

# Washington County School District

May 3, 2021 thru May 26, 2021

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/03/2021															
ELEMENTARY LUNCH	Total	1													
HOT DOG W/ BUN	1 EACH	1	220	55	450	2.00	2.16	120.0	8.4	2	13.0	21.0	10.5	2.50	0.00
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	140	0	300	2.00	0.36	0.0	4.8	0	2.0	22.0	5.0	1.50	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	57	*0	1	2.31	0.22	17.2	40.09	10	0.81	14.31	0.27	0.06	*0.00
FRUIT, CANNED OPTION	1/2 C SERVING	1	65	0	5	1.00	*0.18	*5.0	*5.25	14	0.25	16.25	0.0	0.00	0.00
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	99	10	144	2.36	0.66	30.1	34.31	*2	2.42	8.31	6.21	0.57	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	2.43	8	0.0	10.12	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	0.0	0	0.22	0.33	0.22	0.00	0.00
RELISH- DILL PICKLE	SERVING	1	0	0	45	0.00	0.00	0.0	0.0	0	0.0	0.0	0.0	0.00	0.00
JELL-O	GEL CUP	1	100	0	45	0.00	0.00	0.0	0.0	22	0.0	25.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			955	*80	1696	9.89	*3.58	*772.3	*98.89	*88	34.70	150.32	24.70	6.13	*0.00
% of Calories										*36.7%	14.5%	63.0%	23.3%	5.8%	*0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

Tue - 05/04/2021															
ELEMENTARY LUNCH	Total	1													
SOFT FLOUR TACO: ELE	servings	1	225	49	411	2.00	1.44	120.1	0.6	0	17.01	19.0	9.5	2.70	0.00
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	6	1.04	0.31	9.6	6.48	2	0.91	2.67	0.08	0.01	0.00
CHEDDAR/ JACK FANCY SHRED .25OZ	.25 OZ	1	28	6	43	0.00	0.00	50.6	0.0	0	1.52	0.25	2.28	1.52	0.00
REFRIED BEANS	1/2 CUP	1	200	5	701	10.00	2.40	50.4	25.2	0	8.0	28.0	6.0	2.00	*0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	57	*0	1	2.31	0.22	17.2	40.09	10	0.81	14.31	0.27	0.06	*0.00
FRUIT, CANNED OPTION	1/2 C SERVING	1	65	0	5	1.00	*0.18	*5.0	*5.25	14	0.25	16.25	0.0	0.00	0.00
BUG BITES	BAG	1	120	0	1151	1.00	0.72	100.0	0.0	8	2.0	21.0	3.5	1.00	0.00
SALSA PICANTE	1 OZ	1	6	0	158	0.19	0.00	0.0	0.0	1	0.25	1.4	0.12	0.01	0.00
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			944	*75	2785	17.53	*5.27	*952.8	*81.22	64	46.74	135.88	24.25	8.80	*0.00
% of Calories										27.1%	19.8%	57.6%	23.1%	8.4%	*0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Wed - 05/05/2021</b>															
ELEMENTARY LUNCH	Total	1													
ROASTED TURKEY: VIP	2.9 OZ	1	107	47	748	0.00	0.48	0.0	0.0	*N/A*	24.04	1.34	1.34	0.00	0.00
MASHED POTATOES,from Dry mix	1/2 CUP	1	80	0	314	1.00	0.37	22.4	30.04	1	2.0	17.03	1.0	0.00	*0.00
GRAVY, TURKEY	1/4 Cup	1	15	0	280	0.00	0.00	0.0	0.0	0	0.0	3.0	0.0	0.00	0.00
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	1	1.0	3.0	0.0	0.00	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	57	*0	1	2.31	0.22	17.2	40.09	10	0.81	14.31	0.27	0.06	*0.00
FRUIT, CANNED OPTION	1/2 C SER VING	1	65	0	5	1.00	*0.18	*5.0	*5.25	14	0.25	16.25	0.0	0.00	0.00
ROLL: 2 OZ SCHOOL MADE	ROLL	1	141	11	309	4.65	1.35	14.1	0.0	*1	3.87	27.1	2.79	0.98	*0.00
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	0.00	0.00	0.0	0.0	*N/A*	0.0	0.0	4.0	1.00	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			746	*72	2147	10.97	*2.61	*658.7	*78.99	*57	47.96	115.01	11.89	3.54	*0.00
% of Calories										*30.5%	25.7%	61.7%	14.4%	4.3%	*0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

