

Washington County School District

Nov 2, 2020 thru Nov 30, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/02/2020			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN BITES-SEC	6 PIECES	1	18.0
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			133.80
% of Calories			57.2%
Nutrient Guideline			

Tue - 11/03/2020			
SECONDARY LUNCH 9-12	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
SALSA PICANTE	1 OZ	1	1.4
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			155.26
% of Calories			55.1%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 11/04/2020			
SECONDARY LUNCH 9-12	Total	1	
HAM - COBBLE STREET	SLICE	1	2.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	1.06
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	1	9.34
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average % of Calories			121.87 53.1%
Nutrient Guideline			

Thu - 11/05/2020			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE : SEC	8 OZ	1	40.42
NORMANDY VEGETABLES 1 CUP	1 CUP	1	5.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
BROWNIE CUP, WG	BROWNIE	1	26.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
CALZONE, MINI, WG	SERVINGS	1	40.01
MARINARA SAUCE	1/2 CUP	1	11.93
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average % of Calories			149.17 64.0%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/06/2020			
SECONDARY LUNCH 9-12	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
GARLIC TWIST	2 OZ	1	27.29
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
FROZEN JUICE CUP	1 EACH	1	19.65
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
CHEESEBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
CHIPS: DORITOS	bag	1	19.62
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			138.40
% of Calories			53.6%
Nutrient Guideline			

Mon - 11/09/2020			
SECONDARY LUNCH 9-12	Total	1	
CHEESEBURGER 100 % BEEF: SEC	PATTY	1	28.1
CHEESE: PAST.PROCESS SLICE	1/2 oz.	1	1.01
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
CHOCOLATE CHIP COOKIES	1 EACH	1	18.48
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
PICKLE:, CHIPS	1 OZ.	1	1.0
MUSTARD:, P/C	1 Each	1	0.33
KETCHUP : P/C	PC	1	10.12
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			119.44
% of Calories			49.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/10/2020			
SECONDARY LUNCH 9-12	Total	1	
TACO SOUP	1 CUP	1	21.74
CHEDDAR/ JACK FANCY SHRED-.5OZ	.5 OZ	1	0.51
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.94
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			145.33
% of Calories			56.1%
Nutrient Guideline			

Wed - 11/11/2020			
SECONDARY LUNCH 9-12	Total	1	
WG CHICKEN TENDERS STRIP	3 STRIPS	1	15.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86
CORN 1/2 CUP	1/2 CUP	1	15.0
CRUMB SQUARE-DAVE'S BAKERY	1 EACH	1	47.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			148.52
% of Calories			55.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/12/2020			
SECONDARY LUNCH 9-12	Total	1	
NEW ORLEANS/MANDARIN CHICKEN E	2.85 oz	1	18.95
VEGETABLE HARVEST RICE PILAF:S	1.25 CUP	1	40.42
NORMANDY VEGETABLES 1 CUP	1 CUP	1	5.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
APPLE FILLED DONUT	SERVINGS	1	33.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
HOT DOG W/ BUN	1 EACH	1	22.0
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
CHILI	3/4 CUP	1	12.43
RELISH- DILL PICKLE	SERVING	1	0.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
MAPLE BITES, WG (1)	1/2 SERVING	1	13.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			156.81
% of Calories			60.2%
Nutrient Guideline			

Fri - 11/13/2020			
SECONDARY LUNCH 9-12	Total	1	
WILD MIKE'S PEPPERONI CHEESY B	SERVINGS	1	34.0
DINNER SALAD	1 CUP	1	0.33
CHIPS: DORITOS	BAG	1	19.62
KIND CARAMEL ALMOND MINI BAR	BAR	1	8.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
CHEESEBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
CHIPS: DORITOS	bag	1	19.62
KIND CARAMEL ALMOND MINI BAR	BAR	1	8.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			133.58
% of Calories			48.8%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/16/2020			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN SANDWICH - SEC - 2020	FILLET	1	41.05
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
JELL-O	GEL CUP	1	25.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			142.66
% of Calories			57.8%
Nutrient Guideline			

Tue - 11/17/2020			
SECONDARY LUNCH 9-12	Total	1	
SOFT FLOUR TACO:SEC	serving	1	23.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	2.86
CHEDDAR/ JACK FANCY SHRED-.5OZ	.5 OZ	1	0.51
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			148.02
% of Calories			57.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 11/18/2020			
SECONDARY LUNCH 9-12	Total	8240	
ROASTED TURKEY: VIP	2.9 OZ	8240	1.34
BUTTER MASHED POTATOES-sec	2/3 cup	8240	18.0
GRAVY, TURKEY	1/4 Cup	5000	4.0
GREEN BEANS: 1/2 C.	1/2 CUP	4500	4.77
DELUXE FRUIT SALAD	1/2 CUP	1	25.58
ORANGES 1/2 CUP SERVING	1/2 cup	1	11.28
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
PUMPKIN PIE :(Sara Lee)	Slice	8000	48.0
MARGARINE REDDIES: (1)	1 Patty	2500	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	6592	20.0
MILK 1% WHITE	CARTON	1638	12.0
Weighted Daily Average			89.36
% of Calories			50.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 11/19/2020			
SECONDARY LUNCH 9-12	Total	1	
ORANGE CHICKEN	3.6 OZ SERVING	1	19.0
RICE: COOKED BROWN (SEC)	1 CUP	1	32.96
NORMANDY VEGETABLES 1 CUP	1 CUP	1	5.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
COOKIE, COWBOY	1 oz.	1	29.34
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
CALZONE, MINI, WG	SERVINGS	1	40.01
MARINARA SAUCE	1/2 CUP	1	11.93
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			153.36
% of Calories			64.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 11/20/2020			
SECONDARY LUNCH 9-12	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
MAPLE BITES, WG (2)	SERVING	1	26.0
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
CHEESEBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
CHIPS: DORITOS	bag	1	19.62
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			131.23
% of Calories			52.0%
Nutrient Guideline			

Mon - 11/23/2020			
SECONDARY LUNCH 9-12	Total	1	
MINI CORN DOG NUGGETS (SEC)	6 EACH	1	30.0
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
SWEET CAKE	SERVING	1	44.83
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			135.38
% of Calories			56.7%
Nutrient Guideline			

Tue - 11/24/2020			
SECONDARY LUNCH 9-12	Total	1	
ENCHILADA	BURRITO	1	53.68
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
CREAMIES JR.	CREAMIE	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Washington County School District

Nov 2, 2020 thru Nov 30, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			158.81
% of Calories			57.8%
Nutrient Guideline			

Mon - 11/30/2020			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN BITES-SEC	6 PIECES	1	18.0
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
FRUIT BAR :WINTER:SEC	1 CUP	1	25.18
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			133.80
% of Calories			57.2%
Nutrient Guideline			

Weighted Average			138.60
			56.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	138.60	55.98%						

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