Jan 3, 2024 thru Jan 31, 2024

ELEMENTARY LUNCH

Base Menu Spreadsheet

Portion Values - Detailed

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	Portion	Reimb	Carb	
	Size	Qty	(g)	
Wed - 01/03/2024				BG@
ELEMENTARY LUNCH	Total	1		ΒG@
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0	Total Carbs:
MASHED POTATOES, from Dry mix, P	1/2 CUP	1	17.03	Iotal Carbs:
GRAVY, BROWN LOW SODIÚM	1/4 CUP	1	0.37	
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
ROLLS - NO EGGS	SERVINGS	1	23.19	
MARGARINE REDDIES: (1)	1 Patty	1	0.0	Units for Carbs:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	cirits for carbs.
MILK 1% WHITE	CARTON	1	13.0	+ Correction Dose:
Weighted Daily Average			96.58	
% of Calories			55.1%	= Total Insulin:
Nutrient Guideline				
Thu - 01/04/2024				
ELEMENTARY LUNCH	Total	1		BG@
TERIYAKI CHICKEN	2.4 OZ	1	6.0	
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01	Total Carbs:
BROCCOLI, ROASTED	3/4 CUP	1	3.29	
MARSHMALLOW RICE TREAT	1 EACH	1	15.0	
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	22.03	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Units for Carbs:
MILK 1% WHITE	CARTON	1	13.0	Offics for Carbs:
Weighted Daily Average			131.81	+ Correction Dose:
% of Calories			56.3%	+ Correction Dose:
Nutrient Cuideline				= Total Insulin:
Nutrient Guideline				- Total Illsulli
Fri - 01/05/2024				
ELEMENTARY LUNCH	Total	1		BG@
PEPPERONI PIZZA RIPPERS	SERVING	1 1	27.0	20
DINNER SALAD	1 CUP		7.49	Total Carbs:
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE		22.59	10101 001 001
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1 1	15.8	
RANCH: (WILD COYOTE LITE)	PC CUP		2.0	
MARINARA SAUCE	1/2 CUP		11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON		13.0	Units for Carbs:
Weighted Daily Average			119.80	
% of Calories			49.8%	+ Correction Dose:
Nutrient Guideline				= Total Insulin:

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Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet Portion Values - Detailed **ELEMENTARY LUNCH**

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	Portion	Reimb	Carb	
	Size	Qty	(g)	
Mon - 01/08/2024		1	, , ,	
ELEMENTARY LUNCH	Total	1		BG@
CHICKEN SANDWICH ELEM - GK6654	SANDWICH	1	34.11	
SMILE FRIES	SERVINGS	1	25.0	Total Carbs:
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.49	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31	
BARBAQUE SAUCE: P/C	1 Each	i	13.0	
MAYONNAISE, LIGHT	POUCH	1	0.0	
KETCHUP: P/C	PC	1	10.12	Units for Carbs:
PICKLE:, CHIPS	1 OZ.	1	1.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1 1		
	CARTON	<u> </u>	13.0	= Total Insulin:
Weighted Daily Average			154.03	
% of Calories			53.8%	
Nutrient Guideline				
Tue - 01/09/2024				
ELEMENTARY LUNCH	Total	1		BG@
TACO SOUP	1 CUP	1	21.65	m. 10 1
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25	Total Carbs:
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0	
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31	
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.35	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	Units for Carbs:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	onitis for car bs.
MILK 1% WHITE	CARTON		13.0	+ Correction Dose:
Weighted Daily Average	CARTON	<u> </u>	148.04	
Weighted Daily Average % of Calories				= Total Insulin:
% of Calories			50.3%	
Nutrient Guideline				
Wed - 01/10/2024				
ELEMENTARY LUNCH	Total	1		BG@
HOMESTYLE WG CHICKEN TENDER ST	3 PC SERVINGS	1	14.08	
MASHED POTATOES, from Dry mix, P	1/2 CUP	1	17.03	Total Carbs:
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86	
CARROTS, SLICED, FZ	1/2 C SERVINGS	1	6.0	
ROLLS - NO EGGS	SERVINGS	1	23.19	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
BARBAQUE SAUCE: P/C	1 Each	1	13.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Units for Carbs:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average	0,111011	<u> </u>	123.15	+ Correction Dose:
% of Calories			63.5%	= Total Insulin:
Nutrient Guideline				- Iotai iiisdiifii
	1			•

