### Base Menu Spreadsheet

### Portion Values - Detailed

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### Jan 3, 2024 thru Jan 31, 2024 Combined: SECONDARY BREAKFAST 8-12/ALT

SEC BREAKFAST MENU

Generated on: 12/11/2023 9:41:06 AM

	Portion Size	Reimb Qtv	Carb (q)	
Wed - 01/03/2024	3126		(g)	
SECONDARY BREAKFAST	Total	1		
EGGSTRAVAGANZA, BACON & CHEESE	SERVINGS	1	1.0	BG@
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	T ( ) C )
MIXED FRUIT CUP	SERVINGS	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
SALSA PICANTE	1 OZ	1	1.4	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	Commention Descent
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	= 10ta111501111
Weighted Daily Average			129.05	
% of Calories			70.4%	
Nutrient Guideline				
Thu - 01/04/2024				
SECONDARY BREAKFAST	Total	1		BG@
SMOOTHIE	SMOOTHIES	1	35.5	
GRAHAM, TIGER BITES ORIGINAL	SERVINGS	1	21.0	
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63	Total Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	onits for carbs.
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	+ Correction Dose:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			124.64	= Total Insulin:
% of Calories			77.8%	- iotarmsum;
Nutrient Guideline				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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### Base Menu Spreadsheet

#### Portion Values - Detailed

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SYRUP

TOAST

TOAST

JELLY: VARIETY PACK

MILK 1% WHITE

**MILK 1% WHITE** 

Nutrient Guideline

% of Calories

APPLESAUCE,W/CINNAMON

JUICE : VARIETY SUNCUP

ALT SEC BREAKFAST ME

**BREAKFAST CEREAL-ALL** 

APPLESAUCE,W/CINNAMON

JUICE : VARIETY SUNCUP

BREAKFAST FRUIT BASKET: SEC

MILK : CHOCOLATE MILK FAT FREE

JELLY: VARIETY PACK

Weighted Daily Average

BREAKFAST FRUIT BASKET: SEC

MILK : CHOCOLATE MILK FAT FREE

# Jan 3, 2024 thru Jan 31, 2024

### Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

#### Portion Reimb Carb Size Qty (g) Fri - 01/05/2024 SECONDARY BREAKFAST Total 1 BG\_\_\_\_@\_\_\_\_\_ CRESCENT, FILLED 1 EACH 1 37.0 SLICE TOAST 14.0 1 Total Carbs: PEAR CUPS- CUP -DICED 1 CUP 1 19.0 1 CUP BREAKFAST FRUIT BASKET: SEC 25.15 1 JUICE : VARIETY SUNCUP BOX 1 15.8 CARTON MILK : CHOCOLATE MILK FAT FREE 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT SEC BREAKFAST ME Total 1 BREAKFAST CEREAL-ALL 23.0 BOWL 1 SLICE TOAST 1 14.0 Units for Carbs: \_\_\_\_\_ JELLY: VARIETY PACK PC 1 9.4 19.0 PEAR CUPS- CUP -DICED 1 CUP 1 BREAKFAST FRUIT BASKET: SEC 1 CUP 25.15 1 + Correction Dose: JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 = Total Insulin: MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 141.65 % of Calories 74.9% Nutrient Guideline Mon - 01/08/2024 RG. ത SECONDARY BREAKFAST Total 2295 3pc SERVING FRENCH TOAST STICKS: (3-S.F.) 25.0 1

1 EA

PC

SLICE

1 CUP

1 CUP

CARTON

CARTON

BOX

Total

BOWL

SLICE

1 CUP

1 CUP

CARTON

CARTON

BOX

PC

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

4.0

14.0

9.4

28.02

25.15

15.8

20.0

13.0

23.0

14.0

9.4

28.02

25.15

15.8

20.0

13.0

0.13

77.2%

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BG@
Total Carbs:
Units for Carbs:
+ Correction Dose:
= Total Insulin:

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### Base Menu Spreadsheet

#### Portion Values - Detailed

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# Jan 3, 2024 thru Jan 31, 2024

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### Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