<b>Thu - 05/06/2021</b>															
ELEMENTARY LUNCH	Total	1													
ORANGE CHICKEN	3.6 OZ SE RVING	1	150	40	280	0.00	0.72	0.0	1.2	10	11.0	19.0	3.0	0.50	0.00
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	80	0	70	1.00	0.36	1.1	0.0	*0	2.0	16.48	0.75	0.00	*0.00
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	23	0	23	1.50	0.00	0.0	11.25	2	0.75	3.75	0.0	0.00	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	57	*0	1	2.31	0.22	17.2	40.09	10	0.81	14.31	0.27	0.06	*0.00
FRUIT, CANNED OPTION	1/2 C SER VING	1	65	0	5	1.00	*0.18	*5.0	*5.25	14	0.25	16.25	0.0	0.00	0.00
COOKIE, COWBOY	1 oz.	1	202	15	164	2.08	1.01	45.0	0.0	*15	3.31	29.34	8.48	3.38	*0.00
SOY SAUCE: PC	PC	1	10	0	500	0.00	0.00	0.0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			816	*70	1353	7.89	*2.49	*668.3	*61.39	*81	34.11	132.13	15.00	5.44	*0.00
% of Calories										*39.7%	16.7%	64.8%	16.5%	6.0%	*0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

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Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Fri - 05/07/2021</b>															
ELEMENTARY LUNCH	Total	1													
PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	550	3.00	1.80	150.0	0.0	3	16.0	27.0	17.0	5.00	0.00
MARINARA SAUCE	1/2 CUP	1	70	298	616	1.99	1.43	39.7	8.94	3	1.99	11.93	1.49	0.00	0.00
DINNER SALAD	1 CUP	1	2	0	0	0.10	0.03	1.2	0.96	*0	0.08	0.33	0.02	0.01	0.00
MAPLE BITES, WG (2)	2 MAPLE BITES	1	140	0	150	2.00	0.72	40.0	0.0	10	2.0	26.0	3.0	0.60	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	57	*0	1	2.31	0.22	17.2	40.09	10	0.81	14.31	0.27	0.06	*0.00
LEFLEUR'S LITE RANCH- ELE.	CONTAIN	1	100	20	250	0.00	0.00	0.0	0.0	0	0.0	0.0	9.0	2.00	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			888	*358	1878	9.40	4.20	848.2	53.60	*56	36.87	112.56	33.28	9.16	*0.00
% of Calories										*25.2%	16.6%	50.7%	33.7%	9.3%	*0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	
<b>Mon - 05/10/2021</b>															
ELEMENTARY LUNCH	Total	1													
MINI CORN DOG NUGGETS ( EL EM)	4 EACH	1	167	40	280	2.00	1.20	66.7	0.8	1	6.67	20.0	6.67	1.67	0.00
TATER TOTS: 1/2 CUP	8 PIECES	1	140	0	280	2.00	0.72	0.0	2.4	0	2.0	16.0	7.0	1.50	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	57	*0	1	2.31	0.22	17.2	40.09	10	0.81	14.31	0.27	0.06	*0.00
FRUIT, CANNED OPTION	1/2 C SER VING	1	65	0	5	1.00	*0.18	*5.0	*5.25	14	0.25	16.25	0.0	0.00	0.00
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	99	10	144	2.36	0.66	30.1	34.31	*2	2.42	8.31	6.21	0.57	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	2.43	8	0.0	10.12	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	63	0.22	0.00	0.0	0.0	0	0.22	0.33	0.22	0.00	0.00
SWEET CAKE	SERVING	1	284	22	243	1.93	0.60	21.9	0.33	*32	2.16	44.83	11.43	4.94	*0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			1085	*87	1659	11.82	*3.58	*740.8	*89.22	*96	30.52	163.15	34.30	10.23	*0.00
% of Calories										*35.4%	11.3%	60.1%	28.5%	8.5%	*0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