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Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet Portion Values - Detailed ELEMENTARY LUNCH

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Nutrient Guideline

Portion Reimb Carb Size Qty (g) Thu - 01/11/2024 BG____@__ **ELEMENTARY LUNCH** Total 1 **ORANGE CHICKEN** 3.92 OZ 17.04 1 Total Carbs: 1/2 CUP RICE: COOKED BROWN RICE (ELE) 1 16.48 3/4 CUP BROCCOLI, ROASTED 1 3.29 COOKIE: FORTUNE COOKIE COOKIE 1 7.05 1/2 CUP FRUIT BAR : ELEMENTARY 14.48 1 MANDARIN ORANGE- CANNED:PRE 1/2 CUP 1 14.0 SALAD BAR: 3 THURSDAY'S:ELE .5 CUP 22.03 1 Units for Carbs: ____ SOY SAUCE: PC PC 0.0 1 MILK: CHOCOLATE MILK FAT FREE CARTON 20.0 1 + Correction Dose: MILK 1% WHITE **CARTON** 13.0 Weighted Daily Average 127.37 = Total Insulin:___ % of Calories 57.4% Nutrient Guideline Fri - 01/12/2024 BG____@___ **ELEMENTARY LUNCH** Total 1 PIZZA, 7" WG BREADSTICK **BREAD STICK** 30.0 1 Total Carbs: **DINNER SALAD** 1 CUP 7.49 1 JELL-O **GEL CUP** 25.0 FRUIT, CANNED - CHOOSE ONE 1/2 C SERVING 1 15.8 RANCH: (WILD COYOTE LITE) PC CUP 1 2.0 MARINARA SAUCE 1/2 CUP 1 11.93 MILK: CHOCOLATE MILK FAT FREE **CARTON** 20.0 1 Units for Carbs: ___ MILK 1% WHITE CARTON 13.0 125.21 Weighted Daily Average + Correction Dose:__ % of Calories 57.2% = Total Insulin:___ Nutrient Guideline Tue - 01/16/2024 **ELEMENTARY LUNCH** Total 1 BG @ SOFT FLOUR TACO: ELE servings 19.0 1 SHREDDED LETTUCE & TOMATO-DELI 1/2 CUP 2.67 Total Carbs: CHEDDAR/ JACK FANCY SHRED.25OZ .25 OZ 0.25 1 REFRIED BEANS, V V 1/2 C SERVINGS 1 24.0 SALAD BAR: 2 TUESDAY (ELE) .5 CUP 1 21.35 PEARS, DICED, CANNED 1/2 CUP 1 16.0 FRUIT BAR : ELEMENTARY 1/2 CUP 14.48 CHURRO- APPLE WG **SERVINGS** Units for Carbs: 25.0 1 SALSA PICANTE 1 OZ 1 1.4 + Correction Dose: MILK: CHOCOLATE MILK FAT FREE **CARTON** 1 20.0 MILK 1% WHITE **CARTON** 13.0 = Total Insulin: Weighted Daily Average 157.15 56.4% % of Calories

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Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet

Portion Values - Detailed

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ELEMENTARY LUNCH

	Portion Size	Reimb Qty	Carb (g)	
Wed - 01/17/2024	Jize	Q Ly	(9)	BG @
ELEMENTARY LUNCH	Total	1		
COUNTRY FRIED STEAK	SERVINGS		17.0	Total Carbs:
MASHED POTATOES, from Dry mix, P	1/2 CUP		17.03	
GRAVY, COUNTRY: (CUSTOM)	1/4 CUP		6.0	
HUSHPUPPIES	2- Hushpuppies		20.19	
GREEN BEANS: 1/2 C.	1/2 CUP		3.0	
PEACH, DICED, CANNED	1/2 CUP		14.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	Units for Carbs:
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	O/ II C I O I V		110.21	+ Correction Dose:
% of Calories			52.7%	
70 of Calonics			02.7 70	= Total Insulin:
Nutrient Guideline				
Numerit Guideline		l I		
Thu - 01/18/2024				
ELEMENTARY LUNCH	Total	1		BG@
TERIYAKI CHICKEN	2.4 OZ		6.0	
NOODLES, YAKISOBA WG	1/2 CUP		32.22	Total Carbs:
BROCCOLI, ROASTED	3/4 CUP		3.29	
GRAHAM, TIGER BITES, CHOCOLATE	SERVINGS		21.0	
FRUIT BAR :ELEMENTARY	1/2 CUP		14.48	
MANDARIN ORANGE- CANNED:PRE	1/2 CUP		14.40	
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP		22.03	
SOY SAUCE: PC	PC		0.0	Units for Carbs:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	Offics for Carbs,
MILK 1% WHITE	CARTON		13.0	+ Correction Dose:
Weighted Daily Average	CARTON	I	146.01	+ Correction Dose:
% of Calories			62.8%	T . 17 11
% of Calones			02.0%	= Total Insulin:
Nutrient Guideline				
Fri - 01/19/2024				BG@
ELEMENTARY LUNCH	Total	1		20
MAX STUFFED CRUST PEPPERONI PI	SERVINGS	1	35.0	Total Carbs:
DINNER SALAD	1 CUP	1	7.49	
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0	
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	Units for Carbs:
MILK 1% WHITE	CARTON		13.0	on as for car os.
Weighted Daily Average			109.29	+ Correction Dose:
% of Calories			49.1%	
			10.170	= Total Insulin:
Nutrient Guideline				

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ELEMENTARY LUNCH

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Base Menu Spreadsheet

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)	
Mon - 01/22/2024	OIZC	Giy	(9)	
ELEMENTARY LUNCH	Total	1		BG@
CORN DOG. MINI FF	4 MINI DOGS		20.0	T : 16 1
TATER TOTS - MCCAIN	9 PIECES		17.04	Total Carbs:
CARROT STICKS 1/2 CUP	1/2 CUP		2.0	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP		18.0	
KETCHUP: P/C	PC		10.12	
MUSTARD: P/C	1 Each		0.33	
,				Units for Carbs:
SWEET CAKE	SERVING		44.83	Offics for Car bs.
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			145.33	= Total Insulin:
% of Calories			57.7%	
Nutrient Guideline				
Tue - 01/23/2024				
ELEMENTARY LUNCH	Total	1		pr @
NACHO BITES-ELE	8 BITES	1	34.0	BG@
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0	Total Carbs:
CORN, STREET	1/2 CUP SERVING	1	21.66	10001 001 001
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.35	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
BROWNIE MIX, SHIRLEY J	SERVINGS	1	23.0	
SALSA PICANTE	1 OZ	1	1.4	Units for Carbs:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average		-	188.90	= Total Insulin:
% of Calories			58.7%	
Nutrient Guideline				
. Tamon Galasino		'		
Wed - 01/24/2024				
ELEMENTARY LUNCH	Total	1		PC @
DUTCH WAFFLE	1 EACH		43.0	BG@
SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING	1	1.0	Total Carbs:
SAUSAGE LINK - CLOVERDALE	1 LINK		1.0	Iotal Calust
HASHBROWN PATTY:1/2 CUP	2 EACH		27.0	
MIXED BERRIES, CUPS, FZ	SERVING		20.0	
JUICE, SUN SPLASH	SERVINGS		15.0	
SYRUP	1 EA		4.0	
KETCHUP: P/C	PC		10.12	Units for Carbs:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
	-	1		+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average % of Calories			154.12 55.5%	= Total Insulin:
Nutrient Guideline				

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Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet Portion Values - Detailed **ELEMENTARY LUNCH**

