Dec 1, 2023 thru Dec 20, 2023

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 1 Generated on: 11/27/2023 9:48:52 AM

	Portion	Reimb	Carb	
	Size	Qty	(g)	
Fri - 12/01/2023				BG @
K-7 BREAKFAST MENU	Total	1		BG@
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	10101 001001
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE		14.0	
JELLY: VARIETY PACK	PC		9.4	Units for Carbs:
PEAR CUPS- CUP -DICED	1 CUP		19.0	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	+ Correction Dose:
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	CARTON		120.31	
% of Calories			74.8%	= lotalinsuln;
% of Calones			74.0%	
Nutrient Guideline				
Nutrient Guideline				
Mon - 12/04/2023]
K-7 BREAKFAST MENU	Total	1		BG@
WAFFLE, BC	WAFFLE		12.0	
			12.0	
SYRUP APPLESAUCE.W/CINNAMON	1 EA 1 CUP	1	4.0	Total Carbs:
		1 1	28.02	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	00.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	II it - for Combon
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			119.84	= Total Insulin:
% of Calories			77.7%	
Nutrient Guideline				
	T			1
Tue - 12/05/2023				
K-7 BREAKFAST MENU	Total	1		
BREAKFAST SANDWICH - McMUFFIN	SANDWICHES	1	24.49	
PEACH CUPS -DICED	1 CUP	1	18.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	

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Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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	Portion	Reimb	Carb	
ALT DDEAKEAOT K. 7	Size	Qty	(g)	BG@
ALT BREAKFAST K-7	Total	1 1	00.0	
BREAKFAST CEREAL-ALL	BOWL	1 1	23.0	Total Carbs:
TOAST	SLICE	1 1	14.0	
JELLY: VARIETY PACK	PC	1 1	9.4	
PEACH CUPS -DICED	1 CUP	1 1	18.0	
JUICE : VARIETY SUNCUP	BOX	1 1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	Units for Carbs:
MILK 1% WHITE Weighted Daily Average	CARTON	1	13.0	
% of Calories			114.06	+ Correction Dose:
% of Calories			62.1%	- · · · ·
Nutrient Guideline				= Total In sulin:
Wed - 12/06/2023				BG@
K-7 BREAKFAST MENU	Total	1		ΒG@
PANCAKE & SAUSAGE BITES	6 BITES	1	24.67	
SYRUP	1 EA	1	4.0	Total Carbs:
MIXED FRUIT CUP	SERVINGS	1	19.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	•
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	- Iotalinsulin:
Weighted Daily Average			117.15	
% of Calories			73.4%	
Nutrient Guideline				
Thu - 12/07/2023				BG@
K-7 BREAKFAST MENU	Total	1		20@
YOGURT VAN. PEACH PARFAIT	PARFAIT	1	53.0	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	+ Correction Dose:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	. correction bose
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	

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Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

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	Portion Size	Reimb Qtv	Carb	
Weighted Daily Average % of Calories	O IZO	Gty	133.83 76.0%	
Nutrient Guideline				
	1			1
Fri - 12/08/2023 K-7 BREAKFAST MENU	Total	1		BG@
SPRINKLED DONUT: SFE	1 EACH	1	31.0	Total Carbs:
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Iotal Carbs:
BREAKFAST FRUIT BASKET: ELE JUICE : VARIETY SUNCUP	1/2 CUP	1 1	23.63	
MILK : CHOCOLATE MILK FAT FREE	BOX CARTON	1 1	15.8 20.0	
MILK 1% WHITE	CARTON		13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
PEAR CUPS- CUP -DICED JUICE : VARIETY SUNCUP	1 CUP BOX	1 1	19.0 15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	= Total Insulin:
Weighted Daily Average			118.31	
% of Calories			72.4%	
Nutrient Guideline				
Mon - 12/11/2023				BG@
K-7 BREAKFAST MENU	Total	1		D0
PANCAKE, BAKE CRAFTER SYRUP	SERVINGS 1 EA	1 1	32.0 4.0	Total Carbs:
APPLESAUCE, W/CINNAMON	1 CUP		28.02	lotal Caros:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	00.0	
BREAKFAST CEREAL-ALL TOAST	BOWL SLICE	1 1	23.0 14.0	Units for Carbs:
JELLY: VARIETY PACK	PC		9.4	
APPLESAUCE, W/CINNAMON	1 CUP		28.02	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			129.84	
% of Calories			78.1%	
Nutrient Guideline				

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Dec 1, 2023 thru Dec 20, 2023

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 4 Generated on: 11/27/2023 9:48:52 AM

