#### **Base Menu Spreadsheet**

#### Portion Values - Detailed

FRUIT BAR : SECONDARY

MILK 1% WHITE

Nutrient Guideline

% of Calories

Weighted Daily Average

RANCH: (WILD COYOTE LITE)

MANDARIN ORANGE- CANNED:PRE

MILK : CHOCOLATE MILK FAT FREE

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## Jan 3, 2024 thru Jan 31, 2024

Generated on: 12/11/2023 9:41:39 AM

## Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

#### Portion Reimb Carb Size Qty (g) Wed - 01/03/2024 SECONDARY LUNCH 9-12 Total 1 TERIYAKI BEEF NUGGETS 4 Nugget 1 6.0 BG @ SERVINGS POTATO, TRIPLE CHEESE TWICE BA 25.95 1 **GREEN BEANS 3/4 CUP** 3/4 CUP 1 4.5 Total Carbs: SERVINGS **ROLLS - NO EGGS** 23.19 1 FRUIT BAR : SECONDARY 1 CUP 22.62 1 PEACH, DICED, CANNED 1/2 CUP 1 14.0 MARGARINE REDDIES: (1) 1 Patty 1 0.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT SEC WEEKLY 1st CHO Total 1 Units for Carbs: \_\_\_\_\_ SERVINGS 43.0 SPICY CHICKEN PATTY - A PIERRE 1 SHREDDED LETTUCE & TOMATO-DELI 1/2 CUP 2.67 1 WAFFLE FRIES, SKIN ON MCCAIN **3oz SERVINGS** 19.0 + Correction Dose:\_\_\_\_\_ 1 CARROT STICKS 1/2 CUP 1/2 CUP 1 2.0 FRUIT BAR : SECONDARY 1 CUP 1 22.62 = Total Insulin: PEACH, DICED, CANNED 1/2 CUP 1 14.0 PICKLE:, CHIPS 1 OZ. 1 1.0 KETCHUP: P/C PC 1 10.12 MAYONNAISE, LIGHT POUCH 1 0.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 13.0 1 Weighted Daily Average 138.33 % of Calories 53.9% Nutrient Guideline Thu - 01/04/2024 SECONDARY LUNCH 9-12 Total 1 BG @ 6.0 **TERIYAKI CHICKEN** 2.4 OZ 1 40.42 **VEGETABLE BROWN RICE : SEC** 8 OZ 1 Total Carbs: **BROCCOLI. ROASTED** 3/4 CUP 3.29 1 EGG ROLL, WG VEGETABLE SERVINGS 1 24.01 FRUIT BAR : SECONDARY 1 CUP 22.62 1 MANDARIN ORANGE- CANNED:PRE 1/2 CUP 1 14.0 SALAD BAR: 3 THURSDAY'S:SEC 40.38 1 CUP 1 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 13.0 1 Units for Carbs: ALT SEC WEEKLY 1st CHO 1 Total TACO SALAD :ALT LINE SERVING 33.3 1 BEANS, CANNED, BLACK BEAN, LS 1/2 CUP 18.0 1 + Correction Dose:

1 CUP

1/2 CUP

PC CUP

CARTON

CARTON

22.62

14.0

2.0

20.0

13.0

153.32

57.2%

= Total Insulin:

1

1

1

1

1

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient \* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

### Base Menu Spreadsheet

#### Portion Values - Detailed

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Jan 3, 2024 thru Jan 31, 2024 Combined: SECONDARY LUNCH 9-12/ALT SEC

