

Washington County School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

Page 1

Generated on: 9/21/2021 10:19:28 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 10/01/2021			
SECONDARY BREAKFAST	Total	1	
SPRINKLED DONUT: SFE	1 EACH	1	31.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEAR CUPS- CUP -DICED	1 CUP	1	19.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	54	
BREAKFAST CEREAL-ALL	BOWL	54	22.33
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEAR CUPS- CUP -DICED	1 CUP	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	17	25.15
JUICE : VARIETY SUNCUP	BOX	48	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	45	20.0
MILK 1% WHITE	CARTON	8	13.0
Weighted Daily Average			69.78
% of Calories			76.6%
Nutrient Guideline			

Mon - 10/04/2021			
SECONDARY BREAKFAST	Total	1	
PANCAKES	BAG	1	39.5
SYRUP	1 EA	1	4.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02
BREAKFAST FRUIT BASKET: SEC	1 CUP	38	25.15
JUICE : VARIETY SUNCUP	BOX	23	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	15	20.0
MILK 1% WHITE	CARTON	16	13.0
Weighted Daily Average			48.84
% of Calories			83.3%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

Page 2

Generated on: 9/21/2021 10:19:28 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 10/05/2021			
SECONDARY BREAKFAST	Total	1	
BREAKFAST BITES, MINI, APPL WG	SERVINGS	1	40.98
PEACH CUPS -DICED	1 CUP	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
SYRUP	1 EA	1	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEACH CUPS -DICED	1 CUP	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	25.15
JUICE : VARIETY SUNCUP	BOX	41	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	11	20.0
MILK 1% WHITE	CARTON	20	13.0
Weighted Daily Average			44.75
% of Calories			73.1%
Nutrient Guideline			

Wed - 10/06/2021			
SECONDARY BREAKFAST	Total	1	
BREAKFAST TAC-GO	TACO	1	14.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	215	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	100	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	85	25.15
JUICE : VARIETY SUNCUP	BOX	171	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	127	20.0
MILK 1% WHITE	CARTON	78	13.0
Weighted Daily Average			46.34
% of Calories			73.4%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

Page 3

Generated on: 9/21/2021 10:19:28 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 10/07/2021			
SECONDARY BREAKFAST	Total	1	
MIXED BERRY SMOOTHIE: SEC	SERVING:10oz	1	54.58
BUG BITES	BAG	1	21.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	157	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	153	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	63	25.15
JUICE : VARIETY SUNCUP	BOX	138	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	94	20.0
MILK 1% WHITE	CARTON	53	13.0
Weighted Daily Average			54.97
% of Calories			71.1%
Nutrient Guideline			

Fri - 10/08/2021			
SECONDARY BREAKFAST	Total	1	
CRESCENT, FILLED	1 EACH	1	36.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEAR CUPS- CUP -DICED	1 CUP	1	19.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	54	
BREAKFAST CEREAL-ALL	BOWL	54	22.33
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEAR CUPS- CUP -DICED	1 CUP	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	17	25.15
JUICE : VARIETY SUNCUP	BOX	48	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	45	20.0
MILK 1% WHITE	CARTON	8	13.0
Weighted Daily Average			69.87
% of Calories			76.8%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

Page 4

Generated on: 9/21/2021 10:19:28 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 10/11/2021			
SECONDARY BREAKFAST	Total	2295	
FRENCH TOAST STICKS	2 sticks	2295	38.0
SYRUP	1 EA	2250	4.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
APPLESAUCE,W/CINNAMON	1 CUP	2000	28.02
JUICE : VARIETY SUNCUP	BOX	2100	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1600	20.0
MILK 1% WHITE	CARTON	685	13.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02
BREAKFAST FRUIT BASKET: SEC	1 CUP	38	25.15
JUICE : VARIETY SUNCUP	BOX	23	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	15	20.0
MILK 1% WHITE	CARTON	16	13.0
Weighted Daily Average % of Calories			97.91 76.6%
Nutrient Guideline			

Tue - 10/12/2021			
SECONDARY BREAKFAST	Total	2109	
FIESTA CHEESE OMELET	1 EA	2109	1.0
SAUSAGE LINK - CLOVERDALE	SERVING	1	2.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEACH CUPS -DICED	1 CUP	2000	18.0
JUICE : VARIETY SUNCUP	BOX	2100	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1640	20.0
MILK 1% WHITE	CARTON	459	13.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEACH CUPS -DICED	1 CUP	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	25.15
JUICE : VARIETY SUNCUP	BOX	41	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	11	20.0
MILK 1% WHITE	CARTON	20	13.0
Weighted Daily Average % of Calories			52.22 57.1%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

Page 5

Generated on: 9/21/2021 10:19:28 AM

	Portion Size	Reimb Qty	Carb (g)
Wed - 10/13/2021			
SECONDARY BREAKFAST	Total	1	
BERRIES AND CREAM TWIN, WG	SERVINGS	1	36.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
MIXED FRUIT CUP	SERVINGS	1	19.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	215	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	100	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	85	25.15
JUICE : VARIETY SUNCUP	BOX	171	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	127	20.0
MILK 1% WHITE	CARTON	78	13.0
Weighted Daily Average			46.33
% of Calories			73.5%
Nutrient Guideline			

