Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Page 1 Generated on: 12/11/2023 9:39:59 AM

	Portion Size	Reimb Qtv	Carb (g)	
Wed - 01/03/2024	UIZU	<u> </u>	(9/	
INTERMEDIATE LUNCH 6-8	Total	1		
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0	
POTATO, TRIPLE CHEESE TWICE BA	SERVINGS		25.95	BG @
GREEN BEANS 3/4 CUP	3/4 CUP		4.5	20@
ROLLS - NO EGGS	SERVINGS		23.19	
MARGARINE REDDIES: (1)	1 Patty		0.0	Total Carbs:
PEACH, DICED, CANNED	1/2 CUP		14.0	
FRUIT BAR :ELEMENTARY	1/2 CUP		14.48	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total		40.0	
SPICY CHICKEN PATTY - A PIERRE	SERVINGS		43.0	
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	Units for Carbs:
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	6 · · · · · · · · · · · · · · · · · · ·
PEACH, DICED, CANNED	1/2 CUP	1	14.0	+ Correction Dose:
PICKLE:, CHIPS	1 OZ.	1	1.0	
KETCHUP: P/C	PC	1	10.12	= Total Insulin:
BARBAQUE SAUCE: P/C	1 Each	1	13.0	- Iotai iiisuiiii
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			129.45	
% of Calories			52.2%	
Nutrient Guideline				
Thu - 01/04/2024				
INTERMEDIATE LUNCH 6-8	Total	1		
TERIYAKI CHICKEN	2.4 OZ	1	6.0	nc e
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01	BG@
BROCCOLI, ROASTED	3/4 CUP	1	3.29	
EGG ROLL, WG VEGETABLE	SERVINGS	1	24.01	Total Carbs:
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	Iotal Carbs.
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP		10.51	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT INT WEEKLY 1st CHOI	Total	1	10.0	
TACO SALAD :ALT LINE	SERVING		33.3	
BEANS, CANNED, BLACK BEAN, LS	1/2 CUP		18.0	Units for Carbs:
FRUIT BAR :ELEMENTARY	1/2 CUP		14.48	Officator Caros.
MANDARIN ORANGE- CANNED:PRE	1/2 CUP		14.46	
RANCH: (WILD COYOTE LITE)	PC CUP		2.0	+ Correction Dose:
,			- 1	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	- T-+-111
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			122.04	
% of Calories			55.1%	
Nutrient Guideline				

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT
WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion	Reimb	Carb	
	Size	Qty	(g)	
Fri - 01/05/2024				nc e
INTERMEDIATE LUNCH 6-8	Total	1		BG@
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0	
DINNER SALAD	1 CUP	1	7.49	Total Carbs:
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	22.59	Total carbs.
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MARINARA SAUCE	1/2 CUP	1	11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		Units for Carbs:
WRAP, CHICKEN	WRAP	1	43.67	
CHIPS: DORITOS	BAG	1	19.62	6 B
FRESH MIXED VEGETABLE CUP	3/4 CUP		8.31	+ Correction Dose:
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING		15.8	
RANCH: (WILD COYOTE LITE)	PC CUP		2.0	= Total Insulin:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	- Iotai misumi
MILK 1. GHOGOLATE WILK FATT KEE	CARTON		13.0	
Weighted Daily Average	CARTON	I	128.34	
% of Calories			51.4%	
Notations Codulation				
Nutrient Guideline				
Maria 04/00/0004				
Mon - 01/08/2024	T			
INTERMEDIATE LUNCH 6-8	Total	1		
CHICKEN SANDWICH- FR102 GK7516	SERVINGS	1	39.0	BG@
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	Total Carbs:
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.49	
KETCHUP: P/C	PC	1	10.12	
MUSTARD:, P/C	1 Each	1	0.33	
MAYONNAISE, LIGHT	POUCH	1	0.0	
PICKLE:, CHIPS	1 OZ.	1	1.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	II- h - 6 6 1
ALT INT WEEKLY 1st CHOI	Total	1		Units for Carbs:
DOMINOS PIZZA	SLICE	1	29.0	
DINNER SALAD - ALT LINE	SERVINGS	1	6.07	+ Correction Dose:
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0	+ Correction Dose:
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP		18.0	
RANCH: (WILD COYOTE LITE)	PC CUP		2.0	= Total Insulin:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	- Total Illsulli
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	OARTON		129.07	
% of Calories			55.8%	
% OF CAIOTIES			55.6%	
Nutriant Cuidalina				
Nutrient Guideline				

