

# Washington County School District

# Cycle No. 1 thru Cycle No. 5

## Base Menu Spreadsheet

## SACK LUNCH

### Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Sack Lunch			
SACK LUNCH	Total	1	
DELI SANDWICH - ELEMENTARY	SANDWICH	1	23.99
APPLE OR ORANGE	1 EACH	1	18.21
CARROT STICKS 3/4 CUP	3/4 CUP	1	3.53
SLUSH: TROPICAL TRIO	SERVING	1	20.0
RANCH LITE-BASIC-Summer	1 EACH	1	3.0
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
CHOCOLATE CHUNK COOKIE	COOKIE	1	15.8
MARSHMALLOW RICE TREAT	1 EACH	1	15.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			131.86
% of Calories			47.8%
Nutrient Guideline			

SACK LUNCH	SLUSHIE		
Sack Lunch			
SACK LUNCH	Total	1	
DELI SANDWICH - ELEMENTARY	SANDWICH	1	23.99
APPLE OR ORANGE	1 EACH	1	18.21
SLUSH: TROPICAL TRIO	SERVING	1	20.0
CARROTS,RAW 1/4C	1/4 CUP	1	1.09
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			95.61
% of Calories			51.6%
Nutrient Guideline			

Weighted Average			113.73
			49.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	113.73	49.28%						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.