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Base Menu Spreadsheet

ELEMENTARY LUNCH

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 05/11/2021															
ELEMENTARY LUNCH	Total	8345													
NACHO BITES-ELE	8 BITES	8345	270	15	440	3.00	1.44	150.0	2.4	1	11.0	32.0	10.0	4.00	0.00
REFRIED BEANS	1/2 CUP	1	200	5	701	10.00	2.40	50.4	25.2	0	8.0	28.0	6.0	2.00	*0.00
SALSA PICANTE	1 OZ	3821	6	0	158	0.19	0.00	0.0	0.0	1	0.25	1.4	0.12	0.01	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	57	*0	1	2.31	0.22	17.2	40.09	10	0.81	14.31	0.27	0.06	*0.00
FRUIT, CANNED OPTION	1/2 C SER VING	1	65	0	5	1.00	*0.18	*5.0	*5.25	14	0.25	16.25	0.0	0.00	0.00
CUCUMBERS: 1/2 CUP	1/2 CUP	3730	106	20	251	0.42	0.13	8.3	1.9	1	0.35	1.29	9.1	2.05	0.00
CREAMIES JR.	CREAMIE	1	93	16	39	0.00	0.00	260.0	3.45	*N/A*	2.0	14.0	3.5	2.00	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	7438	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	897	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			439	*29	799	3.27	*1.50	*453.4	*4.59	*19	19.26	52.45	14.39	5.08	*0.00
% of Calories										*17.3%	17.5%	47.8%	29.5%	10.4%	*0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 05/12/2021															
ELEMENTARY LUNCH	Total	1													
TERIYAKI BEEF NUGGETS	4 Nugget	1	160	40	440	1.00	1.44	20.0	0.0	4	14.0	6.0	8.0	3.50	0.50
MASHED POTATOES,from Dry mix	1/2 CUP	1	80	0	314	1.00	0.37	22.4	30.04	1	2.0	17.03	1.0	0.00	*0.00
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	19	0	133	0.00	0.01	1.1	0.0	*1	0.0	2.82	0.94	0.00	0.00
GREEN BEANS: 1/2 C.	1/2 CUP	1	16	0	140	2.00	*N/A*	*N/A*	*N/A*	1	1.0	3.0	0.0	0.00	0.00
ROLL: 2 OZ SCHOOL MADE	ROLL	1	141	11	309	4.65	1.35	14.1	0.0	*1	3.87	27.1	2.79	0.98	*0.00
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	0.00	0.00	0.0	0.0	*N/A*	0.0	0.0	4.0	1.00	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	57	*0	1	2.31	0.22	17.2	40.09	10	0.81	14.31	0.27	0.06	*0.00
FRUIT, CANNED OPTION	1/2 C SER VING	1	65	0	5	1.00	*0.18	*5.0	*5.25	14	0.25	16.25	0.0	0.00	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			803	*66	1693	11.97	*3.57	*679.9	*78.99	*62	37.93	119.50	19.50	7.04	*0.50
% of Calories										*30.8%	18.9%	59.5%	21.9%	7.9%	*0.6%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

