Dec 1, 2023 thru Dec 20, 2023

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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Daimala

| | Portion | Reimb | Carb | |
|--------------------------------|---------------|-------|----------------|---------------------|
| | Size | Qty | (g) | |
| Fri - 12/01/2023 | | , | | |
| SECONDARY LUNCH 9-12 | Total | 1 | | BG @ |
| CALZONE, MINI, WG | 3 CALZONES | 1 | 40.01 | BG@ |
| DINNER SALAD | 1 CUP | 1 | 7.49 | |
| PUDDING.CHOICE | SERVING | 1 | 20.5 | Total Carbs: |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | 10101 001001 |
| FRUIT, CANNED - CHOOSE ONE | 1/2 C SERVING | | 15.8 | |
| RANCH: (WILD COYOTE LITE) | PC CUP | | 2.0 | |
| MARINARA SAUCE | 1/2 CUP | | 11.93 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | | 20.0 | |
| MILK 1% WHITE | CARTON | | 13.0 | |
| ALT SEC WEEKLY 1st CHO | Total | 1 | 13.0 | |
| | WRAP | | 12.67 | III. ita fan Canba. |
| WRAP, CHICKEN CHIPS: DORITOS | | | 43.67 19.62 | Units for Carbs: |
| | BAG | | | |
| FRESH MIXED VEGETABLE CUP | 3/4 CUP | 1 | 8.31 | + Correction Dose: |
| FRUIT, CANNED - CHOOSE ONE | 1/2 C SERVING | 1 | 15.8 | |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | |
| RANCH: (WILD COYOTE LITE) | PC CUP | 1 | 2.0 | = Total Insulin: |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| Weighted Daily Average | | | 149.18 | |
| % of Calories | | | 56.3% | |
| | | | | |
| Nutrient Guideline | | | | |
| | | | | |
| | I | | | 1 |
| Mon - 12/04/2023 | | | | |
| SECONDARY LUNCH 9-12 | Total | 1 | | BG@ |
| CHEESEBURGER 100 % BEEF: SEC | PATTY | 1 | 27.0 | |
| CHEESE: PROCESS SLICE | 1 oz. | 1 | 1.98 | |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP | 1 | 2.67 | Total Carbs: |
| FRENCH FRIES- S.S. 3/4 CUP | 6 OZ | 1 | 33.0 | |
| CREAMIES JR. | CREAMIE | 1 | 14.0 | |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | |
| PINAPPLE CHUNK-CANNED: PRE | 1/2 CUP | 1 | 18.0 | |
| PICKLE:, CHIPS | 1 OZ. | 1 | 1.0 | |
| MUSTARD:, P/C | 1 Each | 1 | 0.33 | |
| KETCHUP: P/C | PC | 1 | 10.12 | |
| MAYONNAISE, LIGHT | POUCH | 1 | | Units for Carbs: |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| ALT SEC WEEKLY 1st CHO | Total | 1 | | + Correction Dose: |
| DOMINOS PIZZA | SLICE | 1 | 29.0 | |
| DINNER SALAD - ALT LINE | SERVINGS | 1 | 6.07 | - T-4-171' |
| COOKIE, SNICKERDOODLE, WG | SERVINGS | | 16.0 | = Total Insulin: |
| FRUIT BAR : SECONDARY | 1 CUP | | 22.62 | |
| PINAPPLE CHUNK-CANNED: PRE | 1/2 CUP | | 18.0 | |
| RANCH: (WILD COYOTE LITE) | PC CUP | | 2.0 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | | 20.0 | |
| MILK 1% WHITE | CARTON | | 13.0 | |
| | CARTON | | | |
| Weighted Daily Average | | | 145.20 | |
| % of Calories | | | 54.8% | |
| Nutriant Cuidalina | | | | |
| Nutrient Guideline | | | | I |

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Dec 1, 2023 thru Dec 20, 2023