WEEKLY 1st CHOICE

Generated on: 12/11/2023 9:41:39 AM

Eff: 01/05/2024     Doc     Doc <thdoc< th=""></thdoc<>		Portion Size	Reimb Qty	Carb (g)	
SECONDARY LUNCH 9-12     Total     1     27.0     BG	Fri - 01/05/2024				
PEPPERON PIZZA RIPPERS     SERVING     1     27.0     BC		Total	1		
DINNER SALAD     1 CUP     1 7.49     1 7.49       CARROT STICKS 1/2 CUP     1/2 CUP     1 22.62     Total Carbs:				27.0	BG@
CARROT STICKS 1/2 CUP 1/2 CUP 1 2.0 Total Carbs:   FRUIT BAR: SECONDARY 1 CUP 1 2.0 Total Carbs:   FRUIT GANNED - CHOOSE ONE 1/2 CUP 1 2.6   COOKIE: PUMPKIN CHOCOLATE CHIP COOKIE 20.0   MILK 15, WHTE COOKIE: CUP 1 1.30   MILK 15, WHTE CARTON 1 1.00   MILK 15, WHTE CARTON 1 1.00   MILK 15, WHTE CARTON 1 1.0   MILK 15, WHTE CARTON 1 1.0   MILK 15, WHTE CARTON 1 1.0   CHIPS: DORTOS BAG 1 43.67   FRUIT DAR: SECONDARY 1 CUP 1   FRUIT CANNED - CHOOSE ONE 1/2 C SERVING 1 1.5   FRUIT CANNED - CHOOSE ONE 1/2 C SERVING 1 1.0   Weighted Daily Average 2.0 CARTON 2.00   MULK 15, WHTE CARTON 1 2.0   SECONDARY LUNCH 9-12 Total 1 4.0   SECONDARY LUNCH 9-12 Total 1 4.0   SHEDDED LETTUCE & TOMATO-DELI 1/2 CUP 1 2.6   GHARDE CHONCALATE MILK FAT FREE CARTON 1				-	
FRUIT BAR : SECONDARY   1 CUP   1 22.6   International content of the second content		1/2 CUP	1	-	Tatal Carbo
IFRUIT, CANNED - CHOOSE ONE   1/2 C SERVING   1   1   1.8.8     COOKIE: PUMPKIN CHOCOLATE CHIP   PC CUP   1   22.69     RANCH: (WILD COYOTE LITE)   PC CUP   1   1.30     MILK 1% WHITE   CARTON   1   13.00     ALT SEC WEEKLY 1st CHO   Total   1   1     WRAP, CHICKEN   WRAP   1   43.67     CHIPS: DORITOS   BAG   1   16.8     FRUIT, CANNED - CHOOSE ONE   1/2 C SERVING   1   15.8     FRUIT, CANNED - CHOOSE ONE   1/2 C SERVING   1   16.8     FRUIT, CANNED - CHOOSE ONE   1/2 C SERVING   1   15.8     FRUIT, CANNED - CHOOSE ONE   1/2 C SERVING   1   15.8     FRUIT, BAR, SECONDARY   1   10.0   13.0     MiLK 1%, WHITE   CARTON   1   30.0     MiLK 1%, WHITE   CARTON   1   20.0     Nutrient Guideline   11/2 C UP   1   2.67     MiLK 1%, WHITE   SERVINGS   1   44.0     SHREDDED LETTUCE & TOMATO-DELI   1/2 C UP   1   2.67     FRENCH		1 CUP			Iotal Carbs:
COOKIE: PUMPKIN CHOCOLATE CHIP RANCH: (WILD COYOTE LITE)     COOKIE     1     2.20       MARNEN: WULD COYOTE LITE)     PC CUP     1     1.30       MILK: CHOCOLATE MILK FAT FREE     CARTON     1     3.00       MILK: CHOCOLATE MILK FAT FREE     CARTON     1     3.01       ALT SEC WERKLY 18 CHO     Total     1     4.8.31       ALT SEC WERKLY 18 CHO     WAP     4.8.61     + Correction Dose:				-	
RANCH: (WILD COYOTE LITE)   PC CUP   1   2.0     MARINARA SAUCE   172 CUP   11.93   11.93     MILK 1% WHTE   CARTON   120.0     MLK 1% WHTE   CARTON   13.0     ALT SEC WEEKLY 1st CHO   Total   1     WRAP, CHICKEN   WRAP   143.67     FRUET, CANNED - CHOOSE ONE   122 C SERVING   15.8     FRUIT, CANNED - CHOOSE ONE   122 C SERVING   15.8     FRUIT, CANNED - CHOOSE ONE   122 C SERVING   16.0     FRUIT, CANNED - CHOOSE ONE   122 C SERVING   16.0     FRUIT, CANNED - CHOOSE ONE   122 C SERVING   144.72     SeconDARY   120.0   144.72     MILK 1% WHTE   CARTON   120.0     MILK 1% WHTE   CARTON   120.0     MUK 1% WHTE   CARTON   120.0     MUK 1% WHTE   CARTON   120.0     MUK 1% WHTE   CARTON   13.0     Nutrient Guideline   112 CUP   12.0     Muk 1% COOCOLATE CHIP   1   144.0     SHREDDED LETTUCE & TOMATO-DELI   12 CUP   13.0     CONKIE, CHOCOLATE CHIP			1		
MARINAŘA SAUCE   1/2 CUP   1   1.1.93     MUK : CHOCOLATE MUK FAT FREE   CARTON   1   20.0     MUK : CHOCOLATE MUK FAT FREE   CARTON   1   13.0     ALT SEC WEEKLY 1st CHO   Total   1   43.67     VRAP, CHICKEN   WRAP   1   43.67     CHIPS: DORITOS   BAG   1   19.62     FRUIT BAR: SECONDARY   1   22.0   * Correction Dose:					
MILK 1: CHOCOLATE MILK FAT FREE     CARTON     1     20.0       MILK 1: CHOCOLATE MILK FAT FREE     CARTON     1     13.0       ALT SEC WEEKLY 1st CHO     Total     1     43.67       WRAP, CHICKEN     WRAP     1     43.67       CHIPS: DORTOS     BAG     1.962     + Correction Dose:			1	11.93	
ALT SEC WEEKLY 1st CHO   Total   1   43.67     WRAP, CHCKEN   WRAP   1   43.67     WRAP, CHCKEN   BAG   1   16.62     FRESH MIXED VEGETABLE CUP   3/4 CUP   8.31   + Correction Dose:	MILK : CHOCOLATE MILK FAT FREE	CARTON	1		
WRAP     1     43.67     Units for Carl Us:		CARTON	1		
WRAP   1   43.67     CHIPS: DORITOS   BAG   1   19.62     FRESH MIXED VEGETABLE CUP   3/4 CUP   1   8.31     FRUIT, CANNED CHOOSE ONE   1/2 C SERVING   1   15.8     FRUIT, BAR: SECONDARY   1   22.62   PC CUP   1   2.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0   1   14.7.7     Weighted Daily Average   1   14.4.7.7   52.9%   1   14.7.7     Weighted Daily Average   1   12.00   1   1.0.0   1     Weighted Daily Average   52.9%   14.4.7.7   52.9%   1   1.4.7.7     Nutrient Guideline   1   12.00   1   2.67   1     Mon - 01/08/2024   SECONDARY LUNCH 9-12   Total   1   4.4.0     SECONDARY LUNCH -FR102 GK7516   SERVINGS   1   4.0     SHEODED LETTUCE & TOMATO-DELI   1/2 CUP   1   2.67     FRUNT BAR: SECONDARY   1 CUP   1   2.62     PINALE AR: SECONDARY   1 CUP   1   1.0     MUSTARD:, P/C   1 <td>ALT SEC WEEKLY 1st CHO</td> <td>Total</td> <td>1</td> <td></td> <td>Units for Carbs</td>	ALT SEC WEEKLY 1st CHO	Total	1		Units for Carbs
FRESH MIXED VEGETABLE CUP   3/4 CUP   1   8.31   + Correction Dose:	WRAP, CHICKEN	WRAP	1	43.67	onits for carbs,
FRUIT, CANNED - CHOOSE ONE   1/2 C SERVING   1   15.8     FRUIT BAR: SECONDARY   1 CUP   1   22.62     RANCH: (WILD COYOTE LITE)   PC CUP   1   2.0     MILK 1: CHOCOLATE MILK FAT FREE   CARTON   1   13.0     Weighted Daily Average   144.72   52.9%     Nutrient Guideline   144.72     SECONDARY LUNCH 9-12   Total   1     CHICKEN SANDWICH: FR102 GK7516   SERVINGS   1   44.0     SHREDDED LETTUCE & TOMATO-DELI   1/2 CUP   1   2.67     FRENCH FRIES: S.S. 3/4 CUP   6 OZ   1 3.0     FRUIT BAR: SECONDARY   1 CUP   1   1.0     SHREDDED LETTUCE & TOMATO-DELI   1/2 CUP   1   1.0     OCOKIE, CHOCOLATE CHIP   1 EACH   1   1.44.0     FRUIT BAR: SECONDARY   1 CUP   1   2.62     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP   1   1.0     MUSTARD:, P/C   PC   1   10.1     MAYONNAISE, LIGHT   CARTON   1   20.0     MILK 1'& WHITE   CARTON   1   20.0     M	CHIPS: DORITOS	BAG	1	19.62	
FRUIT BAR: SECONDARY   1 CUP   1   22.62   = Total Insulin:     MILK: CHOCOLATE MILK FAT FREE   CARTON   1   20.0     MILK: 1% WHITE   CARTON   1   20.0     MILK: 1% WHITE   CARTON   1   20.0     MILK: 1% WHITE   CARTON   1   20.0     Muth 1% WHITE   CARTON   1   20.0     Muthent Guideline   1   144.72     SECONDARY LUNCH 9-12   Cortal   1   44.0     SHEDDED LETTUCE & TOMATO-DELI   1/2 CUP   1   2.67     FRENCH FRIES- S.3 vid CUP   6 OZ   1   33.0     FRENCH FRIES- S.2 vid CUP   1   1.0   1     PINAPPLE CHUNK-CANED: PRE   1/2 CUP   1   16.0     PINAPPLE CHUNK-CANED: PRE   1/2 CUP   1   10.1     MUSTARD: P/C   PC   1   0.30   10.1     MILK 1% WHITE   CARTON   1   20.0<	FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31	+ Correction Dose:
RAACCH: (WILD COYOTE LITE)   PC CUP   1   2.0   = Total Insulin:	FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	
MILK CHOCOLATE MILK FAT FREE   CARTON   1   2.0     MILK 1% WHITE   CARTON   1   13.0     Weighted Daily Average   144.72     % of Calories   144.72     Nutrient Guideline   1   44.0     SECONDARY LUNCH 9-12   Total   1     CHICKEN SANDWICH- FR102 GK7516   SERVINGS   1   44.0     SHREDDED LETTUCE & TOMATO-DELI   1/2 CUP   1   2.67     FRENCH FRIES - S. 3/4 CUP   6 OZ   1   33.0     COOKIE, CHOCOLATE CHIP   1 EACH   1   13.49     FRENCH FRIES - S. 3/4 CUP   1 OZ.   1   1.0     VINT BAR: SECONDARY   1 CUP   1   2.62     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP   1   18.0     PICKEL:, CHIPS   1 OZ.   1   1.0     MUSTARD:, P/C   1 Each   1   0.33     KETCHUP:   P/C   1   1.2.0   1.0.1     MUSTARD:, P/C   1 Each   1   0.33   1.3.0     MILK 1% WHITE   CARTON   1   29.0   1.1.0     MILK 1% WHITE   S	FRUIT BAR : SECONDARY	1 CUP	1	22.62	Tatal In an line
MLK 1% WHITE     CARTON     1     13.0       Weighted Daily Average % of Calories     144.72     52.9%       Nutrient Guideline     144.72       SECONDARY LUNCH 9-12     Total     1       CHICKEN SANDWICH- FR102 GK7516     SERVINGS     1     44.0       SHREDDE LETTUCE & TOMATO-DELI     1/2 CUP     1     2.67       FRENCH FRIES S.S. 3/4 CUP     6 OZ     1     33.0       COOKIE, CHOCOLATE CHIP     1     EACH     1     13.49       FRUIT BAR : SECONDARY     1 CUP     1     22.62     Total Carbs:	RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	= 10ta1 insulin:
Weighted Daily Average % of Calories   144.72 52.9%     Nutrient Guideline   52.9%     Mon - 01/08/2024   52.9%     SECONDARY LUNCH 9-12   Total     CHICKEN SANDWICH- FR102 GK7516   SERVINGS     SHREDDED LETTUCE & TOMATO-DELI   1/2 CUP     1/2 CUP   1     SHREDDED LETTUCE & TOMATO-DELI   1/2 CUP     PRUTE BAR: SECONDARY   1 CUP     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP     MUSTARD; P/C   1 Each     MAYONNAISE, LIGHT   POUCH     MULX : CHOCOLATE MILK FAT FREE   CARTON     MAYONNAISE, LIGHT   POUCH     MILK : CHOCOLATE MILK FAT FREE   CARTON     QUINNOS PIZZA   SLICE     DINNER SALAD - ALT LINE   SERVINGS     COOKIE, SNICKERDODLE, WG   SERVINGS     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP     DINNER SALAD - ALT LINE   SERVINGS     COOKIE, SNICKERDODLE, WG   SERVINGS     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP     PI	MILK : CHOCOLATE MILK FAT FREE	CARTON	1		
% of Calories   52.9%     Nutrient Guideline   52.9%     Mon - 01/08/2024   Total     SECONDARY LUNCH 9-12   Total     CHICKEN SANDWICH- FR102 GK7516   SERVINGS     SHREDDED LETTUCE & TOMATO-DELI   1/2 CUP     1/2 CUP   1     COOKIE, CHOCOLATE CHIP   1 EACH     FRUIT BAR : SECONDARY   1 CUP     PICKLE:, CHOROLATE CHIP   1 EACH     PICKLE:, CHOROLATE CHIP   1 CUP     PICKLE:, CHOROLATE CHIP   1 CUP     PICKLE:, CHOROLATE CHIP   1 CUP     PICKLE:, CHIPS   1 OZ.     MUSTARD:, P/C   1 Each     MAYONNAISE, LIGHT   POUCH     MUK: CHOCOLATE MILK FAT FREE   CARTON     MILK : CHOCOLATE MILK FAT FREE   CARTON     MILK : SCHOCOLATE MILK FAT FREE   CARTON     DINNER SALAD - ALT LINE   SERVINGS     COOKIE, SNICKERDOODLE, WG   SERVINGS     RANCH: (WILD COYOTE LITE)   PC CUP     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP     PINAPPLE CHUNK-CANNED: PRE	MILK 1% WHITE	CARTON	1		
Nutrient Guideline     BG       Mon - 01/08/2024	Weighted Daily Average			144.72	
Mon - 01/08/2024     Total     1       SECONDARY LUNCH 9-12     Total     1     44.0       CHICKEN SANDWICH- FR102 GK7516     SERVINGS     1 44.0       SHREDDED LETTUCE & TOMATO-DELI     1/2 CUP     1 2.67       FRENCH FRIES-S.S. 3/4 CUP     6 OZ     1 33.0       COOKIE, CHOCOLATE CHIP     1 EACH     1 13.49       FRUIT BAR: SECONDARY     1 CUP     1 22.62       PINATPLE CHUNK-CANNED: PRE     1/2 CUP     1 10.1       MUSTARD; P/C     1 Each     1 0.33       KETCHUP : P/C     PC     1 10.12       MAYONNAISE, LIGHT     POUCH     1 0.0       MILK 1% WHITE     CARTON     1 20.0       MILK 1% WHITE     CARTON     1 20.0       DOMINOS PIZZA     SLICE     1 29.0       DOMINOS PIZZA     SLICE     1 29.0       FRUIT BAR: SECONDARY     1 CUP     1 22.62       PINAPPLE CHUNK-CANNED: PRE     1/2 CUP     1 8.0       POCKIE, SNICKERDODDLE, WG     SERVINGS     1 6.07       RANCH: (WILD COYOTE LITE)     PC CUP     1 20.0       MILK 1% WHITE	% of Calories			52.9%	