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Thu - 05/13/2021															
ELEMENTARY LUNCH	Total	1													
NEW ORLEANS/MANDARIN CHICKEN E	2.85 oz	1	150	60	460	0.00	1.08	*N/A*	*N/A*	14	15.0	15.0	3.0	0.50	0.00
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	130	0	580	2.00	1.44	20.0	4.8	*N/A*	3.0	24.01	2.5	0.00	0.00
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	23	0	23	1.50	0.00	0.0	11.25	2	0.75	3.75	0.0	0.00	0.00
APPLE FILLED DONUT	SERVINGS	1	270	0	320	3.00	1.44	20.0	*N/A*	8	6.0	33.0	13.0	5.00	0.00
FRUIT BAR :WINTER:ELE	1/2 CUP	1	49	*0	1	1.91	0.14	13.8	27.03	8	0.66	12.59	0.2	0.05	*0.00
FRUIT, CANNED OPTION	1/2 C SERVING	1	65	0	5	1.00	*0.18	*5.0	*5.25	14	0.25	16.25	0.0	0.00	0.00
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			917	*75	1699	9.41	*4.28	*658.8	*51.94	*77	41.66	137.60	21.21	7.05	*0.00
% of Calories										*33.5%	18.2%	60.0%	20.8%	6.9%	*0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 05/14/2021															
ELEMENTARY LUNCH	Total	1													
MAX STUFFED CRUST PEPPER ONI PI	SLICE	1	320	20	700	3.00	1.80	250.0	0.0	4	17.0	36.0	13.0	4.50	0.00
DINNER SALAD	1 CUP	1	2	0	0	0.10	0.03	1.2	0.96	*0	0.08	0.33	0.02	0.01	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	57	*0	1	2.31	0.22	17.2	40.09	10	0.81	14.31	0.27	0.06	*0.00
PUDDING,CHOICE	SERVING	1	115	0	133	0.50	0.54	225.0	0.0	15	1.0	20.5	3.0	1.75	0.00
LEFLEUR'S LITE RANCH- ELE.	CONTAIN	1	100	20	250	0.00	0.00	0.0	0.0	0	0.0	0.0	9.0	2.00	0.00
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			823	*55	1394	5.92	2.59	1093.4	44.66	*59	34.89	104.13	27.79	9.81	*0.00
% of Calories										*28.6%	17.0%	50.6%	30.4%	10.7%	*0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

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# Washington County School District

May 3, 2021 thru May 26, 2021

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/17/2021															
ELEMENTARY LUNCH	Total	1													
POPCORN CHICKEN - GOLD KIS	10 PIECES	1	293	81	487	3.00	2.00	18.0	0.0	0	18.0	17.0	17.0	3.00	0.00
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	140	0	300	2.00	0.36	0.0	4.8	0	2.0	22.0	5.0	1.50	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	57	*0	1	2.31	0.22	17.2	40.09	10	0.81	14.31	0.27	0.06	*0.00
FRUIT, CANNED OPTION	1/2 C SER VING	1	65	0	5	1.00	*0.18	*5.0	*5.25	14	0.25	16.25	0.0	0.00	0.00
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	99	10	144	2.36	0.66	30.1	34.31	*2	2.42	8.31	6.21	0.57	0.00
SCOOBY-DOO GRAHAM CRACK ER STIC	BAG	1	120	0	115	1.00	0.72	100.0	0.0	*N/A*	2.0	21.0	3.5	1.00	0.00
BARBAQUE SAUCE: P/C	1 Each	1	50	0	430	0.00	0.36	20.0	2.4	*N/A*	0.0	13.0	0.0	0.00	0.00
KETCHUP : P/C	PC	1	40	0	334	0.00	0.00	0.0	2.43	8	0.0	10.12	0.0	0.00	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			1095	*106	2126	11.67	*4.50	*790.3	*92.89	*64	41.48	154.99	34.48	7.63	*0.00
% of Calories										*23.3%	15.2%	56.6%	28.4%	6.3%	*0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

Tue - 05/18/2021															
ELEMENTARY LUNCH	Total	1													
BEEF TACO STICK	1 EACH	1	345	52	631	3.85	2.77	328.8	6.37	1	20.07	31.87	12.82	8.35	0.00
REFRIED BEANS	1/2 CUP	1	200	5	701	10.00	2.40	50.4	25.2	0	8.0	28.0	6.0	2.00	*0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	57	*0	1	2.31	0.22	17.2	40.09	10	0.81	14.31	0.27	0.06	*0.00
FRUIT, CANNED OPTION	1/2 C SER VING	1	65	0	5	1.00	*0.18	*5.0	*5.25	14	0.25	16.25	0.0	0.00	0.00
CUCUMBERS: 1/2 CUP	1/2 CUP	1	106	20	251	0.42	0.13	8.3	1.9	1	0.35	1.29	9.1	2.05	0.00
SALSA PICANTE	1 OZ	1	6	0	158	0.19	0.00	0.0	0.0	1	0.25	1.4	0.12	0.01	0.00
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	187	10	184	5.97	1.30	56.4	0.01	*10	3.31	28.69	7.79	3.12	*0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			1196	*102	2240	23.74	*7.01	*1066.1	*82.43	*66	49.04	154.80	38.59	17.08	*0.00
% of Calories										*22.2%	16.4%	51.8%	29.0%	12.9%	*0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

