

# Washington County School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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Generated on: 8/26/2020 11:04:47 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 09/01/2020			
ELEMENTARY LUNCH	Total	8345	
NACHO BITES-ELE	8 BITES	8345	32.0
REFRIED BEANS	1/2 CUP	1	23.6
SALSA PICANTE	1 OZ	3821	1.4
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CUCUMBERS: 1/2 CUP	1/2 CUP	3730	1.29
CREAMIES JR.	CREAMIE	1	14.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	7438	20.0
MILK 1% WHITE	CARTON	897	12.0
Weighted Daily Average			52.34
% of Calories			47.8%
Nutrient Guideline			

Wed - 09/02/2020			
ELEMENTARY LUNCH	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	3.93
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			100.18
% of Calories			56.1%
Nutrient Guideline			

Thu - 09/03/2020			
ELEMENTARY LUNCH	Total	1	
GARDEN SALAD	SERVINGS	1	10.22
BREADSTICK, CHEESE WG	SERVING	1	15.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			66.51
% of Calories			39.5%
Nutrient Guideline			

Fri - 09/04/2020			
ELEMENTARY LUNCH	Total	1	
MAX STUFFED CRUST PEPPERONI PI	SLICE	1	35.0
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
PUDDING,CHOICE	SERVING	1	20.5
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			97.12 48.4%
Nutrient Guideline			

Tue - 09/08/2020			
ELEMENTARY LUNCH	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
SALSA PICANTE	1 OZ	1	1.4
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average % of Calories			128.13 48.1%
Nutrient Guideline			

Wed - 09/09/2020			
ELEMENTARY LUNCH	Total	1	
HAM - COBBLE STREET	SLICE	1	2.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	1.06
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	1	9.34
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average % of Calories			97.88 55.9%
Nutrient Guideline			

Thu - 09/10/2020			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
BROWNIE CUP, WG	BROWNIE	1	26.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average % of Calories			101.55 60.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 09/11/2020			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
GARLIC TWIST	2 OZ	1	27.29
DINNER SALAD	1 CUP	1	0.33
FROZEN JUICE CUP	1 EACH	1	19.65
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			118.19
% of Calories			52.9%
Nutrient Guideline			

Mon - 09/14/2020			
ELEMENTARY LUNCH	Total	1	
HAMBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
PICKLE:, CHIPS	1 OZ.	1	1.0
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
JELL-O	GEL CUP	1	25.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			127.82
% of Calories			48.0%
Nutrient Guideline			

Tue - 09/15/2020			
ELEMENTARY LUNCH	Total	1	
SANDWICH, TURKEY HAM AND CHEES	SANDWICH	1	34.26
CRACKERS, CRUNCH & CRAVE	SERVING	1	31.0
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
BAKED BEANS - 1/2	1/2 C SERVING	1	33.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			140.84
% of Calories			52.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 09/16/2020			
ELEMENTARY LUNCH	Total	1	
WG CHICKEN TENDERS STRIP	3 STRIPS	1	15.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86
CORN 1/2 CUP	1/2 CUP	1	15.0
CRUMB SQUARE-DAVE'S BAKERY	1 EACH	1	47.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			151.17
% of Calories			60.0%
Nutrient Guideline			

Thu - 09/17/2020			
ELEMENTARY LUNCH	Total	1	
NEW ORLEANS/MANDARIN CHICKEN E	2.85 oz	1	18.95
VEGETABLE HARVEST RICE PILAF:E	3/4 CUP	1	30.75
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
APPLE FILLED DONUT	SERVINGS	1	33.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			127.74
% of Calories			58.0%
Nutrient Guideline			

Fri - 09/18/2020			
ELEMENTARY LUNCH	Total	1	
5" ROUND PEPPERONI PIZZA	PIZZA	1	30.94
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CHIPS: DORITOS	BAG	1	19.62
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			92.19
% of Calories			44.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 09/21/2020</b>			
ELEMENTARY LUNCH	Total	1	
HOT DOG W/ BUN	1 EACH	1	22.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
RELISH- DILL PICKLE	SERVING	1	0.0
CHOCOLATE CHIP COOKIES	1 EACH	1	18.48
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			122.53
% of Calories			54.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 09/22/2020</b>			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	servings	1	19.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CUCUMBER & CARROTS: ELE	3/4 CUP	1	4.75
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			113.96
% of Calories			48.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 09/23/2020</b>			
ELEMENTARY LUNCH	Total	1	
ROASTED TURKEY: VIP	2.9 OZ	1	1.34
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, TURKEY	1/4 Cup	1	4.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			95.59
% of Calories			57.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/24/2020			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.6 OZ SERVING	1	19.0
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
COOKIE, COWBOY	1 oz.	1	29.34
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			109.87
% of Calories			61.0%
Nutrient Guideline			

Fri - 09/25/2020			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
DINNER SALAD	1 CUP	1	0.33
MAPLE BITES, WG (2)	SERVING	1	26.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			106.54
% of Calories			49.7%
Nutrient Guideline			

Mon - 09/28/2020			
ELEMENTARY LUNCH	Total	1	
MINI CORN DOG NUGGETS ( ELEM)	4 EACH	1	20.0
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
SWEET CAKE	SERVING	1	44.83
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			140.88
% of Calories			56.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/29/2020			
ELEMENTARY LUNCH	Total	8345	
NACHO BITES-ELE	8 BITES	8345	32.0
REFRIED BEANS	1/2 CUP	1	23.6
SALSA PICANTE	1 OZ	3821	1.4
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CUCUMBERS: 1/2 CUP	1/2 CUP	3730	1.29
CREAMIES JR.	CREAMIE	1	14.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	7438	20.0
MILK 1% WHITE	CARTON	897	12.0
Weighted Daily Average			52.34
% of Calories			47.8%
Nutrient Guideline			

Wed - 09/30/2020			
ELEMENTARY LUNCH	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	3.93
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			100.18
% of Calories			56.1%
Nutrient Guideline			

Weighted Average			106.84
			52.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	106.84	52.71%						

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