Code: 70081  
**Product Name:** Turkey Ham & Cheese  
**On Whole Grain Sub Sandwich, IW**  
**Serving Size:** 4.75 oz.  
**Pack:** 72 / 4.75 oz.

Each (one – 4.75 oz. unit) Turkey Ham & Cheese Sandwich provides 2.00 oz. equivalent meat/meat alternate and 2.0 oz eq grains.

### Nutrition Facts

<table>
<thead>
<tr>
<th>Serving size</th>
<th>1 Sandwich (135g)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Calories</strong></td>
<td>320</td>
</tr>
<tr>
<td><strong>Total Fat</strong></td>
<td>11g 14%</td>
</tr>
<tr>
<td><strong>Saturated Fat</strong></td>
<td>4g 20%</td>
</tr>
<tr>
<td><strong>Trans Fat</strong></td>
<td>0g</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>40mg 13%</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>830mg 36%</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>35g 13%</td>
</tr>
<tr>
<td><strong>Dietary Fiber</strong></td>
<td>0g</td>
</tr>
<tr>
<td><strong>Total Sugars</strong></td>
<td>7g 2%</td>
</tr>
<tr>
<td><strong>Includes Added Sugars</strong></td>
<td>6g 12%</td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>21g</td>
</tr>
</tbody>
</table>

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS:

**Sub Roll** (Flour [Whole Wheat Flour, Enriched Malted Flour {Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid}]), Water, Sugar, Yeast, Wheat Gluten, Soybean Oil. Contains 2% Or Less Of The Following: Salt, Calcium Sulfate, Dough Conditioners [Sodium Stearoyl Lactylate, Enzymes, Calcium Propionate {To Preserve Freshness}, Ascorbic Acid]), **Turkey Ham** (Turkey Thigh, Water, Isolated Soy Protein, Salt, Sugar, Less Than 2% Sodium Phosphate, Potassium Acetate, Smoke Flavoring, Sodium Nitrite, Sodium Erythorbate), **Pasteurized Process Yellow American Cheese** (Cultured Skim Milk and Milk, Potassium Citrate, Sodium Citrate, Paprika And Annatto [Color], Salt, Enzymes, Sorbic Acid [Preservative], Sunflower Lecithin [Anti-Sticking Agent]).

### KEEP FROZEN (-10° to 10°F) until ready to use.

**Serving:** Thaw cases under refrigeration for 24 – 48 hours and then serve. For faster thawing, remove sandwiches from case, store on trays under refrigeration for 4- 6 hours, then serve.

- **Shelf life:** 9 months frozen (-10°F to 10°F)  
- **15 days refrigerated (34°F to 38°F)**
- **Ti-Hi:** 10 x 6  
- **Cases/pallet:** 60  
- **Dim:** 16.00”x11.50”x13.75”
- **Case cube:** 1.46 ft³  
- **Pallet height:** 88-inches  
- **Gross case wt:** 23.13 lbs;  
- **Net wt:** 21.37 lbs  
- **Pallets/truck:** 28  
- **UPC:** 10852777007686

**ALLERGENS:** Contains Wheat, Soy & Milk

At least 50% of the grains used in this product are Whole Grains.

**CONTAINS 110242 COMMODITY CHEESE**

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Director of Quality  
& Food Safety

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