

# Common Parent Resources List

## For all disabilities: Statewide

### Division of Services for People with Disabilities

1-844-275-3773 to talk with Intake Worker

Website: [www.dspd.utah.gov](http://www.dspd.utah.gov)

Provide support for those with intellectual and physical disabilities, autism, and traumatic brain injury. Applications can be done on the website. There is a long wait list!

### Utah Parent Center

2290 East 4500 South Suite 110

Salt Lake City, UT 84117

(801) 272-1051

Website: [www.utahparentcenter.org](http://www.utahparentcenter.org)

Parent led support and resource help

### Guardianship Associates of Utah

83 W 850 S

Centerville, UT 84014

(801) 533-0203

Website: <https://www.guardianshiputah.org/>

Information on limited and full guardianship of adult children. Can register for a Pro-se (one seeking guardianship represents themselves in court), or find options of attorney's in your area to represent you.

### Social Security Supplemental Income (SSI)/Social Security for Disability (SSDI)

Website: <https://www.ssa.gov/benefits/disability/>

WASHINGTON COUNTY LOCAL OFFICE

1091 N Bluff Street Suite 1100, St. George UT 84770

Phone: [\(866\) 446-7085](tel:(866)446-7085)

### Disability Law Center

205 N 400 W

Salt Lake City, UT 84103

Call: 800-662-9080

Hours: M-F 9 am to 4 pm

Website: [disabilitylawcenter.org](http://disabilitylawcenter.org)

### Special Needs Registry (for assistance after a natural disaster)

<https://specialneedsutah.org/> (register online)

### Online network of services

<https://auntbertha.com/>

## 211

Free app on smartphones, android or iPhone  
Links to resources in your area

### **Legal in St. George:**

#### **Dabney and Barnes**

SSI/SSDI Advocates

Website: <http://barnesdisability.com/>

192 N 200 E Suite 203, St. George, UT 84770

Phone: [\(435\) 652-8500](tel:(435)652-8500)

### **Guardianship Questions**

Washington County Attorney:

Rob Lathum

*3143 South 840 East, Suite 420*

*St. George, Utah 84790*

*Office/Voicemail: 435.200.4872 Fax: 435.215.7704*

Practicing Areas: Guardianship and Special Needs Planning services

### **St. George Area Work Related Services:**

#### **Department of Workforce Services**

Washington County-St. George Office

162 North 400 East Suite B100

St. George, UT 84770

Phone: [866-435-7414](tel:866-435-7414)

Fax: 435-986-3595

Hours:

Monday - Friday 8 a.m. - 5 p.m.

Website: <https://jobs.utah.gov>

For job seekers, applying for Medicaid, Food Stamps, work incentive programs for those 16-21, and other assistance

### **Vocational Rehabilitation (Washington and Kane County 14 and up)**

St. George Office Address

65 East 700 South #202

St. George, UT 84770.

Website: <https://jobs.utah.gov/usor>

To Schedule Orientation and Intake: (435) 673-5091

**For those working and wanting to know about benefits like Medicaid and how to stay eligible please call (435) 673-5091 and ask for DJ Bartschi—he is the benefits specialist. You don't have to be a VR client to receive this service!**

## **Job Corp**

National Website:

<https://www.jobcorps.gov/>

<https://recruiting.jobcorps.gov/Home/Locations/UT>

Phone: [800 733-5627](tel:8007335627) or [877 889-5627](tel:8778895627) TTY

For those ages 16-24 looking for help with finishing schooling (GED) and getting vocational training

## **For Parents of Young Children:**

**BrightbyText (for parents and caregivers of those under age 5)**

Text UTFAMILY to 274448

Free tips—Spanish and English

## **Vroom (app for parents and caregivers for children)**

Free app for Android and iPhone

## **Family Support Center**

310 W 200 N

St. George, UT 84770

Crisis Nursery and Free babysitting for a break or a date \*cannot use if you are needing childcare while working\*

To schedule please call:

(435) 674-5133

Email: [info@fsc4kids.org](mailto:info@fsc4kids.org)

Website: <https://www.fsc4kids.org/>

## **Care About Childcare (Serving Beaver, Washington, Wayne, Garfield, Iron, Kane, Sevier, Piute, Sanpete, and Millard Counties)**

<http://childcarehelp.org/>

A branch of 5 Counties

Helps caregivers find quality childcare, answers questions, etc.

Offices in Richfield, Cedar City, and St. George

St. George Office

1070 W 1600 S Building B St. George UT 84770

Phone: 435-628-4843

## **St. George Area Housing and Utility Assistance**

### **Salvation Army**

St. George Office

803 S Bluff Street

St. George, UT 84770

Contact: Crystal or Saul Smoak

(435) 275-4975

Assistance to community with DI vouchers, emergency rental assistance, food boxes once a month, weekly bread and pastries, emergency fuel (one time), and emergency transportation.

