Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jan 3, 2024 thru Jan 31, 2024

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Generated on: 12/11/2023 9:38:08 AM

	Portion	Reimb	Carb	
	Size	Qty	(g)	
Wed - 01/03/2024				
K-7 BREAKFAST MENU	Total	1		
EGGSTRAVAGANZA, BACON & CHEESE	SERVINGS	1	1.0	BG@
TOAST	SLICE	1	14.0	b0@
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
	1 OZ	1	1.4	
	BOX	1	15.8	
	CARTON	1	20.0	
MILK 1% WHITE ALT BREAKFAST K-7	CARTON Total	1	13.0	
BREAKFAST CEREAL-ALL	BOWL	1	22.0	
TOAST	SLICE	1	23.0 14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	= 10ta1 inst ini
Weighted Daily Average	O/ II (I OII		115.71	
% of Calories			67.9%	
Nutrient Guideline				
Thu - 01/04/2024				
K-7 BREAKFAST MENU	Total	1		PC @
SMOOTHIE	SMOOTHIES	1	35.5	BG@
GRAHAMS, TIGER BITES CINNAMON	SERVINGS	1	21.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	Total Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	00.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
	SLICE PC	1	14.0 9.4	Units for Carbs:
JELLY: VARIETY PACK BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	9.4 23.63	onitator carba.
JUICE : VARIETY SUNCUP	BOX	1	23.63	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ correction Dose
MILK 1% WHITE	CARTON	1	13.0	T . 11 1
Weighted Daily Average	CARTON		123.88	= Total Insulin:
% of Calories			77.7%	
Nutrient Guideline				
Fri - 01/05/2024				
K-7 BREAKFAST MENU	Total	1		BG@
CRESCENT, FILLED	1 EACH	1	37.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
N/A - denotes a nutrient that is either missing or incomp			nt	+ Correction Dose:
* - denotes combined nutrient totals with either missing o ¹ - Trans Fat value is provided for informational purposes			1505	= Total Insulin:
- mans rat value is provided for informational purposes	only, not for monitor	ing purpo	1363.	
NOTICE: The data contained within this report and the NI	ITRIKIDS® Menu Pla	nning and	Nutrition	al Analysis software should not be

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 3, 2024 thru Jan 31, 2024

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Generated on: 12/11/2023 9:38:08 AM

	Portion	Reimb	Carb	
	Size	Qty	<u>(g)</u>	
ALT BREAKFAST K-7	Total	1		BG@
BREAKFAST CEREAL-ALL	BOWL	1	23.0	DG@
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
Weighted Daily Average			121.31	
% of Calories			74.3%	+ Correction Dose:
			74.570	= Total Insulin:
Nutrient Guideline				
Mon - 01/08/2024				
K-7 BREAKFAST MENU	Total	1		PC @
FRENCH TOAST STICKS	2 sticks	1	38.0	BG@
SYRUP	1 EA	1	4.0	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	IOLAI CAIDS.
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	10.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1		
	-		9.4	Units for Carbs:
	1 CUP		28.02	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	+ correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			132.84	= Total Insulin:
% of Calories			76.2%	
Nutrient Guideline				
Tue - 01/09/2024	Tatal	_		
K-7 BREAKFAST MENU	Total		<u> </u>	BG@
BREAKFAST POCKET W/TURKEY SAUS	SERVINGS	1	25.0	
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	10(a) (a) (b).
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	· correction bose
MILK 1% WHITE	CARTON	1	13.0	
	UNITON	1	15.0	= Total Insulin:

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 3, 2024 thru Jan 31, 2024

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Generated on: 12/11/2023 9:38:08 AM

Portion Reimb Carb Size Qty (g) Weighted Daily Average 114.32 % of Calories 71.6% Nutrient Guideline Wed - 01/10/2024 K-7 BREAKFAST MENU Total 1 BG ____ EGG BAKE BITE, TURKEY SAUSAGE EGG BITES 2.98 1 SAUSAGE LINK - CLOVERDALE 1 LINK 1 1.0 TOAST SLICE 14.0 1 Total Carbs: JELLY: VARIETY PACK PC 1 9.4 JUICE : VARIETY SUNCUP BOX 1 15.8 BREAKFAST FRUIT BASKET: ELE 1/2 CUP 23.63 1 MIXED FRUIT CUP SERVINGS 1 19.0 MILK : CHOCOLATE MILK FAT FREE CARTON 20.0 1 **MILK 1% WHITE** CARTON 13.0 1 ALT BREAKFAST K-7 Total 1 **BREAKFAST CEREAL-ALL** BOWL 23.0 1 Units for Carbs: TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 1 9.4 MIXED FRUIT CUP SERVINGS 1 19.0 + Correction Dose: JUICE : VARIETY SUNCUP BOX 1 15.8 CARTON MILK : CHOCOLATE MILK FAT FREE 20.0 1 = Total Insulin: 1 MILK 1% WHITE CARTON 13.0 Weighted Daily Average 116.51 % of Calories 63.4% Nutrient Guideline Thu - 01/11/2024 K-7 BREAKFAST MENU Total 1 BG____@_____ YOGURT: UPSTATE FARMS SERVING 19.0 1 UBR- OATMEAL CHOCOLATE CHIP 1 EACH 1 43.0 BREAKFAST FRUIT BASKET: ELE Total Carbs: 1/2 CUP 23.63 1 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 **MILK 1% WHITE** CARTON 1 13.0 ALT BREAKFAST K-7 Total 1 **BREAKFAST CEREAL-ALL** BOWL 23.0 1 TOAST SLICE 14.0 1 JELLY: VARIETY PACK РС 9.4 1 Units for Carbs: BREAKFAST FRUIT BASKET: ELE 1/2 CUP 23.63 1 JUICE : VARIETY SUNCUP BOX 1 15.8 + Correction Dose:____ MILK : CHOCOLATE MILK FAT FREE CARTON 20.0 1 **MILK 1% WHITE** CARTON 13.0 = Total Insulin: Weighted Daily Average 126.63 % of Calories 74.6% Nutrient Guideline

