

# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 1

Generated on: 12/13/2024 8:13:01 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 01/06/2025			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.92 OZ	1	17.04
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
COOKIE: FORTUNE COOKIE	COOKIE	1	7.05
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			96.08
% of Calories			64.1%
Nutrient Guideline			

Tue - 01/07/2025			
ELEMENTARY LUNCH	Total	1	
BURRITO, BEAN & CHEESE	BURRITO	1	30.99
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.28
SALSA PICANTE	1 OZ	1	1.4
PEACH, DICED, CANNED	1/2 CUP	1	14.0
COOKIE, COWBOY	1 oz.	1	29.43
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			168.10
% of Calories			56.0%
Nutrient Guideline			

Wed - 01/08/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN TENDERS - TYSON ELEM	2 TENDERS	1	13.52
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
GARLIC TOAST-WG	SLICES	1	14.89
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			128.32
% of Calories			54.3%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 2

Generated on: 12/13/2024 8:13:02 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 01/09/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN SANDWICH	SANDWICH	1	31.11
LETTUCE & TOMATO:1/2 CUP-TACOS	1/2 CUP	1	1.92
TATER TOTS - MCCAIN	8 PIECES	1	14.22
COOKIE, CHOCOLATE CHIP	1 EACH	1	17.5
PEARS, DICED, CANNED	1/2 CUP	1	16.0
SALAD BAR: 3 THURS. -ELEM	.5 CUP	1	19.58
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
PICKLE:, CHIPS	1 OZ.	1	1.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			156.44
% of Calories			56.6%
Nutrient Guideline			

Fri - 01/10/2025			
ELEMENTARY LUNCH	Total	1	
HOT DOG, BEEF CLOVERDALE	SERVINGS	1	24.0
CHIPS: DORITOS	BAG	1	19.62
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			110.39
% of Calories			52.3%
Nutrient Guideline			

Mon - 01/13/2025			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN	2.8 OZ	1	10.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
GRAHAM, TIGER BITES, CHOCOLATE	SERVINGS	1	21.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			110.51
% of Calories			61.9%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 3

Generated on: 12/13/2024 8:13:02 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 01/14/2025			
ELEMENTARY LUNCH	Total	1	
TACO SOUP - RAW - 3/4 CUP	1 CUP	1	28.87
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.0
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.28
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			138.71
% of Calories			49.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/15/2025			
ELEMENTARY LUNCH	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, BROWN LOW SODIUM	1/4 CUP	1	0.37
BROCCOLI, ROASTED	3/4 CUP	1	3.29
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
ROLLS - NO EGGS	SERVINGS	1	25.63
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			98.80
% of Calories			52.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 01/16/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN CHUNKS, POPCORN TYSON	10 NUGGETS	1	15.18
TATER TOTS - MCCAIN	9 PIECES	1	14.22
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SALAD BAR: 3 THURS. -ELEM	.5 CUP	1	19.58
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			149.41
% of Calories			52.9%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 4

Generated on: 12/13/2024 8:13:02 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 01/17/2025			
ELEMENTARY LUNCH	Total	1	
PIZZA, CHEESE RIPPER	SERVINGS	1	29.0
DINNER SALAD	1 CUP	1	9.3
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	22.35
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			122.68
% of Calories			52.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 01/21/2025			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	servings	1	21.05
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.28
PEACH, DICED, CANNED	1/2 CUP	1	14.0
CHURRO- APPLE WG	SERVINGS	1	25.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			156.57
% of Calories			55.5%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/22/2025			
ELEMENTARY LUNCH	Total	1	
ALFREDO: ELE	3/4 CUP	1	26.31
CHICKEN, DICED L/S TYSON	1.5oz SERVING	1	0.51
BREADSTICK, CHEESY GARLIC	SERVINGS	1	15.0
BROCCOLI, ROASTED	3/4 CUP	1	3.29
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			91.59
% of Calories			52.6%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Washington County School District

Base Menu Spreadsheet  
Portion Values - Detailed

Page 5

Jan 6, 2025 thru Jan 31, 2025

ELEMENTARY LUNCH

Generated on: 12/13/2024 8:13:02 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 01/23/2025			
ELEMENTARY LUNCH	Total	1	
CORN DOG, MINI PROVIEW (4)	4 NUGGETS	1	19.9
TATER TOTS - MCCAIN	8 PIECES	1	14.22
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
SALAD BAR: 3 THURS. -ELEM	.5 CUP	1	19.58
FUN FOOD CRACKER	SERVINGS	1	21.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			135.15
% of Calories			58.4%
Nutrient Guideline			

Fri - 01/24/2025			
ELEMENTARY LUNCH	Total	1	
CALZONE, MINI, WG	3 CALZONES	1	40.73
DINNER SALAD	1 CUP	1	9.3
CREAMIES JR.	CREAMIE	1	14.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			126.05
% of Calories			52.3%
Nutrient Guideline			

Mon - 01/27/2025			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN	2.8 OZ	1	10.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
CHOCOLATE CHUNK COOKIE	COOKIE	1	15.8
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			105.31
% of Calories			60.5%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Washington County School District

Jan 6, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 6

Generated on: 12/13/2024 8:13:02 AM

	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 01/28/2025</b>			
ELEMENTARY LUNCH	Total	1	
QUESADILLA, THREE CHEESE	SERVINGS	1	32.38
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
CORNMEAL SUPER STAR	1 EA	1	23.0
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	21.28
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			163.06
% of Calories			55.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 01/29/2025</b>			
ELEMENTARY LUNCH	Total	1	
DUTCH WAFFLE	1 EACH	1	43.0
SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING	1	1.0
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
JUICE, PARADISE PUNCH	CARTON	1	14.0
SYRUP	1 EA	1	4.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			146.60
% of Calories			54.9%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Thu - 01/30/2025</b>			
ELEMENTARY LUNCH	Total	1	
HAMBURGER PATTY, TYSON	HAMBURGERS	1	21.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
PICKLE:, CHIPS	1 OZ.	1	1.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
SWEET CAKE	SERVING	1	44.51
SALAD BAR: 3 THURS. -ELEM	.5 CUP	1	19.58
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			169.13
% of Calories			55.6%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Washington County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 7

Jan 6, 2025 thru Jan 31, 2025

ELEMENTARY LUNCH

Generated on: 12/13/2024 8:13:02 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 01/31/2025			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	29.0
DINNER SALAD	1 CUP	1	9.3
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			116.32
% of Calories			52.0%
Nutrient Guideline			

Weighted Average			131.01
			55.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	131.01	55.00%						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.