## SEPTEMBER 2024

## **Breakfast Menu**

Items offered daily: Fruit, 1% White Milk, Skim Chocolate Milk

## September 3

- Breakfast Pocket
- Fruit Cup

## September 4

- Sunrise Stick
- Hashbrown

## September 5

- Yogurt
- Breakfast Cookie

## September 6

- Cinnamon Roll
- Fruit Cup

## September 9

- Waffle
- Fruit Cup

## September 10

- Breakfast Sandwich
- Fruit Cup

## September 11

- Colby Omelet
- Hashbrown

## September 12

- Parfait
- Fruit Basket

## September 13

- Donut
- Fruit Cup

# September 16

- Pancakes
- Fruit

## September 17

Breakfast Stick

• Fruit Cup

## September 18

- Eggstravaganza
- Hashbrown

## September 19

- Smoothie
- Tiger Bites

## September 20

- Strawberry Boli
- Fruit Cup

## September 23

- French Toast Sticks
- Fruit Cup

## September 24

- Breakfast Pocket
- Fruit Cup

## September 25

- Sunrise Stick
- Hashbrown

## September 26

- Yogurt
- Breakfast Cookie

## September 27

- Cinnamon Roll
- Fruit Cup

## September 30

- Waffle
- Fruit Cup

# **Breakfast Option Line**

- Breakfast Cold Cereal
- Toast

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THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

# SEPTEMBER 2024

## **ELEMENTARY LUNCH MENU**

Items offered daily: Fruits, Vegetables, 1% white milk, or skim chocolate milk every day.

## September 3

- Soft Flour Taco
- Refried Beans
- Corn
- Churro

### September 4

- Chicken Alfredo
- Breadstick
- Green Beans
- Fruit

### September 5

- Mini Corn Dogs
- Tater Tots
- Carrot Sticks
- Marshmallow Treat

## September 6

- Mini Calzones
- Fresh Vegetables
- Fruit
- Creamie

### September 9

- Teriyaki Chicken
- Brown Rice
- Roasted Broccoli
- Chocolate Chunk Cookie

### September 10

- Beef Taco Stick
- Refried Beans
- Corn
- Cornmeal SuperStars

- Chicken Noodle Soup
- Cheese Breadstick

- Fresh Vegetables
- Fruit

### September 12

- Hamburger
- French Fries
- Pears
- Sweet Cake

### September 13

- Pizza
- Fresh Vegetables
- Fruit
- Snickerdoodle

## September 16

- Orange Chicken
- Brown Rice
- Roasted Broccoli
- Fortune Cookie

## September 17

- Burrito
- Refried Beans
- Corn
- Cowboy Cookie

### September 18

- Chicken Tenders
- French Fries
- Green Beans
- Garlic Toast

## September 19

- Chicken Sandwich
- French Fries
- Fruit
- Cookie

- Pizza Breadstick
- Fresh Vegetables
- Fruit
- Jello

### September 23

- Teriyaki Chicken
- Rice
- Roasted Broccoli
- Chocolate Tiger Bites

## September 24

- Taco Soup
- Cinnamon Roll
- Vegetables
- Fruit

## September 25

- Teriyaki Beef Nuggets
- Mashed Potatoes & Gravy
- Dinner Roll
- Fruit

## September 26

- Popcorn Chicken
- Tater Tots
- Vegetables
- Scooby Snack

## September 27

- Pizza
- Fresh Vegetables
- Fruit
- Pumpkin Cookie

## September 30

- Orange Chicken
- Brown Rice
- Roasted Broccoli
- Brownie

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## SEPTEMBER 2024

## Secondary Lunch Menu

Items offered daily: Fruit, Vegetables, 1% white milk, and skim chocolate milk every day.

### September 3

- Soft Flour Taco
- Refried Beans
- Corn
- Churro

### September 4

- Chicken Alfredo
- Breadstick
- Green Beans
- Fruit

### September 5

- Mini Corn Dogs
- Tater Tots
- Carrot Sticks
- Marshmallow Treat

### September 6

- Mini Calzones
- Fresh Vegetables
- Fruit
- Creamie

#### September 9

- Teriyaki Chicken
- Brown Rice
- Roasted Broccoli
- Chocolate Chunk Cookie

### September 10

- Walking Tacos
- Refried Beans
- Corn
- Cornmeal SuperStars

- Chicken Noodle Soup
- Cheese Breadstick
- Fresh Vegetables
- Fruit

### September 12

- Hamburger
- French Fries
- Pears
- Sweet Cake

### September 13

- Pizza
- Fresh Vegetables
- Fruit
- Snickerdoodle

### September 16

- Orange Chicken
- Brown Rice
- Roasted Broccoli
- Fortune Cookie

### September 17

- Enchilada
- Refried Beans
- Corn
- Cowboy Cookie

### September 18

- Chicken Tenders
- Baked Potato
- Green Beans
- Garlic Toast

### September 19

- Chicken Sandwich
- French Fries
- Fruit
- Cookie

### September 20

- Pizza Breadstick
- Fresh Vegetables
- Fruit
- Jello

- Teriyaki Chicken
- Rice
- Roasted Broccoli

Chocolate Tiger Bites

### September 24

- Taco Soup
- Cinnamon Roll
- Vegetables
- Fruit

### September 25

- Teriyaki Beef Nuggets
- Mashed Potatoes & Gravy
- Dinner Roll
- Fruit

#### September 26

- Popcorn Chicken
- Tater Tots
- Vegetables
- Scooby Snack

### September 27

- Pizza
- Fresh Vegetables
- Fruit
- Pumpkin Cookie

## September 30

- General Tso
- Brown Rice
- Roasted Broccoli
- Brownie

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### **Option Line:**

Monday - Domino Pizza Tuesday - Nachos Wednesday - Spicy Chicken Sandwich Thursday - Chicken Wrap Friday - Sampler Basket

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