



VISTAVERDE

00037620 - Bean, Refried Dry Smooth Dehy

Dehydrated beans are quick and easy side dish. Can be used in burritos, tacos, tostadas or as a dip.



NICHOLAS
AND COMPANY



* Benefits

Nutrition Facts

Servings per Container **22**
Serving size **1/2cupdry (38g)**

Amount per serving
Calories 140

% Daily Value*

Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	13%
Total Carbohydrate 24g	8%
Dietary Fiber 7g	25%
Total Sugars 1g	
Includes Added Sugars	%

Protein 7g	
Vitamin D 0µg	0%
Calcium 7mg	0%
Iron 1.1mg	6%
Potassium 494mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Pinto Beans, intersterfied soybean oil (with TBHQ to preserve freshness) and salt

⚠ Allergens

Free From:

- crustaceans
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Store in a dry place.

Serving Suggestions

Dehydrated beans are quick and easy side dish. Can be used in burritos, tacos, tostadas or as a dip.

Prep & Cooking Suggestions

EASY 3-STEP STOVE TOP PREPARATION 1. Bring 2 quarts of water to a boil in a 4-quart pan. 2. Pour contents of package into boiling water, reduce heat, stir briefly. 3. Remove from heat, cover and let stand for 5 minutes to thicken. Season to taste and serve. EASY 3-STEP STEAM TABLE METHOD 1. Empty contents of package into a 4-quart container (4" deep half-size steam table pan). 2. Add two quarts boiling water and stir briefly. 3. Cover for 5 minutes, season to taste, stir well and serve.

📄 Product Specifications

Brand	Manufacturer	Product Category
VISTAVERDE	TRINIDAD/STERLING CO	Beans, Canned, Ref, Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
20980	00037620	10822486209800		6/30 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.58lb	11.58lb	USA	No	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.1in	11.3in	8.25in	0.71INQ	12x8	365DAYS	40°F / 90°F



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Nutrition Analysis - By Serving

Calories	140kcal	Total Fat	2.5g	Sodium	320mg
Protein	7g	Trans Fats	0g	Calcium	7mg
Total Carbohydrates...	24g	Saturated Fat	0g	Iron	1.1mg
Sugars	1g	Added Sugars		Potassium	494mg
Dietary Fiber	7g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	0µg	Vitamin D	0µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

