

Nutrition Facts

Serving Size 4 OZ. (112g)

Servings Per Container 4

Amount Per Serving

Calories 240 **Calories from Fat** 150

% Daily Value*

Total Fat 17g **26%**

 Saturated Fat 6g **32%**

Cholesterol 75mg **25%**

Sodium 75mg **3%**

Total Carbohydrate 0g **0%**

Protein 21g

Iron 15%

Not a significant source of dietary fiber, sugars, vitamin A, vitamin C and calcium.

*Percent Daily Values are based on a 2,000 calorie diet.



MANUFACTURED FOR:

ITEM 6873**WGR 4" HAMBURGER
BUNS****Nutrition Facts**

8 servings per container

Serving size 1 bun (62g)

Amount per serving

Calories **150**

% Daily Value*

Total Fat 2g **3%**Saturated Fat 0g **0%**

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 0g

Cholesterol 0mg **0%****Sodium** 260mg **11%****Total Carbohydrate** 27g **10%**Dietary Fiber 3g **11%**

Total Sugars 3g

Includes 3g Added Sugars **6%****Protein** 6gVitamin D 0mcg **0%**Calcium 55mg **4%**Iron 2mg **10%**Potassium 87mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VITAL WHEAT GLUTEN, YEAST, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, SOYBEAN OIL, OAT FIBER, DISTILLED VINEGAR, DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, L-CYSTEINE, MONOGLYCERIDES), CALCIUM SULFATE, CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.

CONTAINS: WHEAT, SESAME**2.5 Gram/Bread Servings****Case Contains 12-8 Packs**

