UNITED STATES DEPARTMENT OF AGRICULTURE

# **USDA Foods Product Information Sheet**

For Child Nutrition Programs



# 110921—Chicken Fillet, Cooked, Unbreaded, Frozen

**Category: Meat/Meat Alternate** 



# PRODUCT DESCRIPTION

This item is produced from fully cooked whole muscle chicken breast. The product is unbreaded and contains grill markings. The item is shipped frozen in 30 pound cases containing six 5-pound or three 10-pound packages.

# **CREDITING/YIELD**

- One case of chicken fillets contains approximately 192-197 2.45 ounce portions.
- CN Crediting: Approximately 2.45 ounces of chicken fillet credits as 2 ounce equivalents meat/meat alternate.

# **CULINARY TIPS AND RECIPES**

- Chicken fillets can be heated and served on sandwiches, wraps, salads, or rice bowls.
- Chicken fillets can also be cut up and used as a protein option in dishes such as soups and casseroles.
- For more culinary techniques and recipe ideas visit <u>Institute of Child Nutrition</u> or USDA's <u>Team</u> Nutrition.

# FOOD SAFETY INFORMATION

 For more information on safe storage and cooking temperatures, and safe handling practices please refer to: <u>Developing a School</u> <u>Food Safety Program Based on the Process</u> Approach to HACCP Principles.

# **NUTRITION FACTS**

Serving size: 2.45 ounces (69 g)/ 2 MMA chicken

# **Amount Per Serving**

Calories 100

Total Fat 2.5g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 65mg

Sodium 220mg

Total Carbohydrate 0g

Dietary Fiber 0g

Sugars 0g

Protein 20g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer directly.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.





Tyson Pride® Tasty Glaze™ Fully Cooked Savory

Chicken Breast Patties

40/Case

Fully Cooked, Glazed, Savory Chicken Breast Patties with Rib Meat

Product Last Saved Date:10 September 2018

# **Nutrition Facts**

40 Servings per container

Serving Size

(112 GRM)

	PASSAGE CO.	% Dai	lly Value*
Total Fat 6 g			9%
Saturated Fat	2 g		10%
Trans Fat	0 g		
Cholesterol	60 mg		20%
Sodium 680	mg		28%
Total Carbohyd	rate	4 g	1%
Dietary Fiber	0 g		0%
Total Sugars	2 g		1.5
Includes	g	Added Sugars	%
Protein 18 g			1.1
Vitamin D mg			%
Calcium mg			%
Iron mg			%
Potassium mg		N N S S S	%

food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## **Product Specifications:**

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
004926-0928	00082999	00023700551764	2 X 20 X 10 LBR	

Brand	Brand Owner	GPC Description
Tyson	Tyson Foods Inc.	Chicken - Prepared/Processed

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.623 LBR	10 LBR	USA	Undeclared	

Shipping Information						
Length	Width	Height	Volume	TixHi	Shelf Life	Storage Temp From/To
11.75 INH	9.1875 INH	9.75 INH	0.609 FTQ	17x7	365 Days	0 FAH / 0 FAH

# Ingredients:

Chicken breast with rib meat, water, seasoning [corn syrup solids, brown sugar, salt, dextrose, vinegar powder (maltodextrin, modified corn starch, dried vinegar), garlic powder, onion powder, chicken type flavor (hydrolyzed corn gluten, autolyzed yeast extract, thiamine hydrochloride, disodium unosinate, disodium gunylatel), sodium phosphates.

GLAZED WITH: Water, sugar, distilled vinegar, modified corn starch, salt, dehydrated garlic, spices, xanthan gum, citric acid, and sodium benzoate.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - NI	Milk - NI	Peanuts - NI	
Soy - NI	Wheat - NI	TreeNuts - NI	
Fish - NI	Crustacean - NI		

### **Handling Suggestions:**

### Benefits:

Serve up the classic, tender taste of grilled chicken with Tyson Pride® Tasty Glaze™ Fully Cooked Serve up the classic, tender taste of grilled chicken with Tyson Pride® Tasty Glaze™ Fully Cooked Savory Chicken Breast Patties. Glazed with garlic, vinegar and additional spices, our grilled chicken patties are cut from breast and rib meat and fully cooked for dozens of quick and easy chicken selections. Inspected for wholesomeness by the U.S. Department of Agriculture and void of any allergens, our chicken is an exceptionally versatile ingredient for a variety of appetizers and entrées. Stored frozen at 0°F, our grilled chicken has a shelf life of 365 days. Simply back or microwave for a variety of applications. Includes one case of Fully Cooked Savory Chicken Breast Patties. Tyson Pride® chicken offers consistency and quality in unique forms and on-trend flavors. We offer a diverse selection of crowd favorites to help grow your bottom line. With Tyson Pride®, customers will experience more of the delicious, crispy and saucy flavors they love.

## Serving Suggestions:

Simply back or microwave for a variety of applications.

# Prep & Cooking Suggestions:

Appliances vary, adjust accordingly. Conventional Oven

Preheat oven to 350°F. Place product on baking sheet, bake for 12-14 minutes from frozen.

More Information:



# 4201 - Chicken, FC Bnls/Skls, Easy Gourmet Classic®, Savory Breast Fillet; avg 40/4oz Gluten Free Natural

4201-Grilled Fully Cooked Skinless Boneless Savory Chicken Breast Fillet with rib meat, Natural and Gluten Free

Brand: Brakebush®



# **Nutrition Facts**

40 servings per container

Serving size

1 PIECE (113g)

## Amount per serving

# **Calories**

120

	% Daily Value*
Total Fat 2g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 380mg	17%
Total Carbohydrate 2g	1%
Dietary Fiber 2g	5%
Total Sugars 0g	
Includes 0g Added Sugars	1%

# Protein 23g

Vitamin D %		Calcium 0mg 0%
Iron 1mg 4%	•	Potassium 0%

### Vitamin C 0mg 0%

### Ingredients

Ingredients: Skinless Boneless Chicken Breast Fillets, Water, Seasoning (Tapioca Starch, Salt, Dehydrated Chicken Broth).

#### Case Specifications

GTIN	10038034042014	Case Gross Weight	10.66 LB
UPC		Case Net Weight	10 LB
Pack Size	2 / 5LB	Case L,W,H	13.50 IN, 8.63 IN, 8.81 IN
Shelf Life	545 Days	Cube	0.59 CF
Tie x High	16 x 8		

### Preparation and Cooking

PREPARATION: COOK TO A MINIMUM OF 165° F. FOR BEST RESULTS COOK ON PREHEATED GRILL AT 400°F. AND GRILL 10-12 MIN., TURNING ONCE. ALTERNATE METHODS: BROIL IN PREHEATED BROILER FOR 6-10 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350°F. FOR 10-15 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVECTIONAL OVEN AT 400°F. FOR 15-20 MIN. MICROWAVE ON HIGH ABOUT 1-3 MIN. PER SERVING, ROTATE ONCE. DEEP FRY AT 350°F FOR 4-6 MIN. ADJUST TIMES TO QUANTITY BEING COOKED AND EQUIPMENT USED. DO NOT OVERCOOK.

### Serving Suggestions

Enhanced with grill marks for exceptional plate presentation. Ideal on its own, for a sandwich or pasta.

# **Benefits of Using This Product**

• fully cooked, gluten free, natural

# Packaging and Storage

Keep frozen

## Allergens

### FREE FROM:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Peanuts or Peanut Derivatives, Sesameseeds or Sesameseed Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives, Wheat or Wheat Derivatives

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.