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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| | Portion | Reimb | Carb | |
|--------------------------------|-----------------|-------|--------|--------------------|
| | Size | Qty | (g) | |
| Tue - 12/05/2023 | | | | |
| SECONDARY LUNCH 9-12 | Total | 1 | | nc e |
| BEEF TACO STICK | 1 EACH | | 31.87 | BG@ |
| REFRIED BEANS, V V | 1/2 C SERVINGS | | 24.0 | |
| CARROT STICKS 1/2 CUP | 1/2 CUP | | 2.0 | T-+-1 C1 |
| CORN, STREET | 1/2 CUP SERVING | | 21.66 | Total Carbs: |
| CORNMEAL SUPER STAR | 1 EA | | 23.0 | |
| FRUIT BAR : SECONDARY | 1 CUP | | 22.62 | |
| PEARS, DICED, CANNED | 1/2 CUP | 1 | 16.0 | |
| SALAD BAR: 2 TUESDAY (SEC) | 1 CUP | | 41.02 | |
| SALSA PICANTE | 1 OZ | 1 | 1.4 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | | 13.0 | |
| ALT SEC WEEKLY 1st CHO | Total | 1 | | Units for Carbs: |
| NACHOS | SERVINGS | 1 | 42.75 | Offics for Car bs. |
| LETTUCE & TOMATO:3/4 CUP-TACOS | 3/4 CUP | 1 | 9.94 | |
| FRUIT BAR : SECONDARY | 1 CUP | | 22.62 | + Correction Dose: |
| PEARS, DICED, CANNED | 1/2 CUP | 1 | 16.0 | · correction bose |
| SALSA PICANTE | 1 OZ | 1 | 1.4 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | = Total Insulin: |
| MILK 1% WHITE | CARTON | 1 | 13.0 | 10.01.1110.1111 |
| Weighted Daily Average | | | 171.13 | |
| % of Calories | | | 54.0% | |
| | | | | |
| Nutrient Guideline | | | | |
| | | | | |
| Wed - 12/06/2023 | | | | |
| SECONDARY LUNCH 9-12 | Total | 1 | | |
| TERIYAKI BEEF NUGGETS | 4 Nugget | | 6.0 | BG@ |
| POTATO, TRIPLE CHEESE TWICE BA | SERVINGS | | 25.95 | |
| GREEN BEANS 3/4 CUP | 3/4 CUP | 1 | 4.5 | m. 10 1 |
| ROLLS - NO EGGS | SERVINGS | 1 | 23.19 | Total Carbs: |
| FRUIT BAR : SECONDARY | 1 CUP | | 22.62 | |
| PEACH, DICED, CANNED | 1/2 CUP | 1 | 14.0 | |
| MARGARINE REDDIES: (1) | 1 Patty | 1 | 0.0 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| ALT SEC WEEKLY 1st CHO | Total | 1 | | |
| SPICY CHICKEN PATTY - A PIERRE | SERVINGS | 1 | 43.0 | |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP | 1 | 2.67 | |
| WAFFLE FRIES, SKIN ON MCCAIN | 3oz SERVINGS | 1 | 19.0 | Units for Carbs: |
| CARROT STICKS 1/2 CUP | 1/2 CUP | 1 | 2.0 | |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | |
| PEACH, DICED, CANNED | 1/2 CUP | 1 | 14.0 | + Correction Dose: |
| PICKLE:, CHIPS | 1 OZ. | 1 | 1.0 | |
| KETCHUP: P/C | PC | 1 | 10.12 | |
| MAYONNAISE, LIGHT | POUCH | 1 | 0.0 | = Total Insulin: |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| Weighted Daily Average | | | 138.33 | |
| % of Calories | | | 53.9% | |
| | | | | |
| Nutrient Guideline | | | | |

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

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Dec 1, 2023 thru Dec 20, 2023

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Carb (g) | |
|--------------------------------|-----------------|--------------|-------------|--------------------|
| | | | | 1 |
| Thu - 12/07/2023 | | | | |
| SECONDARY LUNCH 9-12 | Total | 1 | | BG @ |
| DUTCH WAFFLE | 1 EACH | 1 | 43.0 | DG@ |
| SAUSAGE LINK - CLOVERDALE | 2 LINKS | 1 | 2.02 | |
| SCRAMBLED EGGS: SUNNY FRESH | 1oz SERVING | 1 | 1.0 | T-t-1 C1 |
| STRAWBERRIES: FROZEN SINGLE SE | 1 EACH | 1 | 21.0 | Total Carbs: |
| FRUIT BAR :ELEMENTARY | 1/2 CUP | | 14.48 | |
| HASHBROWN PATTY:1/2 CUP | 2 EACH | | 27.0 | |
| JUICE, SUN SPLASH | SERVINGS | | 15.0 | |
| SYRUP | 1 EA | | 4.0 | |
| | | | 10.12 | |
| KETCHUP: P/C | PC | 1 | | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| ALT SEC WEEKLY 1st CHO | Total | 1 | 60.6 | Units for Carbs: |
| TACO SALAD :ALT LINE | SERVING | 1 | 33.3 | |
| BEANS, CANNED, BLACK BEAN, LS | 1/2 CUP | 1 | 18.0 | |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | + Correction Dose: |
| MANDARIN ORANGE- CANNED:PRE | 1/2 CUP | 1 | 14.0 | |
| RANCH: (WILD COYOTE LITE) | PC CUP | 1 | 2.0 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | = Total Insulin: |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| Weighted Daily Average | | | 146.77 | |
| % of Calories | | | 53.4% | |
| | | | | |
| Nutrient Guideline | | | | |
| | | | | |
| Fri - 12/08/2023 | | | | |
| SECONDARY LUNCH 9-12 | Total | 1 | | BG@ |
| PEPPERONI PIZZA RIPPERS | SERVING | 1 | 27.0 | |
| DINNER SALAD | 1 CUP | 1 | 7.49 | |
| CARROT STICKS 1/2 CUP | 1/2 CUP | 1 | 2.0 | Total Carbs: |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | 10101 001001 |
| FRUIT, CANNED - CHOOSE ONE | 1/2 C SERVING | 1 | 15.8 | |
| COOKIE: PUMPKIN CHOCOLATE CHIP | COOKIE | 1 | 22.59 | |
| RANCH: (WILD COYOTE LITE) | PC CUP | 1 | 2.0 | |
| MARINARA SAUCE | 1/2 CUP | 1 | 11.93 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| ALT SEC WEEKLY 1st CHO | Total | 1 | | |
| WRAP, CHICKEN | WRAP | 1 | 43.67 | Units for Carbs: |
| CHIPS: DORITOS | BAG | 1 | 19.62 | |
| FRESH MIXED VEGETABLE CUP | 3/4 CUP | 1 | 8.31 | |
| FRUIT, CANNED - CHOOSE ONE | 1/2 C SERVING | 1 | 15.8 | + Correction Dose: |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | |
| RANCH: (WILD COYOTE LITE) | PC CUP | 1 | 2.0 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | = Total Insulin: |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| Weighted Daily Average | | - | 144.72 | |
| % of Calories | | | 52.9% | |
| Nutrient Guideline | | | | |