	Portion Size	Reimb Qty	Carb (q)	
Tue - 01/09/2024				
SECONDARY BREAKFAST	Total	1		PC @
BREAKFAST POCKET W/TURKEY SAUS	SERVINGS	1	25.0	BG@
TOAST	SLICE	1	14.0	
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1	13.0	
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	23.0 14.0	
JELLY: VARIETY PACK	PC	1	-	
			9.4	Units for Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	+ Correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			122.07	
% of Calories			70.5%	
Nutrient Guideline				
		1		
Wed - 01/10/2024				
SECONDARY BREAKFAST	Total	1		<b>R</b> C <b>C</b>
EGG BAKE BITE, TURKEY SAUSAGE	EGG BITE	1	2.98	BG@
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	Iotal Caros:
MIXED FRUIT CUP	SERVINGS	1	19.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	+ Correction Dose:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	+ correction Dose:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
	CARTON	1	13.0	- 10ta111301111.
MILK 1% WHITE	CARTON			
Weighted Daily Average			129.84	
% of Calories			66.0%	
Nutrient Guideline				

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### Base Menu Spreadsheet

#### Portion Values - Detailed

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# Jan 3, 2024 thru Jan 31, 2024

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### Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

#### Portion Reimb Carb Size Qty (g) Thu - 01/11/2024 BG\_\_\_\_@\_\_\_\_ SECONDARY BREAKFAST Total 1 YOGURT: UPSTATE FARMS SERVING 1 19.0 UBR- OATMEAL CHOCOLATE CHIP 1 EACH 43.0 1 Total Carbs: JELLY: VARIETY PACK PC 1 9.4 BREAKFAST FRUIT BASKET: SEC 1 CUP 25.15 1 JUICE : VARIETY SUNCUP BOX 15.8 1 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT SEC BREAKFAST ME Total 1 **BREAKFAST CEREAL-ALL** 23.0 BOWL 1 SLICE Units for Carbs: TOAST 1 14.0 JELLY: VARIETY PACK PC 1 9.4 BREAKFAST FRUIT BASKET: SEC 1 CUP 25.15 1 + Correction Dose:\_\_\_\_ JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE 20.0 CARTON 1 = Total Insulin: MILK 1% WHITE CARTON 13.0 1 Weighted Daily Average 132.85 % of Calories 75.5% Nutrient Guideline Fri - 01/12/2024 BG\_\_\_@\_\_\_\_ SECONDARY BREAKFAST Total 1 CINNAMON ROLL W. W.W. BRIDGFOR ROLL 35.0 1 PEAR CUPS- CUP -DICED 1 CUP 19.0 1 Total Carbs: BREAKFAST FRUIT BASKET: SEC 1 CUP 1 25.15 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT SEC BREAKFAST ME Total 1 23.0 **BREAKFAST CEREAL-ALL** BOWL 1 TOAST SLICE 14.0 1 Units for Carbs: JELLY: VARIETY PACK PC 1 9.4 PEAR CUPS- CUP -DICED 1 CUP 19.0 1 + Correction Dose: BREAKFAST FRUIT BASKET: SEC 1 CUP 1 25.15 JUICE : VARIETY SUNCUP BOX 1 15.8 = Total Insulin: MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 13.0 1 Weighted Daily Average 133.65 % of Calories 76.9% Nutrient Guideline

Tue - 01/16/2024			
SECONDARY BREAKFAST	Total	1	
BREAKFAST SANDWICH - McMUFFIN	SANDWICHES	1	24.49
PEACH CUPS -DICED	1 CUP	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	15.8
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0

BG\_\_\_\_\_@\_\_\_\_\_

Total Carbs: \_\_\_\_\_

Units for Carbs: \_\_\_\_\_

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+ Correction Dose:\_\_\_\_\_

= Total Insulin:\_\_\_\_\_

### Base Menu Spreadsheet

#### Portion Values - Detailed

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### Jan 3, 2024 thru Jan 31, 2024

Generated on: 12/11/2023 9:41:07 AM

### Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

#### Portion Reimb Carb Size Qtv (g) ALT SEC BREAKFAST ME Total 1 BG\_\_\_\_@\_\_\_\_ **BREAKFAST CEREAL-ALL** BOWL 1 23.0 Total Carbs: \_\_\_\_\_ TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 94 1 PEACH CUPS -DICED 1 CUP 1 18.0 BREAKFAST FRUIT BASKET: SEC 1 CUP 25.15 1 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 20.0 1 Units for Carbs: MILK 1% WHITE CARTON 1 13.0 + Correction Dose: Weighted Daily Average 127.40 % of Calories 64.8% = Total Insulin:\_\_\_\_ Nutrient Guideline Wed - 01/17/2024 SECONDARY BREAKFAST Total 1 BG @ PANCAKE & SAUSAGE BITES 6 BITES 1 24.67 SYRUP 1 EA 1 4.0 MIXED FRUIT CUP SERVINGS 1 19.0 Total Carbs: BREAKFAST FRUIT BASKET: SEC 25.15 1 CUP 1 JUICE : VARIETY SUNCUP BOX 1 15.8 CARTON MILK : CHOCOLATE MILK FAT FREE 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT SEC BREAKFAST ME 1 Total BREAKFAST CEREAL-ALL BOWL 23.0 1 SLICE TOAST 1 14.0 Units for Carbs: РС JELLY: VARIETY PACK 1 9.4 SERVINGS MIXED FRUIT CUP 19.0 1 BREAKFAST FRUIT BASKET: SEC 1 CUP 25.15 1 + Correction Dose: JUICE : VARIETY SUNCUP BOX 15.8 1 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 = Total Insulin: MILK 1% WHITE CARTON 13.0 Weighted Daily Average 130.48 % of Calories 75.6% Nutrient Guideline

