CPR/First Aid Certification – Training Options

1. Online training with the American Heart Association (AHA).
2. CPR $15  -  <https://shopcpr.heart.org/heartsaver-cpr-aed-online>

 OR

1. CPR/First Aid $19.50 -  <https://shopcpr.heart.org/heartsaver-first-aid-cpr-aed-online>

 Plus there is a $6 fee from the local AHA to get a certification card.

 Once participants complete their online **AHA** training, they must bring a copy of their validation of completion for the online portion of the course to any certified AHA instructor. The instructor will do the physical skills pass off, and document on the AHA skills pass-off sheet. The instructor or school finance secretary will submit the online validation, roster, and student course evaluation to the local AHA at DXATC, along with the $6 fee for a certification card.  The local AHA will send the certification cards via email to each participant.

1. The District Office offers in person classes. Give them a call, classes are limited to 6-8 participants and they do fill up fast.
2. The Dixie Applied Technical College/AHA Training site offers in person classes  - <https://www.dixietech.edu/other-areas-of-study/american-heart/>
3. School Nurse – your assigned school nurse ***may*** be a certified instructor. In person classes or physical skills pass offs for those completing the online courses are available.
4. Try checking with your local Fire & Rescue, they usually offer classes to the community.

Alternate Option - Friends & Family program – no certification card after completion. Facilitator must use AHA Friends & Family DVD. Manikins optional. Can be taught by facilitator without CPR instructor certification.