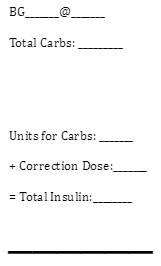
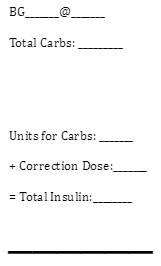
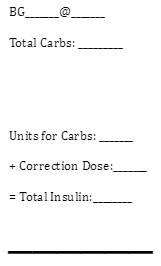
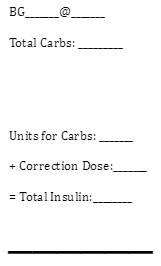
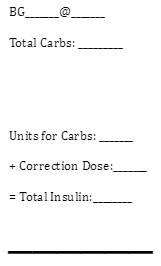
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| Tue - 08/15/2023 |  |  |  |
| K-7 BREAKFAST MENU | Total | 1 |  |
| OVERNIGHT OATS | SERVINGS | 1 | 48.19 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 |  |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average |  |  | 125.91 |
| % of Calories | 76.9% |
| Nutrient Guideline |  |



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| --- | --- | --- | --- |
| Wed - 08/16/2023 |  |  |  |
| K-7 BREAKFAST MENU | Total | 1 |  |
| EGG BAKE BITE, TURKEY SAUSAGE | EGG BITES | 1 | 2.98 |
| SAUSAGE LINK - CLOVERDALE | 1 LINK | 1 | 1.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 |  |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average |  |  | 108.61 |
| % of Calories | 61.8% |
| Nutrient Guideline |  |

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| --- | --- | --- | --- |
| Thu - 08/17/2023 |  |  |  |
| K-7 BREAKFAST MENU | Total | 1 |  |
| YOGURT: UPSTATE FARMS | SERVING | 1 | 19.0 |
| UBR- OATMEAL CHOCOLATE CHIP | 1 EACH | 1 | 43.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |

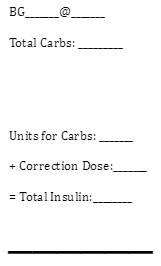
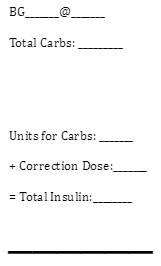
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| ALT BREAKFAST K-7 | Total | 1 |  |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average |  |  | 126.63 |
| % of Calories | 74.6% |
| Nutrient Guideline |  |



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| --- | --- | --- | --- |
| Fri - 08/18/2023 |  |  |  |
| K-7 BREAKFAST MENU | Total | 1 |  |
| CINNAMON ROLL W. W.W. BRIDGFOR | ROLL | 1 | 35.0 |
| PEAR CUPS- CUP -DICED | 1 CUP | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 |  |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| PEAR CUPS- CUP -DICED | 1 CUP | 1 | 19.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average |  |  | 120.31 |
| % of Calories | 74.8% |
| Nutrient Guideline |  |

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| --- | --- | --- | --- |
| Mon - 08/21/2023 |  |  |  |
| K-7 BREAKFAST MENU | Total | 1 |  |
| WAFFLE, BC | WAFFLE | 1 | 12.0 |
| SYRUP | 1 EA | 1 | 4.0 |
| APPLESAUCE,W/CINNAMON | 1 CUP | 1 | 28.02 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 |  |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| APPLESAUCE,W/CINNAMON | 1 CUP | 1 | 28.02 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |

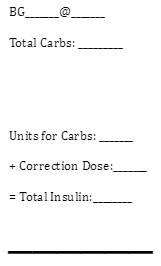
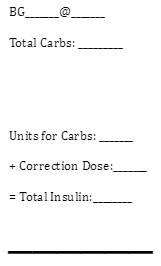
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| Weighted Daily Average |  |  | 119.84 |
| % of Calories | 77.7% |
| Nutrient Guideline |  |



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| --- | --- | --- | --- |
| Tue - 08/22/2023 |  |  |  |
| K-7 BREAKFAST MENU | Total | 1 |  |
| BREAKFAST SANDWICH - McMUFFIN | SANDWICHES | 1 | 24.98 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 |  |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average |  |  | 114.31 |
| % of Calories | 61.6% |
| Nutrient Guideline |  |

