

# Washington County School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/01/2020			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN CARNITA BURRITO	3oz SERVING	1	20.25
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
CREAMIES JR.	CREAMIE	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			125.94
% of Calories			50.4%
Nutrient Guideline			

Wed - 09/02/2020			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, BROWN LOW SODIUM	1/4 CUP	1	0.37
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			114.64
% of Calories			51.7%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/03/2020			
SECONDARY LUNCH 9-12	Total	1	
GARDEN SALAD	SERVINGS	1	10.22
BREADSTICK, CHEESE WG	SERVING	1	15.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
HOT DOG W/ BUN	1 EACH	1	22.0
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
RELISH- DILL PICKLE	SERVING	1	0.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
MAPLE BITES, WG (1)	1/2 SERVING	1	13.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			112.07
% of Calories			52.3%
Nutrient Guideline			

Fri - 09/04/2020			
SECONDARY LUNCH 9-12	Total	1	
WILD MIKE'S PEPPERONI CHEESY B	SERVINGS	1	34.0
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
PUDDING,CHOICE	SERVING	1	20.5
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
HAMBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
CHIPS: DORITOS	bag	1	19.62
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			129.63
% of Calories			51.2%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/08/2020			
SECONDARY LUNCH 9-12	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
SALSA PICANTE	1 OZ	1	1.4
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			139.09
% of Calories			50.6%
Nutrient Guideline			

Wed - 09/09/2020			
SECONDARY LUNCH 9-12	Total	1	
HAM - COBBLE STREET	SLICE	1	2.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	1.06
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	1	9.34
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			115.27
% of Calories			51.7%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/10/2020			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE : SEC	8 OZ	1	40.42
NORMANDY VEGETABLES 1 CUP	1 CUP	1	5.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
BROWNIE CUP, WG	BROWNIE	1	26.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
CALZONE, MINI, WG	SERVINGS	1	40.01
MARINARA SAUCE	1/2 CUP	1	11.93
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			142.57
% of Calories			62.9%
Nutrient Guideline			

Fri - 09/11/2020			
SECONDARY LUNCH 9-12	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
GARLIC TWIST	2 OZ	1	27.29
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
FROZEN JUICE CUP	1 EACH	1	19.65
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
HAMBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
CHIPS: DORITOS	bag	1	19.62
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			145.31
% of Calories			54.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 09/14/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
HAMBURGER 100 % BEEF: SEC	PATTY	1	26.1
CHEESE: PAST.PROCESS SLICE	1/2 oz.	1	1.01
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
JELL-O	GEL CUP	1	25.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
PICKLE:, CHIPS	1 OZ.	1	1.0
MUSTARD:, P/C	1 Each	1	0.33
KETCHUP : P/C	PC	1	10.12
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
<b>ALT SEC WEEKLY 1st CHO</b>			
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			119.26
% of Calories			52.3%
Nutrient Guideline			

<b>Tue - 09/15/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
SANDWICH, TURKEY HAM AND CHEES	SANDWICH	1	34.26
CRACKERS, CRUNCH & CRAVE	SERVING	1	31.0
CUCUMBER & CARROTS: SEC	1 CUP	1	10.22
BAKED BEANS - 1/2	1/2 C SERVING	1	33.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
<b>ALT SEC WEEKLY 1st CHO</b>			
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			149.91
% of Calories			54.3%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 09/16/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
WG CHICKEN TENDERS STRIP	3 STRIPS	1	15.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86
CORN 1/2 CUP	1/2 CUP	1	15.0
CRUMB SQUARE-DAVE'S BAKERY	1 EACH	1	47.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
<b>ALT SEC WEEKLY 1st CHO</b>			
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			141.92
% of Calories			54.3%
Nutrient Guideline			

<b>Thu - 09/17/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
NEW ORLEANS/MANDARIN CHICKEN E	2.85 oz	1	18.95
VEGETABLE HARVEST RICE PILAF:S	1.25 CUP	1	40.42
NORMANDY VEGETABLES 1 CUP	1 CUP	1	5.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
APPLE FILLED DONUT	SERVINGS	1	33.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
<b>ALT SEC WEEKLY 1st CHO</b>			
HOT DOG W/ BUN	1 EACH	1	22.0
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
RELISH- DILL PICKLE	SERVING	1	0.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
MAPLE BITES, WG (1)	1/2 SERVING	1	13.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			148.15
% of Calories			59.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 09/18/2020			
SECONDARY LUNCH 9-12	Total	1	
WILD MIKE'S PEPPERONI CHEESY B	SERVINGS	1	34.0
DINNER SALAD	1 CUP	1	0.33
CHIPS: DORITOS	BAG	1	19.62
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
HAMBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
CHIPS: DORITOS	bag	1	19.62
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			129.19
% of Calories			50.6%
Nutrient Guideline			

Mon - 09/21/2020			
SECONDARY LUNCH 9-12	Total	1	
CHICKEN SANDWICH - SEC - 2020	FILLET	1	41.05
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
CHOCOLATE CHIP COOKIES	1 EACH	1	18.48
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO			
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			127.74
% of Calories			53.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 09/22/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
SOFT FLOUR TACO:SEC	serving	1	23.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	2.86
CHEDDAR/ JACK FANCY SHRED-.5OZ	.5 OZ	1	0.51
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
CUCUMBER & CARROTS: INTER	3/4 CUP	1	6.75
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			135.23
% of Calories			51.6%
Nutrient Guideline			

<b>Wed - 09/23/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
ROASTED TURKEY: VIP	2.9 OZ	1	1.34
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, TURKEY	1/4 Cup	1	4.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			114.13
% of Calories			52.3%
Nutrient Guideline			

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# Washington County School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/24/2020			
SECONDARY LUNCH 9-12	Total	1	
ORANGE CHICKEN	3.6 OZ SERVING	1	19.0
RICE: COOKED BROWN (SEC)	1 CUP	1	32.96
NORMANDY VEGETABLES 1 CUP	1 CUP	1	5.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
COOKIE, COWBOY	1 oz.	1	29.34
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
CALZONE, MINI, WG	SERVINGS	1	40.01
MARINARA SAUCE	1/2 CUP	1	11.93
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	44.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			146.76
% of Calories			63.4%
Nutrient Guideline			

Fri - 09/25/2020			
SECONDARY LUNCH 9-12	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
MAPLE BITES, WG (2)	SERVING	1	26.0
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
HAMBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
CHIPS: DORITOS	bag	1	19.62
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			134.84
% of Calories			52.1%
Nutrient Guideline			

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# Washington County School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 09/28/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
MINI CORN DOG NUGGETS ( SEC)	6 EACH	1	30.0
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
SWEET CAKE	SERVING	1	44.83
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			128.79
% of Calories			55.4%
Nutrient Guideline			

<b>Tue - 09/29/2020</b>			
SECONDARY LUNCH 9-12	Total	1	
ENCHILADA	BURRITO	1	53.68
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
CARROT STICKS 3/4 CUP	3/4 CUP	1	3.53
CREAMIES JR.	CREAMIE	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS-3/4 CUP	12 PIECES	1	24.0
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			143.77
% of Calories			53.4%
Nutrient Guideline			

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# Washington County School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 09/30/2020			
SECONDARY LUNCH 9-12	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, BROWN LOW SODIUM	1/4 CUP	1	0.37
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC WEEKLY 1st CHO	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :FALL:SEC	1 CUP	1	18.58
MIXED FRESH VEGETABLES:SEC	1 CUP	1	9.82
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			114.64
% of Calories			51.7%
Nutrient Guideline			

Weighted Average			131.37
			53.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	131.37	53.71%						

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