

Washington County School District

Mar 3, 2025 thru Mar 31, 2025

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 03/03/2025			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.92 OZ	1	17.04
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
COOKIE: FORTUNE COOKIE	COOKIE	1	7.05
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			96.08
% of Calories			64.1%
Nutrient Guideline			

Tue - 03/04/2025			
ELEMENTARY LUNCH	Total	1	
BURRITO, BEAN & CHEESE	BURRITO	1	30.99
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	19.8
SALSA PICANTE	1 OZ	1	1.4
PEACH, DICED, CANNED	1/2 CUP	1	14.0
COOKIE, COWBOY	1 oz.	1	29.36
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			166.54
% of Calories			56.2%
Nutrient Guideline			

Wed - 03/05/2025			
ELEMENTARY LUNCH	Total	1	
SCRAMBLED EGGS W/HAM:ELE	2.5oz SERVING	1	2.13
WHOLE GRAIN BISCUIT: RICH'S	BISCUIT	1	23.0
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
KETCHUP : P/C	PC	1	10.12
SALSA PICANTE	1 OZ	1	1.4
JELLY: VARIETY PACK	PC	1	9.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			119.53
% of Calories			53.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 03/06/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN SANDWICH	SANDWICH	1	31.11
LETTUCE & TOMATO:1/2 CUP-TACOS	1/2 CUP	1	1.92
TATER TOTS - MCCAIN	8 PIECES	1	14.0
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.5
PEARS, DICED, CANNED	1/2 CUP	1	16.0
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	18.24
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
PICKLE:, CHIPS	1 OZ.	1	1.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			150.89
% of Calories			56.4%
Nutrient Guideline			

Fri - 03/07/2025			
ELEMENTARY LUNCH	Total	1	
HOT DOG, BEEF CLOVERDALE	SERVINGS	1	23.0
CHIPS: DORITOS	BAG	1	19.62
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
RELISH- DILL PICKLE	SERVING	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			109.39
% of Calories			52.5%
Nutrient Guideline			

Tue - 03/18/2025			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	servings	1	23.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	19.8
PEACH, DICED, CANNED	1/2 CUP	1	14.0
CHURRO- APPLE WG	SERVINGS	1	25.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			157.05
% of Calories			55.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 03/19/2025			
ELEMENTARY LUNCH	Total	1	
ROTINI ALFREDO: ELE	3/4 CUP	1	26.31
CHICKEN, DICED L/S TYSON	1.5oz SERVING	1	0.51
BREADSTICK, CHEESY GARLIC DOUG	SERVINGS	1	15.0
BROCCOLI, ROASTED	3/4 CUP	1	3.29
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			91.59
% of Calories			52.6%
Nutrient Guideline			

Thu - 03/20/2025			
ELEMENTARY LUNCH	Total	1	
CORN DOG, MINI PROVIEW (4)	4 NUGGETS	1	19.9
TATER TOTS - MCCAIN	8 PIECES	1	14.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	18.24
MOOKIE COOKIE	SERVING	1	21.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			133.60
% of Calories			58.4%
Nutrient Guideline			

Fri - 03/21/2025			
ELEMENTARY LUNCH	Total	1	
CALZONE, MINI, WG	3 CALZONES	1	40.01
DINNER SALAD	1 CUP	1	7.49
CREAMIES JR.	CREAMIE	1	14.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			123.52
% of Calories			53.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 03/24/2025			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN	2.8 oz	1	10.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
CHOCOLATE CHUNK COOKIE	COOKIE	1	15.8
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			105.31
% of Calories			60.5%
Nutrient Guideline			

Tue - 03/25/2025			
ELEMENTARY LUNCH	Total	1	
QUESADILLA, THREE CHEESE	SERVINGS	1	32.38
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
CORNMEAL SUPER STAR	1 EA	1	23.0
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	19.8
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			161.58
% of Calories			55.2%
Nutrient Guideline			

Wed - 03/26/2025			
ELEMENTARY LUNCH	Total	1	
DUTCH WAFFLE	1 EACH	1	43.0
SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING	1	1.0
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
MIXED FRUIT CUP	SERVINGS	1	19.0
JUICE, PARADISE PUNCH	CARTON	1	13.9
SYRUP	1 EA	1	4.0
KETCHUP : P/C	PC	1	10.12
MILK, STRAWBERRY	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			151.03
% of Calories			55.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 03/27/2025			
ELEMENTARY LUNCH	Total	1	
HAMBURGER PATTY, TYSON	HAMBURGERS	1	22.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
PICKLE:, CHIPS	1 OZ.	1	1.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
SWEET CAKE	SERVING	1	44.38
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	18.24
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			168.67
% of Calories			55.8%
Nutrient Guideline			

Fri - 03/28/2025			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
DINNER SALAD	1 CUP	1	7.49
OATMEAL COOKIES	1 EACH	1	19.44
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			115.95
% of Calories			49.9%
Nutrient Guideline			

Mon - 03/31/2025			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.92 OZ	1	17.04
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
COOKIE: FORTUNE COOKIE	COOKIE	1	7.05
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			96.08
% of Calories			64.1%
Nutrient Guideline			

Weighted Average			129.79
			55.8%

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Nutrient	Menu AVG	% of Cals	Weekly Target	Portion	Reimb	Carb	Overage	Error Messages (if any)
				Size	Qty	(g)		
Carbohydrate (g)	129.79	55.83%						

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