ToolsForSchools®

WHOLE GRAIN CHEESE BREAD STICKS

Product Information
Hearty whole grain bread sticks stuffed with creamy part skim mozzarella or cheddar cheese. Serve with your favorite dipping sauce for a great snack or appetizer option.

Product Handling
• Preheat oven to 400°F.
• Bake for approximately 8-10 min or until heated through.
• Let stand 1-2 minutes before serving.

Features/Benefits
• Made with whole grains
• Stuffed with cheese
• Good source of calcium
• Each 2 oz. cheese filled breadstick provides 1 meat/meat alternate and 1 oz. grain

Ideal Use
• Appetizer or side
• Lunch or dinner

012/21

Item No.	Product Description	Pack	Food Based Statement
A33045	Breadsticks, Mozzarella, WG	112/2 oz.	1 M/MA, 1 Grain EQ

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Product Ingredients

MOZZARELLA: *Part Skim Mozzarella Cheese (Pasteurized Milk, Cultures, Salt, Enzymes], Modified Food Starch), Water, Whole Grain Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Gluten, Yeast, Fermented Wheat Flour, Salt.*

Allergens

Milk, Wheat.

Food Based Compliant

Each 2 oz. cheese filled breadstick provides 1 meat/meat alternate and 1 oz. grain equivalent.

Nutrition Facts

Serving Size: 57g

Calories: 140   **Calories from Fat: 60**

Amount Per Serving		% Daily Value			% Daily Value
Total Fat	**6g**	**9%**	Sugars	1g	
Saturated Fat	2g	10%	**Protein**	**7g**	
Trans Fat	0g		Vitamin A		6%
Cholesterol	**15mg**	**5%**	Vitamin C		0%
Sodium	**270mg**	**11%**	Calcium		10%
Total Carbohydrate	**15g**	**5%**	Iron		4%
Dietary Fiber	1g	4%	Zinc		---

Percent daily values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**The information on this panel is for general purposes only. Nutrition information is based on current data. The possibility exists that manufacturers may change their formulation without Gold Star's knowledge.

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