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Dec 1, 2023 thru Dec 20, 2023

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Carb (g) | |
|--------------------------------|-----------------|--------------|-------------|--------------------|
| Mon - 12/11/2023 | | | | |
| SECONDARY LUNCH 9-12 | Total | 1 | | |
| CHICKEN SANDWICH- FR102 GK7516 | SERVINGS | | 44.0 | BG@ |
| | | | - | |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP | 1 | 2.67 | |
| FRENCH FRIES- S.S. 3/4 CUP | 6 OZ | 1 | 33.0 | Total Carbs: |
| COOKIE, CHOCOLATE CHIP | 1 EACH | 1 | 13.49 | |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | |
| PINAPPLE CHUNK-CANNED: PRE | 1/2 CUP | 1 | 18.0 | |
| PICKLE:, CHIPS | 1 OZ. | 1 | 1.0 | |
| MUSTARD:, P/C | 1 Each | 1 | 0.33 | |
| KETCHUP: P/C | PC | 1 | 10.12 | |
| MAYONNAISE, LIGHT | POUCH | 1 | 0.0 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | 1 | | Units for Carbs: |
| ALT SEC WEEKLY 1st CHO | Total | 1 | | Ciritator carba. |
| DOMINOS PIZZA | SLICE | | 29.0 | |
| DINNER SALAD - ALT LINE | SERVINGS | | 6.07 | + Correction Dose: |
| COOKIE, SNICKERDOODLE, WG | SERVINGS | | 16.0 | · correction bose |
| • | | | | |
| FRUIT BAR: SECONDARY | 1 CUP | - 1 | 22.62 | = Total Insulin: |
| PINAPPLE CHUNK-CANNED: PRE | 1/2 CUP | 1 | | - Total Ilisuilli |
| RANCH: (WILD COYOTE LITE) | PC CUP | 1 | 2.0 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| Weighted Daily Average | | | 152.45 | |
| % of Calories | | | 58.8% | |
| Nutrient Guideline | | | | |
| | | | | |
| Tue - 12/12/2023 | | | | |
| SECONDARY LUNCH 9-12 | Total | 1 | | DC @ |
| TACO SOUP | 1 CUP | 1 | 21.65 | BG@ |
| CHEDDAR/ JACK FANCY SHRED50Z | .5 OZ | 1 | 0.51 | |
| CINNAMON ROLL W. W.W. BRIDGFOR | ROLL | | 35.0 | Total Carbs: |
| MIXED FRESH VEGETABLES:ELE | 3/4 CUP | | 6.31 | Iotal Caros: |
| FRUIT BAR : SECONDARY | | | | |
| | 1 CUP | - 1 | 22.62 | |
| PEARS, DICED, CANNED | 1/2 CUP | 1 | 16.0 | |
| SALAD BAR: 2 TUESDAY (SEC) | 1 CUP | 1 | 41.02 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| ALT SEC WEEKLY 1st CHO | Total | 1 | | |
| NACHOS | SERVINGS | 1 | 42.75 | Units for Carbs: |
| LETTUCE & TOMATO:3/4 CUP-TACOS | 3/4 CUP | 1 | 9.94 | |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | |
| PEARS, DICED, CANNED | 1/2 CUP | 1 | 16.0 | + Correction Dose: |
| SALSA PICANTE | 1 OZ | 1 | 1.4 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | - T-4-172 |
| MILK 1% WHITE | CARTON | | 13.0 | = Total Insulin: |
| Weighted Daily Average | J | - 1 | 150.90 | |
| % of Calories | | | 51.8% | |
| N O | | | | |
| Nutrient Guideline | | | | |

