

Washington County School District

Oct 1, 2020 thru Oct 30, 2020

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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Generated on: 9/16/2020 8:36:16 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 10/01/2020			
ELEMENTARY LUNCH	Total	8240	
DUTCH WAFFLE	1 EACH	8240	43.0
SAUSAGE LINK - CLOVERDALE	SERVING	8000	2.0
SCRAMBLED EGGS: SUNNY FRESH	1/4 CUP	1	2.0
HASHBROWN PATTY:1/2 CUP	2 EACH	7500	27.0
SLUSH: TROPICAL TRIO	SERVING	1	20.0
BLUEBERRIES, FZ	1/2c SERVING	5000	10.0
SYRUP	1 EA	5000	4.0
KETCHUP : P/C	PC	3500	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	5200	20.0
MILK 1% WHITE	CARTON	3030	12.0
Weighted Daily Average			99.35
% of Calories			45.0%
Nutrient Guideline			

Fri - 10/02/2020			
ELEMENTARY LUNCH	Total	1	
MAX STUFFED CRUST PEPPERONI PI	SLICE	1	35.0
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
PUDDING,CHOICE	SERVING	1	20.5
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			97.12
% of Calories			48.4%
Nutrient Guideline			

Mon - 10/05/2020			
ELEMENTARY LUNCH	Total	1	
POPCORN CHICKEN - GOLD KIST	4.3 oz	1	17.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			132.72
% of Calories			53.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 10/06/2020			
ELEMENTARY LUNCH	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
SALSA PICANTE	1 OZ	1	1.4
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			128.13
% of Calories			48.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 10/07/2020			
ELEMENTARY LUNCH	Total	1	
HAM - COBBLE STREET	SLICE	1	2.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	1.06
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	1	9.34
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			97.88
% of Calories			55.9%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 10/08/2020			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
BROWNIE CUP, WG	BROWNIE	1	26.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			101.55
% of Calories			60.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 10/09/2020			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
GARLIC TWIST	2 OZ	1	27.29
DINNER SALAD	1 CUP	1	0.33
FROZEN JUICE CUP	1 EACH	1	19.65
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			118.19
% of Calories			52.9%
Nutrient Guideline			

Mon - 10/12/2020			
ELEMENTARY LUNCH	Total	1	
CHEESEBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
PICKLE:, CHIPS	1 OZ.	1	1.0
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CHOCOLATE CHIP COOKIES	1 EACH	1	18.48
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			121.29
% of Calories			44.1%
Nutrient Guideline			

Tue - 10/13/2020			
ELEMENTARY LUNCH	Total	1	
TACO SOUP	1 CUP	1	21.74
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.94
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31
FRUIT, CANNED K-8 OPTION	SERVINGS	1	16.25
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	2.14
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			113.63
% of Calories			42.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/14/2020			
ELEMENTARY LUNCH	Total	1	
WG CHICKEN TENDERS STRIP	3 STRIPS	1	15.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86
CORN 1/2 CUP	1/2 CUP	1	15.0
CRUMB SQUARE-DAVE'S BAKERY	1 EACH	1	47.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			151.17
% of Calories			60.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Mon - 10/19/2020			
ELEMENTARY LUNCH	Total	1	
HOT DOG W/ BUN	1 EACH	1	22.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
RELISH- DILL PICKLE	SERVING	1	0.0
JELL-O	GEL CUP	1	25.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			129.05
% of Calories			60.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 10/20/2020			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	servings	1	19.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CUCUMBER & CARROTS: ELE	3/4 CUP	1	4.75
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			113.96
% of Calories			48.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/21/2020			
ELEMENTARY LUNCH	Total	1	
ROASTED TURKEY: VIP	2.9 OZ	1	1.34
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, TURKEY	1/4 Cup	1	4.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			95.59
% of Calories			57.8%
Nutrient Guideline			

Thu - 10/22/2020			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.6 OZ SERVING	1	19.0
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
COOKIE, COWBOY	1 oz.	1	29.34
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			109.87
% of Calories			61.0%
Nutrient Guideline			

Fri - 10/23/2020			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
DINNER SALAD	1 CUP	1	0.33
MAPLE BITES, WG (2)	SERVING	1	26.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			106.54
% of Calories			49.7%
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	Portion Size	Reimb Qty	Carb (g)
Mon - 10/26/2020			
ELEMENTARY LUNCH	Total	1	
MINI CORN DOG NUGGETS (ELEM)	4 EACH	1	20.0
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
SWEET CAKE	SERVING	1	44.83
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			140.88
% of Calories			56.9%
Nutrient Guideline			

Tue - 10/27/2020			
ELEMENTARY LUNCH	Total	1	
CHILI	3/4 CUP	1	12.43
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CARROT & CELERY STICKS:ELE	3/4 CUP	1	8.53
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			89.42
% of Calories			53.5%
Nutrient Guideline			

Wed - 10/28/2020			
ELEMENTARY LUNCH	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	3.93
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			100.18
% of Calories			56.1%
Nutrient Guideline			

Thu - 10/29/2020			
ELEMENTARY LUNCH	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	28.35
BREADSTICK, CHEESE WG	SERVING	1	15.0
TOMATOES, CUCUMBER, CARROTS:EL	3/4 CUP	1	9.38
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			94.02
% of Calories			49.4%
Nutrient Guideline			

Fri - 10/30/2020			
ELEMENTARY LUNCH	Total	1	
MAX STUFFED CRUST PEPPERONI PI	SLICE	1	35.0
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
COOKIE: HALLOWEEN	1 EACH	1	26.9
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			103.52
% of Calories			48.2%
Nutrient Guideline			

Weighted Average			112.20
			52.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	112.20	52.13%						

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