Mon - 01/08/2024     Total     1       SECONDARY LUNCH 9-12     Total     1     44.0       CHICKEN SANDWICH- FR102 GK7516     SERVINGS     1 44.0       SHREDDED LETTUCE & TOMATO-DELI     1/2 CUP     1 2.67       FRENCH FRIES-S.S. 3/4 CUP     6 OZ     1 33.0       COOKIE, CHOCOLATE CHIP     1 EACH     1 13.49       FRUIT BAR: SECONDARY     1 CUP     1 22.62       PINATPLE CHUNK-CANNED: PRE     1/2 CUP     1 10.1       MUSTARD; P/C     1 Each     1 0.33       KETCHUP : P/C     PC     1 10.12       MAYONNAISE, LIGHT     POUCH     1 0.0       MILK 1% WHITE     CARTON     1 20.0       MILK 1% WHITE     CARTON     1 20.0       DOMINOS PIZZA     SLICE     1 29.0       DOMINOS PIZZA     SLICE     1 29.0       FRUIT BAR: SECONDARY     1 CUP     1 22.62       PINAPPLE CHUNK-CANNED: PRE     1/2 CUP     1 8.0       POCKIE, SNICKERDODDLE, WG     SERVINGS     1 6.07       RANCH: (WILD COYOTE LITE)     PC CUP     1 20.0       MILK 1% WHITE	Nutriant Guidalina				
SECONDARY LUNCH 9-12     Total     1     44.0       CHICKEN SANDWICH- FR102 GK7516     SERVINGS     1     44.0       SHREDDED LETTUCE & TOMATO-DELI     1/2 CUP     1     2.67       FRENCH FRIES-S.S. 3/4 CUP     6 OZ     1     33.0       COOKIE, CHOCOLATE CHIP     1 EACH     1     13.49       FRUIT BAR : SECONDARY     1 CUP     1 22.62     Total       PINAPPLE CHUNK-CANNED: PRE     1/2 CUP     1     18.0       PICKLE:, CHIPS     1 OZ.     1     1.0       MUSTARD:, P/C     1 Each     1     0.33       KETCHUP:     P/C     1     10.12       MAYONNAISE, LIGHT     POUCH     1     0.0       MILK 1% WHITE     CARTON     1     13.0       ALT SEC WEEKLY 1st CHO     Total     1     +       DMINOS PIZZA     SLICE     1     29.0       DINNER SALAD - ALT LINE     SERVINGS     1 6.0     +       COCKIE, SNICKERDODLE, WG     SERVINGS     1 6.0     -       RANCH: (WILD COYOTE LITE)     PC CUP     1					
SECONDARY LUNCH 9-12     Total     1     44.0       CHICKEN SANDWICH- FR102 GK7516     SERVINGS     1     44.0       SHREDDED LETTUCE & TOMATO-DELI     1/2 CUP     1     2.67       FRENCH FRIES-S.S. 3/4 CUP     6 OZ     1     33.0       COOKIE, CHOCOLATE CHIP     1 EACH     1     13.49       FRUIT BAR : SECONDARY     1 CUP     1 22.62     Total       PINAPPLE CHUNK-CANNED: PRE     1/2 CUP     1     18.0       PICKLE:, CHIPS     1 OZ.     1     1.0       MUSTARD:, P/C     1 Each     1     0.33       KETCHUP:     P/C     1     10.12       MAYONNAISE, LIGHT     POUCH     1     0.0       MILK 1% WHITE     CARTON     1     13.0       ALT SEC WEEKLY 1st CHO     Total     1     +       DMINOS PIZZA     SLICE     1     29.0       DINNER SALAD - ALT LINE     SERVINGS     1 6.0     +       COCKIE, SNICKERDODLE, WG     SERVINGS     1 6.0     -       RANCH: (WILD COYOTE LITE)     PC CUP     1					
CHICKEN SANDWICH- FR102 GK7516   SERVINGS   1   44.0   BG	Mon - 01/08/2024				
SHREDDED LETTUCE & TOMATO-DELI1/2 CUP12.67FRENCH FRIES- S.S. 3/4 CUP6 OZ133.0COOKIE, CHOCOLATE CHIP1 EACH113.49FRUIT BAR : SECONDARY1 CUP122.62PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0PICKLE:, CHIPS1 OZ.11.0MUSTARD:, P/C1 Each10.33KETCHUP:P/CPC110.12MAYONNAISE, LIGHTPOUCH10.0MILK 1'W WHITECARTON113.0MILK 1'W WHITESLICE120.0DINNER SALAD - ALT LINESERVINGS116.0COKIE, SNICKERDODDLE, WGSERVINGS116.0FRUIT BAR : SECONDARY1 CUP122.62PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0RANCH: (WILD COYOTE LITE)PC CUP12.0MILK 1'% WHITECARTON113.0Weighted Daily Average0152.45% of Calories58.8%58.8%	SECONDARY LUNCH 9-12	Total	1		
FRENCH FRIES- S. S. 3/4 CUP6 OZ133.0Total Carbs:COOKIE, CHOCOLATE CHIP1 EACH113.491114.49FRUIT BAR : SECONDARY1 CUP122.6211.0PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.01.0PICKLE:, CHIPS1 OZ.11.0MUSTARD:, P/C1 Each10.33KETCHUP :P/CPC110.12MAYONNAISE, LIGHTPOUCH10.0MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0ALT SEC WEEKLY 1st CHOTotal1DOMINOS PIZZASLICE129.0DINNER SALAD - ALT LINESERVINGS1COCKIE, SNICKERDOODLE, WGSERVINGS1FRUIT BAR : SECONDARY1 CUP1PINAPPLE CHUNK-CANNED: PRE1/2 CUP1PINAPPLE CHUNK-CANNED: PRE1/2 CUP1MILK : CHOCOLATE MILK FAT FREECARTON1MILK 1% WHITECARTON1Weighted Daily Average152.45% of Calories58.8%	CHICKEN SANDWICH- FR102 GK7516	SERVINGS	1	44.0	BG@
COOKIE, CHOCOLATE CHIP1 EACH113.49FRUIT BAR: SECONDARY1 CUP122.62PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0PICKLE:, CHIPS1 OZ.11.0MUSTARD:, P/C1 Each10.33KETCHUP:P/CPC110.12MAYONNAISE, LIGHTPOUCH10.0MILK 1% WHITECARTON113.0ALT SEC WEEKLY 1st CHOTotal1DOMINOS PIZZASLICE129.0DINNER SALAD - ALT LINESERVINGS116.07COOKIE, SNICKERDOODLE, WGSERVINGS116.07FRUIT BAR : SECONDARY11/2 CUP118.0PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0RANCH: (WILD COYOTE LITE)PC CUP120.0MILK 1% WHITECARTON113.0Weighted Daily Average152.4558.8%	SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	
COOKIE, CHOCOLATE CHIP   1 EACH   1 13.49     FRUIT BAR : SECONDARY   1 CUP   1 22.62     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP   1 18.0     PICKLE:, CHIPS   1 OZ.   1 1.0     MUSTARD:, P/C   1 Each   1 0.33     KETCHUP :   P/C   1 10.12     MAYONNAISE, LIGHT   POUCH   1 0.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1 20.0     MILK 1% WHITE   CARTON   1 13.0     ALT SEC WEEKLY 1st CHO   Total   1     DOMINOS PIZZA   SLICE   1 29.0     DINNER SALAD - ALT LINE   SERVINGS   1 6.07     COOKIE, SNICKERDOODLE, WG   SERVINGS   1 6.07     FRUIT BAR : SECONDARY   1 CUP   1 22.62     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP   1 18.0     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP   1 18.0     RANCH: (WILD COYOTE LITE)   PC CUP   1 20.0     MILK 1% WHITE   CARTON   1 3.0     Weighted Daily Average   152.45     % of Calories   58.8%	FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	33.0	Total Carbs:
PINAPPLE CHUNK-CANNED: PRE   1/2 CUP   1   18.0     PICKLE:, CHIPS   1 OZ.   1   1.0     MUSTARD:, P/C   1   Each   1   0.33     KETCHUP :   P/C   PC   1   10.1     MAYONNAISE, LIGHT   POUCH   1   0.0   0.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0   0.0     MILK 1% WHITE   CARTON   1   30.0   0.0   0.0     ALT SEC WEEKLY 1st CHO   Total   1   1   0.0   0.0     DINNER SALAD - ALT LINE   SERVINGS   1   6.07   0.0   0.0   0.0     FRUIT BAR : SECONDARY   1   CUP   1   22.62   0.0   0.0   0.0     PINAPPLE CHUNK-CANNED: PRE   1/2 CUP   1   18.0   0.0   0.0   0.0     RANCH: (WILD COYOTE LITE)   PC CUP   1   2.0   0.0   0.0   0.0   0.0   0.0     MILK 1% WHITE   CARTON   1   2.0   0.0   0.0   0.0   0.0     MILK 1% WHITE   CARTON	COOKIE, CHOCOLATE CHIP	1 EACH	1	13.49	10tai caros.
PICKLE:, CHIPS   1 OZ.   1   1.0     MUSTARD:, P/C   1 Each   1   0.33     KETCHUP:   P/C   1   10.12     MAYONNAISE, LIGHT   POUCH   1   0.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0     MILK 1% WHITE   CARTON   1   13.0     ALT SEC WEEKLY 1st CHO   Total   1   + Correction Dose:	FRUIT BAR : SECONDARY	1 CUP	1	22.62	
MUSTARD:, P/C1 Each10.33KETCHUP : P/CPC110.12MAYONNAISE, LIGHTPOUCH10.0MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0ALT SEC WEEKLY 1st CHOTotal1DOMINOS PIZZASLICE129.0DINNER SALAD - ALT LINESERVINGS16.07COOKIE, SNICKERDOODLE, WGSERVINGS116.0FRUIT BAR : SECONDARY1CUP122.62PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0RANCH: (WILD COYOTE LITE)PC CUP120.0MILK 1% WHITECARTON113.0Weighted Daily Average152.4558.8%	PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	
KETCHUP :P/C110.12MAYONNAISE, LIGHTPOUCH10.0MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0ALT SEC WEEKLY 1st CHOTotal1DOMINOS PIZZASLICE129.0DINNER SALAD - ALT LINESERVINGS16.07COOKIE, SNICKERDOODLE, WGSERVINGS116.07FRUIT BAR : SECONDARY1CUP122.62PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0RANCH: (WILD COYOTE LITE)PC CUP120.0MILK 1% WHITECARTON113.0Weighted Daily Average152.4558.8%	PICKLE:, CHIPS	1 OZ.	1	1.0	
MAYONNAISE, LIGHTPOUCH10.0MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0ALT SEC WEEKLY 1st CHOTotal1DOMINOS PIZZASLICE129.0DINNER SALAD - ALT LINESERVINGS16.07COOKIE, SNICKERDOODLE, WGSERVINGS116.0FRUIT BAR : SECONDARY1 CUP122.62PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0RANCH: (WILD COYOTE LITE)PC CUP12.0MILK 1% WHITECARTON120.0Weighted Daily Average152.4558.8%	MUSTARD:, P/C	1 Each	1	0.33	
MILK : CHOCOLATE MILK FAT FREE MILK 1% WHITECARTON CARTON120.0 1 3.0Units for Carbs:ALT SEC WEEKLY 1st CHO DOMINOS PIZZATotal1+DOMINOS PIZZASLICE129.0DINNER SALAD - ALT LINE COOKIE, SNICKERDOODLE, WGSERVINGS16.07FRUIT BAR : SECONDARY PINAPPLE CHUNK-CANNED: PRE RANCH: (WILD COYOTE LITE)1/2 CUP118.0PINAPPLE CHUNK-CANNED: PRE MILK 1% WHITEPC CUP12.0Total In su lin:Weighted Daily Average % of Calories152.45 58.8%58.8%152.4558.8%	KETCHUP : P/C	PC	1	10.12	
MILK 1% WHITECARTON113.0ALT SEC WEEKLY 1st CHOTotal1DOMINOS PIZZASLICE129.0DINNER SALAD - ALT LINESERVINGS16.07COOKIE, SNICKERDOODLE, WGSERVINGS116.0FRUIT BAR : SECONDARY1 CUP122.62PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0RANCH: (WILD COYOTE LITE)PC CUP12.0MILK 1% WHITECARTON113.0Weighted Daily Average152.4558.8%		POUCH	1	0.0	
MILK 1% WHITECARTON113.0ALT SEC WEEKLY 1st CHOTotal1DOMINOS PIZZASLICE129.0DINNER SALAD - ALT LINESERVINGS16.07COOKIE, SNICKERDOODLE, WGSERVINGS116.0FRUIT BAR : SECONDARY1 CUP122.62PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0RANCH: (WILD COYOTE LITE)PC CUP120.0MILK 1% WHITECARTON113.0Weighted Daily Average152.4558.8%	MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Units for Carbs:
DOMINOS PIZZASLICE129.0+ Correction Dose:DINNER SALAD - ALT LINESERVINGS16.07COOKIE, SNICKERDOODLE, WGSERVINGS116.0FRUIT BAR : SECONDARY1CUP1PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0RANCH: (WILD COYOTE LITE)PC CUP120.0MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average152.4558.8%				13.0	
DINNER SALAD - ALT LINESERVINGS16.07COOKIE, SNICKERDOODLE, WGSERVINGS116.0FRUIT BAR : SECONDARY1CUP122.62PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0RANCH: (WILD COYOTE LITE)PC CUP12.0MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average152.4558.8%			1		
COOKIE, SNICKERDOODLE, WG FRUIT BAR : SECONDARYSERVINGS 1 CUP116.0 22.62PINAPPLE CHUNK-CANNED: PRE RANCH: (WILD COYOTE LITE)1/2 CUP PC CUP118.0 20.0MILK : CHOCOLATE MILK FAT FREE MILK 1% WHITECARTON CARTON120.0 13.0Weighted Daily Average % of Calories152.45 58.8%58.8%			1	29.0	+ Correction Dose:
FRUIT BAR : SECONDARY1 CUP122.62PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0RANCH: (WILD COYOTE LITE)PC CUP12.0MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average152.4558.8%			1		
PROTE BAR : SECONDARYTCOP122.02PINAPPLE CHUNK-CANNED: PRE1/2 CUP118.0RANCH: (WILD COYOTE LITE)PC CUP12.0MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average152.4558.8%		SERVINGS	1		– Total Insulin:
RANCH: (WILD COYOTE LITE) MILK : CHOCOLATE MILK FAT FREE MILK 1% WHITEPC CUP CARTON12.0MILK 1% WHITECARTON113.0Weighted Daily Average % of Calories152.45 58.8%			1	22.62	= 10ta111501111.
MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average % of Calories152.45 58.8%	PINAPPLE CHUNK-CANNED: PRE		1	18.0	
MILK 1% WHITECARTON113.0Weighted Daily Average % of Calories152.45 58.8%					
Weighted Daily Average152.45% of Calories58.8%					
% of Calories 58.8%		CARTON	1		
Nutrient Guideline	% of Calories			58.8%	
	Nutrient Guideline				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