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

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Dec 1, 2023 thru Dec 20, 2023

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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| | Portion | Reimb | Carb | |
|--------------------------------|----------------|-------|--------|--------------------|
| | Size | Qty | (g) | 1 |
| Wed - 12/13/2023 | | | | |
| SECONDARY LUNCH 9-12 | Total | 1 | | BG@ |
| HOMESTYLE WG CHICKEN TENDER ST | 3 PC SERVINGS | 1 | 14.08 | |
| BUTTER MASHED POTATOES-sec | 2/3 cup | 1 | 18.0 | |
| GRAVY, CHICKEN: LOW SODIUM | 1/4 CUP | 1 | 2.86 | Total Carbs: |
| CARROTS, SLICED, FZ | 1/2 C SERVINGS | 1 | 6.0 | 10101 001001 |
| ROLLS - NO EGGS | SERVINGS | 1 | 23.19 | |
| MARGARINE REDDIES: (1) | 1 Patty | 1 | 0.0 | |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | |
| PEACH, DICED, CANNED | 1/2 CUP | 1 | 14.0 | |
| BARBAQUE SAUCE: P/C | 1 Each | 1 | 13.0 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| ALT SEC WEEKLY 1st CHO | Total | 1 | | Units for Carbs: |
| SPICY CHICKEN PATTY - A PIERRE | SERVINGS | 1 | 43.0 | |
| SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP | 1 | 2.67 | |
| WAFFLE FRIES, SKIN ON MCCAIN | 3oz SERVINGS | 1 | 19.0 | + Correction Dose: |
| CARROT STICKS 1/2 CUP | 1/2 CUP | 1 | 2.0 | |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | |
| PEACH, DICED, CANNED | 1/2 CUP | 1 | 14.0 | = Total Insulin: |
| PICKLE:, CHIPS | 1 OZ. | i i | 1.0 | |
| KETCHUP: P/C | PC | i i | 10.12 | |
| MAYONNAISE, LIGHT | POUCH | 1 | 0.0 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | | 13.0 | |
| Weighted Daily Average | CARTON | | 147.07 | |
| % of Calories | | | 56.9% | |
| % of Calones | | | 30.9% | |
| Nutrient Guideline | | | | |
| | | | | • |
| Thu - 12/14/2023 | | | | |
| SECONDARY LUNCH 9-12 | Total | 1 | | |
| CHERRY BLOSSOM CHICKEN FRO30:S | 3.92 OZ | | 24.06 | BG@ |
| | 1 CUP | | 32.96 | |
| RICE: COOKED BROWN (SEC) | | 1 | | m . 16 1 |
| BROCCOLI, ROASTED | 1 CUP | 1 | 4.45 | Total Carbs: |
| COOKIE: FORTUNE COOKIE | COOKIE | 1 | 7.05 | |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | |
| MANDARIN ORANGE- CANNED:PRE | 1/2 CUP | 1 | 14.0 | |
| SALAD BAR: 3 THURSDAY'S:SEC | 1 CUP | 1 | 40.38 | |
| SOY SAUCE: PC | PC | 1 | 0.0 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | 1 | 13.0 | • |
| ALT SEC WEEKLY 1st CHO | Total | 1 | | Units for Carbs: |
| TACO SALAD :ALT LINE | SERVING | 1 | 33.3 | offication car os. |
| BEANS, CANNED, BLACK BEAN, LS | 1/2 CUP | 1 | 18.0 | |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | + Correction Dose: |
| MANDARIN ORANGE- CANNED:PRE | 1/2 CUP | 1 | 14.0 | |
| RANCH: (WILD COYOTE LITE) | PC CUP | 1 | 2.0 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | = Total Insulin: |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| Weighted Daily Average | | | 150.72 | |
| % of Calories | | | 58.3% | |
| | | | | |
| Nutrient Guideline | | 1 | | |

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Dec 1, 2023 thru Dec 20, 2023