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Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion	Reimb	Carb	
	Size	Qty	(g)	
Tue - 01/09/2024				
INTERMEDIATE LUNCH 6-8	Total	1		BG@
TACO SOUP	1 CUP	1	21.65	
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25	Tabal Cambar
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0	Total Carbs:
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31	
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	21.13	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		
NACHOS	SERVINGS	1	42.75	Units for Carbs:
CHILI, THREE BEAN JTM	1/4 CUP	1	9.5	
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	9.94	. C +! D
FRUIT BAR : SECONDARY	1 CUP	1	22.62	+ Correction Dose:
PEARS, DICED, CANNED	1/2 CUP		16.0	
SALSA PICANTE	1 OZ		1.4	= Total Insulin:
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	= 10ta11115ti1111
MILK 1% WHITE	CARTON		13.0	
	CARTON		145.58	
Weighted Daily Average				
% of Calories			52.9%	
Nutrient Guideline				
14differit Galaciiric				
Wed - 01/10/2024				
INTERMEDIATE LUNCH 6-8	Total	1		
HOMESTYLE WG CHICKEN TENDER ST	3 PC SERVINGS		14.08	BG@
BUTTER MASHED POTATOES-sec	2/3 cup		18.0	
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP		2.86	Total Carbs:
CARROTS, SLICED, FZ	1/2 C SERVINGS		6.0	10041 04100.
ROLLS - NO EGGS	SERVINGS		23.19	
MARGARINE REDDIES: (1)	1 Patty		0.0	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
· · · · · · · · · · · · · · · · · · ·	1	I	- 1	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
BARBAQUE SAUCE: P/C	1 Each	1	13.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Units for Carbs:
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		+ Correction Dose:
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	43.0	+ Correction Dose:
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	= Total Insulin:
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
PICKLE:, CHIPS	1 OZ.	1	1.0	
KETCHUP: P/C	PC	1	10.12	
BARBAQUE SAUCE: P/C	1 Each	1	13.0	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average		,	138.19	
% of Calories			55.4%	
Nutrient Guideline				

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Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)	
Thu - 01/11/2024				
INTERMEDIATE LUNCH 6-8	Total	1		
ORANGE CHICKEN	3.92 OZ		17.04	BG@
RICE: COOKED BROWN RICE (ELE)	1/2 CUP		16.48	566
BROCCOLI, ROASTED	3/4 CUP		3.29	
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	Total Carbs:
		1	22.62	
FRUIT BAR: SECONDARY	1 CUP	1		
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	10.51	
COOKIE: FORTUNE COOKIE	COOKIE	1	7.05	
SOY SAUCE: PC	PC	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		Units for Carbs:
TACO SALAD :ALT LINE	SERVING	1	33.3	Ollits for Caros.
BEANS, CANNED, BLACK BEAN, LS	1/2 CUP	1	18.0	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	+ Correction Dose:
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			119.39	
% of Calories			56.4%	
Nutrient Guideline				
	1			
Fri - 01/12/2024				
INTERMEDIATE LUNCH 6-8	Total	1		BG@
PIZZA, 7" WG BREADSTICK	BREAD STICK	1	30.0	50
DINNER SALAD	1 CUP	1	7.49	
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	Total Carbs:
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
JELL-O	GEL CUP	1	25.0	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MARINARA SAUCE	1/2 CUP	1	11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		
WRAP, CHICKEN	WRAP	1	43.67	Units for Carbs:
CHIPS: DORITOS	BAG	1	19.62	
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31	+ Correction Dose:
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	
RANCH: (WILD COYOTE LITE)	PC CUP		2.0	
MILK: CHOCOLATE MILK FAT FREE	CARTON		20.0	= Total Insulin:
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	CARTON	1	131.04	
% of Calories			54.9%	
70 Of Caluffes			34.870	
Nutrient Guideline				