#### Base Menu Spreadsheet

## Portion Values - Detailed

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# Jan 3, 2024 thru Jan 31, 2024

Generated on: 12/11/2023 9:41:39 AM

## Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

#### Portion Reimb Carb Size Qty (g) Tue - 01/09/2024 SECONDARY LUNCH 9-12 Total 1 BG\_\_\_\_@\_\_\_\_\_ TACO SOUP 1 CUP 21.65 1 CHEDDAR/ JACK FANCY SHRED-.50Z .5 OZ 1 0.51 Total Carbs: \_\_\_\_\_ ROLL CINNAMON ROLL W. W.W. BRIDGFOR 35.0 1 MIXED FRESH VEGETABLES:ELE 3/4 CUP 6.31 1 22.62 FRUIT BAR : SECONDARY 1 CUP 1 PEARS, DICED, CANNED 1/2 CUP 16.0 1 SALAD BAR: 2 TUESDAY (SEC) 1 CUP 41.02 1 MILK : CHOCOLATE MILK FAT FREE CARTON 20.0 1 CARTON **MILK 1% WHITE** 13.0 1 ALT SEC WEEKLY 1st CHO Total 1 Units for Carbs: NACHOS SERVINGS 42.75 1 LETTUCE & TOMATO:3/4 CUP-TACOS 3/4 CUP 1 9.94 FRUIT BAR : SECONDARY 1 CUP 22.62 1 + Correction Dose:\_\_\_\_ PEARS, DICED, CANNED 1/2 CUP 1 16.0 SALSA PICANTE 1 OZ 1 1.4 MILK : CHOCOLATE MILK FAT FREE = Total Insulin: CARTON 20.0 1 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 150.90 % of Calories 51.8% Nutrient Guideline Wed - 01/10/2024 SECONDARY LUNCH 9-12 Total 1 BG\_\_\_@\_\_\_\_ HOMESTYLE WG CHICKEN TENDER ST **3 PC SERVINGS** 14.08 1 BUTTER MASHED POTATOES-sec 2/3 cup 18.0 1 GRAVY, CHICKEN: LOW SODIUM 1/4 CÚP 2.86 1 Total Carbs: CARROTS, SLICED, FZ 1/2 C SERVINGS 1 6.0 **ROLLS - NO EGGS** SERVINGS 1 23.19 MARGARINE REDDIES: (1) 1 Pattv 1 0.0 FRUIT BAR : SECONDARY 1 CUP 1 22.62 PEACH, DICED, CANNED 1/2 CUP 14.0 1 BARBAQUE SAUCE: P/C 1 Each 1 13.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 **MILK 1% WHITE** CARTON 1 13.0 Units for Carbs: \_\_\_\_\_ ALT SEC WEEKLY 1st CHO Total 1 SPICY CHICKEN PATTY - A PIERRE SERVINGS 43.0 1 SHREDDED LETTUCE & TOMATO-DELI 1/2 CUP 2.67 1 + Correction Dose:\_\_\_\_\_ WAFFLE FRIES, SKIN ON MCCAIN **3oz SERVINGS** 19.0 1 CARROT STICKS 1/2 CUP 1/2 CUP 2.0 1 FRUIT BAR : SECONDARY 1 CUP 1 22.62 = Total Insulin:\_\_\_\_\_ PEACH, DICED, CANNED 1/2 CUP 14.0 1 PICKLE:, CHIPS 1 OZ. 1 1.0 KETCHUP: P/C PC 1 10.12 MAYONNAISE, LIGHT POUCH 1 0.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 13.0 1 Weighted Daily Average 147.07 % of Calories 56.9% Nutrient Guideline

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Base Menu Spreadsheet

## Portion Values - Detailed

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# Jan 3, 2024 thru Jan 31, 2024

## Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

#### Generated on: 12/11/2023 9:41:39 AM

	Portion Size	Reimb Qty	Carb (g)	
Thu - 01/11/2024				
SECONDARY LUNCH 9-12	Total	1		BG@
ORANGE CHICKEN	3.92 OZ	1	17.04	BG@
RICE: COOKED BROWN (SEC)	1 CUP	1	32.96	
BROCCOLI, ROASTED	1 CUP	1	4.45	Total Carbs:
COOKIE: FORTUNE COOKIE	COOKIE	1	7.05	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	
SALAD BAR: 3 THURSDAY'S:SEC	1 CUP	1	40.38	
SOY SAUCE: PC	PC	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC WEEKLY 1st CHO	Total	1		Units for Carbs:
TACO SALAD :ALT LINE	SERVING	1	33.3	01113101 Car 03.
BEANS, CANNED, BLACK BEAN, LS	1/2 CUP	1	18.0	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	+ Correction Dose:
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	<b>T</b> , 1 <b>T</b> , 1
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	= Total Insulin:
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			147.21	
% of Calories			57.8%	
			01.070	
Nutrient Guideline				
			]	
Fri - 01/12/2024				
SECONDARY LUNCH 9-12	Total	1		
PIZZA, 7" WG BREADSTICK	BREAD STICK	1	30.0	BG@
STRING CHEESE: 1oz M	1 EA	1	0.0	
DINNER SALAD	1 CUP	1	7.49	T . 1 C . 1
JELL-O	GEL CUP	1	25.0	Total Carbs:
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MARINARA SAUCE	1/2 CUP	1	11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC WEEKLY 1st CHO	Total	1	13.0	
WRAP, CHICKEN	WRAP	1	43.67	Units for Carbs:
CHIPS: DORITOS	BAG	1	19.62	
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31	+ Correction Dose:
	1/2 C SERVING	1	15.8	
FRUIT, CANNED - CHOOSE ONE FRUIT BAR : SECONDARY	1 CUP	1	22.62	
RANCH: (WILD COYOTE LITE)	PC CUP		22.62	= Total Insulin:
	CARTON	1		
		1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			146.42	
% of Calories			55.5%	
Nutrient Guideline				
	1			

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### Base Menu Spreadsheet

### Portion Values - Detailed

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Jan 3, 2024 thru Jan 31, 2024 Combined: SECONDARY LUNCH 9-12/ALT SEC