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| --- | --- | --- | --- |
| Wed - 08/23/2023 |  |  |  |
| K-7 BREAKFAST MENU | Total | 1 |  |
| PANCAKE & SAUSAGE BITES | 6 BITES | 1 | 24.67 |
| SYRUP | 1 EA | 1 | 4.0 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 |  |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average |  |  | 117.15 |
| % of Calories | 73.4% |
| Nutrient Guideline |  |

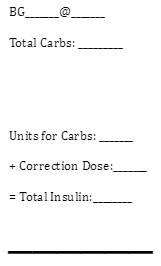
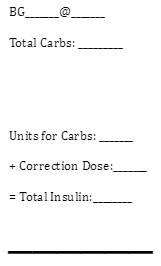
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| Thu - 08/24/2023 |  |  |  |
| K-7 BREAKFAST MENU | Total | 1 |  |
| YOGURT VAN. PEACH PARFAIT | PARFAIT | 1 | 53.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 |  |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average |  |  | 133.83 |
| % of Calories | 76.0% |
| Nutrient Guideline |  |



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| --- | --- | --- | --- |
| Fri - 08/25/2023 |  |  |  |
| K-7 BREAKFAST MENU | Total | 1 |  |
| SPRINKLED DONUT: SFE | 1 EACH | 1 | 31.0 |
| PEAR CUPS- CUP -DICED | 1 CUP | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 |  |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| PEAR CUPS- CUP -DICED | 1 CUP | 1 | 19.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average |  |  | 118.31 |
| % of Calories | 72.4% |
| Nutrient Guideline |  |

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| --- | --- | --- | --- |
| Mon - 08/28/2023 |  |  |  |
| K-7 BREAKFAST MENU | Total | 1 |  |
| PANCAKE, BAKE CRAFTER | SERVINGS | 1 | 32.0 |
| SYRUP | 1 EA | 1 | 4.0 |
| APPLESAUCE,W/CINNAMON | 1 CUP | 1 | 28.02 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |

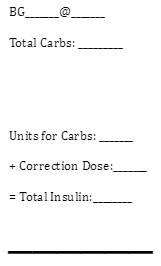
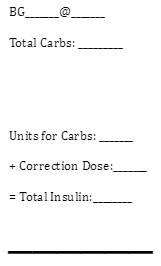
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| ALT BREAKFAST K-7 | Total | 1 |  |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| APPLESAUCE,W/CINNAMON | 1 CUP | 1 | 28.02 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average |  |  | 129.84 |
| % of Calories | 78.1% |
| Nutrient Guideline |  |



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| --- | --- | --- | --- |
| Tue - 08/29/2023 |  |  |  |
| K-7 BREAKFAST MENU | Total | 1 |  |
| PANCAKE CORNDOGS | SERVINGS | 1 | 17.0 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| SYRUP | 1 EA | 1 | 4.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 |  |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average |  |  | 112.32 |
| % of Calories | 69.8% |
| Nutrient Guideline |  |

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| --- | --- | --- | --- |
| Wed - 08/30/2023 |  |  |  |
| K-7 BREAKFAST MENU | Total | 1 |  |
| EGGSTRAVAGANZA, BACON & CHEESE | SERVINGS | 1 | 1.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| SALSA PICANTE | 1 OZ | 1 | 1.4 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |

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| ALT BREAKFAST K-7 | Total | 1 |  |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average |  |  | 115.71 |
| % of Calories | 67.9% |
| Nutrient Guideline |  |



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| --- | --- | --- | --- |
| Thu - 08/31/2023 |  |  |  |
| K-7 BREAKFAST MENU | Total | 1 |  |
| SMOOTHIE | SMOOTHIES | 1 | 35.5 |
| GRAHAM, TIGER BITES ORIGINAL | SERVINGS | 1 | 21.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 |  |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 15.8 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average |  |  | 123.88 |
| % of Calories | 77.7% |
| Nutrient Guideline |  |

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| --- | --- | --- | --- |
| Weighted Average |  |  | 120.51  72.3% |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Nutrient | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
| Carbohydrate (g) | 120.51 | 72.33% |  |  |  |  |  |  |