

# Washington County School District

Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 03/02/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
MINI CORN DOG NUGGETS ( SEC)	6 EACH	1	30.0
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
PEARS, DICED, CANNED	1 CUP	1	32.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: MONDAYS:SEC	1 CUP	1	20.63
JELL-O	GEL CUP	1	25.0
KETCHUP : P/C	PC	1	8.34
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
PEARS, DICED, CANNED	1 CUP	1	32.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: MONDAYS:SEC	1 CUP	1	20.63
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			175.38
% of Calories			63.2%
Nutrient Guideline			

<b>Tue - 03/03/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN CARNITA BURRITO	SERVING	1	20.25
LETTUCE & TOMATO:1/4 CUP-TACOS	1/4 CUP	1	1.43
REFRIED BEANS	1/2 CUP	1	23.6
CHIPS-Baked! Tostitos Scoops	BAG	1	19.0
PEACH, DICED, CANNED	1 CUP	1	28.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	9.27
SWEET CAKE	SERVINGS	1	44.77
SALSA PICANTE	1 OZ	1	1.77
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	9.27
PEACH, DICED, CANNED	1 CUP	1	28.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	8.34
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			195.75 57.8%
Nutrient Guideline			

Wed - 03/04/2020			
SECONDARY LUNCH 9-12	Total	1	
BREADED PORK STEAK	1 EACH	1	17.18
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	5.0
CORN 1/2 CUP	1/2 CUP	1	15.0
MIXED FRUIT, CANNED	1 CUP	1	30.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
WG DINNER ROLL	ROLL	1	17.0
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
CHIPS: DORITOS	bag	1	19.62
MIXED FRUIT, CANNED	1 CUP	1	30.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
CARROT & CELERY STICKS:SEC	1 CUP	1	8.67
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average % of Calories			155.75 55.5%
Nutrient Guideline			

Thu - 03/05/2020			
SECONDARY LUNCH 9-12	Total	1	
WHOLE GRAIN BISCUIT: RICH'S	BISCUIT	1	23.0
SCRAMBLED EGGS W/HAM:SEC	3/4 cup	1	3.47
PEACH CUP, FROZEN	SERVING	1	29.98
MIXED FRUIT CUP	PACKAGES	1	18.0
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
CELERY,RAW	1/2 CUP	1	220.6
KETCHUP : P/C	PC	1	8.34
JELLY: VARIETY PACK	PC	1	9.4
SALSA PICANTE	1 OZ	1	1.77
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	48.62
MANDARIN ORANGE, FESTIVAL, CAN	1 C SERVING	1	38.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
WG DINNER ROLL	ROLL	1	17.0
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	6.33
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			272.51 65.1%
Nutrient Guideline			

Fri - 03/06/2020			
SECONDARY LUNCH 9-12	Total	1	
PIZZA, BIG DADDY'S (SCHWAN'S)	1 SLICE	1	39.0
DINNER SALAD	1 CUP	1	8.65
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
FROZEN JUICE CUP	1 EACH	1	19.65
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	28.21
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	33.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
CHIPS: DORITOS	bag	1	19.62
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FROZEN JUICE CUP	1 EACH	1	19.65
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	8.34
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average % of Calories			170.78 62.1%
Nutrient Guideline			

Mon - 03/09/2020			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN BITES-SEC	6 PIECES	1	18.0
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
PEARS, DICED, CANNED	1 CUP	1	32.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: MONDAYS:SEC	1 CUP	1	20.63
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
PUDDING.CHOICE	SERVING	1	20.5
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	8.34
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
PEARS, DICED, CANNED	1 CUP	1	32.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: MONDAYS:SEC	1 CUP	1	20.63
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			197.05
% of Calories			63.2%
Nutrient Guideline			

Tue - 03/10/2020			
SECONDARY LUNCH 9-12	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	23.6
PEACH, DICED, CANNED	1 CUP	1	28.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	9.27
SALSA PICANTE	1 OZ	1	1.77
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	9.27
PEACH, DICED, CANNED	1 CUP	1	28.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	8.34
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			183.30
% of Calories			56.3%
Nutrient Guideline			

Wed - 03/11/2020			
SECONDARY LUNCH 9-12	Total	1	
HAM - COBBLE STREET	SLICE	1	2.0
SCALLOPED POTATOES:SEC	3/4 CUP	1	33.59
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	1	9.34
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MIXED FRUIT, CANNED	1 CUP	1	30.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
CHIPS: DORITOS	bag	1	19.62
MIXED FRUIT, CANNED	1 CUP	1	30.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
CARROT & CELERY STICKS:SEC	1 CUP	1	8.67
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			155.71
% of Calories			57.4%
Nutrient Guideline			

Thu - 03/12/2020			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE : SEC	8 OZ	1	40.42
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
MANDARIN ORANGE, FESTIVAL, CAN	1 C SERVING	1	38.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: 3 THURSDAY'S:SEC	1 CUP	1	14.42
BROWNIE CUP, WG	BROWNIE	1	26.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	48.62
MANDARIN ORANGE, FESTIVAL, CAN	1 C SERVING	1	38.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
WG DINNER ROLL	ROLL	1	17.0
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	6.33
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			179.78
% of Calories			62.8%
Nutrient Guideline			

