

CPR/First Aid Certification – Training Options

- (1) Blended Learning- online training through the American Heart Association (AHA)/In-Person Physical Skills pass-off with instructor.
 - a) [Heartsaver CPR AED Online](#) \$19.50
 - b) [Heartsaver Basic- First Aid CPR AED](#) \$24.50
 - c) [Heartsaver Total - First Aid CPR AED Online](#) \$24.50 (OSHA approved, for bus drivers)

There is an additional \$9 fee required for the certification card. Price subject to change.

Once participants complete their online **AHA** training, they must bring a copy of their validation of completion for the online portion of the course to any certified AHA instructor and complete the physical skills pass-off. A link to certification card will then be emailed to each participant after completion of both online and physical skills pass-off. Physical skills pass-off must be completed within 90 days of completion of the online portion, per current AHA Training Center.

- (2) The District Office offers in person classes twice monthly. Call **Cyndi Morris (435-986-5115)** or **sign up in person at the District Office at least two days prior to class. Prepayment required. Money is not accepted at the class.** Classes are limited to 6-8 participants and they do fill up fast!
- (3) The [Dixie Applied Technical College/AHA Training site](#) offers in person classes
- (4) School Nurse – your assigned school nurse ***may*** be a certified instructor. In person classes or blended learning (online and physical skills pass offs) are available.
- (5) Try checking with your local Fire & Rescue, they usually offer classes to the community.

Note: **Free** Options - Contact your school nurse to inquire about Friends & Family or CPR Anywhere programs for your staff. This training will provide CPR/AED training – no certification card after completion.