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Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qtv	Carb (g)	
Tue - 01/16/2024	JIZE	Qty	(9)	
INTERMEDIATE LUNCH 6-8	Total	1		
SOFT FLOUR TACO:SEC	serving		23.0	BG@
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP		9.94	
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ		0.25	
				Total Carbs:
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	21.13	
CHURRO- APPLE WG	SERVINGS	1	25.0	
SALSA PICANTE	1 OZ	1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
ALT INT WEEKLY 1st CHOI	Total	1		Offics for Carbs:
NACHOS	SERVINGS	1	42.75	
CHILI, THREE BEAN JTM	1/4 CUP	1	9.5	+ Correction Dose:
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	9.94	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	= Total Insulin:
SALSA PICANTE	1 OZ	1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	CARTON	'	155.77	
% of Calories			56.5%	
% of Calones			36.3%	
Nutrient Guideline				
Wed - 01/17/2024				
INTERMEDIATE LUNCH 6-8	Total	1		BG@
COUNTRY FRIED STEAK	SERVINGS	1	17.0	ьсш
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0	
GRAVY, COUNTRY: (CUSTOM)	1/4 CUP	1	6.0	Total Carbs:
HUSHPUPPIES	2- Hushpuppies	1	20.19	Iotal Calos.
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
FRUIT BAR :ELEMENTARY	1/2 CUP		14.48	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	
MILK 1% WHITE	CARTON		13.0	
ALT INT WEEKLY 1st CHOI	Total	1	13.0	
			42.0	
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	43.0	Units for Carbs:
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	C
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	+ Correction Dose:
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
PICKLE:, CHIPS	1 OZ.	1	1.0	= Total Insulin:
KETCHUP: P/C	PC	1	10.12	- Iotalinsulln:
BARBAQUE SAUCE: P/C	1 Each	1	13.0	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			132.47	
% of Calories			52.2%	
Nicotal and Occidenting		1		

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Nutrient Guideline

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

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Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Page 6 Generated on: 12/11/2023 9:40:00 AM

	Portion Size	Reimb Qtv	Carb (g)	
	Size	Qty	(9)	
Thu - 01/18/2024				
INTERMEDIATE LUNCH 6-8	Total	1		BG@
TERIYAKI CHICKEN	2.4 OZ	1	6.0	20
NOODLES, YAKISOBA WG	1/2 CUP	1	32.22	
BROCCOLI, ROASTED	3/4 CUP	1	3.29	Total Carbs:
GRAHAM, TIGER BITES, CHOCOLATE	SERVINGS	1	21.0	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	10.51	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		
TACO SALAD :ALT LINE	SERVING	1	33.3	Units for Carbs:
BEANS, CANNED, BLACK BEAN, LS	1/2 CUP	1	18.0	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	+ Correction Dose:
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1 1	14.0	
RANCH: (WILD COYOTE LITE)	PC CUP	1 1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	= Total Insulin:
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	CARTON	'	124.64	
% of Calories			58.9%	
% of Calones			36.9%	
Nutrient Guideline				
Fri - 01/19/2024				
INTERMEDIATE LUNCH 6-8	Total	1		BG@
GARLIC CHEESE BREAD RIPPERS	1 EACH	1	30.11	ΒG@
DINNER SALAD	1 CUP	1	7.49	
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0	Total Carbs:
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	iotai caros.
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MARINARA SAUCE	1/2 CUP	1	11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON	1 1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1	10.0	
WRAP, CHICKEN	WRAP		43.67	
CHIPS: DORITOS	BAG		19.62	Units for Carbs:
FRESH MIXED VEGETABLE CUP	3/4 CUP	'1	8.31	
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING		15.8	+ Correction Dose:
•			I	+ COLLECTION DOSE:
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average % of Calories			126.60 52.1%	
Nutrient Guideline				

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Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Page 7 Generated on: 12/11/2023 9:40:00 AM