WEEKLY 1st CHOICE

Generated on: 12/11/2023 9:41:39 AM

Size     Qiv     (g)       SECONDARY LUNCH 9-12     Total     1     23.0       SECONDARY LUNCH 9-12     Total     1     23.0       CHEDDAR JACC/SEC     serving     1     23.0       LETTUCE & TOMATO:34 CUP-TACOS     3/4 CUP     1     9.94       CHEDDAR JACK FANCY SHRED-502     5 OZ     1     0.51       REFRIED BEANS, VV     1/2 C UP     1     16.0       FRUIT BAR : SECONDARY     1 CUP     1     41.02       SALSA PICANTE     10Z     1     1.1       MILK 1%, WHTE     CARTON     1     20.0       MILK 1%, WHTE     CARTON     1     20.0       MILK 1%, WHTE     CARTON     1     3.0       ALT SEC WERKLY ISCHO     Total     1     42.75       FUIT BAR : SECONDARY     1 CUP     1     2.62       PEARS, DICED, CANNED     1/2 CUP     1     1.6       MILK 1%, WHTE     CARTON     1     2.00       MILK 1%, WHTE     CARTON     1     2.00       COUNTRY FREED STEAK		Portion	Reimb	Carb	
SECONDARY LUNCH 9-12     Total     1     23.0     BG		Size	Qty	<u>(g)</u>	
SOFT FLOUR TACOSEC   serving   1   23.0   BC@     LETTUCE & TOMATO:34 CUP-TACOS   3'4 CUP   1   9.44     CHEDDAR/ JACK FANCY SHRED-SOZ   5 OZ   1   0.51     REFRIED BEANS, V   1/2 C SERVINGS   1 22.62     FRUIT BAR: SECONDARY   1 CUP   1   141.02     SALAD BAR: ZT UESDAY (SEC)   1 CUP   1   141.02     SALAD BAR: ZT UESDAY (SEC)   1 CUP   1   141.02     NUK: CHOCOLATE MUK FAT FREE   CARTON   1   20.0     MUK: YAS WHITE   CARTON   1   13.0   Units for Carbs:					
LETTUCE & TOMATO 24 CUP-TACOS   34 CUP   1   934   1   934     CHEDDAR JACK FANCY SHRED-SOZ   5.02   1.02   0.51   Total Carbs:					PC @
CHEDDAR/JACK FANCY SHRED-502     5 02     1     0.61     Total Carbs:					BG@
REFRIED BEANS, V V   1/2 C SERVINGS   1   24.0   Tetra Carbos     CHURRO-APPLE WG   SERVINGS   1   25.0   1   Course   1   25.0     FRUIT BAR : SECONDARY   1 CUP   1   16.0   1   25.0   1			-		
REFRIED BEANS, V V   1/2 C SERVINGS   1   24.0     FRUIT BAR: SECONDARY   1 CUP   1   25.0     FRUIT BAR: SECONDARY   1 CUP   1   16.0     SALSA PICANTE   1 OZ   1   1.4     MILK 1% WHTE   CARTON   1   20.0   Units for Carbs:			1	0.51	Total Carbs:
FRUIT BAR: SECONDARY   1 CUP   1   1   160     SALAD BAR: 2 TUESDAY (SEC)   1 CUP   1   160     SALAS PICANTE   1 OZ   1.4     MUK. 13: WHTE   CARTON   1 200     ALT 3EC WEEKLY 1st CHO   Total   2.7     NUK 13: WHTE   CARTON   1 200     ALT 3EC WEEKLY 1st CHO   SERVINGS   1   42.75     LETTUCE & TOMATO:3/4 CUP-TACOS   3'4 CUP   1 9.94     FRUIT BAR: SECONDARY   1 CUP   1 22.02     FRUIT BAR: SECONDARY   1 CUP   1 22.02     Total   1 72.02   1 6.0     SALSA PICANTE   1 00Z   1 1.3.0     Weighted Daily Average   1 61.09     % of Calones   55.2%     Nutrient Guideline   1     Weighted Daily Average   1 6.0     % of Calones   23 cup   1 8.0     Nutrient Guideline   1   1 4.5     Weighted Daily Average   1 6.0     % of Calones   3 HUSHPUPPIES   1 3.0     RALY, CUPUTRY: CUSTOM)   1 44.02   1 4.5     FRUIT BAR: SECONDARY   1 CUP	REFRIED BEANS, V V	1/2 C SERVINGS	1	-	
PEARS, DICED, CANNED   1/2 CUP   1   16.0     SALAD BAR, 2TUESDAY (SEC)   1 CUP   1   41.02     SALAD BAR, 2TUESDAY (SEC)   1 CUP   1   41.02     MILK 126 COCLATE MILK FAT FREE   CARTON   1   20.0     ALT SEC WEEKLY 131 CHO   Total   1   42.75     ALT SEC WEEKLY 131 CHO   Total   1   42.75     LETTUCE & TOMATO:3/4 CUP-TACOS   3/4 CUP   1   9.94     JALT SEC WEEKLY 131 CHO   Total   1   42.75     FUIT BAR, SECONDARY   1 CUP   1   22.62     PEARS, DICE, CANNED   1/2 CUP   1   16.0     SALSA PICANTE   10Z   1.4   16.0     Wik: 1%, WHTE   CARTON   1   20.0     Wik: 1%, WHTE   CARTON   1   10.0     Wik: 1%, WHTE   CARTON   1   10.0     Weighted Daily Average   55.2%   1   17.0     SECONDARY LUNCH 9-12   Total   1   10.0     GRAVY, GUNTRY: FRIED STEAK   SERVINGS   1   17.0     BUTTEM MASHED POTATOES-sec   27.3 cup	CHURRO- APPLE WG	SERVINGS	1	25.0	
SALAD BAR: 2 TUESDAY (SEC)   1 CUP   1   41.02     SALSA PICANTE   1 OZ   1   41.02     MILK 13% WHITE   CARTON   1   20.0     MILK 13% WHITE   CARTON   1   10.0     ALT SEC WEEKLY 1st CHO   Total   1   4.0     NACHOS   SERVINGS   1   4.275     HETTUCE & TOMATO:3/4 CUP-TACOS   3/4 CUP   1   9.94     FRUIT BAR: SECONDARY   1/02   1   1.6   0     SALSA PICANTE   1/02   1   1.4   1.4     MILK: 1% COCLATE MILK FAT FREE   CARTON   1   2.00     MILK: 1% COCLATE MILK FAT FREE   CARTON   1   1.00     SECONDARY LUNCH 9-12   Total   1   1.7.0     SECONDARY LUNCH 9-12   Total   1   1.7.0     GRAVY, COUNTRY FRED STEAK   SERVINGS   1   1.7.0     BUTTER MASHED POTATOES-sec   2/3 cup   1   16.0     GRAVY, COUNTRY : (CUSTOM)   1/4 CUP   1   6.0     GRAVY, COUNTRY : (CUSTOM)   1/4 CUP   1   4.5     FUIT BAR, SECONDARY <td>FRUIT BAR : SECONDARY</td> <td>1 CUP</td> <td>1</td> <td>22.62</td> <td></td>	FRUIT BAR : SECONDARY	1 CUP	1	22.62	
SALSA PICANTE   1 OZ   1 1 4     MILK 10COCLATE MILK FAT FREE   CARTON   1 200     ALT 3EC WEEKLY 1ST CHO   Total   1     ALT 3EC WEEKLY 1ST CHO   Total   1     ALT 3EC WEEKLY 1ST CHO   Total   1     NACHOS   SERVINGS   1 42.75     FUIT BAR. SECONDARY   1 CUP   1 22.62     PEARS, DICED, CANNED   1/2 CUP   1 14.0     MILK 1% WHITE   CARTON   1 20.0     SALSA PICANTE   1 0Z   1 14.0     MILK 1% WHITE   CARTON   1 20.0     SALSA PICANTE   10Z   1 14.0     MILK 1% WHITE   CARTON   1 20.0     Weighted Daily Average   161.09     % of Calories   55.2%     Nutrient Guideline   1     Weighted Daily Average   161.09     % of Calories   2/3 cup   1 18.0     GRAVY, COUNTRY: (CUSTOM)   1/4 4CUP   1 6.0     GRAVY, COUNTRY: (CUSTOM)   1/4 4CUP   1 6.0     GRAVY, COUNTRY: (CUSTOM)   1/4 4CUP   1 4.5     FUIT BAR, SECONDARY   1 CUP   1 22.62	PEARS, DICED, CANNED	1/2 CUP	1	16.0	
MILK 1: CHOCOLATE MILK FAT FREE   CARTON   1   20.0     MILK 1: WHITE   CARTON   1   13.0     ALT SEC WEEKLY 1st CHO   Total   1   42.75     ALT SEC WEEKLY 1st CHO   SERVINGS   1   42.75     LETTUCE & TOMATO:3/4 CUP-TACOS   3/4 CUP   9.94     FRUIT BAR : SECONDARY   1 CUP   1   22.62     PEARS, DICED, CANNED   1/2 CUP   1 6.0   1     SALSA PICANTE   1 OZ   1   1.4     Weighted Daily Average   CARTON   1 20.0   1     Weighted Daily Average   S5.2%   1   17.0     Nutrient Guideline   SERVINGS   1   17.0     SECONDARY LUNCH 9-12   Total   1   1     COUNTRY FRIED STEAK   SERVINGS   1   17.0     BUTTER MASHED POTATOES-sec   2/3 cup   1   18.0     GRAVY, COUNTRY: (CUSTOM)   1/4 CUP   1   6.0     HUSHPUPPIES (3)   3 HUSHPUPPIES   31.0   7     GREEN BEANS 3/4 CUP   1 (2 CUP   1   2.0     FRUIT BAR: SECONDARY   1 (2 UP   1 <td>SALAD BAR: 2 TUESDAY (SEC)</td> <td>1 CUP</td> <td>1</td> <td>41.02</td> <td></td>	SALAD BAR: 2 TUESDAY (SEC)	1 CUP	1	41.02	
MILK 1% WHITE     CARTON     1     13.0     Units for Carbs:       ALT SEC WEEKLY 1st CHO     Total     1     + Correction Dose:     +       ACHOS     SERVINGS     1     42.75     +     +       NURL 1% WHITE     CARTON     1     29.44     +	SALSA PICANTE	1 OZ	1	1.4	
ALT SEC WEEKLY 1st CHO   Total   1   42.75     NACHOS   SERVINGS   1   42.75     LETTUCE & TOMATO:3/4 CUP-TACOS   3/4 CUP   1   9.94     FRUIT BAR: SECONDARY   1 CUP   1   22.62     PEARS, DICED, CANNED   1/2 CUP   1   16.0     SALSA PICANTE   1 OZ   1   1.4     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0     Weighted Daily Average   161.09   55.2%   1   10.0     Nutrient Guideline   SECONDARY LUNCH 9-12   Total   1   1     GOUNTRY FRIED STEAK   SERVINGS   1   7.0   1     SECONDARY LUNCH 9-12   Total   1   1   1     GRAVY, COUNTRY: (CUSTOM)   1/4 CUP   1   6.0   1     HUSHPUPPIES (3)   3 HUSHPUPPIES   31.0   1   1     GREEN BEANS 3/4 CUP   3/4 CUP   1   42.0   1     FRUIT BAR: SECONDARY   1 CUP   1   2.62   1   1     FRUIT BAR: SECONDARY   1 CUP   1   2.67   1   1	MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
NACHOS   SERVINGS   1   42.75   + Correction Dose:	MILK 1% WHITE	CARTON	1	13.0	Units for Carbs:
LETTUCE & TOMATO:3/4 CUP-TACOS   3/4 CUP   1   9.94   * CUTTERTION DOSE	ALT SEC WEEKLY 1st CHO	Total	1		
LETIDGE & TOMATO:3/4 CUP_1ACOS   3/4 CUP   1   9.9.4     PEARS, DICED, CANNED   1/2 CUP   1   6.0     SALSA PICANTE   1/2 CUP   1   6.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0     MILK 1% WHITE   CARTON   1   20.0     MUK 1% WHITE   CARTON   1   10.0     Weighted Daily Average   161.09   55.2%     Nutrient Guideline   55.2%   1   17.0     SECONDARY LUNCH 9-12   Total   1   17.0     COUNTRY FRIED STEAK   SERVINGS   1   17.0     BUTTER MASHED POTATOES-sec   2/3 cup   1   16.0     GREEN BEANS 3/4 CUP   3/4 CUP   1   4.0     FRUIT BAR : SECONDARY   1   1   20.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0     GREEN BEANS 3/4 CUP   3/4 CUP   1   4.0     MILK 1% WHITE   CARTON   1   20.0     MILK 1% WHITE   CARTON   1   20.0     ALT SEC WEEKLY 1st CHO   Total   1   30.0	NACHOS	SERVINGS	1	42.75	+ Correction Dose:
PPEARS, DICED CANNED   1/2 CUP   1   160     SALSA PICANTE   1 OZ   1   1.4     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   10.0     Weighted Daily Average   161.09   55.2%     Nutrient Guideline   55.2%     Nutrient Guideline   55.2%     Nutrient Guideline   1   10.0     Wed - 01/17/2024   56.2%     SECONDARY LUNCH 9-12   Total   1     COUNTRY FRIED STEAK   SERVINGS   1   17.0     BUTTER MASHED POTATOES-sec   2/3 cup   1   8.0     GRAVY, COUNTRY: (CUSTOM)   1/4 CUP   1   6.0     GREEN BEANS 3/4 CUP   3/4 CUP   1   4.5     FRUIT BAR: SECONDARY   1 CUP   1   2.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   2.0     SPICY CHICKEN PATY - A PIERRE   SERVINGS   1   19.0     SHERDDED L ETTUCE & TOMATO-DELI   1/2 CUP   1   4.0     VAFFLE FRIES, SKIN ON MCCAIN   302 SERVINGS   1   10.1 </td <td>LETTUCE &amp; TOMATO:3/4 CUP-TACOS</td> <td>3/4 CUP</td> <td>1</td> <td>9.94</td> <td>+ Correction Dose.</td>	LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	9.94	+ Correction Dose.
SALSA PICANTE   1 OZ   1 14     MILK 12   CARTON   1 20.0     MILK 13/k WHITE   CARTON   1 3.0     Weighted Daily Average   161.09     % of Calories   55.2%     Nutrient Guideline   1     Wed - 01/17/2024   1     SECONDARY LUNCH 9-12   Total     COUNTRY FRIED STEAK   SERVINGS     BUTTER MASHED POTATOES-sec   2/3 cup     BUTTER MASHED POTATOES-sec   2/3 cup     GRAVY, COUNTRY: (CUSTOM)   1/4 CUP     HUSHPUPPIES (3)   3 HUSHPUPPIES 1     GREEN BEANS 3/4 CUP   3/4 CUP     FRUIT BAR: SECONDARY   1 CUP     TOtal Carbs:	FRUIT BAR : SECONDARY	1 CUP	1	22.62	
SALSA PICANTE   1 OZ   1   1.4     MILK 12, CHOCOLATE MILK FAT FREE   CARTON   1   20.0     MILK 13, WHITE   CARTON   1   13.0     Weighted Daily Average   0   161.09   55.2%     Nutrient Guideline   1   17.0   1     Wed - 01/17/2024   1   1   17.0     SECONDARY LUNCH 9-12   Total   1   1     COUNTRY FRIED STEAK   SERVINGS   1   18.0     BUTTER MASHED POTATOES-sec   2/3 cup   1   18.0     COUNTRY FRIED STEAK   SERVINGS   1   14.0     GRAVY, COUNTRY: (CUSTOM)   1/4 CUP   1   6.0     HUSHPUPPIES (3)   3 HUSHPUPPIES 1   31.0   1     GREEN BEANS 3/4 CUP   3/4 CUP   1   4.0     MILK 1% WHITE   CARTON   1   20.0   1     RECOLATE MILK FAT FREE   CARTON   1   13.0     ALT SEC WEEKLY 1st CHO   Total   1   43.0   1     SHREDDED LETTUCE & TOMATO-DELI   1/2 CUP   1   2.0   + Correction Dose:	PEARS, DICED, CANNED	1/2 CUP	1	16.0	= Total Insulin:
MILK 1: CHOCOLATE MILK FAT FREE   CARTON   1   20.0     MILK 1% WHITE   1   13.0     Weighted Daily Average   161.09     % of Calories   55.2%     Nutrient Guideline   55.2%     Nutrient Guideline   55.2%     SECONDARY LUNCH 9-12   Total     COUNTRY FRIED STEAK   SERVINGS     BUTTER MASHED POTATOES-sec   2/3 cup     GRAVY, COUNTRY: (CUSTOM)   1/4 CUP     HUSHPUPPIES (3)   3 HUSHPUPPIES     GREEN BEANS 3/4 CUP   3/4 CUP     FRUIT BAR: SECONDARY   1 CUP     PEACH, DICED, CANNED   1/2 CUP     MILK 1% WHITE   CARTON     SHEQDED LETTUCE & TOMATO-DELI   1/2 CUP     SHEQDED LETTUCE & TOMATO-DELI   1/2 CUP     VAFFLE FRES, SKIN ON MCCAIN   302 SERVINGS     SHREDDED LETTUCE & TOMATO-DELI   1/2 CUP     VAFFLE FRES, SKIN ON MCCAIN   302 SERVINGS     CARROT STICKS 1/2 CUP   1 2/2 CUP     FRUIT BAR: SECONDARY   1 CUP     PEACH, DICED, CANNED   1 0/2.     CARROT STICKS 1/2 CUP   1 0/2.     FRUIT BAR: SECONDARY   1 CUP <td></td> <td></td> <td>1</td> <td></td> <td></td>			1		
MILK 1% WHITE     CARTON     1     13.0       Weighted Daily Average     161.09     55.2%       Nutrient Guideline     55.2%       Nutrient Guideline     1     17.0       Weighted Daily Average     55.2%       Nutrient Guideline     1       Wed - 01/17/2024     55.2%       SECONDARY LUNCH 9-12     Total       COUNTRY FRUED STEAK     SERVINGS       BUTTER MASHED POTATOES-sec     2/3 cup       GRAVY, COUNTRY : (CUSTOM)     1/4 CUP       HUSHPUPPIES (3)     3 HUSHPUPPIES       GREEN BEANS 3/4 CUP     3/4 CUP       FRUIT BAR: SECONDARY     1 CUP       PEACH, DICED, CANNED     1/2 CUP       MILK 1% WHITE     CARTON       SHEDDED LETTUCE & TOMATO-DELI     1/2 CUP       MAIT SEC WEEKLY 1st CHO     Total       SHREDDED LETTUCE & TOMATO-DELI     1/2 CUP       VAFFILE FRIES, SKIN ON MCCAIN     302 SERVINGS       SHREDDED LETTUCE & TOMATO-DELI     1/2 CUP       VAFFILE FRIES, SCONDARY     1 CUP       PEACH, DICED, CANNED     1/2 CUP       T/2 CUP     1 4.0		-			
Weighted Daily Average % of Calories   161.09     % of Calories   55.2%     Nutrient Guideline   55.2%     Wed - 01/17/2024   Total     SECONDARY LUNCH 9-12   Total     COUNTRY FRIED STEAK   SERVINGS     BUTTER MASHED POTATOES-sec   2/3 cup     GRAVY, COUNTRY: (CUSTOM)   1/4 CUP     HUSHPUPPIES (3)   3 HUSHPUPPIES     GREEN BEANS 3/4 CUP   3/4 CUP     PEACH, DICED, CANNED   1/2 CUP     MILK 1% WHITE   CARTON     ALT SEC WEEKLY 1st CHO   Total     SHEQ DED LETTUCE & TOMATO-DELI   1/2 CUP     MAYONNAISE, LIGHT   102.     PEACH, DICED, CANNED   1/2 CUP     ALT SEC WEEKLY 1st CHO   Total     SHEQ DED LETTUCE & TOMATO-DELI   1/2 CUP     MAFULE FIES, SKIN ON MCCAIN   3oz SERVINGS     CARROT STICKS 1/2 CUP   1 2.00     FRUIT BAR : SECONDARY   1 CUP     PEACH, DICED, CANNED   1/2 CUP     MAYONNAISE, LIGHT   POUCH   1 0.0     MILK 1% WHITE   CARTON   1 20.0     MILK 1% WHITE   CARTON   1 20.0					