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Carb (g) | |
|--------------------------------|-----------------|--------------|-------------|--------------------|
| Fri - 12/15/2023 | | | | |
| SECONDARY LUNCH 9-12 | Total | 1 | | |
| PIZZA, 7" WG BREADSTICK | BREAD STICK | | 30.0 | BG @ |
| , | | 1 . | | |
| STRING CHEESE: 1oz M | 1 EA | 1 | 0.0 | |
| DINNER SALAD | 1 CUP | 1 | 7.49 | Total Carbs: |
| JELL-O | GEL CUP | 1 | 25.0 | |
| FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | |
| FRUIT, CANNED - CHOOSE ONE | 1/2 C SERVING | 1 1 | 15.8 | |
| RANCH: (WILD COYOTE LITE) | PC CUP | 1 | 2.0 | |
| MARINARA SAUCE | 1/2 CUP | 1 | 11.93 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| ALT SEC WEEKLY 1st CHO | Total | 1 | | |
| WRAP, CHICKEN | WRAP | 1 | 43.67 | Units for Carbs: |
| CHIPS: DORITOS | BAG | 1 | 19.62 | |
| FRESH MIXED VEGETABLE CUP | 3/4 CUP | 1 | 8.31 | |
| FRUIT. CANNED - CHOOSE ONE | 1/2 C SERVING | 1 | | + Correction Dose: |
| FRUIT BAR : SECONDARY | 1 CUP | 1 1 | 22.62 | |
| RANCH: (WILD COYOTE LITE) | PC CUP | 1 1 | 2.0 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | | 20.0 | = Total Insulin: |
| MILK 1% WHITE | CARTON | | 13.0 | 1041111041111 |
| Weighted Daily Average | CARTON | - ' | 146.42 | |
| % of Calories | | | 55.5% | |
| 76 Of Calones | | | 33.376 | |
| Nutrient Guideline | | | | |
| Nutrient Guideline | I | | | |
| Mon - 12/18/2023 | | | | |
| SECONDARY LUNCH 9-12 | Total | 1 | | DC @ |
| CHICKEN & WAFFLES | SERVINGS | 1 | 35.0 | BG@ |
| TATER TOTS - MCCAIN | 9 PIECES | 1 | 17.04 | |
| ORANGES | ORANGE | 1 | 23.32 | Total Carbs: |
| PINAPPLE CHUNK-CANNED: PRE | 1/2 CUP | 1 1 | 18.0 | Iotal Carbs: |
| DINNER SALAD | 1 CUP | 1 1 | 7.49 | |
| KETCHUP: P/C | PC | 1 1 | 10.12 | |
| RANCH: (WILD COYOTE LITE) | PC CUP | | 2.0 | |
| SYRUP | 1 EA | | 4.0 | |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | | 20.0 | |
| MILK 1% WHITE | CARTON | | 13.0 | |
| ALT SEC WEEKLY 1st CHO | Total | 1 | 13.0 | |
| DOMINOS PIZZA | SLICE | 1 | 29.0 | Units for Carbs: |
| | | | | |
| DINNER SALAD - ALT LINE | SERVINGS | 1 | 6.07 | |
| COOKIE, SNICKERDOODLE, WG | SERVINGS | 1 | 16.0 | + Correction Dose: |
| FRUIT BAR: SECONDARY | 1 CUP | 1 | 22.62 | |
| PINAPPLE CHUNK-CANNED: PRE | 1/2 CUP | 1 | 18.0 | |
| RANCH: (WILD COYOTE LITE) | PC CUP | 1 1 | 2.0 | = Total Insulin: |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| MILK 1% WHITE | CARTON | 1 | 13.0 | |
| Weighted Daily Average | | | 138.33 | |
| % of Calories | | | 55.9% | |
| Nutrient Guideline | | | | |

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Dec 1, 2023 thru Dec 20, 2023

