

Washington County School District

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/01/2021			
SECONDARY LUNCH 9-12	Total	1	
HOT DOG W/ BUN	1 EACH	1	21.0
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	33.0
CREAMIES JR.	CREAMIE	1	14.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
DINNER SALAD	1 CUP	1	0.33
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
BREADSTICK, CHEESE WG	SERVING	1	15.0
SALAD - ALT LINE	SERVINGS	1	6.07
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
COOKIE - CHOICE	SERVINGS	1	29.02
MARINARA SAUCE	1/2 CUP	1	11.93
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			158.76
% of Calories			58.0%
Nutrient Guideline			

Tue - 11/02/2021			
SECONDARY LUNCH 9-12	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
CHIPS: DORITOS	BAG	1	19.62
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.73
FRUIT BAR : SECONDARY	1 CUP	1	22.62
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	15.94
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	41.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			167.82
% of Calories			54.4%
Nutrient Guideline			

Wed - 11/03/2021			
SECONDARY LUNCH 9-12	Total	1	
CORN DOG: FOSTER FARMS TURKEY	1 EA	1	27.0
DINNER SALAD	1 CUP	1	0.33
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	7.16
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
RANCH LITE-BASIC-Summer	1 EACH	1	3.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
HAMBURGER - OPTION LINE	SERVINGS	1	29.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
CARROTS 1 CUP	1 CUP	1	15.86
CHIPS: DORITOS	bag	1	19.62
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			130.62
% of Calories			50.1%
Nutrient Guideline			

Thu - 11/04/2021			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE : SEC	8 OZ	1	40.42
NORMANDY VEGETABLES 1 CUP	1 CUP	1	5.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
SALAD BAR: 3 THURSDAY'S:SEC	1 CUP	1	15.97
BROWNIE CUP, WG	BROWNIE	1	26.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
CALZONE, MINI, WG	SERVINGS	1	40.01
MARINARA SAUCE	1/2 CUP	1	11.93
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	33.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			158.22
% of Calories			64.9%
Nutrient Guideline			

Fri - 11/05/2021			
SECONDARY LUNCH 9-12	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.73
FRUIT BAR : SECONDARY	1 CUP	1	22.62
CHAT SNAX VANILLA CRUNCH GRAHA	SERVINGS	1	20.99
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			113.33
% of Calories			54.2%
Nutrient Guideline			

Mon - 11/08/2021			
SECONDARY LUNCH 9-12	Total	1	
CHEESEBURGER 100 % BEEF: SEC	PATTY	1	28.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER GEMS	3/4 C SERVING	1	24.0
CHOCOLATE CHIP COOKIES	1 EACH	1	18.48
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
PICKLE:, CHIPS	1 OZ.	1	1.0
MUSTARD:, P/C	1 Each	1	0.33
KETCHUP : P/C	PC	1	10.12
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
BREADSTICK, CHEESE WG	SERVING	1	15.0
SALAD - ALT LINE	SERVINGS	1	6.07
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
COOKIE - CHOICE	SERVINGS	1	29.02
MARINARA SAUCE	1/2 CUP	1	11.93
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			160.72
% of Calories			54.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/09/2021			
SECONDARY LUNCH 9-12	Total	1	
TACO SOUP	1 CUP	1	21.74
CHEDDAR/ JACK FANCY SHRED-.5OZ	.5 OZ	1	0.51
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	15.94
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	41.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			151.43
% of Calories			56.6%
Nutrient Guideline			

Wed - 11/10/2021			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN BREAST CHUNKS	4 CHUNKS	1	15.03
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86
CORN 1/2 CUP	1/2 CUP	1	15.0
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.1
BARBAQUE SAUCE: P/C	1 Each	1	13.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
HAMBURGER - OPTION LINE	SERVINGS	1	29.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
CARROTS 1 CUP	1 CUP	1	15.86
CHIPS: DORITOS	bag	1	19.62
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			156.67
% of Calories			58.4%
Nutrient Guideline			

Thu - 11/11/2021			
SECONDARY LUNCH 9-12	Total	1	
TANGERINE CHICKEN	3.9oz SERVINGS	1	25.0
VEGETABLE BROWN RICE : SEC	8 OZ	1	40.42
NORMANDY VEGETABLES 1 CUP	1 CUP	1	5.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
SALAD BAR: 3 THURSDAY'S:SEC	1 CUP	1	15.97
APPLE FILLED DONUT	SERVINGS	1	33.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
CALZONE, MINI, WG	SERVINGS	1	40.01
MARINARA SAUCE	1/2 CUP	1	11.93
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	33.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			170.97
% of Calories			63.8%
Nutrient Guideline			