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# Washington County School District

May 3, 2021 thru May 26, 2021

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 05/19/2021															
ELEMENTARY LUNCH	Total	1													
HAM - COBBLE STREET	SLICE	1	140	45	840	0.00	0.36	0.0	0.0	1	13.0	2.0	9.0	3.00	0.00
MASHED POTATOES,from Dry mix	1/2 CUP	1	80	0	314	1.00	0.37	22.4	30.04	1	2.0	17.03	1.0	0.00	*0.00
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	30	0	147	0.00	0.04	7.7	0.0	*1	0.0	6.0	0.5	0.50	0.00
SUNSHINE CARROTS 1/2 CUP	1/2 C SER VING	1	47	0	80	4.00	0.96	26.7	3.2	*N/A*	0.0	9.34	0.0	0.00	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	57	*0	1	2.31	0.22	17.2	40.09	10	0.81	14.31	0.27	0.06	*0.00
FRUIT, CANNED OPTION	1/2 C SER VING	1	65	0	5	1.00	*0.18	*5.0	*5.25	14	0.25	16.25	0.0	0.00	0.00
ROLL: 2 OZ SCHOOL MADE	ROLL	1	141	11	309	4.65	1.35	14.1	0.0	*1	3.87	27.1	2.79	0.98	*0.00
MARGARINE REDDIES: (1)	1 Patty	1	35	0	40	0.00	0.00	0.0	0.0	*N/A*	0.0	0.0	4.0	1.00	0.00
MILK : CHOCOLATE MILK FAT F REE	CARTON	1	120	5	180	0.00	0.00	300.0	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	110	10	130	0.00	0.00	300.0	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			825	*71	2046	12.97	*3.48	*693.1	*82.19	*58	35.92	125.02	20.06	7.04	*0.00
% of Calories										*28.0%	17.4%	60.6%	21.9%	7.7%	*0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

Thu - 05/20/2021															
ELEMENTARY LUNCH	Total	1													
Cooks Choice Entree	1each	1	0	0	0	0.00	0.00	0.0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

Fri - 05/21/2021															
ELEMENTARY LUNCH	Total	1													
Cooks Choice Entree	1each	1	0	0	0	0.00	0.00	0.0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

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# Washington County School District

May 3, 2021 thru May 26, 2021

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/24/2021															
ELEMENTARY LUNCH	Total	1													
Cooks Choice Entree	1each	1	0	0	0	0.00	0.00	0.0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

Tue - 05/25/2021															
ELEMENTARY LUNCH	Total	1													
Cooks Choice Entree	1each	1	0	0	0	0.00	0.00	0.0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

Wed - 05/26/2021															
ELEMENTARY LUNCH	Total	1													
Cooks Choice Entree	1each	1	0	0	0	0.00	0.00	0.0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			645				3.30	267.00	15.00		8.87		<=30.0	<10.00	

Weighted Average			887	*96	1809	11.27	*3.74	*775.1	*69.31	*65	37.78	127.50	24.57	8.00	*0.04
										*66.0%	17.0%	57.5%	24.9%	8.1%	*0.0%

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# Washington County School District

May 3, 2021 thru May 26, 2021

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	887		645	138%												
Cholesterol (mg)	96				Missing											
Sodium 1 (mg)	1809								1809							
Sodium 2 (mg)	1809								1809							
Fiber (g)	11.27															
Iron (mg)	3.74		3.30	113%	Missing											
Calcium (mg)	775.1		267.00	290%	Missing											
Sugars (g)	65	29.32%			Missing											
Vitamin C (mg)	69.31		15.00	462%	Missing											
Protein (g)	37.78	17.04%	8.87	426%												
Carbohydrate (g)	127.50	57.50%														
Total Fat (g)	24.57	24.93%	<=30.00%													
Saturated Fat (g)	8.00	8.12%	<10.00%													
Trans Fat <sup>1</sup> (g)	0.04	0.04%			Missing											

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