

Product Information

Post

FOODSERVICE

Marshmallow Mateys Special Edition - small bowl pack

Malt-O-Meal Marshmallow Mateys Bowl Pack	Special Edition	MRK-2 BP	Puffed sweetened toasted whole grain oat cereal in anchor shaped pieces with marshmallows. Only 6g sugar per 1 oz eq grain serving. 12 essential vitamins and minerals
Pack & Size	96 / 1 oz		
Top Seller - Meets K12 1 oz Equivalent Grain			
Case	27596	All Family Favorite	
Case GTIN	1 00 42400 27596 8	6g Sugar - CACFP Qualified	
Shipping Weight (lbs.)	8.87	Whole Grain Oat Flour 1st Ingredient	
Case Cube (cu. ft.)	2.29	1 bowl = 1 oz equivalent grain	
Case Dimensions LxWxH (inches)	16.56 x 13 x 18.38	Smart Snack Qualified	
Pallet: Tier (Cases per layer)	9	Marshmallow Mateys - Special Edition Cereal contains 50% less sugar than our regular Marshmallow Mateys cereal.	
Pallet: Hi (Number of Layers)	2		
Cases per pallet	18		
Meets USDA Whole Grain Criteria	yes: 1st Ingredient = Whole Grain Oat Flour		
Allergens Present	Wheat	No Artificial Flavors	
Country of Origin	USA	No BHT	
		No High Fructose	
		No Nuts	

Actual Bowl Pack Lid pictured below



Malt O Meal

Marshmallow Mateys

Special Edition

CEREAL

Nutrition Facts

Serving Size 1 bowl (28g)
Calories 110
Calories from Fat 15

*Percent Daily Values are based on a 2,000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 1.5g	2%	Potassium 75mg	2%
Saturated Fat 0g	0%	Total Carbohydrate 22g	7%
Trans Fat 0g		Dietary Fiber 2g	8%
Cholesterol 0mg	0%	Sugars 6g	
Sodium 270mg	11%	Protein 3g	

Vitamin A 0% • Vitamin C 0% • Calcium 15% • Iron 25% • Thiamin 35%
Niacin 8% • Vitamin B6 10% • Folic Acid 4% • Pantothenic Acid 6%
Phosphorus 8% • Zinc 10%

INGREDIENTS: WHOLE GRAIN OAT FLOUR, SUGAR, WHEAT STARCH, CORN SYRUP, SALT, MODIFIED CORNSTARCH, CALCIUM CARBONATE, DEXTROSE, GELATIN, TRISODIUM PHOSPHATE, ARTIFICIAL FLAVOR, YELLOW 5, RED 40, BLUE 1, YELLOW 6. **VITAMINS & MINERALS:** FERRIC ORTHOPHOSPHATE (SOURCE OF IRON), NIACINAMIDE (VITAMIN B3), ZINC OXIDE (SOURCE OF ZINC), THIAMIN MONONITRATE (VITAMIN B1), CALCIUM PANTOTHENATE (VITAMIN B5), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), FOLIC ACID. **CONTAINS WHEAT.**

1 BOWL = 1 OZ EQUIVALENT GRAIN

1-800-743-3029 or visit us on the web at
PostConsumerBrands.com

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LAKEVILLE, MN 55044, USA

NET WT 1 OZ (28g)

oz equivalent grain	1 oz
% Whole Grain	90%
< 6.99g non-creditable grains per 1 oz	✓
≤ 150 calories	✓
≤ 35% calories from fat	✓
≤ 10% calories from saturated fat	✓
≤ 35% sugar by weight	✓
0g trans fat per serving	✓
Smart Snack Qualified	✓
Shelf Life (days)	365
Kosher Symbol	none
Calories per serving	110
Total Fat	1.5g
Sodium	270mg
Total Carbs	22g
Dietary Fiber	2g
Sugar	6g
Protein	3g



FOODSERVICE

Honey Bunches of Oats Honey Crunch

96/1 oz Bowl #27315



Post **HONEY BUNCHES OF OATS** **HONEY CRUNCH**
NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS
MADE WITH WHOLE GRAIN CEREAL

Nutrition Facts
Serving size 1 bowl (28g)
Calories 100 per serving

Amount/Serving	%DV	Amount/Serving	%DV
Total Fat 1.5g	2%	Total Carbohydrate 22g	8%
Saturated Fat 0g	0%	Dietary Fiber 2g	7%
Trans Fat 0g		Total Sugars 5g	
Cholesterol 0mg	0%	Incl. 5g Added Sugars	10%
Sodium 65mg	3%	Protein 2g	

Vitamin D 0% • Calcium 0% • Iron 15% • Potassium 0% • Thiamin 40%
Niacin 8% • Vitamin B6 8% • Folate 25mcg DFE (15mcg folic acid) 6% •
Pantothenic Acid 10% • Zinc 10%

Ingredients: Whole Grain Wheat, Degermed Yellow Corn, Sugar, Whole Grain Rolled Oats, Rice, Canola and/or Soybean Oil, Corn Syrup, Salt, Rice Syrup, Molasses, Honey, Cinnamon, Barley Malt Extract, Natural Flavor. **Vitamins and Minerals:** Ferric Orthophosphate (source of iron), Niacinamide (Vitamin B3), Zinc Oxide, Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid.