% of Calories   55.2%     Nutrient Guideline   55.2%     Wed - 01/17/2024   55.2%     SECONDARY LUNCH 9-12   Total   1     COUNTRY FRIED STEAK   SERVINGS   1 17.0     BUTTER MASHED POTATOES-sec   2/3 cup   1 18.0     GRAVV, COUNTRY: (CUSTOM)   1/4 CUP   1 6.0     HUSHPUPPIES (3)   3 HUSHPUPPIES   31.0     GREEN BEANS 3/4 CUP   3/4 CUP   1 4.5     FRUIT BAR: SECONDARY   1 CUP   1 22.62     PEACH, DICED, CANNED   1/2 CUP   1 4.0     MILK 1% WHITE   CARTON   1 30.0     ALT SEC WEEKLY 1st CHO   Total   1     SHREDDE LETTUCE & TOMATO-DELI   1/2 CUP   1 4.0     VAFFLE FRIES, SKIN ON MCCAIN   3oz SERVINGS   1 19.0     CARROT STICKS 1/2 CUP   1 2.0   1.2     PEACH, DICED, CANNED   1/2 CUP   1 4.0     PICKLE:, CHIPS   1 OZ.   1.0     CARROT STICKS 1/2 CUP   1 2.0      VAFFLE FRIES, SKIN ON MCCAIN   3oz SERVINGS   1 9.0     CARTOT STICKS 1/2 CUP   1 2.0      PE	Weighted Daily Average				
Nutrient Guideline     Image: Secondary Lunch 9-12     Total     1       COUNTRY FRIED STEAK     SERVINGS     1     17.0       BUTTER MASHED POTATOES-sec     2/3 cup     1     18.0       GRAVY, COUNTRY: (CUSTOM)     1/4 CUP     1     6.0       HUSHPUPPIES (3)     3 HUSHPUPPIES     1     31.0       GREEN BEANS 3/4 CUP     3/4 CUP     1     4.5       FRUIT BAR : SECONDARY     1 CUP     1     4.0       MILK 1% WHITE     CARTON     1     20.0       MILK 1% WHITE     CARTON     1     30.0       SHREDDED LETTUCE & TOMATO-DELI     1/2 CUP     1     43.0       SHREDDED LETTUCE & TOMATO-DELI     1/2 CUP     1     4.0       VARTS 1/2 CUP     1     2.67     4.0       FRUIT BAR : SECONDARY     1     1/2 CUP     1     2.67       WAFFLE FRIES, SKIN ON MCCAIN     302 SERVINGS     1     19.0       CARROT STICKS 1/2 CUP     1     2.0     + Correction Dose:					
Wed - 01/17/2024     Total     1       SECONDARY LUNCH 9-12     Total     1       COUNTRY FRIED STEAK     SERVINGS     17.0       BUTTER MASHED POTATOES-sec     2/3 cup     18.0       GRAVY, COUNTRY: (CUSTOM)     1/4 CUP     6.0       HUSHPUPPIES (3)     3 HUSHPUPPIES     31.0       GREEN BEANS 3/4 CUP     3/4 CUP     1 4.5       FRUIT BAR : SECONDARY     1 CUP     1 4.0       MILK : CHOCOLATE MILK FAT FREE     CARTON     1 20.0       MILK : CHOCOLATE MILK FAT FREE     CARTON     1 3.0       SPICY CHICKEN PATTY - A PIERRE     SERVINGS     1 43.0       SHREDDED LETTUCE & TOMATO-DELI     1/2 CUP     1 4.0       VAFFLE FRIES, SKIN ON MCCAIN     302 SERVINGS     1 9.0       GARONT STICKS 1/2 CUP     1 2.0     40.0       FRUIT BAR : SECONDARY     1 CUP     1 2.0       FRUIT BAR : SECONDARY     1 CUP     1 0.0 <td< td=""><td></td><td></td><td></td><td>00.270</td><td></td></td<>				00.270	
Wed - 01/17/2024     Total     1       SECONDARY LUNCH 9-12     Total     1       COUNTRY FRIED STEAK     SERVINGS     17.0       BUTTER MASHED POTATOES-sec     2/3 cup     18.0       GRAVY, COUNTRY: (CUSTOM)     1/4 CUP     6.0       HUSHPUPPIES (3)     3 HUSHPUPPIES     31.0       GREEN BEANS 3/4 CUP     3/4 CUP     1 4.5       FRUIT BAR : SECONDARY     1 CUP     1 4.0       MILK : CHOCOLATE MILK FAT FREE     CARTON     1 20.0       MILK : CHOCOLATE MILK FAT FREE     CARTON     1 3.0       SPICY CHICKEN PATTY - A PIERRE     SERVINGS     1 43.0       SHREDDED LETTUCE & TOMATO-DELI     1/2 CUP     1 4.0       VAFFLE FRIES, SKIN ON MCCAIN     302 SERVINGS     1 9.0       GARONT STICKS 1/2 CUP     1 2.0     40.0       FRUIT BAR : SECONDARY     1 CUP     1 2.0       FRUIT BAR : SECONDARY     1 CUP     1 0.0 <td< td=""><td>Nutrient Guideline</td><td></td><td></td><td></td><td></td></td<>	Nutrient Guideline				
SECONDARY LUNCH 9-12     Total     1     17.0     BG       COUNTRY FRIED STEAK     SERVINGS     1     17.0     18.0     18.0       BUTTER MASHED POTATOES-sec     2/3 cup     1     18.0     6.0     14.0     14.0     14.0     Total     14.0     Total     14.0     Total     14.0     Total     14.0     Total     14.0     Total     14.5     56.0     14.0					
SECONDARY LUNCH 9-12     Total     1     17.0     BG       COUNTRY FRIED STEAK     SERVINGS     1     17.0     18.0     18.0       BUTTER MASHED POTATOES-sec     2/3 cup     1     18.0     6.0     14.0     14.0     14.0     Total     14.0     Total     14.0     Total     14.0     Total     14.0     Total     14.0     Total     14.5     56.0     14.0					
COUNTRY FRIED STEAK     SERVINGS     1     17.0     BG       BUTTER MASHED POTATOES-sec     2/3 cup     1     18.0     18.0       GRAVY, COUNTRY: (CUSTOM)     1/4 CUP     1     6.0     Total Carbs:					
BUTTER MASHED POTATOES-sec   2/3 cup   1   18.0     GRAVY, COUNTRY: (CUSTOM)   1/4 CUP   1   6.0     HUSHPUPPIES (3)   3 HUSHPUPPIES   1   31.0     GREEN BEANS 3/4 CUP   3/4 CUP   1   4.5     FRUIT BAR: SECONDARY   1 CUP   1   4.5     PEACH, DICED, CANNED   1/2 CUP   1   14.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   30.0     ALT SEC WEEKLY 1st CHO   Total   1   1     SPICY CHICKEN PATTY - A PIERRE   SERVINGS   1   43.0     SHREDDED LETTUCE & TOMATO-DELI   1/2 CUP   1   2.67     WAFFLE FRIES, SKIN ON MCCAIN   30z SERVINGS   1   19.0     CARROT STICKS 1/2 CUP   1/2 CUP   1   2.67     FRUIT BAR : SECONDARY   1 CUP   1   2.00     FRUIT BAR : SECONDARY   1 CUP   1   2.00     FRUIT BAR : SECONDARY   1 OZ.   1   1.00     PICKLE:, CHIPS   1 OZ.   1   1.00     KETCHUP : P/C <td></td> <td></td> <td></td> <td></td> <td>RC @</td>					RC @
GRAVY, COUNTRY: (CUSTOM)   1/4 CÚP   1   6.0     HUSHPUPPIES (3)   3 HUSHPUPPIES   1   31.0     GREEN BEANS 3/4 CUP   3/4 CUP   1   4.5     FRUIT BAR : SECONDARY   1 CUP   1   22.62     PEACH, DICED, CANNED   1/2 CUP   1   14.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0     MILK 1% WHITE   CARTON   1   13.0     ALT SEC WEEKLY 1st CHO   Total   1     SHREDDED LETTUCE & TOMATO-DELI   1/2 CUP   1   2.67     WAFFLE FRIES, SKIN ON MCCAIN   30z SERVINGS   1   43.0     CARTOT STICKS 1/2 CUP   1/2 CUP   1   2.0     FRUIT BAR : SECONDARY   1 CUP   1   2.0     PEACH, DICED, CANNED   1/2 CUP   1   2.0     FRUIT BAR : SECONDARY   1 CUP   1   2.0     PEACH, DICED, CANNED   1/2 CUP   1   4.0     PICK   PC   1   0.0   + Correction Dose:		SERVINGS			BG@
HUSHPUPPIES (3) GREEN BEANS 3/4 CUP3 HUSHPUPPIES 3/4 CUP131.0Iotal Carbs:FRUIT BAR : SECONDARY PEACH, DICED, CANNED1 CUP14.5MILK : CHOCOLATE MILK FAT FREE 					
GREEN BEANS 3/4 CUP   3/4 CUP   1   4.5     FRUIT BAR : SECONDARY   1 CUP   1   22.62     PEACH, DICED, CANNED   1/2 CUP   1   14.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0     MILK 1: WHITE   CARTON   1   13.0     ALT SEC WEEKLY 1st CHO   Total   1   1     SPICY CHICKEN PATTY - A PIERRE   SERVINGS   1   43.0     SHEDDED LETTUCE & TOMATO-DELI   1/2 CUP   1   2.67     WAFFLE FRIES, SKIN ON MCCAIN   302 SERVINGS   1   19.0     CARROT STICKS 1/2 CUP   1/2 CUP   1   2.0     FRUIT BAR : SECONDARY   1 CUP   1   2.0     PEACH, DICED, CANNED   1/2 CUP   1   2.0     FRUIT BAR : SECONDARY   1 CUP   1   2.0     PEACH, DICED, CANNED   1/2 CUP   1   1.0     PICKLE:, CHIPS   1 OZ.   1   1.0     VECKLE:, CHIPS   1 OZ.   1   1.0     KETCHUP : P/C   PC   1   1.0.1   20.0     MAYONNAISE, LIGHT   POUCH			-		Tetal Cambai
FRUIT BAR : SECONDARY   1 CUP   1 22.62     PEACH, DICED, CANNED   1/2 CUP   1 14.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1 20.0     MILK 1% WHITE   CARTON   1 30.0     ALT SEC WEEKLY 1st CHO   Total   1     SPICY CHICKEN PATTY - A PIERRE   SERVINGS   1 43.0     SHREDDED LETTUCE & TOMATO-DELI   1/2 CUP   1 2.67     WAFFLE FRIES, SKIN ON MCCAIN   3oz SERVINGS   1 19.0     CARROT STICKS 1/2 CUP   1/2 CUP   1 22.62     FRUIT BAR : SECONDARY   1 CUP   1 22.62     PEACH, DICED, CANNED   1/2 CUP   1 44.0     PICKLE:, CHIPS   1 OZ.   1 14.0     KETCHUP : P/C   PC   1 14.0     MAYONNAISE, LIGHT   POUCH   1 0.0     MILK 1% WHITE   CARTON   1 20.0     MILK 1% WHITE   CARTON   1 30.0     Weighted Daily Average   146.76     % of Calories   146.76					Iotal Caros:
PEACH, DICED, CANNED   1/2 CUP   1   14.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0     MILK 1% WHITE   CARTON   1   30.0     ALT SEC WEEKLY 1st CHO   Total   1   1     SPICY CHICKEN PATTY - A PIERRE   SERVINGS   1   43.0     SHREDDED LETTUCE & TOMATO-DELI   1/2 CUP   1   2.67   43.0     WAFFLE FRIES, SKIN ON MCCAIN   30z SERVINGS   1   19.0      CARROT STICKS 1/2 CUP   1/2 CUP   1   2.0      FRUIT BAR : SECONDARY   1 CUP   1   22.62   + Correction Dose:     PEACH, DICED, CANNED   1/2 CUP   1   1.0      PICKLE:, CHIPS   1 OZ.   1   1.0      KETCHUP : P/C   PC   1   10.12      MAYONNAISE, LIGHT   POUCH   1   0.0		3/4 CUP	1	4.5	
MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0ALT SEC WEEKLY 1st CHOTotal1SPICY CHICKEN PATTY - A PIERRESERVINGS1SHREDDED LETTUCE & TOMATO-DELI1/2 CUP1WAFFLE FRIES, SKIN ON MCCAIN3oz SERVINGS1CARROT STICKS 1/2 CUP1/2 CUP1FRUIT BAR : SECONDARY1 CUP1PEACH, DICED, CANNED1/2 CUP1PICKLE:, CHIPS1 OZ.1MAYONNAISE, LIGHTPOUCH1MILK 1% WHITECARTON1Weighted Daily Average146.76% of Calories1146.76			-	22.62	
MILK 1% WHITECARTON113.0ALT SEC WEEKLY 1st CHOTotal1SPICY CHICKEN PATTY - A PIERRESERVINGS1SHREDDED LETTUCE & TOMATO-DELI1/2 CUP11/2 CUP12.67WAFFLE FRIES, SKIN ON MCCAIN3oz SERVINGS1CARROT STICKS 1/2 CUP1/2 CUP1FRUIT BAR : SECONDARY1 CUP1PEACH, DICED, CANNED1/2 CUP1PICKLE:, CHIPS1 OZ.1KETCHUP : P/CPC1MAYONNAISE, LIGHTPOUCH1MILK 1% WHITECARTON1Weighted Daily Average146.76% of Calories146.76	PEACH, DICED, CANNED	1/2 CUP	1		
ALT SEC WEEKLY 1st CHOTotal1SPICY CHICKEN PATTY - A PIERRESERVINGS143.0SHREDDED LETTUCE & TOMATO-DELI1/2 CUP12.67WAFFLE FRIES, SKIN ON MCCAIN3oz SERVINGS119.0CARROT STICKS 1/2 CUP1/2 CUP12.0FRUIT BAR : SECONDARY1 CUP122.62PEACH, DICED, CANNED1/2 CUP114.0PICKLE:, CHIPS1 OZ.11.0KETCHUP : P/CPC110.12MAYONNAISE, LIGHTPOUCH10.0MILK 1% WHITECARTON120.0Weighted Daily Average146.76% of Calories146.76	MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
SPICY CHICKEN PATTY - A PIERRESERVINGS143.0SHREDDED LETTUCE & TOMATO-DELI1/2 CUP12.67WAFFLE FRIES, SKIN ON MCCAIN3oz SERVINGS119.0CARROT STICKS 1/2 CUP1/2 CUP12.0FRUIT BAR : SECONDARY1 CUP122.62PEACH, DICED, CANNED1/2 CUP114.0PICKLE:, CHIPS1 OZ.11.0KETCHUP : P/CPC110.12MAYONNAISE, LIGHTPOUCH10.0MILK 1% WHITECARTON120.0Weighted Daily Average146.76% of Calories146.76		CARTON	1	13.0	
SHREDDED LETTUCE & TOMATO-DELI1/2 CUP12.67Units for Carbs:WAFFLE FRIES, SKIN ON MCCAIN CARROT STICKS 1/2 CUP3oz SERVINGS119.0CARROT STICKS 1/2 CUP1/2 CUP12.0FRUIT BAR : SECONDARY1 CUP122.62PEACH, DICED, CANNED1/2 CUP114.0PICKLE:, CHIPS1 OZ.11.0KETCHUP : P/CPC110.12MAYONNAISE, LIGHTPOUCH10.0MILK 1% WHITECARTON113.0Weighted Daily Average % of Calories146.76	ALT SEC WEEKLY 1st CHO	Total	1		
WAFFLE FRIES, SKIN ON MCCAIN CARROT STICKS 1/2 CUP3oz SERVINGS119.0CARROT STICKS 1/2 CUP1/2 CUP12.0FRUIT BAR : SECONDARY1 CUP122.62PEACH, DICED, CANNED1/2 CUP114.0PICKLE:, CHIPS1 OZ.11.0KETCHUP : P/CPC110.12MAYONNAISE, LIGHTPOUCH10.0MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average146.76% of Calories54.1%	SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	43.0	
WAFFLE FRIES, SKIN ON MCCAIN   3oz SERVINGS   1   19.0     CARROT STICKS 1/2 CUP   1/2 CUP   1   2.0     FRUIT BAR : SECONDARY   1 CUP   1   22.62     PEACH, DICED, CANNED   1/2 CUP   1   14.0     PICKLE:, CHIPS   1 OZ.   1   1.0     KETCHUP : P/C   PC   1   10.12     MAYONNAISE, LIGHT   POUCH   1   0.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0     Weighted Daily Average   146.76     % of Calories   54.1%	SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	Units for Carbs:
FRUIT BAR : SECONDARY1 CUP122.62+ Correction Dose:PEACH, DICED, CANNED1/2 CUP114.0PICKLE:, CHIPS1 OZ.11.0KETCHUP : P/CPC110.12MAYONNAISE, LIGHTPOUCH10.0MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average146.76% of Calories54.1%	WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	······································
PEACH, DICED, CANNED   1/2 CUP   1   14.0     PICKLE:, CHIPS   1 OZ.   1   1.0     KETCHUP :   P/C   PC   1   10.12     MAYONNAISE, LIGHT   POUCH   1   0.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0     MILK 1% WHITE   CARTON   1   13.0     Weighted Daily Average   146.76     % of Calories   54.1%	CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	
PICKLE:, CHIPS   1 OZ.   1   1.0     KETCHUP:   P/C   PC   1   10.12     MAYONNAISE, LIGHT   POUCH   1   0.0     MILK : CHOCOLATE MILK FAT FREE   CARTON   1   20.0     MILK 1% WHITE   CARTON   1   13.0     Weighted Daily Average   146.76     % of Calories   54.1%	FRUIT BAR : SECONDARY	1 CUP	1	22.62	+ Correction Dose:
KETCHUP :P/CP110.12= Total In su lin:MAYONNAISE, LIGHTPOUCH10.0MILK :CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average146.76% of Calories54.1%	PEACH, DICED, CANNED	1/2 CUP	1	14.0	
KETCHUP :P/CP110.12= Total In su lin:MAYONNAISE, LIGHTPOUCH10.0MILK :CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average146.76% of Calories54.1%	PICKLE:, CHIPS	1 OZ.	1	1.0	
MAYONNAISE, LIGHTPOUCH10.0MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average146.76% of Calories54.1%					= Total Insulin:
MILK : CHOCOLATE MILK FAT FREECARTON120.0MILK 1% WHITECARTON113.0Weighted Daily Average146.76% of Calories54.1%	MAYONNAISE, LIGHT	POUCH	1		
MILK 1% WHITECARTON113.0Weighted Daily Average % of Calories146.76 54.1%			1		
Weighted Daily Average 146.76   % of Calories 54.1%			1		
% of Calories 54.1%				146.76	
Nutrient Guideline					
	Nutrient Guideline				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