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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| Size | | Portion | Reimb | Carb | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|--------------|----------|-------|--------------------|
| Tue - 12/19/2023 SECONDARY LUNCH 9-12 SECONDARY LUNCH 9-12 SCALLOPED POTATOES:SEC SCALLOPED POTATOES:SEC SCALLOPED POTATOES:SEC SCALLOPED POTATOES:SEC SCREPVINGS SERVINGS SE | | | | | |
| SECONDARY LUNCH 9-12 | | CILO | | (9/ | |
| SECONDARY LUNCH 9-12 | Tue - 12/19/2023 | | | | PC @ |
| HAM - COBBLE STREET SLICE 1 2.0 | | Total | 1 | | BG@ |
| SCALLOPED POTATOES:SEC 3/4 CUP 1 24.21 | | | | 20 | |
| ROLLS - NO EGGS GREEN BEANS: 1/2 C. CAKE, JELLO SLICE 1/2 CUP 1 3.0 SLICE 1/2 CUP 1 21.29 1 21.29 1 CUP 1 21.29 1 CUP 1 25.18 MARGARINE REDDIES: (1) MILK1: WHITE CARTON 1 13.0 Weighted Daily Average Wed - 12/20/2023 Weighted Mally Street Milk FAT FREE Nutrient Guideline Wed - 12/20/2023 Weighted Street Milk FAT FREE Nutrient Guideline Wed - 12/20/2023 Weighted Mally Average Wed - 12/20/2023 Weighted Mally Street Milk FAT FREE Nutrient Guideline Wed - 12/20/2023 Weighted Mally Street Milk FAT FREE Nutrient Guideline Wed - 12/20/2023 Weighted Mall Street Milk FAT FREE SECONDARY LUNCH 9-12 SOFT FLOUR TACO-SEC Serving 1 23.0 131.87 CARTON 1 31.87 CARTON 1 39.44 COPP 1 9.94 COPP 1 19.94 Total Carbs: Total Insulin: Tot | · · · · · · · · · · · · · · · · · · · | | | - | Total Carbs: |
| CARE_JELLO | | | | | |
| CAKE_JELLO SLICE 1 21.29 FRUIT BAR :WINTER:SEC 1 CUP 1 25.18 MARGARINE REDDIES: (1) 1 Patty 1 0.0 MILK :CHOCOLATE MILK FAT FREE CARTON 1 20.0 CARTON 1 | | | | | |
| FRUIT BAR WINTER:SEC | | | | | |
| MARGARINE REDDIES: (1) | | | | _ | |
| MILK 1% WHITE | | | | | |
| Milk 1% WHITE | | , | | | H- h- f Ch |
| Weighted Daily Average | | | | | Units for Carbs: |
| Mutrient Guideline | | CARTON | 1 | | |
| Nutrient Guideline | | | | | + Correction Dose: |
| Nutrient Guideline | % of Calories | | | 57.4% | |
| Wed - 12/20/2023 SECONDARY LUNCH 9-12 Total serving 1 23.0 | Nutrient Guideline | | | | = Total Insulin: |
| SECONDARY LUNCH 9-12 Total 1 23.0 | Transfer Galactic | | | | |
| SECONDARY LUNCH 9-12 Total 1 23.0 | | | | | |
| SOFT FLOUR TACO:SEC | | | | | |
| SOFT LOUR LACUSEC SerVING 1 23.0 | | Total | | | BG @ |
| CHEDDAR/ JACK FANCY SHRED-5OZ 5 OZ 1 0.51 Total Carbs: | SOFT FLOUR TACO:SEC | serving | 1 | 23.0 | 20 |
| REFRIED BEANS, USDA 100362 CHURRO- APPLE WG CHURRO- APPLE WG FRUIT BAR: SECONDARY 1 CUP 1 22.62 PEACH, DICED, CANNED 1/2 CUP 1 14.0 SALAD BAR: 2 TUESDAY (SEC) 1 CUP 1 14.0 SALAD BAR: 2 TUESDAY (SEC) 1 CUP 1 14.0 SALAD BAR: 2 TUESDAY (SEC) 1 CUP 1 14.0 SALAS PICANTE 1 OZ 1 1.4 MILK: CHOCOLATE MILK FAT FREE CARTON 1 13.0 MILK 1% WHITE CARTON 1 13.0 SPICY CHICKEN PATTY - A PIERRE SERVINGS 1 43.0 SHREDDED LETTUCE & TOMATO-DELI WAFFLE FRIES, SKIN ON MCCAIN CARROT STICKS 1/2 CUP 1/2 CUP 1/2 CUP 1/2 CUP 1/2 CUP 1/2 CUP 1 2.0 FRUIT BAR: SECONDARY 1 CUP 1 10.1 KETCHUP: P/C MAYONNAISE, LIGHT POUCH 1 0.0 MILK: CHOCOLATE MILK FAT FREE CARTON 1 13.0 Weighted Daily Average Weighted Average Weighted Average Weighted Average Weighted Average 1/2 CUP 1 14.0 CARTON 1 13.0 Weighted Average 1/2 CUP 1 10.12 CARTON 1 13.0 Weighted Average 1/2 CUP 1 10.12 CARTON 1 13.0 Weighted Average 1/2 CUP 1 10.12 CARTON 1 13.0 Weighted Average 1/2 CUP 1 14.0 VINITS for Carbs: Units for Carbs: Units for Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - C | LETTUCE & TOMATO:3/4 CUP-TACOS | 3/4 CUP | 1 | 9.94 | |