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Base Menu Spreadsheet

Portion Values - Detailed

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SYRUP

MIXED FRUIT CUP

MILK 1% WHITE

BREAKFAST FRUIT BASKET: ELE

MILK : CHOCOLATE MILK FAT FREE

JUICE : VARIETY SUNCUP

Jan 3, 2024 thru Jan 31, 2024

Combined: K-7 BREAKFAST MENU/ALT **BREAKFAST K-7**

4.0

19.0

23.63

15.8

20.0

13.0

1

1

1

1

1

1

Generated on: 12/11/2023 9:38:08 AM

	Portion Size	Reimb Qty	Carb (g)	
Fri - 01/12/2024				
K-7 BREAKFAST MENU	Total	1		R 2 A
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0	BG@
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	Total Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	Iotal Caros.
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Units for Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	+ Correction Dose:
Weighted Daily Average	CARTON		120.31	
% of Calories			74.8%	= Total Insulin:
% of Calories			74.0%	
Nutrient Guideline				
Tue - 01/16/2024 K-7 BREAKFAST MENU	Total	1		
BREAKFAST SANDWICH - McMUFFIN	SANDWICHES	1	24.49	BG@
	1 CUP	1	-	500
PEACH CUPS -DICED			18.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP		23.63	Total Carbs:
	BOX	1	15.8	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE		1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Unite for Contra
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	T . 17 1
Weighted Daily Average			114.06	= Total Insulin:
% of Calories			62.1%	
Nutrient Guideline				
Wed - 01/17/2024				
K-7 BREAKFAST MENU	Total	1		
PANCAKE & SAUSAGE BITES	6 BITES	1	24.67	
EVDUD		1	40	

1 EA

BOX

SERVINGS

1/2 CUP

CARTON

CARTON

N/A - denotes a nutrient	that is either missing or	' incomplete for an	individual indredient

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Base Menu Spreadsheet

Portion Values - Detailed

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Jan 3, 2024 thru Jan 31, 2024

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Generated on: 12/11/2023 9:38:09 AM

	Portion	Reimb	Carb	BG@
	Size	Qty	(g)	
ALT BREAKFAST K-7	Total	1		Total Carbs:
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
FOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	
IUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
Weighted Daily Average	OARTON		117.15	
% of Calories			73.4%	+ Correction Dose:
% of Calories			73.4%	
Nutrient Guideline				= Total Insulin:
hu - 01/18/2024				
K-7 BREAKFAST MENU	Total	1		BG@
OGURT STRAW PARFAIT	PARFAIT	1	46.67	
OAST	SLICE	1	14.0	
ELLY: VARIETY PACK	PC	1	9.4	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
UICE : VARIETY SUNCUP	BOX	1	15.8	
AILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
		1		
<u>/ILK 1% WHITE</u>	CARTON		13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
OAST	SLICE	1	14.0	Units for Carbs:
IELLY: VARIETY PACK	PC	1	9.4	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
IUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	i i	13.0	- Tatal In aulius
Weighted Daily Average	CARTON		130.67	= Total Insulin:
6 of Calories			75.0%	
Nutrient Guideline				
ri - 01/19/2024				
-7 BREAKFAST MENU	Total	1	<u> </u>	BG@
PRINKLED DONUT: SFE	1 EACH	1	31.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	iotal carbs.
UICE : VARIETY SUNCUP	BOX	1	15.8	
/ILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
AILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	10.0	
			22.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
OAST	SLICE	1	14.0	Units for Carbs:
ELLY: VARIETY PACK	PC	1	9.4	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	+ Correction Dose:
UICE : VARIETY SUNCUP	BOX	1	15.8	30110 Colon D0001
	OADTON.	1	20.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

Portion Values - Detailed

Page 6

Jan 3, 2024 thru Jan 31, 2024

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Generated on: 12/11/2023 9:38:09 AM