#### Base Menu Spreadsheet

#### Portion Values - Detailed

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# Jan 3, 2024 thru Jan 31, 2024

Generated on: 12/11/2023 9:41:39 AM

## Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

#### Size Qty (g) Thu - 01/18/2024 SECONDARY LUNCH 9-12 Total 1 BG @ **TERIYAKI CHICKEN** 2.4 OZ 60 1 NOODLES, YAKISOBA WG 1 CUP 1 CUP 1 64.0 3/4 CUP BROCCOLI, ROASTED 3.29 1 Total Carbs: GRAHAM, TIGER BITES, CHOCOLATE SERVINGS 21.0 1 FRUIT BAR : SECONDARY 1 CUP 22.62 1 MANDARIN ORANGE- CANNED:PRE 1/2 CUP 14.0 1 SALAD BAR: 3 THURSDAY'S:SEC 1 CUP 40.38 1 SOY SAUCE: PC PC 1 0.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE <u>CARTON</u> 1 13.0 ALT SEC WEEKLY 1st CHO Total 1 Units for Carbs: TACO SALAD :ALT LINE SERVING 33.3 1 BEANS, CANNED, BLACK BEAN, LS 1/2 CUP 1 18.0 FRUIT BAR : SECONDARY 1 CUP 1 22.62 + Correction Dose: MANDARIN ORANGE- CANNED:PRE 1/2 CUP 1 14.0 RANCH: (WILD COYOTE LITE) PC CUP 2.0 1 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 = Total Insulin: MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 163.60 % of Calories 63.6% Nutrient Guideline Fri - 01/19/2024 SECONDARY LUNCH 9-12 Total 1 BG\_\_\_@\_\_\_\_ GARLIC CHEESE BREAD RIPPERS 1 EACH 30.11 1 COOKIE, SNICKERDOODLE, WG SERVINGS 16.0 1 Total Carbs: **DINNER SALAD** 1 CUP 1 7.49 FRUIT BAR : SECONDARY 1 CUP 1 22.62 FRUIT, CANNED - CHOOSE ONE 1/2 C SERVING 15.8 1 RANCH: (WILD COYOTE LITE) PC CUP 1 2.0 1/2 CUP MARINARA SAUCE 11.93 1 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT SEC WEEKLY 1st CHO Total 1 Units for Carbs: WRAP, CHICKEN WRAP 1 43.67 CHIPS: DORITOS 19.62 BAG 1 + Correction Dose:\_\_\_\_\_ FRESH MIXED VEGETABLE CUP 3/4 CUP 1 8.31 FRUIT, CANNED - CHOOSE ONE 1/2 C SERVING 15.8 1 = Total Insulin: FRUIT BAR : SECONDARY 1 CUP 22.62 1 PC CUP RANCH: (WILD COYOTE LITE) 1 2.0 MILK : CHOCOLATE MILK FAT FREE CARTON 20.0 1 MILK 1% WHITE CARTON 13.0 141.97 Weighted Daily Average % of Calories 55.0% Nutrient Guideline

Portion

Reimb

Carb

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

#### Base Menu Spreadsheet

#### Portion Values - Detailed

Weighted Daily Average

% of Calories

Nutrient Guideline

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# Jan 3, 2024 thru Jan 31, 2024

