

SEPTEMBER 2023

Breakfast Menu

Items offered daily: Fruit, 1% White Milk, Skim Chocolate Milk

September 1

- Filled Crescent
- Fruit Cup

September 4 - No School - Labor Day

September 5

- Overnight Oats
- Fruit Cup

September 6

- Egg Bites
- Fruit Cup

September 7

- Yogurt Cup
- UBR Cookie

September 8

- Cinnamon Roll
- Fruit cup

September 11

- Waffles
- Fruit Cup

September 12

- Breakfast Sandwich
- Fruit Cup

September 13

- Pancake Bites
- Fruit cup

September 14

- Parfait
- Fruit Basket

September 15

- Donut
- Fruit Cup

September 18

- Pancakes

- Fruit

September 19

- Breakfast on a Stick
- Fruit Cup

September 20

- Eggstravaganza
- Fruit Cup

September 21

- Smoothie
- Tiger Bites

September 22

- Filled Crescent
- Fruit Cup

September 25

- French Toast Sticks
- Fruit Cup

September 26

- Overnight Oats
- Fruit Cup

September 27

- Egg Bites
- Fruit Cup

September 28

- Yogurt Cup
- UBR Cookie

September 29

- Cinnamon Roll
- Fruit cup

Menus are subject to change

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ELEMENTARY LUNCH MENU

Items offered daily: Fruits, Vegetables, 1% white milk, or skim chocolate milk every day.

September 1

- Max Pizza
- Dinner Salad
- Fruit
- Snickerdoodle Cookie

September 4 - No School - Labor Day

September 5

- Cheese Bites
- Refried Beans
- Street corn
- Brownie

September 6

- Chicken Noodle Soup
- Cheese Breadstick
- Fresh Vegetables
- Fruit

September 7

- Cherry Chicken
- Brown rice
- Roasted Broccoli
- Cowboy Cookie

September 8

- Mini Calzones
- Dinner Salad
- Fruit
- Pudding

September 11

- Cheeseburger
- Smile Fries
- Creamie
- Fruit

September 12

- Beef Taco Sticks

- Refried Beans
- Street Corn
- Cornmeal Super Star

September 13

- Teriyaki Beef Nuggets
- Mashed Potatoes
- Green Beans
- Dinner Roll

September 14

- Teriyaki Chicken
- Vegetable Brown Rice
- Roasted Broccoli
- Marshmallow Treat

September 15

- Pizza Rippers
- Dinner Salad
- Fruit
- Pumpkin Cookie

September 18

- Chicken Sandwich
- Smile Fries
- Fresh Vegetables
- Chocolate Chip Cookie

September 19

- Taco Soup
- Fresh Vegetables
- Fruit
- Cinnamon roll

September 20

- Chicken Tenders
- Mashed Potatoes and Gravy
- Carrots
- Dinner Roll

September 21

- Orange Chicken
- Brown rice
- Roasted Broccoli
- Fortune Cookie

September 22

- Pizza Breadstick
- Dinner Salad
- Fruit
- Jello

September 25

- Popcorn Chicken
- Tater Tots
- Dinner Salad
- Fruit

September 26

- Soft Taco
- Refried Beans
- Fruit
- Churro

September 27

- Country Fried Steak
- Mashed Potatoes
- Green Beans
- Hushpuppies

September 28

- General Tso
- Yakisoba Noodles
- Roasted Broccoli
- Tiger Bites, Chocolate

September 29

- Max pizza
- Dinner Salad
- Fruit
- Snickerdoodle

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Secondary Lunch Menu

Items offered daily: Fruit, Vegetables, 1% white milk, and skim chocolate milk every day.

September 1

- Cheese Rippers
- Dinner Salad
- Fruit
- Snickerdoodle Cookie

September 4 - No School - Labor Day

September 5

- Enchilada
- Refried Beans
- Street corn
- Brownie

September 6

- Chicken Noodle Soup
- Cheese Breadstick
- Fresh Vegetables
- Fruit

September 7

- Cherry Chicken
- Brown rice
- Roasted Broccoli
- Cowboy Cookie

September 8

- Mini Calzones
- Dinner Salad
- Fruit
- Pudding

September 11

- Cheeseburger
- French Fries
- Creamie
- Fruit

September 12

- Beef Taco Sticks
- Refried Beans
- Street Corn
- Cornmeal Super Star

September 13

- Teriyaki Beef Nuggets
- Baked Potato
- Green Beans
- Dinner Roll

September 14

- Teriyaki Chicken
- Vegetable Brown Rice
- Roasted Broccoli
- Egg Roll

September 15

- Pizza Rippers
- Dinner Salad
- Fruit
- Pumpkin Cookie

September 18

- Chicken Sandwich
- French Fries
- Fresh Vegetables
- Chocolate Chip Cookie

September 19

- Taco Soup
- Fresh Vegetables
- Fruit
- Cinnamon roll

September 20

- Chicken Tenders
- Mashed Potatoes and Gravy
- Carrots
- Dinner Roll

September 21

- Orange Chicken
- Brown rice
- Roasted Broccoli
- Fortune Cookie

September 22

- Pizza Breadstick
- Dinner Salad
- Fruit
- Jello

September 25

- Chicken and Waffles
- Tater Tots
- Dinner Salad
- Fruit

September 26

- Soft Taco
- Refried Beans
- Fruit
- Churro

September 27

- Country Fried Steak
- Mashed Potatoes
- Green Beans
- Hushpuppies

September 28

- General Tso
- Yakisoba Noodles
- Roasted Broccoli
- Tiger Bites, Chocolate

September 29

- Cheese Rippers
- Dinner Salad
- Fruit
- Snickerdoodle

Option Line:

Monday - Domino Pizza

Tuesday - Nachos

Wednesday - Spicy Chicken Sandwich

Thursday - Walking Taco

Friday - Chicken Wrap

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