



WASHINGTON COUNTY SCHOOL DISTRICT

ELEMENTARY PARENT EDUCATION NIGHT

**UPCOMING 2023-
2024 EVENTS**

**Open to Parents with
kids Pre-K to 12th
Starts at 6:00 PM**

**OCT
18TH**

**Sandstone Elementary
850 North 2450 East
Saint George**

Topic: Fostering Motivation and Focus in Kids with ADHD

Whether or not your child has been diagnosed with ADHD, come learn science-backed strategies to boost their motivation and focus! Gain insight about when an ADHD diagnosis is helpful and how to optimize your child's school experience.

Presenter: Dr. Mary Wilde Imaginary Pediatrics

**JAN
25TH**

**Paradise Canyon Elementary
1795 West 1230 North
Saint George**

Topic: Strategies for Helping Your Child Cope with Anxiety at Home and at School

Give your child tools to cope as they experience anxiety in different settings.

Presenter: Cleola Bess MSW, LCSW S&S Counseling

**MAR
6TH**

**Hurricane Elementary
948 West 325 North
Hurricane**

Topic: Emotional Coaching Parenting

Research shows that the greatest predictor of our children's outcome in life is emotional intelligence. In this workshop, Thurmon will present simple, proven methods to help parents and guardians improve their children's emotional IQ. He will also discuss the warning signs of mental illness and share some quick tips on digital safety. This workshop will be fun, fast-paced, and interactive. You will walk

away with tools you can immediately put into practice to help your children find greater success in life. **Presenter: Thurmon Thomas LMFT- Ascend Counseling**