	Portion	Reimb	Carb	
	Size	Qty	(g)	
Mon - 01/22/2024				
INTERMEDIATE LUNCH 6-8	Total	1		DC @
CORN DOG, MINI GF	6 MINIS	1	30.0	BG@
TATER TOTS - MCCAIN	9 PIECES	1	17.04	
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	Total Carbs:
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	i i	18.0	Iotal Caros.
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
SWEET CAKE	SERVING	1	44.83	
KETCHUP: P/C	PC		10.12	
MUSTARD:, P/C	1 Each		0.33	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON		13.0	Units for Carbs:
ALT INT WEEKLY 1st CHOI	Total	1		Offics for Carbs;
DOMINOS PIZZA	SLICE	1	29.0	
DINNER SALAD - ALT LINE	SERVINGS	1	6.07	+ Correction Dose:
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	= Total Insulin:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			136.94	
% of Calories			55.9%	
Nutrient Guideline				
Tue - 01/23/2024				
INTERMEDIATE LUNCH 6-8	Total	1		BG@
ENCHILADA	ENCHILADA	1	35.28	
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0	
CORN, STREET	1/2 CUP SERVING	1	21.66	Total Carbs:
BROWNIE MIX, SHIRLEY J	SERVINGS	1	23.0	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	21.13	
SALSA PICANTE	1 OZ	1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		Units for Carbs:
NACHOS	SERVINGS	i i	42.75	011110 101 Car 001
CHILI, THREE BEAN JTM	1/4 CUP	1	9.5	
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP		9.94	+ Correction Dose:
FRUIT BAR : SECONDARY	1 CUP		22.62	
PEARS, DICED, CANNED SALSA PICANTE	1/2 CUP 1 OZ	1	16.0 1.4	= Total Insulin:
	• • =	1	l	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			166.65	
% of Calories			56.5%	
Nutriant Cuidalina				
Nutrient Guideline		l		

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Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

Nutrient Guideline

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	Portion Size	Reimb Qty	Carb (g)	
Wed - 01/24/2024	Size	Qty	(9)	
INTERMEDIATE LUNCH 6-8	Total	1		
DUTCH WAFFLE	1 EACH		43.0	BG@
SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING		1.0	
SAUSAGE LINK - CLOVERDALE	1 LINK		1.0	Total Carbs:
		1 1	- 1	Iotal Caros:
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0	
JUICE, SUN SPLASH	SERVINGS	1	15.0	
PEACH CUP, FROZEN	SERVING	1	21.0	
SYRUP	1 EA	1	4.0	
KETCHUP: P/C	PC	1	10.12	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	Haritan Camban
ALT INT WEEKLY 1st CHOI	Total	1		Units for Carbs:
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	43.0	
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	+ Correction Dose:
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	= Total In su lin:
PICKLE:, CHIPS	1 OZ.		1.0	
KETCHUP: P/C	PC		10.12	
BARBAQUE SAUCE: P/C	1 Each		13.0	
MAYONNAISE, LIGHT	POUCH		0.0	
· ·				
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			146.46	
% of Calories			53.5%	
Nutrient Guideline				
Traction Cardonno				
Thu - 01/25/2024				
INTERMEDIATE LUNCH 6-8	Total	1		
ORANGE CHICKEN	3.92 OZ		17.04	BG@
RICE: COOKED BROWN RICE (ELE)	1/2 CUP		16.48	
BROCCOLI, ROASTED	3/4 CUP		3.29	
FRUIT BAR : SECONDARY	1 CUP		22.62	Total Carbs:
		1 1	- 1	
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	
SALAD BAR: 3 THURSDAY'S:INTERM	1/2 CUP	1	10.51	
COOKIE, COWBOY	1 oz.	1	29.34	
SOY SAUCE: PC	PC	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		Units for Carbs:
TACO SALAD :ALT LINE	SERVING	1	33.3	
BEANS, CANNED, BLACK BEAN, LS	1/2 CUP	1	18.0	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	+ Correction Dose:
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	
RANCH: (WILD COYOTE LITE)	PC CUP		2.0	- T-t-11
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	= Total Insulin:
MILK 1% WHITE	CARTON		13.0	
Weighted Daily Average	O/AICTOIN		130.53	
% of Calories			56.2%	
70 OI CAIOTICS			JU.Z /0	
	1	1		

