

Administering the [Teva Epinephrine Auto-Injector](#) requires three steps: twist off the cap, pull the blue release, and push firmly into the outer thigh.



### Step 1: Prepare

- **Remove cap:** Twist off the yellow (0.3 mg) or green (0.15 mg) cap in the direction of the arrow.
- **Grip device:** Hold the auto-injector in a fist with the orange tip pointing down. *Never put your thumb or fingers over the orange tip to avoid accidental injection.*
- **Pull safety:** Pull the blue safety release straight up and away with the other hand.

### Step 2: Inject

- **Position:** Place the orange tip against the middle of the outer thigh (upper leg) at a right angle (90 degrees) to the thigh. The device can be used through clothing.
- **Click:** Push the auto-injector firmly until it clicks or pops.
- **Hold:** Hold the device firmly in place against the thigh for **3 seconds**.
- **Remove:** Lift the injector straight out. The orange tip will automatically extend to cover the needle.

### Step 3: Follow Up

- **Massage:** Rub the injection area for **10 seconds**.
- **Call 911 if not already called:** Contact emergency services immediately and inform them that epinephrine was administered.
- **Second Dose:** A second dose may be administered in 5 to 15 minutes if symptoms persist or return before professional help arrives. Give the used device to emergency medical staff upon arrival.