

Washington County School District

May 1, 2025 thru May 22, 2025

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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Generated on: 4/24/2025 9:37:34 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 05/01/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN SANDWICH	SANDWICH	1	31.11
LETTUCE & TOMATO:1/2 CUP-TACOS	1/2 CUP	1	1.92
TATER TOTS - MCCAIN	8 PIECES	1	14.0
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.5
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	18.24
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
PICKLE:, CHIPS	1 OZ.	1	1.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			165.37
% of Calories			58.7%
Nutrient Guideline			

Fri - 05/02/2025			
ELEMENTARY LUNCH	Total	1	
HOT DOG, BEEF CLOVERDALE	SERVINGS	1	23.0
CHIPS: DORITOS	BAG	1	19.62
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
RELISH- DILL PICKLE	SERVING	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			123.86
% of Calories			55.6%
Nutrient Guideline			

Mon - 05/05/2025			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN	2.8 oz	1	10.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
GRAHAM, TIGER BITES, CHOCOLATE	SERVINGS	1	21.0
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
SOY SAUCE: PC	PC	1	0.0
MILK, STRAWBERRY	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			124.99
% of Calories			64.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 05/06/2025			
ELEMENTARY LUNCH	Total	1	
TACO SOUP - RAW - 3/4 CUP	1 CUP	1	21.65
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.0
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	19.8
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			144.48
% of Calories			52.9%
Nutrient Guideline			

Wed - 05/07/2025			
ELEMENTARY LUNCH	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
MASHED POTATOES, Dry mix,1/2	1/2 CUP	1	17.03
GRAVY, BROWN LOW SODIUM	1/4 CUP	1	0.37
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
ROLLS - NO EGGS	SERVINGS	1	22.59
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			95.75
% of Calories			52.2%
Nutrient Guideline			

Thu - 05/08/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN CHUNKS, POPCORN TYSON	10 NUGGETS	1	15.18
TATER TOTS - MCCAIN	9 PIECES	1	14.0
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MIXED FRESH VEGETABLES	3/4 CUP	1	8.31
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	18.24
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			162.33
% of Calories			55.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 05/09/2025			
ELEMENTARY LUNCH	Total	1	
CHEESE RIPPER	SERVING	1	29.0
DINNER SALAD	1 CUP	1	7.49
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
COOKIE, OATMEAL	1 EACH	1	19.44
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MARINARA SAUCE	1/2 CUP	1	12.02
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			132.43
% of Calories			55.4%
Nutrient Guideline			

Mon - 05/12/2025			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.92 OZ	1	17.04
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BROWNIE MIX, SHIRLEY J	SERVINGS	1	23.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			126.51
% of Calories			69.2%
Nutrient Guideline			

Tue - 05/13/2025			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	servings	1	23.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.6
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	19.8
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
CHURRO- APPLE WG	SERVINGS	1	25.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			171.52
% of Calories			57.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 05/14/2025			
ELEMENTARY LUNCH	Total	1	
ROTINI ALFREDO: ELE	3/4 CUP	1	26.31
CHICKEN, DICED L/S TYSON	1.5oz SERVING	1	0.51
BREADSTICK, CHEESY GARLIC DOUG	SERVINGS	1	15.0
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			91.59
% of Calories			52.5%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 05/15/2025			
ELEMENTARY LUNCH	Total	1	
CORN DOG, MINI PROVIEW (4)	4 NUGGETS	1	19.9
TATER TOTS - MCCAIN	8 PIECES	1	14.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	18.24
CHOCOLATE CHUNK COOKIE	COOKIE	1	15.8
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			142.87
% of Calories			60.5%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 05/16/2025			
ELEMENTARY LUNCH	Total	1	
CALZONE, MINI, WG	3 CALZONES	1	40.01
DINNER SALAD	1 CUP	1	7.49
CREAMIES JR.	CREAMIE	1	14.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			137.99
% of Calories			55.9%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Mon - 05/19/2025			
ELEMENTARY LUNCH	Total	1	
Cooks Choice Entree	1each	1	0.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			0.00 0.0%
Nutrient Guideline			

Tue - 05/20/2025			
ELEMENTARY LUNCH	Total	1	
Cooks Choice Entree	1each	1	0.0
Weighted Daily Average % of Calories			0.00 0.0%
Nutrient Guideline			

Wed - 05/21/2025			
ELEMENTARY LUNCH	Total	1	
Cooks Choice Entree	1each	1	0.0
Weighted Daily Average % of Calories			0.00 0.0%
Nutrient Guideline			

Thu - 05/22/2025			
ELEMENTARY LUNCH	Total	1	
Cooks Choice Entree	1each	1	0.0
Weighted Daily Average % of Calories			0.00 0.0%
Nutrient Guideline			

Weighted Average			134.97 57.3%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	134.97	57.35%						

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