Thu - 01/18/2024			
SECONDARY BREAKFAST	Total	1	
YOGURT STRAW PARFAIT	PARFAIT	1	46.67
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	15.8
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0

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### Base Menu Spreadsheet

#### Portion Values - Detailed

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### Jan 3, 2024 thru Jan 31, 2024

### Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

### Generated on: 12/11/2023 9:41:07 AM

	Portion Size	Reimb Qtv	Carb (q)	
ALT SEC BREAKFAST ME	Total	1		BG@
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Total Carbs:
TOAST	SLICE	1	14.0	Iotal carbs.
JELLY: VARIETY PACK	PC	1	9.4	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
Weighted Daily Average			132.19	+ Correction Dose:
% of Calories			75.2%	· correction bose
				= Total Insulin:
Nutrient Guideline				
Fri - 01/19/2024				
SECONDARY BREAKFAST	Total	1		BG@
SPRINKLED DONUT: SFE	1 EACH	1	31.0	
TOAST	SLICE	1	14.0	Tabal Carlor
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	Total Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Units for Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
PEAR CUPS- CUP -DICED	1 CUP	1	19.0	+ Correction Dose:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	<b>T</b> . 1 <b>T</b>
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			138.65	
% of Calories			73.3%	
Nutrient Guideline				
Mon - 01/22/2024				
SECONDARY BREAKFAST	Total	1		
PANCAKE, BAKE CRAFTER	SERVINGS	1	32.0	
SYRUP	1 EA	1	4.0	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
		· · · ·		

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### Base Menu Spreadsheet

### Portion Values - Detailed

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# Jan 3, 2024 thru Jan 31, 2024

### Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

#### Generated on: 12/11/2023 9:41:07 AM

	Portion Size	Reimb Qty	Carb (q)	
ALT SEC BREAKFAST ME	Total	1	(9)	BG@
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
APPLESAUCE.W/CINNAMON	1 CUP	1	28.02	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Units for Carbs:
MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
Weighted Daily Average			143.17	+ Correction Dose:
% of Calories			79.9%	
				= Total Insulin:
Nutrient Guideline				
Tue - 01/23/2024				
SECONDARY BREAKFAST	Total	1		
PANCAKE CORNDOGS	SERVINGS	1	17.0	BG@
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
SYRUP	1 EA	1	4.0	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
PEACH CUPS -DICED	1 CUP	1	18.0	+ Correction Dose:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	= Total Insulin:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			137.35	
% of Calories			71.8%	
Nutrient Guideline				

Wed - 01/24/2024			
SECONDARY BREAKFAST	Total	1	
EGGSTRAVAGANZA, BACON & CHEESE	SERVINGS	1	1.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
SALSA PICANTE	1 OZ	1	1.4
JUICE : VARIETY SUNCUP	BOX	1	15.8
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0

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### Base Menu Spreadsheet

#### Portion Values - Detailed

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### Jan 3, 2024 thru Jan 31, 2024