| REFRIED BEANS, USDA 100362 CHURRO- APPLE WG CHURRO- APPLE WG FRUIT BAR: SECONDARY 1 CUP 1 22.62 PEACH, DICED, CANNED 1/2 CUP 1 14.0 SALAD BAR: 2 TUESDAY (SEC) 1 CUP 1 14.0 SALAD BAR: 2 TUESDAY (SEC) 1 CUP 1 14.0 SALAD BAR: 2 TUESDAY (SEC) 1 CUP 1 14.0 SALAS PICANTE 1 OZ 1 1.4 MILK: CHOCOLATE MILK FAT FREE CARTON 1 13.0 MILK 1% WHITE CARTON 1 13.0 SPICY CHICKEN PATTY - A PIERRE SERVINGS 1 43.0 SHREDDED LETTUCE & TOMATO-DELI WAFFLE FRIES, SKIN ON MCCAIN CARROT STICKS 1/2 CUP 1/2 CUP 1/2 CUP 1/2 CUP 1/2 CUP 1/2 CUP 1 2.0 FRUIT BAR: SECONDARY 1 CUP 1 10.1 KETCHUP: P/C MAYONNAISE, LIGHT POUCH 1 0.0 MILK: CHOCOLATE MILK FAT FREE CARTON 1 13.0 Weighted Daily Average Weighted Average Weighted Average Weighted Average Weighted Average 1/2 CUP 1 14.0 CARTON 1 13.0 Weighted Average 1/2 CUP 1 10.12 CARTON 1 13.0 Weighted Average 1/2 CUP 1 10.12 CARTON 1 13.0 Weighted Average 1/2 CUP 1 10.12 CARTON 1 13.0 Weighted Average 1/2 CUP 1 14.0 VINITS for Carbs: Units for Carbs: Units for Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - Carbs: - C | CHEDDAR/ JACK FANCY SHRED5OZ | .5 OZ | 1 | 0.51 | Total Carbs: |
| Truit Bar : Secondary | REFRIED BEANS, USDA 100362 | 1/2 CUP | 1 | 18.0 | |
| PEACH, DICED, CANNED | | SERVINGS | 1 | 25.0 | |
| SALAD BAR: 2 TUESDAY (SEC) 1 CUP 1 41.02 SALSA PICANTE 1 OZ 1 1.4 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT SEC WEEKLY 1st CHO Total 1 SPICY CHICKEN PATTY - A PIERRE SERVINGS 1 43.0 SHREDDED LETTUCE & TOMATO-DELI 1/2 CUP 1 2.67 WAFFLE FRIES, SKIN ON MCCAIN 302 SERVINGS 1 19.0 CARROT STICKS 1/2 CUP 1 2.0 FRUIT BAR : SECONDARY 1 CUP 1 22.62 PEACH, DICED, CANNED 1/2 CUP 1 14.0 PICKLE:, CHIPS 1 OZ. 1 1.0 KETCHUP : P/C PC 1 10.12 MAYONNAISE, LIGHT POUCH 1 0.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 13.0 Weighted Daily Average 167.94 Weighted Average 148.65 Weighted Average 148.65 Weighted Average 148.65 Weighted Average 148.65 A 1.0Z 1 1.0Z CARTON 1 13.0 CARTON 1 | FRUIT BAR : SECONDARY | 1 CUP | 1 | 22.62 | |
| SALSA PICANTE 1 OZ 1 1.4 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 3.0 ALT SEC WEEKLY 1st CHO Total 1 SPICY CHICKEN PATTY - A PIERRE SERVINGS 1 43.0 SHREDDED LETTUCE & TOMATO-DELI 1/2 CUP 1 2.67 WAFFLE FRIES, SKIN ON MCCAIN 3oz SERVINGS 1 19.0 CARROT STICKS 1/2 CUP 1 (2 UP) 1 2.0 FRUIT BAR : SECONDARY 1 CUP 1 22.62 PEACH, DICED, CANNED 1/2 CUP 1 14.0 PICKLE:, CHIPS 1 OZ. 1 1.0 KETCHUP : P/C PC 1 10.12 MAYONNAISE, LIGHT POUCH 1 0.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 13.0 Weighted Daily Average 167.94 % of Calories 54.1% Weighted Average 148.65 | PEACH, DICED, CANNED | 1/2 CUP | 1 | 14.0 | |
| MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT SEC WEEKLY 1st CHO Total 1 43.0 SPICY CHICKEN PATTY - A PIERRE SERVINGS 1 43.0 SHREDDED LETTUCE & TOMATO-DELI 1/2 CUP 1 2.67 WAFFLE FRIES, SKIN ON MCCAIN 30z SERVINGS 1 19.0 CARROT STICKS 1/2 CUP 1/2 CUP 1 2.0 FRUIT BAR : SECONDARY 1 CUP 1 2.0 PEACH, DICED, CANNED 1/2 CUP 1 14.0 PICKLE:, CHIPS 1 OZ. 1 1.0 KETCHUP : P/C PC 1 10.12 MAYONNAISE, LIGHT POUCH 1 0.0 MILK 1% WHITE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 167.94 % of Calories 54.1% Weighted Average 148.65 | SALAD BAR: 2 TUESDAY (SEC) | 1 CUP | 1 | 41.02 | |
| MILK 1% WHITE | SALSA PICANTE | 1 OZ | 1 | 1.4 | |
| ALT SEC WEEKLY 1st CHO | MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 | |
| ALT SEC WEEKLY 1st CHO | MILK 1% WHITE | CARTON | 1 | 13.0 | Haite for Coules |
| SHREDDED LETTUCE & TOMATO-DELI | ALT SEC WEEKLY 1st CHO | Total | 1 | | Units for Carbs: |