	Portion	Reimb Qty	Carb (g)	
Weighted Daily Average % of Calories			118.31 72.4%	
Nutrient Guideline				
				
Mon - 01/22/2024	T-4-1			
K-7 BREAKFAST MENU PANCAKE, BAKE CRAFTER	Total SERVINGS	1	32.0	RG @
SYRUP	1 EA	1	4.0	BG@
APPLESAUCE,W/CINNAMON	1 CUP	1	4.0 28.02	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	Total Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			129.84	
% of Calories			78.1%	
Nutrient Guideline				
T01/00/00001				
Tue - 01/23/2024	T-4-1			
K-7 BREAKFAST MENU	Total	1	17.0	BG@
PANCAKE CORNDOGS PEACH CUPS -DICED	SERVINGS 1 CUP	1	17.0 18.0	200
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	Total Carbs:
SYRUP	1/2 COP	1	23.03	Iotal Caros:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP	1	18.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	. correction bose
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	- Tatal In and
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average % of Calories			112.32 69.8%	
Nutrient Guideline				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

Portion Values - Detailed

Page 7

Jan 3, 2024 thru Jan 31, 2024

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Generated on: 12/11/2023 9:38:09 AM

	Portion	Reimb	Carb	
	Size	Qty	(g)	
Wed - 01/24/2024				
K-7 BREAKFAST MENU	Total	1		
EGGSTRAVAGANZA, BACON & CHEESE	SERVINGS	1	1.0	BG@
TOAST	SLICE	1	14.0	50@
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
SALSA PICANTE	1 OZ	1	1.4	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	6 D
MIXED FRUIT CUP	SERVINGS	1	19.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average	CARTON		115.71	
% of Calories			67.9%	
% of Calories			07.9%	
Nutrient Guideline				
Nutrent Guideline				
Thu - 01/25/2024				
K-7 BREAKFAST MENU	Total	1		
SMOOTHIE	SMOOTHIES	1	35.5	BG@
GRAHAMS, TIGER BITES CINNAMON	SERVINGS	1	21.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	Total Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	10tal (2103.
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	13.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	23.0 14.0	
			-	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	· Commention Deser
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			123.88	= Total Insulin:
% of Calories			77.7%	
Nutrient Quideline				
Nutrient Guideline				
Fri - 01/26/2024				
K-7 BREAKFAST MENU	Total	1		
CRESCENT, FILLED	1 EACH	1	37.0	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	
	1/2 01/12			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

BREAKFAST FRUIT BASKET: ELE

MILK : CHOCOLATE MILK FAT FREE

JUICE : VARIETY SUNCUP

MILK 1% WHITE

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

1

1

1

1

23.63

15.8

20.0

13.0

1/2 CUP

CARTON

CARTON

BOX

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 3, 2024 thru Jan 31, 2024

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Generated on: 12/11/2023 9:38:09 AM

	Portion Size	Reimb Qty	Carb (g)	
ALT BREAKFAST K-7	Total	1		BG@
BREAKFAST CEREAL-ALL	BOWL	1	23.0	BG@
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
Weighted Daily Average	CARTON		121.31	onits for carbs:
% of Calories			74.3%	+ Correction Dose:
% of Calories			74.3%	
Nutrient Guideline				= Total Insulin:
Mon - 01/29/2024	Tatal			
K-7 BREAKFAST MENU	Total	1		BG@
FRENCH TOAST STICKS	2 sticks	1	38.0	
SYRUP	1 EA	1	4.0	-
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	Commention Deser
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average	0/ ((() 0))		132.84	
% of Calories			76.2%	
			10.270	
Nutrient Guideline				
Tue - 01/30/2024	Tatal			
K-7 BREAKFAST MENU	Total	1	<u> </u>	BG@
BREAKFAST POCKET W/TURKEY SAUS	SERVINGS	1	25.0	
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	Iotal Callos,
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1	7	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP	1	18.0	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
		· · · ·		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 3, 2024 thru Jan 31, 2024

Combined: K-7 BREAKFAST MENU/ALT BREAKFAST K-7

Generated on: 12/11/2023 9:38:09 AM

	Portion Size	Reimb Qtv	Carb (a)	
Weighted Daily Average	0120		114.32	
% of Calories			71.6%	
Nutrient Guideline				
Wed - 01/31/2024				
K-7 BREAKFAST MENU	Total	1		
EGG BAKE BITE, TURKEY SAUSAGE	EGG BITES	1	2.98	BG@
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	Iotal Caros.
JUICE : VARIETY SUNCUP	BOX	1	15.8	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	
MIXED FRUIT CUP	SERVINGS	1	19.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT BREAKFAST K-7	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	+ Correction Dose:
MIXED FRUIT CUP	SERVINGS	1	19.0	+ correction bose
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			116.51	
% of Calories			63.4%	
Nutrient Guideline				

Weighted Average		120.92
		72.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	120.92	71.97%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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