### **5 County Association of Governments**

St. George Office

1070 W 1600 S Bldg B

St. George, UT (by AllConnect)

Phone: 435-673-3548

Website: <http://www.fcaog.state.ut.us/>

<https://fivecountycap.org/>

Help with rental assistance, community services, HEAT services, **SSI paperwork for adults (ask for Toni)** etc.

### **HEAT Program**

Home Energy Assistance Target

1664 S. Dixie Dr. Unit L-104 (next to Sienna Pharmacy in Dixie Commons)

St. George, UT 84770

Phone: (435) 652-9643

### **Service Animals Washington County:**

#### **Service Animals**

Washington County

Call Sherri Woodward: 435-817-6631

### **Autism Spectrum Disorders and Related Conditions (St. George):**

#### **Southern Utah Autism Support Group**

<http://www.southernutahasg.org/>

Local parent support for those on the Autism Spectrum Disorder and Related Conditions. Has ideas for resources, Project Lifesaver, etc.

Check out their Facebook page—*Southern Utah Autism Support Group Community Discussions*

#### **Project Lifesaver**

<http://www.southernutahasg.org/project-lifesaver.html>

link shows how to apply

#### **Kids on the Move**

Serving kids ages 2-18 and accepts most insurances including Medicaid, private, and self-pay

**To apply call Michelle at (801) 221-9930 ext. 107**

**Online applications: [kotm.org/programs/autism-center](http://kotm.org/programs/autism-center)**

One-on-One ABA therapy in home, during the day and after school. Can do psychological evaluation and diagnosing, parent training, and treatment plans

Takes most private insurances, Medicaid, and self-payment plans

#### **Summit Behavior Services**

1492 South Silicon Way Suite A

St. George, UT 84770

**Phone: 435-275-8911**

**Website: <https://summitbehaviorservicesutah.weebly.com/>**

**Contact: Wendell Anderson**

For those with Autism and other related conditions ages 3-18; day programs, occupational therapy, group and individual therapy, speech therapy, and psychological testing.

Autism Evaluations \$500, does take Medicaid

### **Crimson Counseling**

249 E Tabernacle St. Suite 100

St. George, UT 84770

Phone: (435) 705-7574

President: Ryan Ruud

Email: [admin@crimsoncounseling.net](mailto:admin@crimsoncounseling.net); Ryan Ruud <[rruud@crimsoncounseling.net](mailto:rruud@crimsoncounseling.net)>

Website: <https://crimsoncounseling.net>

Work with teens and young adults with Autism. Evaluations take Medicaid, Regence, United Behavioral Health, Tricare, FSA, HSA

### **Autism Therapy Solutions**

230 N 1680 E, Building U, Saint George, Utah 84790,

Paul Day, BCBA (435) 313-4571

Erika Cole, BCBA (435) 668-4103

Amanda Beckstead, BCBA (435) 770-3770

Takes Medicaid, Select Health, United Healthcare, Regence, Cigna, WISE, Tricare, PEHP

DMBA, United Behavioral Health

Serves those 3-21

Website: <https://autismtherapyservices.com/>

Email: [info@autismtherapyservices.com](mailto:info@autismtherapyservices.com)

### **Utah Autism Academy (Wait list to attend)**

1680 E 230 N Bldg A

St. George, UT 84790

435-720-8876

Website: <http://utahautismacademy.com/>

Accepts most insurances and Medicaid.

Serves those 2-21

### **Utah Behavior Services**

1067 East Tabernacle Street Suite 7

St. George, UT 84770

(801) 255-5131

(435) 633-4733

Website: <https://utahbehaviorservices-mentalhealthclinic.business.site/>

Email: [office@utbs.com](mailto:office@utbs.com)

Accepts: Medicaid and most insurances; Serves those up to age 21

### **Utah Autism Medicaid Waiver**

Website: <http://health.utah.gov/ltc/asd/>

Medicaid Autism Waiver currently not accepting applications, but can use above website to apply through Medicaid so Medicaid can cover Autism therapies and needs.

### **Catalyst Behavior Solutions**

ABA therapy for Washington County

Jade McColloch (Intake Specialist)

801-549-8821

[Jadem.catalyst@gmail.com](mailto:Jadem.catalyst@gmail.com)

### **Group Homes/Supported Living St. George Area:**

#### **Turn Community Services**

334 Tabernacle St E, St. George, UT 84770

[\(435\) 673-5251](tel:(435)673-5251)

Website: <https://www.turncommunityservices.org>

\*Accept private pay or DSPD\*--group housing, respite hours, day programs, etc.