| WAFFLE FRIES, SKIN ON MCCAIN 3oz SERVINGS 1 19.0 CARROT STICKS 1/2 CUP 1/2 CUP 1 2.0 FRUIT BAR : SECONDARY 1 CUP 1 22.62 PEACH, DICED, CANNED 1/2 CUP 1 14.0 PICKLE:, CHIPS 1 OZ. 1 1.0 KETCHUP: P/C PC 1 10.12 MAYONNAISE, LIGHT POUCH 1 0.0 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 167.94 % of Calories 54.1% Nutrient Guideline 148.65 | SPICY CHICKEN PATTY - A PIERRE | SERVINGS | 1 | 43.0 | |
| WAFFLE FRIES, SKIN ON MCCAIN 3oz SERVINGS 1 19.0 CARROT STICKS 1/2 CUP 1/2 CUP 1 2.0 FRUIT BAR : SECONDARY 1 CUP 1 22.62 PEACH, DICED, CANNED 1/2 CUP 1 14.0 PICKLE:, CHIPS 1 OZ. 1 1.0 KETCHUP: P/C PC 1 10.12 MAYONNAISE, LIGHT POUCH 1 0.0 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 167.94 % of Calories 54.1% Nutrient Guideline 148.65 | SHREDDED LETTUCE & TOMATO-DELI | 1/2 CUP | 1 1 | 2.67 | + Correction Dose: |
| CARROT STICKS 1/2 CUP FRUIT BAR : SECONDARY PEACH, DICED, CANNED PICKLE:, CHIPS 1 OZ. METCHUP: P/C MAYONNAISE, LIGHT MILK : CHOCOLATE MILK FAT FREE MILK 1% WHITE Weighted Daily Average Weighted Average Weighted Average Weighted Average Weighted Average Weighted Average Total In su lin: 2.0 1 22.62 FOULH 1 0.0 CARTON 1 10.12 CARTON 1 20.0 1 10.12 CARTON 1 13.0 1 13.0 1 148.65 | | 3oz SERVINGS | 1 1 | 19.0 | · correction bose |
| PEACH, DICED, CANNED 1/2 CUP 1 14.0 PICKLE:, CHIPS 1 OZ. 1 1.0 KETCHUP: P/C PC 1 10.12 MAYONNAISE, LIGHT POUCH 1 0.0 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 167.94 % of Calories 54.1% Nutrient Guideline 148.65 | , | | 1 1 | | |
| PEACH, DICED, CANNED 1/2 CUP 1 14.0 PICKLE:, CHIPS 1 OZ. 1 1.0 KETCHUP: P/C PC 1 10.12 MAYONNAISE, LIGHT POUCH 1 0.0 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 167.94 % of Calories 54.1% Nutrient Guideline 148.65 | FRUIT BAR : SECONDARY | 1 CUP | 1 1 | 22.62 | = Total Insulin: |
| PICKLÉ:, CHIPS 1 OZ. 1 1.0 KETCHUP: P/C PC 1 10.12 MAYONNAISE, LIGHT POUCH 1 0.0 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 167.94 % of Calories 54.1% Nutrient Guideline 148.65 | | | | | |
| KETCHUP: P/C PC 1 10.12 MAYONNAISE, LIGHT POUCH 1 0.0 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 167.94 % of Calories 54.1% Nutrient Guideline 148.65 | , , , | | | | |
| MAYONNAISE, LIGHT POUCH 1 0.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 167.94 % of Calories 54.1% Nutrient Guideline 148.65 | | | | _ | |
| MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE 1 13.0 Weighted Daily Average 167.94 % of Calories 54.1% Nutrient Guideline 148.65 | | 1 | | | |
| MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 167.94 % of Calories 54.1% Nutrient Guideline 148.65 | | | | | |
| Weighted Daily Average % of Calories Nutrient Guideline Weighted Average 167.94 54.1% 148.65 | | - | | | |
| % of Calories 54.1% Nutrient Guideline 148.65 | | 5 | <u> </u> | | |
| Weighted Average 148.65 | | | | | |
| Weighted Average 148.65 | Nutrient Guideline | | | | |
| | Nation Suldeline | 1 | | | I |
| | | 1 | | | |
| 55.2% | Weighted Average | | | | |
| | | | | 55.2% | |

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Dec 1, 2023 thru Dec 20, 2023

Base Menu Spreadsheet

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

Portion Values - Detailed

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| | | | | Portion | Reimb | Carb | | |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| | | | | Size | Qty | (g) | | |
| Nutrient | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Ďata | Shortfall | Overage | Error Messages (if any) |
| Carbohydrate (g) | 148.65 | 55.17% | | | | | | |

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.