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Nutrient Guideline

Portion Reimb Carb Size Qty (g) Thu - 01/25/2024 BG_____@___ **ELEMENTARY LUNCH** Total 1 **ORANGE CHICKEN** 3.92 OZ 17.04 1 Total Carbs: ____ RICE: COOKED BROWN RICE (ELE) 1/2 CUP 1 16.48 3/4 CUP BROCCOLI, ROASTED 1 3.29 FRUIT BAR : ELEMENTARY 1/2 CUP 1 14.48 MANDARIN ORANGE- CANNED:PRE 1/2 CUP 14.0 1 SALAD BAR: 3 THURSDAY'S:ELE .5 CUP 1 22.03 Units for Carbs: ____ COOKIE, COWBOY 29.34 1 oz. 1 MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 + Correction Dose: MILK 1% WHITE CARTON 13.0 Weighted Daily Average 149.66 = Total Insulin:___ % of Calories 57.3% Nutrient Guideline Fri - 01/26/2024 BG_____@___ **ELEMENTARY LUNCH** Total 1 3 CALZONES CALZONE, MINI, WG 40.01 1 Total Carbs: ____ DINNER SALAD 1 CUP 1 7.49 PUDDING.CHOICE **SERVING** 20.5 1 FRUIT, CANNED - CHOOSE ONE 1/2 C SERVING 15.8 RANCH: (WILD COYOTE LITE) PC CUP 1 2.0 MARINARA SAUCE 1/2 CUP 1 11.93 Units for Carbs: ____ MILK: CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE **CARTON** 13.0 + Correction Dose:__ Weighted Daily Average 130.72 54.1% % of Calories = Total Insulin: Nutrient Guideline Mon - 01/29/2024 **ELEMENTARY LUNCH** Total BG____@___ HAMBURGER 100% BEEF :ELE 21.1 PATTY 1 CHEESE: PROCESS SLICE 1.98 1 oz. 1 Total Carbs: SHREDDED LETTUCE & TOMATO-DELI 1/2 CUP 2.67 PICKLE:, CHIPS 1.0 1.07. 1 SMILE FRIES 4 SMILE FRIES 25.0 1 CREAMIES JR. CREAMIE 1 14.0 PINEAPPLE, TIDBITS, CAN 1/2 C SERVING 1 16.0 KETCHUP: P/C PC 10.12 Units for Carbs: ____ MUSTARD:, P/C 1 Each 0.33 1 MAYONNAISE, LIGHT POUCH 1 0.0 + Correction Dose: MILK: CHOCOLATE MILK FAT FREE 20.0 CARTON 1 MILK 1% WHITE **CARTON** 13.0 = Total Insulin:____ Weighted Daily Average 125.20 % of Calories 49.6%

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Base Menu Spreadsheet Portion Values - Detailed **ELEMENTARY LUNCH**

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Carbohydrate (g)

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				Portion Size	Reimb Qty	Carb (g)		
Tue - 01/30/2024				<u> </u>		(9/		
ELEMENTARY LUNC	:H		Tot	al	1		DC @	
BEEF TACO STICK				ACH		31.87	BG@	
REFRIED BEANS, V	\/			C SERVINGS		24.0	Total Carbs:	
CORN, STREET	•			CUP SERVING	I I	21.66	10141 C41051	
CORNMEAL SUPER	STAR		1/2 1 E			23.0		
FRUIT BAR :ELEMEN				CUP		14.48		
PEARS, DICED, CAN				CUP		16.0		
SALAD BAR: 2 TUES				CUP		21.35		
SALSA PICANTE	DAT (LLL)		10			1.4	Units for Carbs:	
MILK : CHOCOLATE	MII K EVI ED	C C		RTON		20.0	D	
MILK 1% WHITE	WILK I AT TIX	.L.L		RTON		13.0	+ Correction Dose	
Weighted Daily Avera	00		UA.	ICTOIN	-	186.76	= Total Insulin:	
% of Calories	ge					55.8%	- rotarmsum	
% of Calones						33.6 /6		
Nutrient Guideline								
Wed - 01/31/2024			_				BG@	
ELEMENTARY LUNC			Tot		1			
TERIYAKI BEEF NUC		_		lugget	1	6.0	Total Carbs:	
MASHED POTATOES		ς,P		CUP	1	17.03		
GRAVY, BROWN LO				CUP	1	0.37		
GREEN BEANS: 1/2	-			CUP	1	3.0		
PEACH, DICED, CAN	INED			CUP	1	14.0		
ROLLS - NO EGGS			_	RVINGS	1	23.19		
MARGARINE REDDI				atty	1	0.0	Units for Carbs: _	
MILK : CHOCOLATE	MILK FAT FR	EE	_	RTON	1	20.0	B	
MILK 1% WHITE			CA	RTON	1	13.0	+ Correction Dos	e:
Weighted Daily Avera	ge					96.58	= Total Insulin:	
% of Calories						55.1%	- Total Illsullii	
Nutrient Guideline								
Weighted Average						136.30		
						55.3%		
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfa	II Overage	Error Messages (if
0 1 1 1 (/)	400.00	55.050/						any)

55.35%

136.30

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