

PPACA PREVENTIVE MEDICATIONS

Keeping up with preventive care can help prevent illness and improve your health and wellbeing. If your plan has a Preventive Services benefit, preventive drugs are covered at 100 percent. That means you do not need to pay a copay, coinsurance, or meet your deductible for preventive drugs. Preventive drugs prevent a disease or condition for people who have risk factors. They can also be used to prevent the recurrence of a disease or condition for those who have recovered. They don't include drugs that treat an existing illness, injury or condition. OmedaRx® follows evidence-based guidelines* to determine which preventive drugs we cover. These guidelines are updated periodically to reflect new scientific and medical advances, so this list and your benefits may change. We include new federal agency recommendations within one year of guidelines being published. If you would like us to cover a drug not found on this list, please call Member Services at the number listed on the back of your member ID card to request an exception.

The following drugs are covered with a prescription:

- Aspirin: Covered in generic 81mg dosage and 100 quantity bottles only, one tablet daily maximum
 - For the prevention of cardiovascular disease: Limited to men ages 45-79 and women ages 55-79
 - For the prevention of preeclampsia: For pregnant women at risk
- Bowel Preparation medication: Generic and Over-The-Counter (OTC) products for those receiving a Preventive Colonoscopy
- Contraceptives for Women: see *PPACA Contraceptive Products* flyer for details
- Folic acid daily supplement for women: Covered in generic 400mcg and 800mcg doses only, in 250 quantity bottles every 6 months
- Supplemental iron drops: Generic only, maximum 30 day supply
 - Iron deficiency anemia prevention: Ages 6-12 months
- Oral fluoride if deficient in water:
 - Generic fluoride tablets: Covered through age 16
 - Generic fluoride drops: Covered in 100ml bottles only, through age 16
- Tobacco Cessation: see *Tobacco Cessation Coverage* flyer for details
- Vitamin D: Covered in generic 400IU and 1000IU doses only
 - For the prevention of fractures: Men and women ages 65 years and older (non-Medicare)
- Risk reducing breast cancer medications for asymptomatic women aged 35 years or older:
 - Covered medications: Generic raloxifene and tamoxifen tablets

The following vaccines are covered:

- Diphtheria, tetanus, pertussis
- Hepatitis A
- Hepatitis B
- Hib
- Human Papillomavirus (HPV): Covered up to age 27
- Influenza
- Measles, Mumps, Rubella, Varicella
- Meningococcal
- Pneumococcal, Conjugate (PCV)
- Polio
- Rotavirus (RV)
- Zoster: For adults age 60 and older

* Evidence-based preventive guidelines are developed and validated by the following government agencies: United States Preventive Services Task Force (USPSTF), Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention (CDC), and Health Resources and Services Administration (HRSA).