

Washington County School District

Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Carb (g)
Mon - 03/02/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
MINI CORN DOG NUGGETS (SEC)	6 EACH	1	30.0
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: MONDAYS:INTERM.	1 CUP	1	9.07
JELL-O	GEL CUP	1	25.0
KETCHUP : P/C	PC	1	8.34
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:INTER	3/4 CUP	1	8.31
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	7.07
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			128.87
% of Calories			56.7%
Nutrient Guideline			

Tue - 03/03/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN CARNITA BURRITO	SERVING	1	20.25
LETTUCE & TOMATO:1/4 CUP-TACOS	1/4 CUP	1	1.43
REFRIED BEANS	1/2 CUP	1	23.6
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	6.64
SWEET CAKE	SERVINGS	1	44.77
SALSA PICANTE	1 OZ	1	1.77
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	9.27
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
KETCHUP : P/C	PC	1	8.34
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			153.72
% of Calories			53.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 03/04/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
BREADED PORK STEAK	1 EACH	1	17.18
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	5.0
CORN 1/2 CUP	1/2 CUP	1	15.0
MIXED FRUIT, CANNED	1/2 CUP	1	15.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
WG DINNER ROLL	ROLL	1	17.0
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
CHIPS: DORITOS	bag	1	19.62
MIXED FRUIT, CANNED	1/2 CUP	1	15.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
CARROT & CELERY STICKS:INTER	3/4 CUP	1	10.53
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			128.47
% of Calories			51.1%
Nutrient Guideline			

Thu - 03/05/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
WHOLE GRAIN BISCUIT: RICH'S	BISCUIT	1	23.0
SCRAMBLED EGGS W/HAM:ELE	1/2 CUP SERVING	1	2.61
PEACH CUP, FROZEN	SERVING	1	29.98
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
KETCHUP : P/C	PC	1	8.34
JELLY: VARIETY PACK	PC	1	9.4
SALSA PICANTE	1 OZ	1	1.77
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	48.62
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	6.33
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			128.18
% of Calories			53.0%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 03/06/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
PIZZA, BIG DADDY'S (SCHWAN'S)	1 SLICE	1	39.0
DINNER SALAD	1 CUP	1	8.65
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FROZEN JUICE CUP	1 EACH	1	19.65
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	28.21
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	33.0
CHIPS: DORITOS	bag	1	19.62
PICKLE:, CHIPS	1 OZ.	1	1.0
FROZEN JUICE CUP	1 EACH	1	19.65
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
KETCHUP : P/C	PC	1	8.34
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			145.36
% of Calories			61.2%
Nutrient Guideline			

Mon - 03/09/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN BITES-SEC	6 PIECES	1	18.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: MONDAYS:INTERM.	1 CUP	1	9.07
PUDDING,CHOICE	SERVING	1	20.5
KETCHUP : P/C	PC	1	8.34
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:INTER	3/4 CUP	1	8.31
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	7.07
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			129.95
% of Calories			55.1%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 03/10/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	23.6
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	6.64
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
SALSA PICANTE	1 OZ	1	1.77
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	9.27
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
KETCHUP : P/C	PC	1	8.34
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			150.78
% of Calories			52.5%
Nutrient Guideline			

Wed - 03/11/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
HAM - COBBLE STREET	SLICE	1	2.0
SCALLOPED POTATOES:ELE	1/2 CUP	1	23.99
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	1	9.34
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MIXED FRUIT, CANNED	1/2 CUP	1	15.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
CHIPS: DORITOS	bag	1	19.62
MIXED FRUIT, CANNED	1/2 CUP	1	15.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
CARROT & CELERY STICKS:INTER	3/4 CUP	1	10.53
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			123.63
% of Calories			52.8%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 03/12/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
NORMANDY VEGETABLES 1/2 C	1/2 C SERVING	1	2.5
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 3 THURSDAY'S:INTERM	1 CUP	1	8.33
BROWNIE CUP, WG	BROWNIE	1	26.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	48.62
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	6.33
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			127.21
% of Calories			55.6%
Nutrient Guideline			