Fri - 03/13/2020			
SECONDARY LUNCH 9-12	Total	1	
PIZZA, BIG DADDY'S (SCHWAN'S)	1 SLICE	1	39.0
DINNER SALAD	1 CUP	1	8.65
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
FROZEN JUICE CUP	1 EACH	1	19.65
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	28.21
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	33.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
CHIPS: DORITOS	bag	1	19.62
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FROZEN JUICE CUP	1 EACH	1	19.65
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	8.34
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			170.78
% of Calories			62.1%
Nutrient Guideline			

Mon - 03/23/2020			
SECONDARY LUNCH 9-12	Total	1	
HAMBURGER 100 % BEEF: SEC	PATTY	1	26.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
PEARS, DICED, CANNED	1 CUP	1	32.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: MONDAYS:SEC	1 CUP	1	20.63
PICKLE:, CHIPS	1 OZ.	1	1.0
MUSTARD:, P/C	1 Each	1	0.33
KETCHUP : P/C	PC	1	8.34
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
PEARS, DICED, CANNED	1 CUP	1	32.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: MONDAYS:SEC	1 CUP	1	20.63
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			162.77
% of Calories			58.8%
Nutrient Guideline			

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<b>Tue - 03/24/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
CHILI	3/4 CUP	1	19.1
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
CARROT & CELERY STICKS:SEC	1 CUP	1	8.67
PEACH, DICED, CANNED	1 CUP	1	28.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	9.27
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.94
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	9.27
PEACH, DICED, CANNED	1 CUP	1	28.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	8.34
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			171.81
% of Calories			56.6%
Nutrient Guideline			

<b>Wed - 03/25/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
EMPANADA, BEEF	EMPANADA	1	35.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, BROWN LOW SODIUM	1/4 CUP	1	4.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
STRING CHEESE: 1oz M	1 EA	1	0.0
MIXED FRUIT, CANNED	1 CUP	1	30.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
CHIPS: DORITOS	bag	1	19.62
MIXED FRUIT, CANNED	1 CUP	1	30.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
CARROT & CELERY STICKS:SEC	1 CUP	1	8.67
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			150.55
% of Calories			56.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
<b>Thu - 03/26/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
NEW ORLEANS/MANDARIN CHICKEN E	2.85 oz	1	18.95
VEGETABLE BROWN RICE : SEC	8 OZ	1	40.42
NORMANDY VEGETABLES 1 CUP	1 CUP	1	5.0
MANDARIN ORANGE, FESTIVAL, CAN	1 C SERVING	1	38.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: 3 THURSDAY'S:SEC	1 CUP	1	14.42
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
TACO SALAD -TOP N GO :ALT LINE	2 CUP	1	48.62
MANDARIN ORANGE, FESTIVAL, CAN	1 C SERVING	1	38.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
WG DINNER ROLL	ROLL	1	17.0
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	6.33
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			184.38
% of Calories			62.8%
Nutrient Guideline			

<b>Fri - 03/27/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
WILD MIKE'S PEPPERONI CHEESY B	SERVINGS	1	34.0
DINNER SALAD	1 CUP	1	8.65
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
FROZEN JUICE CUP	1 EACH	1	19.65
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
EXPRESS BEEF & ONION BURGER: P	SANDWICH	1	28.21
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BAKED BEANS - 2019 -1/2	1/2 SERVING	1	33.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
CHIPS: DORITOS	bag	1	19.62
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FROZEN JUICE CUP	1 EACH	1	19.65
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	8.34
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Washington County School District

Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			168.28 60.6%
Nutrient Guideline			

Mon - 03/30/2020			
SECONDARY LUNCH 9-12	Total	1	
PULLED PORK SANDWICH:SEC	4oz serving	1	38.86
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
PEARS, DICED, CANNED	1 CUP	1	32.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: MONDAYS:SEC	1 CUP	1	20.63
CHOCOLATE CHIP COOKIES	1 EACH	1	18.48
KETCHUP : P/C	PC	1	8.34
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
PEARS, DICED, CANNED	1 CUP	1	32.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: MONDAYS:SEC	1 CUP	1	20.63
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average % of Calories			192.89 63.7%
Nutrient Guideline			

Tue - 03/31/2020			
SECONDARY LUNCH 9-12	Total	1	
SOFT FLOUR TACO:SEC	serving	1	23.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	2.86
CHEDDAR/ JACK FANCY SHRED-.5OZ	.5 OZ	1	0.51
REFRIED BEANS	1/2 CUP	1	23.6
PEACH, DICED, CANNED	1 CUP	1	28.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	9.27
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.77
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

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# Washington County School District

Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC  
WEEKLY 1st CHOICE

Portion Values - Detailed

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Generated on: 2/21/2020 10:45:23 AM

	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	9.27
PEACH, DICED, CANNED	1 CUP	1	28.0
FRUIT BAR :SPRING (SEC)	1 CUP	1	27.51
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	8.34
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			176.70
% of Calories			56.1%
Nutrient Guideline			

Weighted Average			180.25 60.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	180.25	60.13%						

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