Generated on: 12/11/2023 9:41:39 AM

## Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

#### Mon - 01/22/2024 SECONDARY LUNCH 9-12 Total 1 BG @ CORN DOG, MINI GF 6 MINIS 1 30.0 TATER TOTS - MCCAIN 9 PIECES 17.04 1 CARROT STICKS 1/2 CUP 1/2 CUP 1 2.0 Total Carbs: SWEET CAKE SERVING 44.83 1 FRUIT BAR : SECONDARY 1 CUP 22.62 1 PINAPPLE CHUNK-CANNED: PRE 1/2 CUP 1 18.0 KETCHUP : P/C PC 10.12 1 MUSTARD:, P/C 1 Each 1 0.33 MILK : CHOCOLATE MILK FAT FREE CARTON 20.0 1 **MILK 1% WHITE** CARTON 13.0 1 ALT SEC WEEKLY 1st CHO Units for Carbs: \_\_\_\_\_ Total 1 DOMINOS PIZZA 29.0 SI ICF 1 **DINNER SALAD - ALT LINE** SERVINGS 6.07 1 + Correction Dose: COOKIE, SNICKERDOODLE, WG SERVINGS 16.0 1 FRUIT BAR : SECONDARY 1 CUP 1 22.62 **PINAPPLE CHUNK-CANNED: PRE** 1/2 CUP 1 18.0 = Total Insulin: RANCH: (WILD COYOTE LITE) PC CUP 1 2.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 Weighted Daily Average 152.32 % of Calories 58.6% Nutrient Guideline Tue - 01/23/2024 **SECONDARY LUNCH 9-12** Total 1 BG\_\_\_\_@\_\_\_\_ **ENCHILADA ENCHILADA** 35.28 1 REFRIED BEANS, V V 1/2 C SERVINGS 24.0 1 CORN, STREET 1/2 CUP SERVING 21.66 Total Carbs: 1 SERVINGS **BROWNIE MIX, SHIRLEY J** 1 23.0 FRUIT BAR : SECONDARY 1 CUP 22.62 1 1/2 CUP PEARS, DICED, CANNED 1 16.0 SALAD BAR: 2 TUESDAY (SEC) 1 CUP 41.02 1 SALSA PICANTE 1 OZ 1 1.4 MILK : CHOCOLATE MILK FAT FREE CARTON 20.0 1 MILK 1% WHITE CARTON 1 13.0 Units for Carbs: ALT SEC WEEKLY 1st CHO Total 1 NACHOS SERVINGS 42.75 1 + Correction Dose:\_\_\_\_\_ LETTUCE & TOMATO:3/4 CUP-TACOS 3/4 CUP 9.94 1 FRUIT BAR : SECONDARY 1 CUP 22.62 1 = Total Insulin:\_\_\_\_\_ PEARS, DICED, CANNED 1/2 CUP 16.0 1 SALSA PICANTE 1 OZ 1 1.4 MILK : CHOCOLATE MILK FAT FREE CARTON 20.0 1 **MILK 1% WHITE** CARTON 13.0

Portion

Size

Reimb

Qty

Carb

(g)

171.84

55.9%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

### Base Menu Spreadsheet

### Portion Values - Detailed

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## Jan 3, 2024 thru Jan 31, 2024

Generated on: 12/11/2023 9:41:39 AM

## Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

	Portion Size	Reimb Qty	Carb (q)	
Wed - 01/24/2024	0120		(9/	
SECONDARY LUNCH 9-12	Total	1		
DUTCH WAFFLE	1 EACH	1	43.0	BG @
SAUSAGE LINK - CLOVERDALE	2 LINKS	1	2.02	
SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING	1	1.0	
PEACH CUP, FROZEN	SERVING	1	21.0	Total Carbs:
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48	
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0	
JUICE, SUN SPLASH	SERVINGS	1	15.0	
SYRUP	1 EA	1	4.0	
KETCHUP : P/C	PC	1	10.12	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC WEEKLY 1st CHO	Total	1		Units for Carbs:
SPICY CHICKEN PATTY - A PIERRE	SERVINGS	1	43.0	
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	+ Correction Dose:
WAFFLE FRIES, SKIN ON MCCAIN	3oz SERVINGS	1	19.0	
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	= Total Insulin:
PEACH, DICED, CANNED	1/2 CUP	1	14.0	
PICKLE:, CHIPS	1 OZ.	1	1.0	
KETCHUP : P/C	PC	1	10.12	
MAYONNAISE, LIGHT	POUCH	1	0.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			159.01	
% of Calories			52.9%	
Nutrient Guideline				
Thu - 01/25/2024				
SECONDARY LUNCH 9-12	Total	1		<b>R</b> C <b>C</b>
ORANGE CHICKEN	3.92 OZ	1	17.04	BG@
RICE: COOKED BROWN (SEC)	1 CUP	1	32.96	
PROCCOLL ROASTED		1	1 15	

Thu - 01/25/2024				
SECONDARY LUNCH 9-12	Total	1		
ORANGE CHICKEN	3.92 OZ	1	17.04	BG@
RICE: COOKED BROWN (SEC)	1 CUP	1	32.96	
BROCCOLI, ROASTED	1 CUP	1	4.45	Total Carbs:
COOKIE, COWBOY	1 oz.	1	29.34	Iotal Carbs:
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	
SALAD BAR: 3 THURSDAY'S:SEC	1 CUP	1	40.38	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC WEEKLY 1st CHO	Total	1		
TACO SALAD :ALT LINE	SERVING	1	33.3	Units for Carbs:
BEANS, CANNED, BLACK BEAN, LS	1/2 CUP	1	18.0	onits for carbs.
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
MANDARIN ORANGE- CANNED:PRE	1/2 CUP	1	14.0	+ Correction Dose:_
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	- Tatal In av line
MILK 1% WHITE	CARTON	1	13.0	= Total Insulin:
Weighted Daily Average			158.36	
% of Calories			57.7%	
Nutrient Guideline				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

#### Base Menu Spreadsheet

## Portion Values - Detailed

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# Jan 3, 2024 thru Jan 31, 2024

Generated on: 12/11/2023 9:41:39 AM

Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

	Portion Size	Reimb Qty	Carb (g)	
Fri - 01/26/2024				
SECONDARY LUNCH 9-12	Total	1		BG@
CALZONE, MINI, WG	3 CALZONES	1	40.01	
DINNER SALAD	1 CUP	1	7.49	
PUDDING,CHOICE	SERVING	1	20.5	Total Carbs:
		1		
FRUIT BAR : SECONDARY			22.62	
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MARINARA SAUCE	1/2 CUP	1	11.93	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC WEEKLY 1st CHO	Total	1		Units for Carbs:
WRAP, CHICKEN	WRAP	1	43.67	011113101 Cal 03.
CHIPS: DORITOS	BAG	1	19.62	
FRESH MIXED VEGETABLE CUP	-	1		+ Correction Dose:
	3/4 CUP		8.31	
FRUIT, CANNED - CHOOSE ONE	1/2 C SERVING	1	15.8	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	= Total Insulin:
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			149.18	
% of Calories			56.3%	
Nutrient Guideline				
Mon - 01/29/2024				
SECONDARY LUNCH 9-12	Total	1		
		1	07.0	BG@
CHEESEBURGER 100 % BEEF: SEC	PATTY		27.0	D0@
CHEESE: PROCESS SLICE	1 oz.	1	1.98	
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67	Total Carbs:
FRENCH FRIES- S.S. 3/4 CUP	6 OZ	1	33.0	Iotal Caros.
CREAMIES JR.	CREAMIE	1	14.0	
FRUIT BAR : SECONDARY	1 CUP	1	22.62	
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	
PICKLE:, CHIPS	1 OZ.	1	1.0	
MUSTARD:, P/C	1 Each	1	0.33	
KETCHUP : P/C	PC	1	10.12	
MAYONNAISE, LIGHT	POUCH		-	
		1	0.0	Unite for College
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	Units for Carbs:
MILK 1% WHITE	CARTON	1	13.0	
ALT SEC WEEKLY 1st CHO	Total	1		Connection Deser
DOMINOS PIZZA	SLICE	1	29.0	+ Correction Dose:
DINNER SALAD - ALT LINE	SERVINGS	1	6.07	
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0	- T-+-1 I 1'
FRUIT BAR : SECONDARY	1 CUP	1	22.62	= Total Insulin:
PINAPPLE CHUNK-CANNED: PRE	1/2 CUP	1	18.0	
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0	
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0	
		1		
MILK 1% WHITE	CARTON	1	13.0	
Weighted Daily Average			145.20	
% of Calories			54.8%	
Nutrient Guideline				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

#### Base Menu Spreadsheet

## Jan 3, 2024 thru Jan 31, 2024

Generated on: 12/11/2023 9:41:40 AM

## Combined: SECONDARY LUNCH 9-12/ALT SEC WEEKLY 1st CHOICE

## Portion Values - Detailed

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MILK 1% WHITE

Portion Reimb Carb Size Qty (g) Tue - 01/30/2024 SECONDARY LUNCH 9-12 Total 1 BG\_\_\_\_\_@\_\_\_\_\_ BEEF TACO STICK 1 EACH 1 31.87 1/2 C SERVINGS REFRIED BEANS, V V 24.0 1 CARROT STICKS 1/2 CUP 1/2 CUP 2.0 1 Total Carbs: 1/2 CUP SERVING 21.66 CORN, STREET 1 CORNMEAL SUPER STAR 23.0 1 EA 1 FRUIT BAR : SECONDARY 1 CUP 22.62 1 PEARS, DICED, CANNED 1/2 CUP 16.0 1 SALAD BAR: 2 TUESDAY (SEC) 1 CUP 1 41.02 SALSA PICANTE 1 OZ 1 1.4 MILK : CHOCOLATE MILK FAT FREE CARTON 20.0 1 MILK 1% WHITE CARTON 1 13.0 Units for Carbs: ALT SEC WEEKLY 1st CHO 1 Total SERVINGS NACHOS 1 42.75 LETTUCE & TOMATO:3/4 CUP-TACOS 3/4 CUP 1 9.94 + Correction Dose: FRUIT BAR : SECONDARY 1 CUP 22.62 1 PEARS, DICED, CANNED 1/2 CUP 1 16.0 SALSA PICANTE = Total Insulin: 1 OZ 1 1.4 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 13.0 1 Weighted Daily Average 171.13 % of Calories 54.0% Nutrient Guideline Wed - 01/31/2024 SECONDARY LUNCH 9-12 Total 1 BG @\_\_\_\_\_ TERIYAKI BEEF NUGGETS 4 Nugget 6.0 1 POTATO, TRIPLE CHEESE TWICE BA SERVINGS 25.95 1 **GREEN BEANS 3/4 CUP** 3/4 CUP 4.5 1 Total Carbs: SERVINGS **ROLLS - NO EGGS** 1 23.19 FRUIT BAR : SECONDARY 1 CUP 22.62 1 PEACH. DICED. CANNED 1/2 CUP 1 14.0 MARGARINE REDDIES: (1) 1 Patty 1 0.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0 MILK 1% WHITE CARTON 1 13.0 ALT SEC WEEKLY 1st CHO 1 Total SERVINGS SPICY CHICKEN PATTY - A PIERRE 43.0 1 Units for Carbs: \_\_\_\_\_ SHREDDED LETTUCE & TOMATO-DELI 1/2 CUP 2.67 1 WAFFLE FRIES, SKIN ON MCCAIN **3oz SERVINGS** 19.0 1 CARROT STICKS 1/2 CUP 1/2 CUP 1 2.0 + Correction Dose:\_\_\_\_\_ FRUIT BAR : SECONDARY 1 CUP 22.62 1 PEACH, DICED, CANNED 1/2 CUP 1 14.0 PICKLE:, CHIPS 1 OZ. 1 1.0 = Total Insulin: KETCHUP: P/C PC 10.12 1 MAYONNAISE, LIGHT POUCH 1 0.0 MILK : CHOCOLATE MILK FAT FREE CARTON 1 20.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

CARTON

13.0

## Jan 3, 2024 thru Jan 31, 2024

Combined: SECONDARY LUNCH 9-12/ALT SEC

55.7%

### Base Menu Spreadsheet

Generated on: 12/11/2023 9:41:40 AM

WEEKLY 1st CHOICE

Portion Values - Detailed

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Weighted Daily Average % of Calories Nutrient Guideline	Portion Size	Reimb Qty	Carb (g) 138.33 53.9%
		-	
Weighted Average			151.96

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	151.96	55.75%						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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