Fri - 03/13/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
PIZZA, BIG DADDY'S (SCHWAN'S)	1 SLICE	1	39.0
DINNER SALAD	1 CUP	1	8.65
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FROZEN JUICE CUP	1 EACH	1	19.65
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	28.21
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	33.0
CHIPS: DORITOS	bag	1	19.62
PICKLE:, CHIPS	1 OZ.	1	1.0
FROZEN JUICE CUP	1 EACH	1	19.65
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
KETCHUP : P/C	PC	1	8.34
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			145.36
% of Calories			61.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 03/23/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
HAMBURGER 100% BEEF :ELE	PATTY	1	21.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: MONDAYS:INTERM.	1/2 CUP	1	4.54
PICKLE:, CHIPS	1 OZ.	1	1.0
MUSTARD:, P/C	1 Each	1	0.33
KETCHUP : P/C	PC	1	8.34
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:INTER	3/4 CUP	1	8.31
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	7.07
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			111.48
% of Calories			51.5%
Nutrient Guideline			

Tue - 03/24/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
CHILI	3/4 CUP	1	19.1
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
CARROT & CELERY STICKS:INTER	3/4 CUP	1	10.53
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 2 TUESDAY- INTERM.	1/2 CUP	1	3.32
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.94
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	9.27
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
KETCHUP : P/C	PC	1	8.34
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			138.56 54.3%
Nutrient Guideline			

Wed - 03/25/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
EMPANADA, BEEF	EMPANADA	1	35.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	3.93
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
MIXED FRUIT, CANNED	1/2 CUP	1	15.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
CHIPS: DORITOS	bag	1	19.62
MIXED FRUIT, CANNED	1/2 CUP	1	15.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
CARROT & CELERY STICKS:INTER	3/4 CUP	1	10.53
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average % of Calories			123.24 54.5%
Nutrient Guideline			

Thu - 03/26/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
NEW ORLEANS/MANDARIN CHICKEN E	2.85 oz	1	18.95
VEGETABLE BROWN RICE : SEC	8 OZ	1	40.42
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	4.17
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	48.62
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	6.33
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average % of Calories			137.92 57.3%
Nutrient Guideline			

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Washington County School District

Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 03/27/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
WILD MIKE'S PEPPERONI CHEESY B	SERVINGS	1	34.0
DINNER SALAD	1 CUP	1	8.65
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FROZEN JUICE CUP	1 EACH	1	19.65
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	28.21
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	33.0
CHIPS: DORITOS	bag	1	19.62
PICKLE:, CHIPS	1 OZ.	1	1.0
FROZEN JUICE CUP	1 EACH	1	19.65
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
KETCHUP : P/C	PC	1	8.34
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			142.86
% of Calories			59.5%
Nutrient Guideline			

Mon - 03/30/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
PULLED PORK SANDWICH:SEC	4oz serving	1	38.86
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: MONDAYS:INTERM.	1/2 CUP	1	4.54
CHOCOLATE CHIP COOKIES	1 EACH	1	18.48
KETCHUP : P/C	PC	1	8.34
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:INTER	3/4 CUP	1	8.31
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	7.07
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			137.10
% of Calories			57.8%
Nutrient Guideline			

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Washington County School District

Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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Generated on: 2/21/2020 10:54:21 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 03/31/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
SOFT FLOUR TACO:SEC	serving	1	23.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	2.86
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS	1/2 CUP	1	23.6
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 2 TUESDAY- INTERM.	1/2 CUP	1	3.32
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.77
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	9.27
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
KETCHUP : P/C	PC	1	8.34
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			142.39
% of Calories			54.0%
Nutrient Guideline			

Weighted Average			135.01
			55.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	135.01	55.34%						

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