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Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion	Reimb	Carb	
	Size	Qty	(g)	
Fri - 01/26/2024				
INTERMEDIATE LUNCH 6-8	Total	1		BG@
CALZONE, MINI, WG	3 CALZONES	1	40.01	20
DINNER SALAD	1 CUP	1	7.49	
PUDDING,CHOICE	SERVING	1	20.5	Total Carbs:
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MARINARA SAUCE	1/2 CUP	1	11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON	1 1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1	10.0	Huitafan Canbar
WRAP, CHICKEN	WRAP		43.67	Units for Carbs:
CHIPS: DORITOS	BAG		19.62	
FRESH MIXED VEGETABLE CUP	3/4 CUP		8.31	+ Correction Dose:
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING		15.8	
RANCH: (WILD COYOTE LITE)	PC CUP		2.0	- Takal In an line
MILK : CHOCOLATE MILK FAT FREE	CARTON		20.0	= Total Insulin:
MILK 1.6 WHITE	CARTON	'1	13.0	
Weighted Daily Average	CARTON	-	133.80	
weighted Daily Average % of Calories			53.5%	
% of Calones			53.5%	
Notal and Ordellar				
Nutrient Guideline				
Mon - 01/29/2024				
NTERMEDIATE LUNCH 6-8	Total	1		
CHEESEBURGER 100 % BEEF: SEC	SERVINGS	i	27.0	BG@
CHEESE: PROCESS SLICE	1 oz.		1.98	
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP		2.67	
FRENCH FRIES- S.S. 3/4 CUP	6 OZ		33.0	Total Carbs:
CARROT STICKS 1/2 CUP	1/2 CUP		2.0	
CREAMIES JR.	CREAMIE		14.0	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP		18.0	
FRUIT BAR :ELEMENTARY	1/2 CUP		14.48	
PICKLE:, CHIPS	1 OZ.		1.0	
		1 1	- 1	
MUSTARD:, P/C	1 Each	1 1	0.33	
KETCHUP: P/C	PC	1 1	10.12	Units for Carbs:
MAYONNAISE, LIGHT	POUCH	1 1	0.0	Offics for Caros;
MILK : CHOCOLATE MILK FAT FREE	CARTON	1 1	20.0	
MILK 1% WHITE	CARTON	1	13.0	+ Correction Dose:
ALT INT WEEKLY 1st CHOI	Total	1		COLLECTION DOSC!
DOMINOS PIZZA	SLICE	1	29.0	
DINNER SALAD - ALT LINE	SERVINGS	1	6.07	= Total Insulin:
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
			130.82	
weighted Daily Average				
			50.6%	
Weighted Daily Average % of Calories				

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Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)	
Tue 04/00/0004		•		
Tue - 01/30/2024	T-4-1	4		
INTERMEDIATE LUNCH 6-8	Total	1	04.07	BG@
BEEF TACO STICK	1 EACH	1	31.87	
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0	Total Carbs:
CORNMEAL SUPER STAR	1 EA	1	23.0	Iotal Caros.
CORN, STREET	1/2 CUP SERVING	1	21.66	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
PEARS, DICED, CANNED	1/2 CUP	1	16.0	
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	21.13	
SALSA PICANTE	1 OZ	1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
ALT INT WEEKLY 1st CHOI	Total	1		
NACHOS	SERVINGS	1	42.75	c p
CHILI, THREE BEAN JTM	1/4 CUP	1	9.5	+ Correction Dose:
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	9.94	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	= Total Insulin:
PEARS, DICED, CANNED	1/2 CUP	1	16.0	- Total IllSulli.
SALSA PICANTE	1 OZ	1	1.4	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			160.87	
% of Calories			55.2%	
7				
Nutrient Guideline				
	1			
Wed - 01/31/2024				
INTERMEDIATE LUNCH 6-8	Total	1		BG@
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0	20
POTATO, TRIPLE CHEESE TWICE BA	SERVINGS	1	25.95	
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5	Total Carbs:
ROLLS - NO EGGS	SERVINGS	1	23.19	
MARGARINE REDDIES: (1)	1 Patty	1	0.0	
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT INT WEEKLY 1st CHOI	Total	1		
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	43.0	Units for Carbs:
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	. Canna dian Dass.
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	+ Correction Dose:
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
PICKLE:, CHIPS	1 OZ.	1	1.0	= Total Insulin:
KETCHUP: P/C	PC	1	10.12	
BARBAQUE SAUCE: P/C	1 Each	1	13.0	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average		,	129.45	
% of Calories			52.2%	
			,,	
Nutrient Guideline				

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Jan 3, 2024 thru Jan 31, 2024

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion	Reimb	Carb
	Size	Qty	(g)
Weighted Average			135.90 54.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	135.90	54.33%						

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