Tue - 10/19/2021			
SECONDARY BREAKFAST	Total	1	
APPLE CINNAMON TOAST, WG	SERVINGS	1	45.0
PEACH CUPS -DICED	1 CUP	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
SYRUP	1 EA	1	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEACH CUPS -DICED	1 CUP	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	25.15
JUICE : VARIETY SUNCUP	BOX	41	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	11	20.0
MILK 1% WHITE	CARTON	20	13.0
Weighted Daily Average			44.85
% of Calories			73.4%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

Page 6

Generated on: 9/21/2021 10:19:28 AM

	Portion Size	Reimb Qty	Carb (g)
Wed - 10/20/2021			
SECONDARY BREAKFAST	Total	1	
SANDWICH, SAUSAGE & CHEESE	SERVINGS	1	17.96
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
MIXED FRUIT CUP	SERVINGS	1	19.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	215	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	100	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	85	25.15
JUICE : VARIETY SUNCUP	BOX	171	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	127	20.0
MILK 1% WHITE	CARTON	78	13.0
Weighted Daily Average			46.36
% of Calories			73.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 10/21/2021			
SECONDARY BREAKFAST	Total	1	
YOGURT VAN. PEACH PARFAIT	PARFAIT	1	59.39
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
JUICE : VARIETY SUNCUP	BOX	1	16.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	157	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	153	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	63	25.15
JUICE : VARIETY SUNCUP	BOX	138	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	94	20.0
MILK 1% WHITE	CARTON	53	13.0
Weighted Daily Average			55.01
% of Calories			71.1%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

Page 7

Generated on: 9/21/2021 10:19:28 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 10/22/2021			
SECONDARY BREAKFAST	Total	1	
SPRINKLED DONUT: SFE	1 EACH	1	31.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEAR CUPS- CUP -DICED	1 CUP	1	19.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	54	
BREAKFAST CEREAL-ALL	BOWL	54	22.33
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEAR CUPS- CUP -DICED	1 CUP	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	17	25.15
JUICE : VARIETY SUNCUP	BOX	48	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	45	20.0
MILK 1% WHITE	CARTON	8	13.0
Weighted Daily Average			69.78
% of Calories			76.6%
Nutrient Guideline			

Mon - 10/25/2021			
SECONDARY BREAKFAST	Total	1	
PANCAKES	BAG	1	39.5
SYRUP	1 EA	1	4.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02
BREAKFAST FRUIT BASKET: SEC	1 CUP	38	25.15
JUICE : VARIETY SUNCUP	BOX	23	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	15	20.0
MILK 1% WHITE	CARTON	16	13.0
Weighted Daily Average			48.84
% of Calories			83.3%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

Page 8

Generated on: 9/21/2021 10:19:28 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 10/26/2021			
SECONDARY BREAKFAST	Total	1	
BREAKFAST BITES, MINI, APPL WG	SERVINGS	1	40.98
PEACH CUPS -DICED	1 CUP	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
SYRUP	1 EA	1	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEACH CUPS -DICED	1 CUP	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	25.15
JUICE : VARIETY SUNCUP	BOX	41	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	11	20.0
MILK 1% WHITE	CARTON	20	13.0
Weighted Daily Average			44.75
% of Calories			73.1%
Nutrient Guideline			

Wed - 10/27/2021			
SECONDARY BREAKFAST	Total	1	
BREAKFAST TAC-GO	TACO	1	14.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	215	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	100	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	85	25.15
JUICE : VARIETY SUNCUP	BOX	171	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	127	20.0
MILK 1% WHITE	CARTON	78	13.0
Weighted Daily Average			46.34
% of Calories			73.4%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

Page 9

Generated on: 9/21/2021 10:19:28 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 10/28/2021			
SECONDARY BREAKFAST	Total	1	
MIXED BERRY SMOOTHIE: SEC	SERVING:10oz	1	54.58
BUG BITES	BAG	1	21.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	157	
BREAKFAST CEREAL-ALL	BOWL	1	22.33
TOAST	SLICE	153	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	63	25.15
JUICE : VARIETY SUNCUP	BOX	138	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	94	20.0
MILK 1% WHITE	CARTON	53	13.0
Weighted Daily Average			54.97
% of Calories			71.1%
Nutrient Guideline			

Fri - 10/29/2021			
SECONDARY BREAKFAST	Total	1	
CRESCENT, FILLED	1 EACH	1	36.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEAR CUPS- CUP -DICED	1 CUP	1	19.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	54	
BREAKFAST CEREAL-ALL	BOWL	54	22.33
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEAR CUPS- CUP -DICED	1 CUP	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	17	25.15
JUICE : VARIETY SUNCUP	BOX	48	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	45	20.0
MILK 1% WHITE	CARTON	8	13.0
Weighted Daily Average			69.87
% of Calories			76.8%
Nutrient Guideline			

Weighted Average			56.21
			73.9%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	56.21	73.91%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.