MIXED FRUIT, CANNED	1/2 CUP	1	15.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			122.03
% of Calories			65.7%
Nutrient Guideline			

Thu - 03/26/2020			
ELEMENTARY LUNCH	Total	1	
NEW ORLEANS/MANDARIN CHICKEN E	2.85 oz	1	18.95
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	6.33
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			139.35
% of Calories			58.6%
Nutrient Guideline			

Fri - 03/27/2020			
ELEMENTARY LUNCH	Total	1	
5" ROUND PEPPERONI PIZZA	PIZZA	1	30.94
DINNER SALAD	1 CUP	1	8.65
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FROZEN JUICE CUP	1 EACH	1	19.65
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			121.55
% of Calories			54.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 03/30/2020			
ELEMENTARY LUNCH	Total	1	
HOT DOG W/ BUN	1 EACH	1	22.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	7.07
KETCHUP : P/C	PC	1	8.34
MUSTARD:, P/C	1 Each	1	0.33
RELISH- DILL PICKLE	SERVING	1	0.0
CHOCOLATE CHIP COOKIES	1 EACH	1	18.48
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			140.52
% of Calories			56.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 03/31/2020			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	servings	1	19.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS	1/2 CUP	1	23.6
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 2 TUESDAY (ELE)	1/2 CUP	1	4.64
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.77
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			133.24
% of Calories			49.9%
Nutrient Guideline			

Weighted Average			128.37
			55.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	128.37	55.04%						

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