Fri - 11/12/2021			
SECONDARY LUNCH 9-12	Total	1	
WILD MIKE'S PEPPERONI CHEESY B	SERVINGS	1	34.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.73
FRUIT BAR : SECONDARY	1 CUP	1	22.62
JELL-O	GEL CUP	1	25.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			124.34
% of Calories			57.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/15/2021			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN BREAST CHUNKS	4 CHUNKS	1	15.03
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	33.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
DINNER SALAD	1 CUP	1	0.33
CRUMB SQUARE-DAVE'S BAKERY 2.2	1 EACH	1	28.67
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
BREADSTICK, CHEESE WG	SERVING	1	15.0
SALAD - ALT LINE	SERVINGS	1	6.07
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
COOKIE - CHOICE	SERVINGS	1	29.02
MARINARA SAUCE	1/2 CUP	1	11.93
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			169.45
% of Calories			60.0%
Nutrient Guideline			

Tue - 11/16/2021			
SECONDARY LUNCH 9-12	Total	1	
SOFT FLOUR TACO:SEC	serving	1	23.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	2.86
CHEDDAR/ JACK FANCY SHRED-.5OZ	.5 OZ	1	0.51
REFRIED BEANS	1/2 CUP	1	28.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	15.94
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	41.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0

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Weighted Daily Average % of Calories			161.19 56.5%
Nutrient Guideline			

Wed - 11/17/2021			
SECONDARY LUNCH 9-12	Total	8240	
ROASTED TURKEY: VIP	2.9 OZ	8240	1.34
BUTTER MASHED POTATOES-sec	2/3 cup	8240	18.0
GRAVY, TURKEY	1/4 Cup	5000	3.0
GREEN BEANS: 1/2 C.	1/2 CUP	4500	3.0
DELUXE FRUIT SALAD	1/2 CUP	1	18.41
ORANGES 1/2 CUP SERVING	1/2 cup	1	11.28
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.1
PUMPKIN PIE :(Sara Lee)	Slice	8000	48.0
MARGARINE REDDIES: (1)	1 Patty	2500	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	6592	20.0
MILK 1% WHITE	CARTON	1638	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
HAMBURGER - OPTION LINE	SERVINGS	1	29.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
CARROTS 1 CUP	1 CUP	1	15.86
CHIPS: DORITOS	bag	1	19.62
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average % of Calories			87.99 50.4%
Nutrient Guideline			

Thu - 11/18/2021			
SECONDARY LUNCH 9-12	Total	1	
ORANGE CHICKEN	3.6 OZ SERVING	1	19.0
RICE: COOKED BROWN (SEC)	1 CUP	1	32.96
NORMANDY VEGETABLES 1 CUP	1 CUP	1	5.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
SALAD BAR: 3 THURSDAY'S:SEC	1 CUP	1	15.97
COOKIE, COWBOY	1 oz.	1	29.34
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0

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ALT SEC WEEKLY 1st CHO	Total	1	
CALZONE, MINI, WG	SERVINGS	1	40.01
MARINARA SAUCE	1/2 CUP	1	11.93
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	33.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			162.41
% of Calories			65.4%
Nutrient Guideline			

Fri - 11/19/2021			
SECONDARY LUNCH 9-12	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.73
FRUIT BAR : SECONDARY	1 CUP	1	22.62
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			115.34
% of Calories			50.9%
Nutrient Guideline			

Mon - 11/22/2021			
SECONDARY LUNCH 9-12	Total	1	
MINI CORN DOG NUGGETS (SEC)	6 EACH	1	30.0
TATER GEMS	3/4 C SERVING	1	24.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
SWEET CAKE	SERVING	1	44.83
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
BREADSTICK, CHEESE WG	SERVING	1	15.0
SALAD - ALT LINE	SERVINGS	1	6.07
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
COOKIE - CHOICE	SERVINGS	1	29.02
MARINARA SAUCE	1/2 CUP	1	11.93
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0

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Washington County School District

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			177.23 57.6%
Nutrient Guideline			

Tue - 11/23/2021			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN LIME BURRITO	SERVINGS	1	51.81
REFRIED BEANS	1/2 CUP	1	28.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	15.94
MAPLE BITES, WG (2)	2 MAPLE BITES	1	26.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	41.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average % of Calories			176.41 58.9%
Nutrient Guideline			

Tue - 11/30/2021			
SECONDARY LUNCH 9-12	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	28.0
FRUIT BAR : SECONDARY	1 CUP	1	22.62
SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	15.94
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0

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Washington County School District

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC
WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	41.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
FRUIT BAR : SECONDARY	1 CUP	1	22.62
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			167.78
% of Calories			57.0%
Nutrient Guideline			

Weighted Average			150.59
			57.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	150.59	57.27%						

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