

# Chow Mein 51% Whole Grain Noodle

Product Code:  
8-52724-00301-6



Hearty chow mein noodles in a  
savory vegetarian sauce

## Nutrition Facts

Serving Size 2.8 oz (79g)  
Servings Per Container 80

### Amount Per Serving

**Calories** 173 Calories from Fat 36

**% Daily Value\***

**Total Fat** 4g **6%**

Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 554mg **23%**

**Total Carbohydrate** 30g **10%**

Dietary Fiber 3g **12%**

Sugars 2g

**Protein** 4g **8%**

Iron 20%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2400mg	2400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

**This product contains no  
MSG, artificial coloring or  
flavoring, peanuts, peanut oil,  
or lard and has zero trans fat.**

**Yangs**  
5<sup>th</sup> Taste®

Suggested Specification	Fully cooked chow mein noodles with vegetarian sauce. Packed as 4-2.5 lb chow mein and 4-16 oz. sauce. One 2.8 oz serving provides 2 equivalent grains. No MSG, No Isolated Soy Protein, Zero Trans Fat.
Pack Size	4-2.5 lb. Noodles • 4-16 oz. Sauce • 14 lb. Case Net Weight • 16 lb. Case Gross Weight
GTIN	00852724003016
Master Case Outer Dimensions	12 in. x 12 in. x 7 in. (L x W x H)
Case Cube	.50
Pallet Configuration	Ti x Hi = 12 x 9 Total Cases/Pallet: 108
Ingredient Statement	<u>Noodles</u> : Whole grain flour, bleached wheat flour, water, oil (soybean), turmeric and salt. <u>Sauce</u> : Water, soy sauce (water, soybeans, salt, sugar, wheat flour, extract of mushroom), sugar, salt, garlic, ginger, green onion and white pepper powder.
Allergens	Soy and wheat.
Recommended Storage Conditions	Keep Frozen at ≤ 0 degrees Fahrenheit
Shelf Life	365 Days Frozen
Julian Date (Production Date) Coding Format	DDD YY Time Ex: "01112 13:30" translates to 1/11/12 1:30 PM
Child Nutrition	Recommended serving size: 2.8 oz. (1 cup cooked Chow Mein Noodles & 0.8 oz. sauce) Approximate servings per case: 80 2.8 oz. serv. provides 2 equivalent grains
Preparation	<b>Steamer</b> <u>Noodles &amp; Sauce</u> : Completely thaw noodles and sauce, cutting noodles for easy serving. Place in a hotel pan and coat noodles with 3/4 cup water. Place uncovered in steamer for five minutes. <u>Vegetables</u> : For each bag of Yangs Chow Mein Noodles julienne cut: 3 large carrots, 1 large sweet onion, 1/2 head green cabbage Remove noodles from steamer, add vegetables and steam uncovered an additional 12-15 minutes. Just prior to serving add sauce to noodles and vegetables and mix thoroughly. Noodles should be soft and vegetables should be slightly crunchy. <b>Convection Oven</b> Preheat oven to 300 degrees Fahrenheit. <u>Noodles &amp; Sauce</u> : Completely thaw noodles and sauce, cutting noodles for easy serving. Place in a hotel pan and coat noodles with 2 cups water. <u>Vegetables</u> : For each bag of Yangs Chow Mein Noodles julienne cut: 3 large carrots, 1 large sweet onion, 1/2 head green cabbage Combine vegetables with noodles and cover hotel pan with plastic wrap and then with aluminum foil, or a hotel pan lid creating a tight seal. Heat in oven for 30 to 35 minutes. Do not remove the pan to stir contents during the heating process. The best results come from trapping the moisture in the hotel pan. Just prior to serving add sauce to the noodles and vegetables and mix thoroughly. Noodles should be soft, and vegetables should be slightly crunchy.

**This product is compliant with the Buy American Act.**