### **Chrysalis**

230 North 1680 East #OP

St. George, UT 84790

Nathan Marsh, Program Director

[Nathan.marsh@gochrysalis.com](mailto:Nathan.marsh@gochrysalis.com)

Phone: (435) 251-9979

Website: <http://www.gochrysalis.com/>

Accepts Medicaid, Select Health, private pay or DSPD—group home settings, respite hours, and day treatment; ABA provider up to age 21

### **RedHead Supports**

#### **St. George, Utah**

P: (435) 429-1900

929 W Sunset Blvd 21-142 St George, UT 84770

Website: <http://www.redheadsupports.com/>

### **Danville**

145 N. 400 W. St. George, Utah 84770

(435) 634-1704

Website: <http://www.danvilleservices.com/>

### **Children of Hope/Southern Utah Cares**

1008 E. 200 S., St. George 84790

Phone Number: 435-272-4575

Call: 435-986-2565 M; Hours Prior to March 4th: M-T 8:00-5:00; W-Th 8:00-7:00; F 8:00-5:00

## **Assistive Technology**

### **UATF**

1-800-524-5152

Website: <http://www.uatpat.org/>

Can support with purchasing equipment (iPads, walkers, wheelchairs, grab bars, etc) under \$400 for families that financially qualify. Help with low cost loans for home and other modifications

### **5 County Association of Governments**

Phone:(435)673-3548

1070 W. 1600 S., Bldg. B; St. George, UT

Office Hours: Monday through Friday, 9:00 a.m. to 5:00 p.m.

Website: <http://www.fivecounty.utah.gov/>

Can support with utility assistance, housing needs, and some home modifications

### **Habitat for Humanity**

(435) 628-4041

835 South Bluff St

St George, UT 84770

Website: <https://habitatswu.org/>

## **Transition (14+) Services**

- <https://padlet.com/transitionutah/virtualtransitionresources>
- Online Monthly Teacher Newsletter from Schools.Utah.Gov  
<https://mtsports.us17.list-manage.com/subscribe?u=751ab87d1fa81859e0e48b064&id=f87b23355a>
- <https://www.transitionelevated.org/>  
This app will help you create a draft transition plan.  
It was designed for students with Individual Education Programs (IEPs), but anyone can use it.  
When you are 14 the Transition Plan becomes part of your IEP.  
Your transition plan is your roadmap for the future.
- Utah Virtual Transition Institute  
[https://usu.co1.qualtrics.com/jfe/form/SV\\_cC8vkHLRyJWMnFH](https://usu.co1.qualtrics.com/jfe/form/SV_cC8vkHLRyJWMnFH)
- Workforce Services Rehabilitation/Pre-ETS  
<https://jobs.utah.gov/usor/vr/services/student/preetshandout.pdf>

Email: [nacdcoha@hotmail.com](mailto:nacdcoha@hotmail.com)

Website: <http://www.childrenofhopeacademy.com>

## **Mental/Physical/Behavior Health Services**

### **Therapy Associates**

377 Riverside Drive

St. George, Utah 84790

435.862.8273

Website: <http://therapyassociates.net/>

### **Southwest Behavioral Health Center**

Address: WASHINGTON COUNTY

474 W. 200 N.

St. George, UT 84770

(435) 634-5600

24hour Emergency Service (435) 634-5600

Email: [info@sbhcutah.org](mailto:info@sbhcutah.org)

Website: <http://www.sbhcutah.org/>

- Southwest SMRT-Stabilization and Mobile Response Team (**Replaced MCOT**)

Part of Southwest Mental Health Services 24/7 Crisis Calls: (435) 414-4362

Information Calls: (435) 656-9038

### **Family Healthcare**

Family Health St. George Downtown Clinic

25 North 100 East Suite 102

St. George, UT 84770

Contact: Anel Robledo

435-986-2565 ext 5141

[anel@familyhc.org](mailto:anel@familyhc.org)

Website: [familyhc.org](http://familyhc.org)

**\*Medicaid specialist only in St. George Downtown Clinic**

### **System of Care (Serves all regions of Utah)**

Southwestern Region (Washington, Kane, Garfield, Iron, and Beaver Counties)

Call: 1-844-651-7840

Website: [systemofcare.utah.gov](http://systemofcare.utah.gov)

Email Southwest Region: [SWSOC@utah.gov](mailto:SWSOC@utah.gov)

### **Dental Clinic**

St. George Downtown Clinic 25 North 100 East, Suite 102 St. George, UT 84770

Hours: M-W 8:00-5:00 F 8:00-12