CONTAINS WHEAT. 1 BOWL = 1 OZ EQUIVALENT GRAIN

1-800-431-7678 or visit us on the web at: PostConsumerBrands.com

5g Total Sugars per serving

NET WT 1 OZ (28g)

8 84912 27315 4



*A delightful
combination of crispy
flakes, crunchy oat
clusters and honey*

Nutritional and Program Specifications

HWH- 102 BP

Oz Eq Grain Credit	1	Smart Snacks Qualified Snack	Yes
Whole Grain Rich	Yes	200 or less Calories	Yes
Whole Grain 1 st Ingredient	Yes	200 mg or less Sodium	Yes
6 g or less Sugar per oz	Yes	35% or less Calories from Fat	Yes
Fortified	Yes	10% or less Calories from Sat Fat	Yes
Allergens	Wheat	0g Trans Fat	Yes
Artificial Flavors	No	35% or less by weight from Total Sugars	Yes
Certified Synthetic Colors	No	CACFP Qualified	Yes
Nuts	No	Buy American Compliant	Yes – Made in the USA
BHT/BHA/TBHQ	No	Kosher	OU
HFCS	No	Shelf Life	270 Days

Case Specifications

Pack	96/ 1 oz	Ship Weight (pounds)	8.67
GTIN	108-84912-27315-1	Case Cube (cu. Ft.)	1.79
Ti/Hi	9/3	Case Dimensions L x W x H (inches)	16.56 X 13 X 14.38
Cases per Pallet	27	Storage	Cool /Dry

For more information or to find your Sales Manager: <https://www.postconsumerbrands.com/food-service/>

Product Information

Post

FOODSERVICE

Frosted Shredded Wheat Strawberry - Small Bowl Pack

Post Frosted Shredded Wheat Strawberry Bowl Pack	FSA-2 BP	Lightly frosted shredded wheat biscuits naturally flavored with strawberry. 6g sugar per 1 oz grain. Contains 8 essential vitamins and minerals. No artificial flavors or certified synthetic flavors.
Pack & Size	96 / 1 oz	
Top Seller - Meets K12 1 oz Equivalent Grain		
Case	27150	All Family Favorite Only 5g Sugar - CACFP Qualified Whole Grain Wheat 1st Ingredient Smart Snack Qualified 1 bowl = 1 oz equivalent grain No Artificial Flavors No Certified Synthetic Colors No BHT No High Fructose No Nuts
Case GTIN	1 08 84912 27150 8	
Shipping Weight (lbs.)	8.67	
Case Cube (cu. ft.)	1.79	
Case Dimensions LxWxH (inches)	16.56 x 13 x 14.38	
Pallet: Tier (Cases per layer)	9	
Pallet: Hi (Number of Layers)	3	
Cases per pallet	27	
Meets USDA Whole Grain Criteria	yes: 1st Ingredient = Whole Grain Wheat	
Allergens Present	Wheat	
Country of Origin	USA	

Actual Bowl Pack Lid pictured below



SHREDDED WHEAT

Frosted Strawberry Cereal
Naturally Flavored



Nutrition Facts

Serving Size 1 bowl (28g)

Calories 100

Calories from Fat 0

*Percent Daily Values are based on a 2,000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 0.5g	1%	Potassium 100mg	3%
Saturated Fat 0g	0%	Total Carbohydrate 23g	8%
Trans Fat 0g		Dietary Fiber 3g	12%
Cholesterol 0mg	0%	Sugars 5g	
Sodium 0mg	0%	Protein 3g	
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 25% Thiamin 40% • Niacin 10% • Vitamin B6 10% • Folic Acid 6% Pantothenic Acid 6%			

Ingredients: Whole Grain Wheat, Sugar, Gelatin, Natural Flavor, Vegetable Juice (color). Freshness preserved with Vitamin E (mixed tocopherols).

Vitamins & Minerals: Reduced Iron, Folic Acid, Niacinamide (Vitamin B3), Calcium Pantothenate (Vitamin B5), Thiamin Mononitrate (Vitamin B1), Pyridoxine Hydrochloride (Vitamin B6).

Contains Wheat.

1 BOWL = 1 OZ EQUIVALENT GRAIN



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PostConsumerBrands.com

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Lakeville, MN 55044, USA
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5g sugar
per serving



NET WT 1 OZ (28g)

8 84912 27150 1

oz equivalent grain	1 oz
% Whole Grain	100%
< 6.99g non-creditable grains per 1 oz	✓
≤ 150 calories	✓
≤ 35% calories from fat	✓
≤ 10% calories from saturated fat	✓
≤ 35% sugar by weight	✓
0g trans fat per serving	✓
Smart Snack Qualified	✓
Shelf Life (days)	365
Kosher Symbol	none
Calories per serving	100
Total Fat	0.5g
Sodium	0g
Total Carbs	23g
Dietary Fiber	3g
Sugar	5g
Protein	3g