Generated on: 12/11/2023 9:41:07 AM

### Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

#### Portion Reimb Carb Size Qtv (g) ALT SEC BREAKFAST ME BG @ Total 1 **BREAKFAST CEREAL-ALL** BOWL 23.0 1 Total Carbs: \_\_\_\_\_ TOAST SLICE 1 14.0 JELLY: VARIETY PACK PC 94 1 MIXED FRUIT CUP SERVINGS 1 19.0 BREAKFAST FRUIT BASKET: SEC 1 CUP 25.15 1 JUICE : VARIETY SUNCUP BOX 15.8 1 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 Units for Carbs: \_\_\_\_\_ MILK 1% WHITE CARTON 1 13.0 + Correction Dose: Weighted Daily Average 129.05 % of Calories 70.4% = Total Insulin:\_\_\_\_ Nutrient Guideline Thu - 01/25/2024 BG\_\_\_\_@\_\_\_\_ SECONDARY BREAKFAST Total 1 SMOOTHIE SMOOTHIES 1 35.5 GRAHAM, TIGER BITES ORIGINAL SERVINGS 21.0 1 Total Carbs: BREAKFAST FRUIT BASKET: ELE 1/2 CUP 1 23.63 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT SEC BREAKFAST ME Total 1 **BREAKFAST CEREAL-ALL** BOWL 1 23.0 TOAST SLICE 14.0 1 Units for Carbs: JELLY: VARIETY PACK РС 1 9.4 BREAKFAST FRUIT BASKET: SEC 1 CUP 1 25.15 + Correction Dose: JUICE : VARIETY SUNCUP BOX 15.8 1 MILK : CHOCOLATE MILK FAT FREE CARTON 20.0 1 MILK 1% WHITE CARTON 1 13.0 = Total Insulin: Weighted Daily Average 124.64 % of Calories 77.8% Nutrient Guideline Fri - 01/26/2024 BG @ SECONDARY BREAKFAST Total 1 CRESCENT, FILLED 1 EACH 37.0 1 SLICE 14.0 TOAST 1 Total Carbs: PEAR CUPS- CUP -DICED 1 CUP 1 19.0 BREAKFAST FRUIT BASKET: SEC 1 CUP 25.15 1 JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT SEC BREAKFAST ME Total 1 Units for Carbs: \_\_\_\_\_ **BREAKFAST CEREAL-ALL** BOWL 1 23.0 TOAST SLICE 14.0 1 JELLY: VARIETY PACK PC 1 9.4 + Correction Dose:\_\_\_\_ PEAR CUPS- CUP -DICED 1 CUP 19.0 1 BREAKFAST FRUIT BASKET: SEC 1 CUP 1 25.15 = Total Insulin:\_\_\_\_ JUICE : VARIETY SUNCUP BOX 1 15.8 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0

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### Base Menu Spreadsheet

## Jan 3, 2024 thru Jan 31, 2024

### Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

#### Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)	
Weighted Daily Average	0120		141.65	
% of Calories			74.9%	
Nutrient Guideline				
Mon - 01/29/2024				
SECONDARY BREAKFAST	Total	2295		
FRENCH TOAST STICKS	2 sticks	1	38.0	BG@
SYRUP	1 EA	1	4.0	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	10tai caros.
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	
APPLESAUCE,W/CINNAMON	1 CUP	1	28.02	+ Correction Dose:
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	= Total Insulin:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Iotarinisunn:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			0.14	
% of Calories			77.1%	
Nutrient Guideline				
Tue - 01/30/2024				
SECONDARY BREAKFAST	Total	1		BG @
BREAKFAST POCKET W/TURKEY SAUS	SERVINGS	1	25.0	
TOAST	SLICE	1	14.0	Tatal Carlson
PEACH CUPS -DICED	1 CUP	1	18.0	Total Carbs:
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	Units for Carbs:
PEACH CUPS -DICED	1 CUP	1	18.0	onnoite carbo,
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	+ Correction Dose:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			122.07	- 10tar Insuilli;
% of Calories			70.5%	
Nutrient Guideline				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

### Base Menu Spreadsheet

### Portion Values - Detailed

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# Jan 3, 2024 thru Jan 31, 2024

Generated on: 12/11/2023 9:41:07 AM

### Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

	Portion Size	Reimb Qtv	Carb (g)	
Wed - 01/31/2024	0120	QLY	(9/]	
SECONDARY BREAKFAST	Total	1		
EGG BAKE BITE, TURKEY SAUSAGE	EGG BITE	1	2.98	BG@
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0	
TOAST	SLICE	1	14.0	Total Carbs:
JELLY: VARIETY PACK	PC	1	9.4	
MIXED FRUIT CUP	SERVINGS	1	19.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	
JUICE : VARIETY SUNCUP	BOX	1	15.8	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC BREAKFAST ME	Total	1		
BREAKFAST CEREAL-ALL	BOWL	1	23.0	Units for Carbs:
TOAST	SLICE	1	14.0	
JELLY: VARIETY PACK	PC	1	9.4	+ Correction Dose:
MIXED FRUIT CUP	SERVINGS	1	19.0	
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15	- T-t-ll ll-
	BOX	1	15.8	= Total Insulin:
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			129.84	
% of Calories			66.0%	
Nutrient Guideline				

Weighted Average		118.53
		12.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	118.53	72.73%						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.