	Portion	Reimb	Carb	
T 40/40/0000	Size	Qty	(g)	
Tue - 12/12/2023 K-7 BREAKFAST MENU	Tatal	1		BG@
	Total	· ·	47.0	
PANCAKE CORNDOGS	SERVINGS 1 CUP	1 1	17.0	Total Carbs:
PEACH CUPS -DICED		1	18.0	Iotal Caros:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
SYRUP	1 EA	1	4.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP	1	18.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	- Iotai iiisu iiii
Weighted Daily Average			112.32	
% of Calories			69.8%	
Nutrient Guideline				
Wed - 12/13/2023				
K-7 BREAKFAST MENU	Total	1		BG@
	SERVINGS		1.0	20
EGGSTRAVAGANZA, BACON & CHEESE			- 1	
TOAST	SLICE PC	1	14.0	Total Carbs:
JELLY: VARIETY PACK	. •	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
SALSA PICANTE	1 OZ	1	1.4	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	II- /- 6 6 1
ALT BREAKFAST K-7	Total	1		Units for Carbs:
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	+ Correction Dose:
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	- T-+-111
JUICE : VARIETY SUNCUP	BOX	1	15.8	= Total Insulin:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			115.71	
% of Calories			67.9%	
Nutrient Guideline				
	1			

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Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Portion Values - Detailed

Page 5 Generated on: 11/27/2023 9:48:52 AM

	Portion	Reimb	Carb	
	Size	Qty	(g)	
Thu - 12/14/2023				nc @
K-7 BREAKFAST MENU	Total	1		BG@
SMOOTHIE	SMOOTHIES	1	35.5	
GRAHAMS, TIGER BITES CINNAMON	SERVINGS	1	21.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	10101 001001
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE		14.0	
JELLY: VARIETY PACK	PC			Units for Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	Ciril or Car ob.
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	+ Correction Dose:
MILK 1% WHITE	CARTON		13.0	
	CARTON	-	123.88	
Weighted Daily Average				= lotalinsulin:
% of Calories			77.7%	
N O				
Nutrient Guideline				
F:: 40/45/0000				
Fri - 12/15/2023	T-4-1			BG@
K-7 BREAKFAST MENU	Total	1		
CRESCENT, FILLED	1 EACH	1	37.0	Total Carbs:
PEAR CUPS- CUP -DICED	1 CUP	1		Iotal Caros:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1 1	13.0	- Iotai ilisuilii
Weighted Daily Average			121.31	
% of Calories			74.3%	
70 00 0000000			,	
Nutrient Guideline				
				-
				_
Mon - 12/18/2023				
K-7 BREAKFAST MENU	Total	1		
FRENCH TOAST STICKS: (3-S.F.)	3pc SERVING	1	25.0	
SYRUP	1 EA	1	4.0	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	
JUICE : VARIETY SUNCUP	BOX		15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
			10.0	1

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Portion Values - Detailed

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	Portion	Reimb	Carb	
	Size	Qty	(g)	l nc e
ALT BREAKFAST K-7	Total	1		BG@
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Total Carbs:
TOAST	SLICE	1	14.0	Iotal Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
APPLESAUCE, W/CINNAMON	1 CUP	1	28.02	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
	CARTON		13.0	Units for Carbs:
MILK 1% WHITE	CARTON	-		
Weighted Daily Average			126.34	+ Correction Dose:
% of Calories			76.3%	
N				= Total Insulin:
Nutrient Guideline				
Tue - 12/19/2023				BG@
K-7 BREAKFAST MENU	Total	1		
BREAKFAST POCKET W/TURKEY SAUS	SERVINGS	1	25.0	m. 10 1
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
			13.0	
ALT BREAKFAST K-7	Total	1	00.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1		Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP	1	18.0	+ Correction Dose:
JUICE: VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average	0,4(10)4		114.32	
% of Calories			71.6%	
76 Of Calones			11.076	
Nutrient Guideline				
Wed - 12/20/2023				
K-7 BREAKFAST MENU	Total	1		BG@
EGG BAKE BITE, TURKEY SAUSAGE	EGG BITES		2.98	
SAUSAGE LINK - CLOVERDALE				
	1 LINK		1.0	Total Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
MIXED FRUIT CUP	SERVINGS	1	19.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON		13.0	
ALT BREAKFAST K-7	Total	1	10.0	
BREAKFAST CEREAL-ALL			22 A	Units for Carbs:
	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	+ Correction Dose:
MIXED FRUIT CUP	SERVINGS	1	19.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
	•			•

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			116.51
% of Calories			63.4%
Nutrient Guideline			
Weighted Average			120.27
			72 4%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	120.27	72.35%						

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